

In an era of constraining resources for health care, very few health issues have the potential to improve the lives of the children and families we treat and simultaneously reduce costs for the health, judicial and social welfare systems. This book stands apart from others in the field by laying out a pragmatic framework for addressing childhood aggression and disruptive behaviors. While clinicians and academics will find much insight in this book, many parents might likewise benefit from a nuanced view of the problems they face with their children. Aggression in childhood is normal, but unchecked it results in children with behavioral problems, families with stress, and societies with expensive jails and health care systems. Read this book and learn the way forward for us to change this trajectory.

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