YOUR SECRET MIND
SUGGESTED FURTHER READINGS, Updated Annually in Spring


Klosch, G., & Kraft, U. (2005). Sweet dreams are made of this. What are dreams? Why do we have them? The answers are as intriguing as dreams themselves. *Scientific American Mind, 26*(2), 38-45.


Stickgold, R., & Walker, M.P. (2007). Sleep-Dependent Memory Consolidation and

