



**Caroline Eick, Ph.D.**, was born in Montreal, Canada. She earned her Ph.D. in education policy studies and history of education from University of Maryland, her M.A. in philosophy of education from Loyola University in Baltimore, and her Bachelor's in education from McGill University in Montreal (followed by 24 credits in psychology as special science student). Caroline's work as educator, scholar, author, lecturer and fellow in recovery for the last thirty five years has focused on identifying and nurturing capacities to enact *intentional freedom*—the freedom to love and work where the overriding focus is the creation of personal and social integrity.

Prior to her work as university professor and now as partner with Liliane, she served as Director of Education for Pavilion International, then an addiction treatment and training center in North Carolina. Her article "Tapping the Core," published in the *Professional Counselor*, synthesized the foundational role of belief systems attached to emotional core addictions in fueling self-destructive behaviors.

Fluent in French, English, Croatian, and Spanish, having lived in French Canada, Mexico, Croatia and the United States, and having traveled to Africa, Caroline brings a broad array of personal and professional experiences to her workshops. She is particularly dedicated to helping individuals in the helping professions (teachers, counselors, lawyers, doctors, social workers) gain higher visions of their roles, and identify and transform toxic thinking at the nexus of personal experience and institutional structure.

With integrity and sensitivity, Caroline empowers participants to engage their inner strengths in creative transformations of their perceptions of self and others—toward the creation of work places that sustain, rather than deplete, familial, institutional, and broader global relationships.

## THE CREATIVE CONSCIOUSNESS 2015 WORKSHOP DATES

JANUARY 15-17  
FEBRUARY 19-21  
MARCH 26-28  
APRIL 23-25  
MAY 28-30  
JUNE 11-13  
JULY 16-18  
AUGUST 13-15  
SEPTEMBER 2-5  
OCTOBER 15-17  
NOVEMBER 12-14  
DECEMBER 10-12

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**WORKSHOP FEE:**  
**\$1,700.00 PER PERSON**  
**PRICE INCLUDES ALL WORKSHOP  
MATERIALS**

**Due to limited number of spaces and small group format, for reservations, location, and other details about the workshop, please contact Caroline at 443-465-9115**  
**You can also reach her by email/mail**  
**caroline@higherpower.info**  
**900 Ranch Road 620 S Suite C208**  
**Lakeway, TX 78734**

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**We accept Visa, Master Card and American Express**  
**We also accept checks payable to HP Productions**

**Required:**  
**A non-refundable deposit of \$200.00**  
**Balance is due 2 weeks before workshop begins**

## TAPPING THE CREATIVE CONSCIOUSNESS

**3-DAY WORKSHOP FOR  
PROFESSIONALS**

**CULTIVATING  
INTENTIONAL FREEDOM**



### WORKSHOP LEADER

**Caroline Eick, Ph.D.**

**Center for Heart-Mind Coherence**

**Phone: 443-465-9115**

**Fax: 512-608-9773**

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**caroline@higherpower.info**

**www.cfhmc.com**

*The bird of paradise is a bird-shaped flower that symbolizes the joy of life which lies at the heart of all work at the Center for Heart-Mind Coherence*

# TAPPING THE CREATIVE CONSCIOUSNESS

## Interdependent Relationships & Intentional Freedom

This workshop offers individuals in the *helping professions* (teachers, lawyers, doctors, nurses, counselors, social workers) the tools to identify, address, and transform toxic work habits. The emotional demands of the *helping professions* in general, and the systemic requirements and challenges particular to each of them, significantly elevate the risks of burnout and distress when lived through the ego-self. This workshop helps you reframe the intersection of your personal and professional life in light of your authentic-self, and gain the vision and skills to transform your experience of work into a fulfilling expression of your inner-strengths. *It is highly recommended as follow-up to the Inner Journey workshop.*

## THROUGH THIS WORKSHOP YOU WILL ACQUIRE THE SKILLS TO:

- ALIGN YOUR HEART AND MIND TO (RE)CONNECT WITH YOUR INNER STRENGTHS AND CREATIVITY
- FOCUS AND GAIN A HIGHER VISION OF YOURSELF IN RELATION TO WORK IN GENERAL, TO YOUR PRESENT WORK IN PARTICULAR, OR TO A DIFFERENT WORK TO WHICH YOU MAY FEEL CALLED
- TRANSFORM BLOCKED EMOTIONAL ENERGY INTO CREATIVE ENERGY

## ISSUES ADDRESSED According to Individual Needs

- Lack of focus and purpose
- Burnout
- Feelings of alienation and/or isolation
- Cripplingly analytical thinking
- Not having a voice
- Feelings of uselessness and futility
- Perfectionism
- Emotional depletion / apathy
- Cumulative effect of fear-based cultural messages
- Cumulative effect of toxic organizational messages
- Yearning for deeper levels of self-actualization

## WHO CAN BENEFIT FROM THIS WORKSHOP

**IF** you are frustrated with, confused by, tired of your work but cannot imagine yourself doing anything else *This workshop will help you articulate your vision of meaningful work and the steps to take to realize it*

**IF** you experience difficulties relating with co-workers and colleagues in positive/effective ways *This workshop will help you gain a deeper understanding of your inner/innate strengths and further help you assume the responsibility to honor and express them creatively*

**IF** you yearn for a balanced life between work and home *This workshop will help you become aware of the limitless capacities of your heart, and articulate the congruence between your heart and mind, between your home and work*

## VISION

WE ARE CATALYSTS FOR TRANSFORMATIONS, HEALINGS AND GROWTH FOR INDIVIDUALS, FAMILIES, ORGANIZATIONS AND COMMUNITIES.

## MISSION

TO EMPOWER INDIVIDUALS, ORGANIZATIONS, AND COMMUNITIES WITH SKILLS FOR CREATIVE LIVING IN THE GLOBAL ERA BY TRANSFORMING LIMITING BELIEFS INTO CAPACITIES FOR SELF-ACTUALIZATION AND LOVING ENGAGEMENT WITH THE WORLD.

## PURPOSE

TO BE A HEALING PRESENCE ON THE PLANET.

## METHODOLOGY

WE COMBINE EDUCATIONAL, EXPERIENTIAL, AND ARTISTIC COMPONENTS TOWARD THE DYNAMIC AND EFFECTIVE INTEGRATION OF EMOTIONAL AND MENTAL ENERGIES WITH THE SOUL.

## PHILOSOPHY

WE BELIEVE THAT INHERENT IN EACH HUMAN BEING IS A UNIQUE BEAUTY AND AN UNLIMITED CREATIVE ENERGY: OUR AUTHENTIC SELF, OUR IDENTITY. WE BELIEVE IN TEACHING AND LEARNING FORGIVENESS, ACCEPTANCE, LOVE, AND INTERDEPENDENCE. WE ARE DEDICATED TO PRACTICE, DAILY, BEING THE EXAMPLES OF OUR TEACHINGS.

