

**LILIANE DESJARDINS, LCAS**, was born in Zagreb, Croatia, and educated in Paris, France. Her background is liturgical art, and two of her outstanding works are the stained glass windows at the Catholic Chapel in Kennedy International Airport, and the Shaar Hashomayim Synagogue in Montreal, Quebec. Upon entering her personal transformation program, Liliane shifted from aesthetic beauty to re-sculpting her own life and the lives of others. She is renowned for her highly successful and innovative clinical work, and the Desjardins Unified Model of Addiction Treatment. She was the co-founder of Pavillon Desjardins in Val David, Quebec, Canada; and Pavilion International, an addiction treatment center in North Carolina. She has 36 years of clinical experience.

Liliane is the author of the best-selling book, *Imprint Journey: A Path of Lasting Transformation to Authentic Self*. She created the 4-day workshop to help people identify, process, and change their self-limiting imprints. With humor, expertise and compassion, Liliane creates the necessary elements for transformation.

**CAROLINE EICK, Ph.D.**, was born in Montreal, Canada. She earned her Ph.D. from the University of Maryland, her M.A. from Loyola University in Baltimore, and her Bachelor's from McGill University in Montreal. Caroline's work as educator, scholar, author, lecturer and fellow in recovery for the last thirty five years has focused on identifying and nurturing capacities to enact *intentional freedom*—the freedom to love and work where the overriding purpose is the creation of personal and social integrity.

Prior to her work as university professor and now as partner with Liliane, she served as Director of Education for Pavilion International. Her article "Tapping the Core," published in the *Professional Counselor*, synthesized the foundational role of belief systems attached to emotional core addictions in fueling self-destructive behaviors. With integrity and sensitivity, Caroline empowers participants to engage their inner strengths in loving transformations of their perceptions of self and others.

## INNER JOURNEY 2015 WORKSHOP DATES

JANUARY 7-10  
FEBRUARY 11-14  
MARCH 11-14  
APRIL 8-11  
MAY 13-16  
JUNE 3-6  
JULY 8-11  
AUGUST 5-8  
SEPTEMBER 2-5  
OCTOBER 7-10  
NOVEMBER 4-7  
DECEMBER 2-5

-----  
**WORKSHOP FEE:  
\$2,200.00 PER PERSON  
PRICE INCLUDES ALL WORKSHOP  
MATERIALS**

**Due to limited number of spaces and small group format, for reservations, locations and other details about the workshop, please contact Liliane at 512-364-8807 or Caroline at 443-465-9115.**

**You can also reach us through emails/mail:  
liliane@higherpower.info  
caroline@higherpower.info  
900 Ranch Road 620 S Suite C208  
Lakeway, TX 78734**

-----  
**We accept Visa, Master Card and  
American Express  
We also accept checks payable to HP Productions**

**Required:  
A non-refundable deposit of \$200.00  
Balance is due 2 weeks before  
workshop begins**

# INNER JOURNEY

**A POWERFUL 4-DAY  
WORKSHOP OF  
RE-CONNECTION  
RE-ALIGNMENT  
RENEWAL**



## WORKSHOP LEADERS

Liliane Desjardins, LCAS  
Caroline Eick, Ph.D.

## Center for Heart-Mind Coherence

Phone: 512-364-8807  
Fax: 512-608-9773

## Emails:

[liliane@higherpower.info](mailto:liliane@higherpower.info)  
[caroline@higherpower.info](mailto:caroline@higherpower.info)  
[www.cfhmc.com](http://www.cfhmc.com)

*The bird of paradise is a bird-shaped flower that symbolizes the joy of life which lies at the heart of all work at the Center for Heart-Mind Coherence*

## INNER JOURNEY

### Reconnection-Realignment-Renewal

Inner Journey is a 4-day workshop that leads participants in a transformational process of identifying, processing, and re-scripting negative imprints. Imprints are our emotional maps, the deep seated beliefs and values. They govern our life at the subconscious level until we become aware and willing to transform. This workshop combines educational components and an assortment of practical tools and coping strategies for positive changes and successful living. It is individualized and customized to each client's specific needs.

The educational component aligns with latest findings in neuroscience. Recent neuroscience breakthroughs are helping us to understand how our imprints affect our ability to be aware and transform our lives. Encoded in our brain's memory pathways, the imprints of our life experiences impact our perceptions, our thinking, our feeling and doing. These experiences shape and our shaped by our biology. They can also be reshaped by our deliberate intent, thus changing neuropathways and future experiences. This workshop builds on this research in biology to extend the transformative process beyond the brain to a holistic and spiritual dimension of the person. Deep healing and transformation require addressing all aspects of our being.

#### THROUGH THIS WORKSHOP YOU WILL:

- .Engage the power of self-actualization
- .Experience transformational paradigm shifts
- .Expand your consciousness
- .Acquire a new vision and skills to form healthy and fulfilling relationships
- .Experience emotional healing and spiritual awakening
- .Begin an exploration of your life's purpose
- .Acquire tools to cultivate a creative life

## ISSUES ADDRESSED ACCORDING TO INDIVIDUAL NEEDS

- DIVORCE/PAINFUL RELATIONSHIPS
- PARENTING/CUSTODY/CO-PARENTING
- GRIEF/LOSS
- SELF-ESTEEM
- CHANGE OF CAREER
- EARLY RETIREMENT
- LIFE PURPOSE AND MISSION
- LOSS OR LACK OF SPIRITUALITY
- TRAUMATIC LIFE CHANGES
- BELIEF AND VALUE SYSTEMS
- FAMILY OF ORIGIN ISSUES
- ABUSE AND TRAUMA BONDING

***This workshop focuses on clearing the false imprints and detrimental belief systems that we carry about ourselves, others, and life.***

## WHO CAN BENEFIT FROM THIS WORKSHOP

- If you are experiencing difficulties with relationships
- If you have hit a plateau and lost your joy/motivation
- If you struggle with repeating self-defeating behavioral patterns
- If you struggle with past physical/emotional abuse; losses and grief
- If you are feeling lonely, numb, directionless or depressed and are searching for a meaningful life

**This workshop will help you**—establish healthy boundaries to experience fulfilling relationships; breakthroughs to deeper levels of emotional and spiritual transformation; acquire dignity and hope; align your heart and mind, visions and desires, to achieve coherence in life.

## VISION

WE ARE CATALYSTS FOR TRANSFORMATIONS, HEALINGS AND GROWTH FOR INDIVIDUALS, FAMILIES, ORGANIZATIONS AND COMMUNITIES.

## MISSION

TO EMPOWER INDIVIDUALS, ORGANIZATIONS, AND COMMUNITIES WITH SKILLS FOR CREATIVE LIVING IN THE GLOBAL ERA BY TRANSFORMING LIMITING BELIEFS INTO CAPACITIES FOR SELF-ACTUALIZATION AND LOVING ENGAGEMENT WITH THE WORLD.

## PURPOSE

TO BE A HEALING PRESENCE ON THE PLANET.

## METHODOLOGY

WE COMBINE EDUCATIONAL, EXPERIENTIAL, AND ARTISTIC COMPONENTS TOWARD THE DYNAMIC AND EFFECTIVE INTEGRATION OF EMOTIONAL AND MENTAL ENERGIES WITH THE SOUL.

## PHILOSOPHY

WE BELIEVE THAT INHERENT IN EACH HUMAN BEING IS A UNIQUE BEAUTY AND AN UNLIMITED CREATIVE ENERGY: OUR AUTHENTIC SELF, OUR IDENTITY. WE BELIEVE IN TEACHING AND LEARNING FORGIVENESS, ACCEPTANCE, LOVE, AND INTERDEPENDENCE. WE ARE DEDICATED TO PRACTICE, DAILY, BEING THE EXAMPLES OF OUR TEACHINGS.

