



# The Good News Letter

Mid Ohio Valley Parish (DOC)



November 2014

**“We are Disciples of Christ, a movement for wholeness in a fragmented world. As part of the one body of Christ, we welcome all to the Lord’s Table as God has welcomed us”**

**Disciples of Christ Statement of Identity**

WOW! What a world we are living in. I’m not sure in my lifetime we have been hit by so many diverse “happenings” – or maybe it’s just that we have so many ways to receive information that events seem to be bigger, more awful, and discouraging than ever before.

That said, Ebola is now part of our vocabulary, along with ISIS (or ISIL), Marysville, WA; Boko Haram (sounds like a ‘60s British rock band, Procol Harum) and Nigerian School Children. These are not fictitious but are true threats to us in many ways.

Throw in local crime, weird weather, and our own personal stuff and one would wonder how on earth we get up in the morning!

Isn’t it GREAT that our sense of self and happiness is not tied up in all this? There have always been horrific events but I sometimes wonder if we are less equipped to deal with things than previous generations.

How did our near ancestors deal with tragedy? We often hear of the Great Generation, those who lived and fought in WWII. They were a bit “stoic” and from what I’ve read, most military folks never shared their experiences. It seems the movie, *Saving Private Ryan*, stirred up many never talked about memories of those who experienced the brutality of war and provided others with an unexpected, but powerful, phenomenon – silence.

( <http://articles.latimes.com/1998/aug/06/news/mn-10608>)

So, what has changed? Is it better to keep our problems, concerns and fears to ourselves or to share our feelings? There sure are a lot of things to share and some take to social media to SHARE everything from having a coke to a major life event.

I hope I’m somewhere in the middle but I, too, get caught up in communication by text, Facebook, Twitter and even email.

The Bible speaks to many of these things. James 5:16 tells us to “...confess your sins to one another...”; II Corinthians 1:7 “...for we know that as you share in our sufferings, so also you share in our consolation.”; II Thessalonians 5:11 “Therefore, encourage one another and build up each other, as indeed you are doing.”; Acts 15:32; II Timothy 4:2 and others. (Interested, give me a call and I’ll share many more!)

We are people of faith – faith during good times and faith when times are not so good. Why? Because God is faithful!!! Even when we don’t understand, even when things look bleak, even when we doubt.

So I end this article with beautiful words attributed to Jesus in John 14:1, 27, “Let not your hearts be troubled. Believe in God, believe also in me...Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.” Amen!!!!



First Christian Church



Central Christian Church

...Till next time



# Week of Compassion

## Emergency Ebola Virus Supplies to Health Facilities in the Democratic Republic of Congo

A case of Ebola was reported in the Boende region of the Democratic Republic of Congo in August of this year and tests were conducted and have recently confirmed that the virus strain found is an indigenous virus and not the variant that has been spreading in West Africa. Ebola spreads through contact with bodily fluids. The incubation period is between two to twenty-one days.

The Democratic Republic of Congo is the fourth most populous nation in Africa. Taking preemptive precautions in the country in regards to this new Ebola virus outbreak is essential to saving lives. As most recently learned from the current outbreak in West Africa that has become the deadliest to date, it is imperative that appropriate protection equipment and training be provided to health care workers who are on the ground.

Health care workers are first responders in this epidemic and are severely affected by the epidemic in several ways. Health workers in health facilities - government, mission and private health facilities - are faced with critical challenges such as lack of proper protective equipment and a lack of risk allowance and use of barrier nursing techniques to protect them from contracting the disease during patient care. Already nine health workers are reported to have been infected with Ebola in the Congo, seven of whom have died. The situation is exacerbated by the shortage of medicines and medical supplies to manage Ebola patients.

Given the nature of this rapidly spreading, deadly virus and the need for quick action it is critical to provide health workers with personal protective equipment (PPE) and training for Ebola management. **Week of Compassion** is responding to this epidemic in the Democratic Republic of Congo through our partner IMA World Health where training is being provided at 60 health facilities in 5 provinces to efficiently manage health care service delivery for Ebola. If you would like to put your Compassion into Action to assist with Ebola relief efforts please click here to donate or if you would like to learn more about what IMA World Health is doing please click here.

### **Central America Refugee Crisis**

As the headlines have moved away from this crisis, there are many children who remain unaccompanied at the U.S. Border. More than 300 children are reported to be crossing into the United States daily. Increased insecurity and high levels of violence involving young people and children aged 7 to 14 years, has led to high levels of forced migration in younger age groups. **Week of Compassion** has and will continue to respond alongside these children.

If you, your congregation or community are seeking ways to respond to this crisis you can always donate to Week of Compassion. You can also join children, parents, friends and people of faith across the country in sending cards of care and prayer to the almost 700 undocumented mothers and children (infants through teens) who have been detained at the border through the CWS Angel to Angel project. For more details how to write your letter click here. Refugee and Immigration Ministries, of Disciples Home Missions, also has a wealth resources on their website, from how to collect goods for children at the border to becoming a foster parent. Thank you for being present with children at the border.

### **Mental Health First Aid Training**

Mental Health First Aid is a public education program that introduces participants to risk factors and signs of mental illness, builds understanding of their impact, and overviews common supports. The training prepares participants to interact with a person in crisis and connect the person with help. This free eight hour two session training will be held from 8:30 am to 12:30 pm on Saturdays, November 15 and November 22 at St. Margret Mary Parish Activity Center. The center is located at 2501 Dudley Avenue, Parkersburg, West Virginia. Participants must pre-register and must attend both days for certification. This training is funded by a grant from the Sisters of St. Joseph Charitable Fund and sponsored by the Parkersburg Vicariate Mental Health Ministries. **For additional information and to register contact Patrice Pooler**

**(304-210-7046) [peace\\_patrice@suddenlink.net](mailto:peace_patrice@suddenlink.net)**

# November 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Pastor Hill on Vacation until Nov. 3
2 Coffee Time Hosts: Cindy Mowery & Sandy McKinney	3	4 FCC Board Mtg. 7pm	5 Choir 6:30pm	6	7 Ohio Regional Council Mtg.	8 Ohio Regional Council Mtg.
9 CCC Men's Rally 3pm	10	11 Vision & Growth 7pm	12 Choir 6:30pm CCC Board Mtg. 7pm	13	14	15
16	17	18	19 Choir 6:30pm	20	21	22 Mental Health Training 8:30am- 12:30pm
23	24	25 Elder's Mtg. 7pm	26 Choir 6:30pm	27 Community Thanksgiving Lunch @ Noon	28	29
30		<p style="text-align: center;"><b><u>Looking Ahead</u></b></p> <ul style="list-style-type: none"> <li>• December 7 - Coffee Time hosts Carol Vincent &amp; Angela Leach</li> <li>• 2015 125th Anniversary begins</li> <li>• May 2, 2015 9am-3pm DW basement sale</li> </ul>				

## Mid Ohio Valley Parish

**Financial Report for October**

\*Designated funds  
 Reconciliation  
 Halloween Candy  
 Legacy  
 Thanksgiving Lunch

Date	Contribution	*Designated	Total
10/5	2,774.25	247.00	3,021.25
10/12	1,965.25	48.00	2,013.25
10/19	2,786.50	497.00	3,283.50
10/26	2,078.50	40.00	2,118.50
<b>TOTAL</b>	<b>9,604.50</b>	<b>832.00</b>	<b>10,436.50</b>

**Birthdays & Anniversaries****NOVEMBER**

4 – Rhonda Poole  
 5 – Carol Vincent  
 9 – David & Jayne Chafin\*  
 12 – Jill Allen  
 13 – Mike Goff  
 15 – Stephen Logan  
 17 - Susie Holmes  
 19 – Dave Hawkins  
 22 – Glen Yoho  
 28 – Roy Martin, Jr.

**DECEMBER**

5 – Nikolai Dalton  
 5 – Cindy Mowery  
 12 – Leroy & Carol Vincent\*  
 23 – Becky Cutlip  
 21 – Tom Beardmore  
 30 – John Reed  
 31 – Nellie Welling

\* Anniversary

**NOVEMBER PRAYER GROUP**

**Mid-Ohio Health Dept???**  
**211 6th St, Parkersburg, WV 26101**  
**(304) 485-7374**

**NOVEMBER PRAYER CHURCH**

**Parma Christian Church**  
**(Disciples of Christ)**  
**7000 Ridge Rd.**  
**Parma, OH 44129**  
**email: pccchurch1@juno.com**



*Looking ahead to 2015 & our*  
*125th Church Anniversary*

Please share your favorite church memories, pictures, and stories for our upcoming 125th church anniversary! Forms will be included in future bulletins and newsletters. You can give your information to Susie Holmes, Sandy McKinney or the church office.



## IN OUR PRAYERS

Marilyn Allen  
 Arden Allman  
 Mark Anderson  
 Bonnie Barber  
 Malcom Barber  
 Billy Bates—CCC  
 Braylin  
 Charles Beardmore – CCC  
 Donald Beisel  
 Ed Bell  
 Judy Bennett  
 Velma Benson  
 Barbara Brady  
 Rick Brite  
 Diane Bungard  
 Izabella Campbell  
 Kellie Casas  
 Ted Copeland  
 Max Cowdery  
 Carolyn Crandall  
 Ernie Crouse  
 Linda Deem  
 Nadine Delany  
 John & Florence Farnsworth  
 Faith Gibbs  
 Jeff Greenleaf  
 Eric Greynolds  
 Tammy Greynolds  
 Crystal Hanna  
 Trevor Hayes  
 Col. Dean Hess—CCC  
 Joe Higgins  
 James Jobs  
 Ron Kemp—CCC  
 Lee Lauderman  
 Elma Lang  
 Shirley (Kate) Lipscomb  
 Larry Matheny  
 Rodney Matthews

Andrew McBee  
 Christy McClain  
 Cassie McGinnis  
 Pam McGrath  
 George Perrine  
 Dorsel Randolph  
 Ginny & Jim Rapp  
 Curtis Richards Jr  
 Tim Rossiter - CCC  
 Deanna Saks  
 Judy Snyder  
 Sandra Stealey  
 Amy Stills  
 Scott Taylor  
 H.C. Trout  
 Lois Walden  
 Christeal Wallace—CCC  
 Christina Web  
 Nellie Welling—CCC  
 Okey Welling – CCC  
 Tammy Welling – CCC  
 Sandy Wickham  
 Okey Williamson  
 Ruth Ann Yoho  
 Sandy Yoho  
 Millie Zug—CCC  
 Paul Zyla  
 Nigerian school children

### ***OUR CONTINUING PRAYER***

#### ***Nursing Homes & Shut-Ins***

Emogene Smith—Eagle Pointe  
 Lorene Wigal—Cedar Grove

#### ***Serving in the Military***

All military personnel  
 Jarrold Jenks, Tyler Butcher,  
 Carlos Johnson, Michael French, Nathan  
 Scott, Casey Strauss

#### ***Our Leaders***

**Political:** National, State, Local  
**Spiritual:** General Church, Regional  
**Churches:** Parish Churches

## WORD OF THE MONTH!

### **Gratitude**

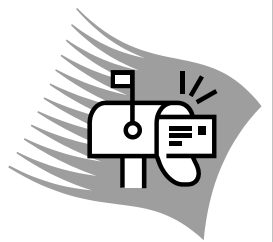
**As we continue to intentionally focus our thoughts—this month's world is particularly challenging. If you find yourself struggling to remain positive or to keep the right attitude let's be intentional about what we think on. The rewards will be worth it!**

**We're defining GRATITUDE as**

***“Response to God for the blessings we have received”***

***Please let me know how this is going for you. And expect reminders – this is a discipline that can bring great rewards! I'm committing to this, and praying you will, too.***

## **In Our Mail**



**Thank you notes and letters are posted on the bulletin board next to the elevator.**

FCC received a thank you letter from our Regional Minister, Rev. Thaddaeus Allen, for the generous gift for the DM “Bucks for Beef” program.

FCC received a thank you card from the President of WVU-P for the We Appreciate You basket of goodies!

## November Schedules

### ELDERS

#### **NOV 2**

Preside – Bill Allen  
Loaf – Bonnie Wickham  
Cup – Cheryl Robinson

#### **NOV 9**

Preside – Bonnie Wickham  
Loaf – Cheryl Robinson  
Cup – Sandy McKinney

#### **NOV 16**

Preside – Cheryl Robinson  
Loaf – Sandy McKinney  
Cup – Susan Arbogast

#### **NOV 23**

Preside – Sandy McKinney  
Loaf – Susan Arbogast  
Cup – Bill Allen

#### **NOV 30**

Preside - Susan Arbogast  
Loaf - Bill Allen  
Cup—Delores Miller

### DIACONATE SERVING COMMUNION

Rhonda Cooper, Emma Leach, Angela Leach,  
Rachel Cutlip, Nicolai Dalton, Stephanie  
Brookover

DIACONATE PREPARING Carol Robinson

COMMUNION BREAD Gwen Allen

## Children's Church Schedule



Thanks for your faithful help in this ministry. If your schedule prevents you from being available please arrange with one of the other team members to cover for you.

11/2	Freeman
11/9	Susan
11/16	Freeman
11/23	Becky
11/30	Gwen



## Green Chalice Program

**We want to be good stewards of God's creation and this makes it a bit easier. The Green Chalice program empowers congregations with ideas and resources to enable them to walk gently on the earth. Numbers 35:33a, 34a.**

***Interested? See Becky Cutlip or Pastor Janice. Stay tuned for more details.***

## N o v e m b e r   H i n t

Here's a great idea ... help our bird friends stay warm all winter. Instead of tossing out dryer lint, put it in your yard. Birds will collect it and use it to cozy up their nests.

## **What Happens With a Nut or Peanut Allergy?**

The body's immune system normally fights infection. But, when someone is allergic to tree nuts or peanuts, **the immune system overreacts to proteins in these foods.** Every time the person eats (or, in some cases, handles or breathes in) a peanut or tree nut, the body thinks the proteins are harmful invaders. The immune system responds by kicking into high gear to fend off the "invader." This causes an allergic reaction, in which chemicals like histamine are released in the body.

The release of these chemicals can cause someone to have the following problems:

- wheezing
- trouble breathing
- coughing
- hoarseness
- throat tightness
- stomachache
- vomiting
- diarrhea
- itchy, watery, or swollen eyes
- hives
- red spots
- Swelling
- a drop in blood pressure



Reactions to foods, like peanuts and tree nuts, can be different. It all depends on the person — and sometimes the same person can react differently at different times. Nut and peanut allergies can cause a severe reaction called anaphylaxis. Anaphylaxis may begin with some of the same symptoms as a less severe reaction, but then quickly worsen, leading someone to have trouble breathing, feel lightheaded, or to pass out. If it is not treated, anaphylaxis can be life threatening. Although a small amount of peanut protein can set off a severe reaction, it is rare that people get an allergic reaction just from breathing in small particles of nuts or peanuts.



## WE APPRECIATE YOU!!!



CCC:  
Appreciated for  
the months of  
October and  
November. *The*

*Ohio state Patrol*  
*office from Central Christian Church, Marietta.* The people  
from left to right are: Sgt. William Elschlager, Nellie Beard-  
more, Lowell Bonnette, Betty Secoy, Lt. Carlos Smith, Tpr. Lea  
Mikes, Cheri Logan, and Mary Lou Schehl



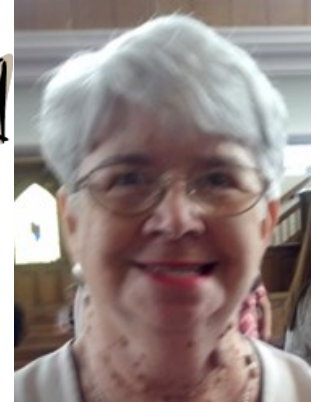
Drema Starkey, Heather Skidmore and Doug Anthony.

FCC: For October FCC  
appreciated *West Virginia*  
*University of Parkersburg.*  
The people from left to  
right are: Susie Holmes  
(FCC), Tess Martin,  
Christine Post, Amy Den-  
nis, Delores Miller  
(FCC), Jackie Bennett,

## Spotlight On A Member



Elizabeth “Betty” Bell is our Spotlight member this month. Betty has lived her entire life in Parkersburg; in fact she was born on Latrobe Street, not far from the church. However, her favorite place is Ireland, at Mr. McDough’s Castle. She visited England, Scotland and Wales for 2 weeks as his guest. Her favorite childhood memories are Friday nights when she stayed with her grandmother and they would go the movies together.



Betty graduated from Parkersburg High School and Mountain State College with a degree in Business. Her favorite course was typing. Betty was employed by Prudential Insurance as the Office Manager for 39 years. Betty won the “Outstanding Community Service Award” and the “Above and Beyond Award” while there. During her employment, Betty earned the LOMA, ‘Licensed Office Manager Association’, a 4 year course from Marietta College where you must know all the insurance laws in the United States and Canada. After her retirement Betty worked for Dr. Jennifer Leavitt for 8 years and Dr. Maryann Totten for another 6 years as the Insurance Clerk. Now she is finally ‘really’ retired, but she still does volunteer when she can.

Betty is single and has 2 brothers; Charles Edward “Eddie” who lives in Bradenton, Florida and Robert who passed away in 1935 when he was 3 days old. Betty first boyfriend was Butch Hiehle (she still has his love notes).

Betty has many friends, but her sorority sister, Ruth Gustke and Bonnie Wickham are her best friends. Her favorite actors are Clark Gable and Julia Roberts. Her favorite movie is “Gone with the Wind.” Her favorite food is “a good steak”.

Betty’s hobbies are painting and traveling. She loves to travel, especially with her niece, Rosemary. Betty has been on 5 cruises. She loved to play dodge ball and loves all kinds of music; however her favorite singer is Barry Manilow. Her favorite car is a Thunderbird.

What Betty loves most about First Christian Church is the love and friendship of the people. Betty said, “When I was sick, the love and friendship that was poured out on me was overwhelming; I am very grateful”.

# NOVEMBER LECTIONARY

## Nov 2

Revelation 7:9-17 and Psalm 34:1-10, 22  
 1 John 3:1-3  
 Matthew 5:1-12

## Nov 9

Revelation 7:9-17 and Psalm 34:1-10, 22  
 1 John 3:1-3  
 Matthew 5:1-12

## Nov 16

Revelation 7:9-17 and Psalm 34:1-10, 22  
 1 John 3:1-3  
 Matthew 5:1-12

## Nov 23

Revelation 7:9-17 and Psalm 34:1-10, 22  
 1 John 3:1-3  
 Matthew 5:1-12



## **Mid Ohio Valley Parish (DOC)**



*Embracing All In God's Love*

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