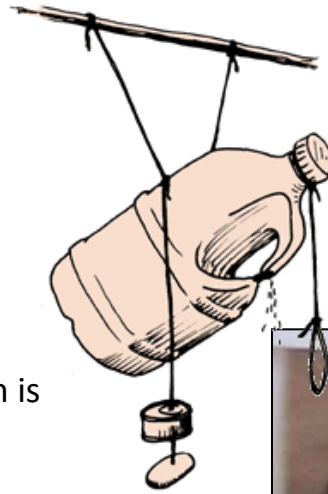


HEALTH AND HYGIENE CURRICULUM

The H&H training is taught for five days and covers the following topics:

- Problem identification through pictures of healthy and unhealthy villages
- Disease transmission
- Cycle of diarrhea
- Breaking the cycle of diarrhea
- Dehydration
- Skit about germs
- Hand washing
- Tippy-tap: hand washing device that uses less water and soap than is typically used to wash hands
- Washing: hair, body and clothes
- Care of teeth
- Food safety



- Fly traps: to help prevent the spread of disease through flies
- Collection, transportation & storage of safe water
- Water purification
- Domestic and environmental hygiene
- Water and sanitation related diseases
- Planning a latrine
- Nutrition
- Training techniques: for future teachers in the program
- Final project: every student presents a small activity they will do to make their community healthier
- Graduation!
 - There is a graduation ceremony on the last day for those who attend all of the classes. Graduates receive a bucket with a lid, wash cloths and toothbrushes for everyone in their house, bar soap, a comb, a diploma, a Spanish bible and a candle.
 - The class elects a Promotora who receives a complete H&H notebook and will take charge of teaching H&H to others in the community.

