

COURSES AND  
PROGRAMS

WESTERN NEW ENGLAND  
PSYCHOANALYTIC SOCIETY

2015–2016



*w.n.e.p.s.*

Courses and Programs

☞ 2015–2016 ☞

COURSES

*Children's Picture Books and the  
Inner World of Childhood*

*James Joyce's Ulysses*

*Thinking About Gender, Gender Identity,  
and Gender Variance*

*Therapeutic Action: Psychodynamic  
Perspectives on Technique in the  
Clinical Situation*

*Creative Analysis: Creativity and  
Clinical Process*

*Thinking About Transference: Evolving Ideas*

PSYCHOTHERAPY PROGRAM

SYMPOSIUM APRIL 2, 2016

*Seeking Altered States:  
From Creativity to Oblivion*

FOR INFORMATION, UPDATES,  
& REGISTRATION PLEASE VISIT

[www.wneps.org](http://www.wneps.org)

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Course Registration

Name	Degree
Address	
City	
State/Zip	
Phone	
E-mail	
Course(s) & tuition:	
#1	
#2	
#3	
<u>If you are registering for CME/CEC credit,</u> add \$20 fee per course. Circle CME medical) or CEC (social work)	
<u>PLEASE NOTE:</u> Tuition for residents, students, & trainees (circle one) is \$50 per course. (Fees are not intended to discourage interested trainees. Please apply to Ms. Rodems for a fee reduction if you wish to take a course but cannot afford the fee.)	
TOTAL \$	
Return with check ( <i>payable to WNEPS</i> ) to:	
WNEPS Continuing Education	
255 Bradley Street	
New Haven, CT 06510	
<i>Questions? Contact Ms. Anne Rodems @          203 562-2103 or <a href="mailto:arodems@wneps.org">arodems@wneps.org</a></i>	
<i>Register on-line @ <a href="http://www.wneps.org">www.wneps.org</a></i>	

## *The Western New England Psychoanalytic Society*

The Western New England Psychoanalytic Society consists of psychoanalysts practicing throughout Connecticut and Western Massachusetts. We treat patients in a variety of settings—universities, medical schools, community agencies, private practice—and share an interest in scientific research and evolving psychoanalytic theory. Monthly scientific meetings, a newsletter, and various activities serve to promote psychoanalytic practice and the application of psychoanalytic ideas to other fields. The Society is an affiliate of The American Psychoanalytic Association.

### *Continuing Education Division*

To promote the research, theory and practice of psychoanalysis, to provide postgraduate education for psychoanalysts, and to serve the communities in which we practice, members of the Western New England Psychoanalytic Society offer lectures, an annual symposium, and courses ranging from the introductory to the advanced.

#### **PROGRAM COMMITTEE**

Deborah Fried, MD, *Chair*

Rachel Bergeron, PhD, JD, *Co-Chair*

Angelica Kaner, PhD • Nancy Olson, MD

Joan Poll, MD • Lynn Reiser, MD

#### **FACULTY 2015–2016**

Mary Ayre, MD

Angela Cappiello, MD, PhD

Kirsten Dahl, PhD

George Hagman, LCSW

Sybil Houlding, MSW

Ken Marcus, MD

Lisa Marcus, PhD

Lynn Reiser, MD

Paul Schwaber, PhD

## *Accreditation*

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Western New England Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of [number of credits] AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

CEC credit is issued by NASW–CT for hours attended under the continuing education criteria for Social Work Licensure renewal.

## *Children's Picture Books and the Inner World of Childhood*

Instructors: Lynn Reiser, MD and Kirsten Dahl, PhD

Educational Objectives:

- To focus on the development of the young child's inner world through its depiction in picture books.
- To explore how these cultural artifacts are made.
- To examine how their particular form reflects various technical and practical constraints related to how they are made and used.

Audience: Nursery school teachers and directors; clinicians who work with young children; librarians; picture book writers, illustrators and other creators of media for children; parents or former children.

THE BABY'S INNER WORLD develops in the context of a relationship with a passionate, emotionally significant other. This mothering person responds to the baby's behavioral communications by "decoding" them and in responding shaping them so that they become increasingly meaningful and intelligible to both partners. The picture book can play a facilitating role in this process as it must be shared with and "decoded" to the baby by a reader. Picture books can provide ways for mothering person and child to communicate affectively about the inner world and its fantasies, wishes, demands, and fears. We will examine specific picture books in detail to illustrate this process and to elucidate the representations of the young child's inner world at different developmental periods.

7 sessions • Tuesdays, 7–8:30 pm  
September 8, 15, 29, October 6, 13, 20, 27,  
2015

255 Bradley Street, New Haven  
Fee: \$420 (\$50 for trainees)

## *James Joyce's Ulysses*

Instructor: Paul Schwaber, PhD

Educational Objectives

- To read through and comprehend and enjoy *Ulysses*.
- To consider the usefulness of a psychoanalytic consideration of the characters.
- To consider the psychodynamics of the changing narrative strategies.

Audience: Clinicians, scholars, and students of literature interested in the topic.

JAMES JOYCE'S *ULYSSES* has often been acclaimed as the greatest novel of the twentieth century. Our aim will be to read this remarkable novel closely and to appreciate its comedy, insight, and creative force. In doing so, we will consider its contemporaneity with Freud's work, the way a psychoanalytic perspective helps to illuminate it, and how *Ulysses* in turn tests psychoanalysis.

14 sessions • Thursdays, 7–9 pm  
September 10, 17, 24, October 1, 8, 15, 22,  
29, November 5, 12, 19, December 3, 10, 17,  
2015  
255 Bradley Street, New Haven  
Fee: \$1120 (\$50 for trainees)

## *Thinking About Gender, Gender Identity, and Gender Variance*

Instructors: Kenneth Marcus, MD and Lisa Marcus, PhD

Educational Objectives:

- To develop familiarity with current concepts of gender, gender identity, and gender variance.
- To examine the phenomenology of gender variance, theories of causality and their evidence base, and some of the developmental paths that gender variant individuals may travel.
- To consider current clinical approaches to the assessment and treatment of transgender and gender variant conditions in children and adults, with their special problems and controversies.

Audience: Mental health professionals and trainees.

THE STUDY OF GENDER provides a window onto fundamental aspects of our human nature: the nature of identity and human development; the interaction of biologic, psychological, and social causality; the complex relationships of mind and body, of nature and nurture, and of gender identity and sexual orientation. We will address some basic questions: what is the fundamental nature of gender and gender identity? What do we mean by gender variance? How do we decide what is “normal,” what is variant, and what is pathological? How do social systems and cultures manage issues of gender variance? We will examine several developmental paths taken by persons with variant gender identities. We will consider theories of etiology and their evidential support. Lastly, we will focus on clinical issues that may arise in the course of variant gender development.

6 sessions • Mondays, 7–9 pm  
Sept 28, Oct 5, 19, 26, Nov 2, 9, 2015  
255 Bradley Street, New Haven  
Fee: \$480 (\$50 for trainees)

## *Therapeutic Action: Psychodynamic Perspectives on Technique in the Clinical Situation*

Instructors: Mary L. Ayre, MD and Angela Cappiello, MD, PhD

Educational Objectives:

- To explore the current theoretical understanding of therapeutic action and its application in the clinical setting.
- To examine both the aims of treatment and the different strategies (technique) that are likely to facilitate therapeutic action.
- To study clinical process material from current psychotherapy sessions to be presented by course members.

Audience: Mental health professionals and trainees.

A DEFINITION OF THERAPEUTIC action has been the focus of large debates and it has changed over the years according to different theoretical models. This course will examine psychodynamic perspectives on therapeutic action, and the variety of interventions in the clinical setting that facilitate change within the context of the patient/therapist relationship. We will explore essential dimensions of this therapeutic context and the ways in which it creates a series of mutative experiences. We will discuss both what changes (the aims of treatment) and what strategies are likely to be useful in facilitating those changes (technique).

5 sessions • Wednesdays, 6–8 pm  
October 7, 14, 21, 28 and November 4, 2015  
49 Welles Street, Suite 216, Glastonbury  
Fee: \$400 (\$50 for trainees)

## *Creative Analysis: Creativity and Clinical Process.*

Instructor: George Hagman, LCSW

Educational Objectives:

- To learn how to strengthen specific aspects of the psychotherapeutic relationship to increase the probability of creative change.
- To learn how to utilize the neurological and interpersonal dynamics of the therapeutic interaction to build on patient strengths.
- To identify creative potentials in patients that can inform the treatment planning process.

Audience: Mental health professionals and trainees.

PSYCHOANALYSIS IS AN ART form that takes as its object the self-experience of the patient. This course will provide participants with an overview of creative aspects of psychoanalytic therapy. A number of important issues will be discussed: the nature of art, the neurology of creativity, aesthetic interaction, the creativity of the analysand and analyst, and the dynamics of psychoanalysis as a creative art form. Upon completion, students will have enhanced their ability to work with the unpredictable and complex nature of the psychoanalytic interaction. The course will follow the chapters of the instructor's book, *Creative Analysis: Art, Creativity and Clinical Process* (Routledge, 2015).

4 sessions • Tuesdays, 7–9 pm  
February 2, 9, 16, 23, 2016  
255 Bradley Street, New Haven  
Fee: \$320 (\$50 for trainees)

## *Thinking About Transference: Evolving Ideas*

Instructor: Sybil Houlding, MSW

Educational Objectives:

- To understand the meaning of transference in the clinical situation.
- To review how our understanding of this concept has evolved since Freud first conceptualized this phenomenon.
- To understand the necessity of becoming aware of transference manifestations in the clinical situation, and the dangers of the failure to do so.

Audience: Beginning and experienced clinicians.

IN HIS 1915 PAPER, "Observations on Transference Love," Freud wrote about the tendency of his female patients to fall in love with him. Astutely he realized that "He (the therapist) must recognize that the patient's falling in love is induced by the analytic situation and is not to be attributed to the charms of his own person...." We will begin with Freud's original paper on transference love, as well as an overview of the concept by Jonathan Lear. We will then read a classic paper by Brian Bird, "Notes on Transference: Universal Phenomenon and Hardest Part of Analysis," Betty Joseph's ground-breaking paper on "Transference: The Total Situation," and finally, Ellen Pinsky's recent paper entitled "The Potion," which reminds us of the power of this phenomenon and highlights the ethical obligation this entails.

4 sessions • Thursdays, 7–8:30 pm  
May 5, 12, 19, 26, 2016  
255 Bradley Street, New Haven  
Fee: \$240 (\$50 for trainees)

## *Psychotherapy*

Didactic, Supervision, Personal  
Therapy

*A Two-Year Program, Fall 2015*



### *Psychotherapy Committee*

Robert White, MD, Director  
Susan Bers, PhD  
Angelica Kaner, PhD  
Fred Koerner, PhD  
Janet Madigan, MD

### *Faculty, 2013-2015*

Susan Bers, PhD  
Debra Boltas, PhD  
Deborah Fried, MD  
Sybil Houlding, LCSW  
Angelica Kaner, PhD  
Fred Koerner, PhD  
Janet Madigan, MD  
Barbara Nordhaus, LCSW  
Sidney Phillips, MD  
Lynn Reiser, MD  
Matthew Shaw, PhD  
Robert White, MD

This is a 2-year program to learn about the technique of psychodynamic psychotherapy. We offer a combination of didactic learning, clinical cases and supervision. The aim of the program is to help students to deepen their therapeutic work with certain patients by moving beyond supportive treatments through interpretation of unconscious content and working with transference.

### **Admission Criteria**

- Graduate of a certified mental health program at a Masters level or above, with a degree as MD, LCSW, PhD, PsyD, EdD, LMFT, LPC, or APRN.
- Currently working in a clinical setting that would support seeing patients in regular psychodynamic psychotherapy.
- Appropriate license in mental health field for practice in the state of Connecticut.
- If in private practice, adequate malpractice insurance (currently \$1 million/\$3 million).
- Submission of a summary of experience with psychotherapy, including number and types of patient seen, range of diagnoses and modality of psychotherapy.
- Two letters of recommendation, at least one of which is from someone well acquainted with the applicant's current clinical work.
- A brief statement of interest by the applicant.

### **Courses**

3 trimesters per academic year, with two courses of 8 sessions each trimester. The two classes will run back-to-back on one night of the week. Each will be one hour and 30 minutes, and there will be a 15-minute break between classes.

#### **First Year**

##### **First trimester**

- Thinking About Psychodynamic Psychotherapy
- Case Conference I

##### **Second trimester**

- Understanding Fundamental Concepts
- Case Conference II

##### **Third trimester**

- Working with Difficult Patients
- Case conference

#### **Second Year**

##### **First trimester**

- Development I
- Case Conference IV

##### **Second trimester**

- Personality
- Case Conference V

##### **Third trimester**

- To be determined
- Case Conference VI

*Studies in Psychodynamic  
Psychotherapy  
A Two-Year Program, Fall 2015*

**Personal Therapy**

In order to be an effective psychodynamic psychotherapist, one must have experience being a patient and have some familiarity with one's own unconscious processes. Each applicant therefore should have an experience of personal psychodynamic psychotherapy or psychoanalysis either before beginning this program or concurrently at the beginning of the program.

**Supervision**

Ongoing psychotherapy cases from the applicant's caseload will be presented in weekly supervision. Two such cases will be required. The student will have two supervisors, each for one year.

**Progression**

A certificate will be awarded at the end of the 2-year program.

**Fees**

Application fee: \$50  
Tuition: \$1800 per year  
Supervision: arranged individually

**Application**

For further information and an application, please write or call the Program Director, Robert White, MD  
[Robertwhite@comcast.net](mailto:Robertwhite@comcast.net)  
203-624-8503

*Spring Symposium 2016  
Seeking Altered States:  
From Creativity to Oblivion*

*Neurobiological and Psychoanalytic  
Perspectives*

Oscar Hills, MD • Linda Mayes, MD  
Eamon McCrory, PhD • Lynn Reiser, MD  
Jane Tillman, PhD

**The Western New England  
Psychoanalytic Society**

Saturday, April 2, 2016 • 8:30 am–1 pm

Yale Child Study Center

This symposium will explore the phenomenon of altered states. Throughout life, from early infancy into adulthood, altered states occur naturally in sleep, dreams, falling in love, childbirth, near-to-death experiences; they are induced through drug use, or sought out to promote creativity. Altered states are an essential feature in the psychoanalytic and psychotherapeutic process as well as in the practice of meditation, yoga, hypnosis, etc. Using neurobiological evidence, developmental and psychoanalytic concepts, our panelists will shed light on the brain/mind correlations of altered states.

For further information contact the Registrar, Dr. Christine Desmond @ 203 671-8126 or [cedesmond@cox.net](mailto:cedesmond@cox.net) or visit our website [www.wneps.org](http://www.wneps.org)

SYMPOSIUM COMMITTEE

Angela Cappiello, MD, PhD, *Chair*  
Elizabeth Wilson, MD, *Co-Chair*

Mary Ayre, MD • Christine Desmond, MD  
Deborah Fried, MD • Christopher Leveille,  
PsyD • Linda Mayes, MD • Joan Poll, MD  
Neayka Sahay, MD • Jean Vogel, MD



## *Scientific Meetings*

Scientific meetings seek to provide post-graduate education for psychoanalysts who are members of the Society, addressing issues of practice, technique, theory, and research relevant to the field of psychoanalysis, as well as offering educational opportunities for physicians and practitioners of other mental health professions. There is no fee or registration for these programs.

Meetings start at 4 pm at the Western New England Institute for Psychoanalysis, 255 Bradley Street, New Haven.

CME/CEC credit is available upon completion of required paperwork; there is a \$10 fee per meeting for non-Society members.

September 19, 2015  
Salman Akhtar, MD

*Four Kinds of Scientific Listening*  
Discussant: Rosemary Balsam, MD

October 19, 2015  
Charles E. Parks, PhD

*Alterations of Defense in Child Analysis:  
Process and Technique in Work with  
Children*  
Discussant: Joan Poll, MD

November 14, 2015  
Sandra Buechler, PhD  
*Educating Tomorrow's Analysts*  
Discussant: Jean Vogel, MD

December 12, 2015  
Alfred E. Margulies, MD  
*Hidden in Plain Sight on Locked Wards:  
On Finding and Being Found*  
Discussant: Marshal Mandelkern, MD,  
PhD

February 27, 2016  
Nathan Kravis, MD  
*Embedded and Couched: The Function and  
Meaning of Recumbent Speech*  
Discussant: Joan Wexler, MSW

April 30, 2016  
David Carlson, MD  
*Psychoanalysis: A Call to Battle*  
Discussant: Lorraine Siggins, MD

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Western New England Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

This program is being reviewed for Continuing Education Credit hours by the National Association of Social Workers, CT to meet the continuing education criteria for CT Social Work Licensure renewal.

## *What is Psychoanalysis?*

Psychoanalysis is a method for treating a wide variety of emotional problems such as anxiety, depression, and difficulties with work or in relationships with other people. It is especially useful for exploring problems which repeat themselves and which interfere with growth and development. The goal of psychoanalysis is to increase self-awareness and enhance the individual's ability to apply this awareness in his or her daily life. In order to achieve these goals, 4 or 5 psychoanalytic sessions per week over an extended period of time are essential.

### *The Institute & Psychoanalytic Clinic*

The Western New England Institute for Psychoanalysis, founded in 1952, is a training institute accredited by the American Psychoanalytic Association. It maintains a Psychoanalytic Clinic whose purpose is to make analysis available at a reduced fee to appropriate applicants (adults and children) who would be otherwise unable to afford it. Fees are determined by the patient's ability to pay. The psychoanalyses are conducted by candidates of the Institute qualified to practice psychoanalysis under the supervision of a senior member of the Institute. The analyses take place in candidates' private offices located throughout Connecticut and Western Massachusetts.

*To request a clinic application form please contact:*

Ms. Anne Rodems  
WNEIP

255 Bradley Street, New Haven, CT 06510  
203 562-2103

[arodems@wneps.org](mailto:arodems@wneps.org)

or download an application from our website

[www.wneps.org](http://www.wneps.org)

## *Scholars Program*

Western New England Institute for  
Psychoanalysis

COORDINATOR: Kay Long, PhD



This is a two-year program for scholars and academics interested in psychoanalytic theory and its application to their work. The program has two components. The first consists of seminars in analytic theory, from Freud to contemporary theorists, taught by faculty of the Western New England Institute whose viewpoints are informed by their immersion in psychoanalytic practice.

The second component addresses the use of psychoanalytic concepts in the participants' scholarly work. This segment includes tutorials and workshops in which participants present and develop their work in collaboration with faculty who offer perspectives on the scholars' specific research projects.

Although this program is not designed as clinical training, mental health professionals and trainees who are interested in deepening their understanding of psychoanalytic theory are welcome to participate.

*For questions about the program please contact  
Dr. Long at 203 498-9091 or [kay.long@yale.edu](mailto:kay.long@yale.edu)*