

w.n.e.p.s.

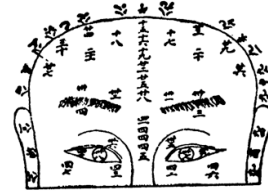
Continuing Education  
255 Bradley Street,  
New Haven, CT 06510

address services requested

## Courses & Programs

Western New England  
Psychoanalytic Society

2018–2019



**w.n.e.p.s.**  
Courses & Programs  
2018–2019

Clinical Experiences of  
Projective Identification

Sex Therapy and Psychodynamic  
Principles: How Do They Inform  
Each Other?

Psychodynamic Perspectives on  
Once a Week Sessions

Comparative Approaches  
to Psychoanalysis

Clinical Work with Gender  
Nonconforming Individuals

The Appeal of Tragedy

Hate in the Consulting Room:  
The Other Inside and Out

The Creative Analyst: Supporting  
Patient's Change Efforts in Therapy

Psychotherapy Program

Symposium • April 6, 2019  
A Good Man is Hard to Find

for information, updates,  
& registration please visit  
[www.wneps.org](http://www.wneps.org)

**Course Registration**

Name

Degree

Address

City

State/Zip

Phone

E-mail

Course(s) & tuition:

#1

#2

#3

If you are registering for CME/CEC credit, add \$20 fee per course. Circle CME (medical) or CEC (social work)

**PLEASE NOTE:** Tuition for residents, students, & trainees (circle one) is \$50 per course. (Fees are not intended to discourage interested trainees. Please apply to Ms. Rodems for tuition reduction if you wish to take a course but cannot afford the fee.)

TOTAL \$

Return with check (payable to WNEPS) to:

WNEPS Continuing Education  
255 Bradley Street  
New Haven, CT 06510

Questions? Contact Ms. Anne Rodems  
@ 203-562-2103 or arodems@wneps.org

Register on-line @ [www.wneps.org](http://www.wneps.org)

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## Courses & Programs

2018-2019

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## **The Western New England Psychoanalytic Society**

The Western New England Psychoanalytic Society consists of psychoanalysts practicing throughout Connecticut and Western Massachusetts. We treat patients in a variety of settings—universities, medical schools, community agencies, private practice—and share an interest in scientific research and evolving psychoanalytic theory. Monthly scientific meetings, a newsletter, and various activities serve to promote psychoanalytic practice and the application of psychoanalytic ideas to other fields. The Society is an affiliate of The American Psychoanalytic Association.

### **Continuing Education Division**

To promote the research, theory and practice of psychoanalysis, to provide postgraduate education for psychoanalysts, and to serve the communities in which we practice, members of the Western New England Psychoanalytic Society offer lectures, an annual symposium, and courses ranging from the introductory to the advanced.

To request a clinic application please contact:

Ms. Anne Rodems  
WNEIP  
255 Bradley Street  
New Haven  
CT 06510

203-562-2103

[arodems@wneps.org](mailto:arodems@wneps.org)

or download the application from:

[www.wneps.org](http://www.wneps.org)

## **What is Psychoanalysis?**

Psychoanalysis is a method for treating a wide variety of emotional problems such as anxiety, depression, and difficulties with work or in relationships with other people. It is especially useful for exploring problems which repeat themselves and which interfere with growth and development. The goal of psychoanalysis is to increase self-awareness and enhance the individual's ability to apply this awareness in his or her daily life. To achieve these goals, four or five psychoanalytic sessions per week over an extended period are essential.

### **The Institute & Psychoanalytic Clinic**

The Western New England Institute for Psychoanalysis, founded in 1952, is a training institute accredited by the American Psychoanalytic Association. It maintains a Psychoanalytic Clinic whose purpose is to make analysis available at a reduced fee to appropriate applicants (adults and children) who would be otherwise unable to afford it. Fees are determined by the patient's ability to pay. The psychoanalyses are conducted by candidates of the Institute qualified to practice psychoanalysis under the supervision of a senior member of the Institute. The analyses take place in candidates' private offices located throughout Connecticut and Western Massachusetts.

## **Continuing Education Division**

### **Program Committee**

Deborah Fried, MD, Chair  
Rachel Bergeron, PhD, JD, Co-Chair

Mary Ayre, MD  
Bonnie Becker, PhD  
Susan Bers, PhD  
Angela Cappiello, MD, PhD  
Nancy Olson, MD  
Joan Poll, MD  
Lynn Reiser, MD

### **Faculty 2018-2019**

Stephen Atkins, PhD, MD  
Mary Ayre, MD  
Angela Cappiello, MD, PhD  
Carole T. Goldberg, PsyD  
George Hagman, LCSW  
Kenneth Marcus, MD  
Lisa Marcus, PhD  
Ira Moses, PhD  
Paul Schwaber, PhD  
Lynn Yonack, MSW

## Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Western New England Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of [number of credits] AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### IMPORTANT DISCLOSURE

#### INFORMATION FOR ALL LEARNERS:

None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

CE credits earned at WNE can be used to fulfill the Connecticut continuing education requirement for psychologists.

This program is being reviewed for Continuing Education Credit Hours by NASW/CT. Once approved, it meets the continuing education criteria for Social Work Licensure renewal.

January 19, 2019

Ann Dailey, JD

***Racially Blind***

Discussant: Barbara Marcus, PhD

March 18, 2019

Joel Whitebook, PhD

TBA

Discussant: Paul Schwaber, PhD

April 20, 2019

Lisa Marcus, PhD

TBA

Discussant: Eileen Becker-Dunn, MSW

## Scientific Meetings

Scientific meetings seek to provide post-graduate education for psychoanalysts who are members of the Society, addressing issues of practice, technique, theory, and research relevant to the field of psycho-analysis, as well as offering educational opportunities for physicians and practitioners of other mental health professions. There is no fee or registration for these programs.

Meetings start at 4 pm at the Western New England Institute for Psychoanalysis, 255 Bradley Street, New Haven.

CME/CEC credit is available upon completion of required paperwork; there is a \$10 fee per meeting for non-Society members.

September 22, 2018

Steve Ablon, MD

### ***Profound Silence***

Discussant: Lawrence Levenson, MD

October 27, 2018

Ann Pelligrini, PhD

### ***Taking a Leak: Bodies, Boundaries and Bathrooms***

Discussant: Anne Dailey, JD

November 17, 2018

Ken Corbett, PhD

### ***Transit: Playing the Other***

Discussant: Matthew Shaw, PhD

December 15, 2018

Lynne Zeavin, PhD

### ***The Elusive Good Object***

Discussant: Elizabeth Wilson, MD

## Clinical Experiences of Projective Identification

Instructors: Angela Cappiello, MD, PhD;  
Mary Ayre, MD

Educational Objectives:

- To study the communicative aspects of projective identification, splitting, manic defenses, paranoid-schizoid and depressive positions.
- To discuss how recognizing projective identification in the intersubjective work between therapist and patient may lead to therapeutic action.
- To examine difficult treatment situations pertaining to projective identification and begin to understand the language/communication therein.

Audience: mental health professionals and trainees.

Course Description: In clinical work we often observe the patient's need to ward off anxieties and impulses and project these split off parts (that cannot be expressed in words) into the therapist. This course will focus on projective identification as a communication with the analyst, and how its difficulties and vicissitudes can lead to therapeutic understanding. We will draw from authors of the British Kleinian school, in addition to Ogden and Bion, to enhance our understanding of clinical experience and how to make use of projective identification in difficult treatment situations.

6 sessions • Wednesdays, 6–8 PM

September 12, October 10, 24, November 7, 28, December 12, 2018

49 Welles Street, suite 216, Glastonbury

Fee: \$480 (\$50 for trainees)

## Sex Therapy and Psychodynamic Principles: How Do They Inform Each Other?

Instructor: Carole T. Goldberg, PsyD

### Educational Objectives:

- To increase basic understanding of sex therapy and the importance of providing a therapeutic space for expression of sexual concerns.
- To compare sex therapy practices with psychoanalytic/psychodynamic approaches in therapy to enhance the possibility of incorporating both when useful.
- To increase comfort levels with sexual material for professionals and new ways to assist patients with sexual concerns.

Audience: Mental health professionals and trainees, clinicians, scholars, and others interested in the topic.

Course Description: The course will consist of 5 completed sex therapy cases, treated in a symptom-based sex therapy model, in order to offer possible ways in which psychoanalytic psychodynamic understanding may be beneficial in this method. This would also provide an opportunity to incorporate how some sex therapy approaches may be useful in psychoanalytic/psychodynamic therapy.

8 sessions • Thursdays, 6:30–8 PM  
September 27, October 4, 11, 18, 25,  
November 1, 8, 15  
255 Bradley Street, New Haven  
Fee \$480 (\$50 for trainees)

## Scholars Program

### Western New England Institute for Psychoanalysis

Coordinator: Kay Long, PhD



This is a two-year program for scholars and academics interested in psychoanalytic theory and its application to their work. The program has two components. The first consists of seminars in analytic theory, from Freud to contemporary theorists, taught by faculty of the Western New England Institute whose viewpoints are informed by their immersion in psychoanalytic practice.

The second component addresses the use of psychoanalytic concepts in the participants' scholarly work. This segment includes tutorials and workshops in which participants present and develop their work in collaboration with faculty who offer perspectives on the scholars' specific research projects.

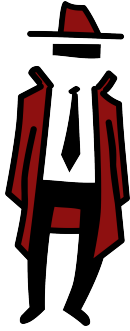
Although this program is not designed as clinical training, mental health professionals and trainees who are interested in deepening their understanding of psychoanalytic theory are welcome to participate.

For questions about the program please contact Dr. Long at 203-498-9091 or [kay.long@yale.edu](mailto:kay.long@yale.edu)



Symposium 2019

## A Good Man Is Hard to Find



### On Having Whiteness

Donald Moss, MD

### On Being Cool

Sidney Phillips, MD

Elizabeth Brett, PhD, Discussant

The Western New England  
Psychoanalytic Society

Saturday, April 6, 2019  
8:30 AM – 12:45 PM  
Yale Child Study Center  
New Haven, CT

For further information visit  
[www.wneps.org](http://www.wneps.org)

### Symposium Committee

Elizabeth Wilson, MD, Chair  
Erica Weiss, MD, Co-Chair

Shannon Drew, MD  
Christopher Leveille, PsyD  
Linda Mayes, MD  
Joan Poll, MD  
Sheryl Silverstein, PhD

## Psychodynamic Perspectives on Once a Week Sessions

Instructor: Ira Moses, PhD

### Educational Objectives:

- To apply psychodynamic approaches to once a week sessions.
- To help therapists focus on characterological problems in patients that contribute to their presenting problems.
- To identify barriers to more intensive sessions.

Audience: Mental health professionals and trainees.

Course Description: The financial and scheduling limitations of many patients impel us to apply psychodynamic principles with patients who can only attend sessions once per week. We will explore how to help patients look beyond their symptoms and initial concerns to gain perspective on how their personality issues may contribute to intrapsychic and interpersonal conflicts. We will review such topics as building a working alliance; examining whether frequency limitations are due to resistance (the patient's and/or the therapist's); the effects on treatment of third-party payors (insurance company reviewers, relatives, etc.); and interventions that may help to move work that has bogged down in situational complaints or acting out. Along with readings, students will present transcripts of therapy sessions in order to review how detailed listening may provide opportunities to deepen the work.

4 sessions • Wednesdays, 7–8:30 PM  
September 26, October 3, 10, 17 2018  
255 Bradley Street, New Haven  
Fee \$240 (\$50 for trainees)

## Comparative Approaches to Psychoanalysis

Instructor: Stephen Atkins, PhD, MD

### Educational Objectives:

- To understand different seminal approaches to psychoanalysis and psychotherapy.
- To understand the implications of these approaches when listening to patients.
- To understand the implications of these approaches when intervening and interpreting with patients.

Audience: Mental health professionals and clinicians and others interested in the topic.

Course Description: We will examine and compare the approaches of several seminal psychoanalytic thinkers: Paul Gray, Donald Winnicott, Hans Loewald, and Wilfred Bion. What are their respective approaches to psychoanalytic practice and theory of treatment? How are they similar? How do they differ? How are they relevant to psychotherapeutic practice? Through readings and discussion we will attempt to answer these questions. We will also attempt to understand the same process material from several sessions as each of these analysts might approach it. For what would they listen? How might they intervene? We are not attempting to discern which approach is best, but rather to increase our understanding of how each approach might be helpful and when.

4 sessions • Mondays, 7–8:30 PM  
October 22, 29, November 5, 12, 2018  
255 Bradley Street, New Haven  
Fee \$240 (\$50 for trainees)

## The Creative Analyst: Supporting Patient's Change Efforts in Therapy

Instructor: George Hagman, LCSW

### Educational Objectives:

- To learn to assess the patient's motivation for and capacity to change.
- To acquire skills which target areas that increase the probability that patients will make change.
- To learn interventions that help to support and sustain patients' effectiveness and capacity for creative living.

Audience: mental health professionals and trainees.

Course Description: Patients enter psychoanalytic treatment because they are in distress, yet they either do not know what to do or feel unable to make changes. Approaching patients as active partners in the treatment is essential. Yet, despite the advent of relational perspectives which view both parties as participants in the analytic process, psychotherapy patients are often viewed as relatively passive recipients of the therapist's interventions. Hence much of the workings of therapy remain poorly understood. This workshop demonstrates that it is the patient not the therapist who is the active change agent. By understanding and supporting the patient's change efforts and capacity for creative living, psychoanalytic therapists can become more skillful and increase the probability of positive outcomes.

4 sessions • Tuesdays, 7–9 PM  
March 5, 12, 19, 26, 2019  
255 Bradley Street, New Haven  
Fee \$320 (\$50 for trainees)

## Hate in the Consulting Room: The Other Inside and Out

Instructor: Lyn Yonack, MSW

### Educational Objectives:

- To identify dynamics that structure hate in the individual and in the relationship within the consulting room.
- To understand hate as it appears in the transference/countertransference matrix and how to use such understanding therapeutically.
- To consider hate as it shows up implicitly and explicitly as prejudice, misogyny, racism, and homophobia, within analytic material.

Audience: Mental health professionals and trainees, scholars, and others interested in the topic.

Course Description: Such foundations of identity as gender, race, religion, sexual orientation, and ethnicity help organize a person's social and psychic life and build bridges in relational and group dynamics. We identify/disidentify: are like/unlike. Oscillation, conscious or unconscious, between identification and disidentification, can foster an "othering" process, whereby another person or group is viewed or treated as intrinsically different or alien. To the degree this dialectic operates defensively and rigidly, it excludes the other from being understood. With the help of Kernberg, Gabbard, Winnicott, D. Moss, K. White and others, we will consider how to understand hate and othering, the better to further the therapeutic process.

5 sessions • Saturdays, 10:30 AM–12 PM  
March 2, 9, 16, 23, 30 2019  
255 Bradley Street, New Haven  
Fee \$300 (\$50 for trainees)

## Clinical Work with Gender Nonconforming Individuals

Instructors: Lisa Marcus, PhD and Kenneth Marcus, MD

### Educational Objectives:

- To develop a working familiarity with current concepts of nonconforming gender identity development.
- To become familiar with current theories of causality and prediction of developmental outcome as well as their evidence base, and with some of the varied developmental pathways which gender variant individuals may travel.
- To become familiar with current clinical approaches to the assessment and treatment of gender nonconforming identity development in children and adults, with associated special problems and controversies.

Audience: Mental health trainees or professionals interested in clinical work with individuals with nonconforming gender identities.

Course Description: How do we approach thinking about nonconforming pathways of gender identity development? What role do, and should, mental health professionals play in these individuals' efforts to seek self-understanding and potential gender affirming medical intervention? What clinical considerations should we have in mind? The study of gender provides a window through which fundamental aspects of human nature can be examined: the nature of identity and of human development; the interaction of biologic, psychological, and social

## Gender, cont.

causality; the complex relationships of mind and body, nature and nurture; and the relation of gender identity and sexual orientation. The way in which these issues inform the clinical encounter makes work with gender nonconforming individuals especially complex and rich. Through selected readings and clinical material offered by class participants we will examine some of the issues that arise in work with gender nonconforming individuals and their families. Particular attention will be given to the challenges presented by the assessment and treatment of young children in the context of their families. Controversies will be addressed, as will expectable transference-countertransference developments. Available data involving prognosis and treatment outcome will be reviewed.

6 sessions • Mondays, 7:15–8:45 PM  
October 29, November 5, 12, 19, 26,  
December 3, 2018  
255 Bradley Street, New Haven  
Fee: \$360 (\$50 for trainees)

## The Appeal of Tragedy

Instructor: Paul Schwaber, PhD

Educational Objectives:

- To study and discuss Shakespeare's plays and other writings concerned with tragedy.
- To apply such understanding to our clinical work with patients.
- To appreciate the centrality of tragedy to life.

Audience: Clinicians, scholars, and students of literature interested in the topic.

Course Description: Aristotle considered tragedy central to the engaging claim that great verbal art has on us. *Oedipus Rex* was, of course, central to Freud's thought. We will ponder tragedy as an art form that, through the centuries, has opened usefully—enjoyably, distressingly, and safely—to the mysteries and fascinations of personality, family, politics and culture. With Aristotle's "Poetics" and Freud's "Civilization and Its Discontents" as informing texts, and calling upon the group's collective clinical experience, we will study works by Sophocles, Shakespeare (his great tragedies), Arthur Miller, and John Frayne, to contemplate tragedy's appeal and illumination.

12 sessions • Thursdays, 7–9 PM  
January 24, February 7, 21, 28, March 7, 14,  
21, 28, April 4, 11, 18, 25  
255 Bradley Street, New Haven  
Fee: \$650 (\$50 for trainees)

## Personal Therapy

To be an effective psychodynamic psychotherapist, one must have experience being a patient and have some familiarity with one's own unconscious processes. Each applicant therefore should have an experience of personal psychodynamic psychotherapy or psychoanalysis either before beginning this program or concurrently at the beginning of the program.

## Supervision

Ongoing psychotherapy cases from the applicant's caseload will be presented in weekly supervision. Two such cases will be required. The student will have one supervisor and may ask to switch to a second supervisor in the second year.

## Progression

A certificate will be awarded at the end of the 2-year program.

## Fees

Application fee: \$50  
Tuition: \$1800 per year  
Supervision: arranged individually

## Application

For further information and an application, please write or call the Program Director:  
Robert White, MD  
[Robertwhite@comcast.net](mailto:Robertwhite@comcast.net)  
203-214-8768

## Psychotherapy Didactic, Supervision, Personal Therapy

A Two-Year Program  
*New class to start January 2020*



## Psychotherapy Committee

Robert White, MD, Director  
Susan Bers, PhD  
Angelica Kaner, PhD  
Fred Koerner, PhD  
Janet Madigan, MD  
Deborah Nudel, PhD

## Faculty

Stephen Atkins, PhD, MD  
Susan Bers, PhD  
Deborah Fried, MD  
Sybil Houlding, LCSW  
Angelica Kaner, PhD  
Fred Koerner, PhD  
Janet Madigan, MD  
Norka Malberg, PsyD  
Barbara Marcus, PhD  
Sidney Phillips, MD  
Lynn Reiser, MD  
Linda Robinson, LCSW  
Matthew Shaw, PhD  
Robert White, MD

## **Studies in Psychodynamic Psychotherapy**

### **A Two-Year Program**

*New class to start January 2020*

This is a 2-year program to learn about the technique of psychodynamic psychotherapy. We offer a combination of didactic learning, clinical cases and supervision. The aim of the program is to help students to deepen their therapeutic work with certain patients by moving beyond supportive treatments through interpretation of unconscious content and working with transference.

### **Admission Criteria**

- 1 Graduate of a certified mental health program at a Masters level or above, with a degree such as MD, LCSW, PhD, PsyD, EdD, LMFT, LPC, or APRN.
- 2 Currently working in a clinical setting that would support seeing patients in regular psychodynamic psychotherapy.
- 3 Appropriate license in mental health field for practice in the state of Connecticut.
- 4 If in private practice, adequate malpractice insurance (currently \$1 million/\$3 million).
- 5 Submission of a summary of experience with psychotherapy, including number and types of patient seen, range of diagnoses and modality of psychotherapy.
- 6 Two letters of recommendation, at least one of which is from someone well acquainted with the applicant's current clinical work.
- 7 A brief statement of interest by the applicant.

## **Courses**

3 trimesters per academic year, with two courses of 8 sessions each trimester. The two classes will run back-to-back on one night of the week. Each will be one hour and 30 minutes, and there will be a 15-minute break between classes.

### **First Year**

First trimester

- Thinking About Psychodynamic Psychotherapy

- Case Conference I

Second trimester

- Understanding Fundamental Concepts

- Case Conference II

Third trimester

- Working with Difficult Patients

- Case conference III

### **Second Year**

First trimester

- Development

- Case Conference IV

Second trimester

- Personality

- Case Conference V

Third trimester

- To be determined

- Case Conference VI