



## POSITIVE RISK-TAKING

***“If you don’t risk anything, you may risk everything!”*** [Source unknown]

We operate within increasingly legislated and regulated times, but that is no reason for avoiding the need to support our service users to take risks appropriately.

This one-day workshop is designed to help you reflect on the meaning of ‘positive risk-taking’ within the context of your work and the intentions of the Care Act 2014.

Workshop Aims:

- Developing a shared understanding of what positive risk-taking is.
- Reflecting on existing best practice and identifying areas for improvement.
- Relating person-centred outcomes to the intentions of the legislation.
- Implementing a framework for confident risk decision-making.

Workshop structure: A Strengths Approach to Well-Being & Positive Risk-Taking

Session 1 (9.30-11.00) ~ identifying what ‘Positive Risk-Taking’ is in practice.

Session 2 (11.15-12.45) ~ ‘Working with Risk’ & ‘Working with Strengths’... what is needed to put positive risk-taking into practice with confidence?

Session 3 (1.30-3.00) ~ Applying a risk decision-making framework to current case examples.

Session 4 (3.15-4.30) ~ a focus on implementing best practice through reflection and supervision, individually and in teams.

