

# Practice Based Evidence ~ Cumbria Services

## 'Positive Risk-Taking' (Nov-Dec 2016)

### Summary of 162 responses across 8 workshops

#### 1. Usefulness of the Sessions

Please rate the usefulness of the whole day(s) by circling the appropriate number

1 (1%)	1 (1%)	9 (5%)	92 (57%)	59 (36%)
<i>Very Poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>

#### 2. Facilitator

How would you rate the presentation and effectiveness of the facilitator(s)?

1 (1%)	1 (1%)	7 (4%)	77 (47%)	76 (47%)
<i>Very Poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>

#### 3. Workshop Objectives

1. Understanding what 'positive risk-taking' is.

	1 (1%)	5 (3%)	73 (45%)	83 (51%)
<i>Very Poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>

2. A strengths-based context for practice.

1 (1%)	1 (1%)	14 (8%)	81 (50%)	65 (40%)
<i>Very Poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>

3. Applying a risk decision-making framework.

	2 (2%)	14 (8%)	75 (46%)	71 (44%)
<i>Very Poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>

4. Implementing values-based reflective practice.

	1 (1%)	17 (5%)	51 (57%)	31 (36%)
<i>Very Poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>

## Workshop Participant Unedited Comments

### Workshop 1 (9/11/16) ~ Lancaster

- Very informative day; will take this information and roll it out to my team
- Valuable day; good to meet up and share opinions/experiences with other professionals
- Very well led and facilitated; good to share practice & experiences; important to cascade to other teams
- Very informative yet interactive workshop; like the handouts, they are valuable for team and practice development. Thank you!
- Helpful to discuss what positive risk taking is; will be planning to use decision making framework and to share with the rest of the team
- Good structure to the day with plenty of time to reflect on how it fits into our own practice
- I have thoroughly enjoyed today's training session and look forward to trying a few frameworks out in practice. Thank you
- Very useful to have time to think about implementation of positive risk taking in practice
- It may have been useful to have additional information to help apply the strengths based approach in practice.

### Workshop 2 (10/11/16) ~ Lancaster

- Good that we related to practice at all times as this is often forgotten
- Very interactive early on, which was great and kept us actively involved & engaged & kept topics relevant; a lot of information presented later on, felt more time needed, or try to fit in less but in more depth
- The workshop has been very useful to me, and I will implement my learning today into my work; I will be using some of the tools as guidance. Many thanks
- A hefty subject, a very worthwhile subject but too little time to fully digest
- Very thought-provoking; made me think about myself as well as my clients – need to concentrate on what we are good at rather than what we are weak at, and not get bogged down by the processes of the organisation
- Interesting day; very useful ideas to take away; a bit slow at times; initial session of day was best; checklists could be very useful and applicable to my work. Thank you
- A useful and interesting day
- Very informative & interactive; Steve has excellent relaxed & approachable style; would have been good just to have a bit more on what strengths are and relate to context; I was a bit confused about strengths/qualities in practice but could just be me! Very enjoyable,

thanks

- Very relevant to every day practice; all medical students & junior doctors should undertake this training as a mandatory module. Thanks
- Informative session that will promote my practice and learning. Thanks
- Very informative day; easy to follow advice on quite complex topics
- Excellent workshop; it has provided a framework to support risk taking decisions; it has made me want to learn more about the strengths approach. Thank you.

### **Workshop 3 (15/11/16) ~ Workington**

- As someone who knew very little about the topic I now feel better equipped to deal with situations and adopting a strengths based approach in the future
- A well planned workshop with a knowledgeable facilitator; lots of handouts and good to see it wasn't all PowerPoints
- Very good course; informative, reflective and interesting client centred approach
- Some helpful tools that can be applied in my daily work
- I have attended positive risk taking courses in the past and found them very difficult to follow; the group work gave an opportunity to share ideas and experiences
- The subject matter was interesting and put across in an informative manner; I plan to try the risk decision making tool; the environment made it difficult to concentrate at times in the afternoon, too hot then too cold with the air con
- The supporting information sheets will be incredibly useful in practice, and I hope to employ them; this training has been incredibly informative, and will be recommending it to my team members; thank you
- Good tools to use to develop staff teams strengths and knowledge
- Useful guidance and encouragement to continue the risk taking
- Handouts are useful to refer back to and to use in practice
- Very in-depth training session, at times difficult to follow due to the complexity of the programme; handouts very informative; looking at being able to put this into practice
- Would have liked a little more about best interests approach for those with lack of capacity and its implications; some case examples would have been useful on the PowerPoint to bring it alive
- I had some difficulty applying the theory into my practice situation; however it has given me a start and a useful base to work from
- Have a shorter lunch break and earlier finish for those with longer journeys

## Workshop 4 (16/11/16) ~ Workington

- Maybe not ideas that are new but really good to reflect on how to best implement things, and about clear documentation of decision processes
- Enjoyed the day; useful tools and made me confident in my assessment skills
- More relevant to discuss the cases and elaborate on these to inform the discussion rather than overload with PowerPoint presentations, so found this a much better training experience; useful to have tools to bring this back into the workplace
- Very good day
- Provided more confidence with positive risk taking and an awareness of what the terms mean
- Overall a really interesting day which has helped me to re-focus care in a more strengths orientated way; fantastic checklists, and I now feel more equipped to justify risk decisions
- It has certainly given a great deal of food for thought, underlines the role that positive attitudes have in how we help our clients to overcome difficulties they are facing
- Very practice based which was refreshing, and very helpful with useful ideas and tools to use in social work and AMHP practice; lots to think about and take back to the team to try and implement; long morning session
- Very informative; got you to think and focus; lots to consider; many items to take back to the team to discuss for ideas and to implement going forward; nice to know we are on the right track; thank you
- Very useful, thank you; I found the structured approach to decision making very helpful
- An interesting day; thought provoking; initially I did not feel it was what I was expecting, but as the day progressed I realised that although as a community nurse we are often faced with the decision a patient has already made the same principles can be applied
- Within community nursing no current positive risk taking framework is in use, however able to identify practice
- Effective training, I learned valuable information which will improve my clinical practice
- Really good and useful recommendations/resources for how we can use and show critical & clinical reasoning in relation to risk taking practice; will share info with the rest of my year group
- The checklists/tools will support with applying this in practice; thank you
- An excellent workshop very well explained and presented, very practical with plenty of opportunity for discussion, reflection on current practice and opportunities for asking questions; thank you very much, this will really help our team!
- Eye opener that has left me aware of how important allowing a person to make unwise decisions can be, and how to structure a good

assessment of the situation

- Very well explained; eye opening about the importance of listening to the client's wishes; very good evidence in how to use tools that have been explained today.

### **Workshop 5 (29/11/16) ~ Sedbergh**

- I liked the structured approach to decision making tool
- I found the day very engaging, thank you
- The workshop was very informative with a good mix of practitioners; the group work had everybody involved rather than it just being theory based
- Made me consider how I document my decision making
- Outcomes delivered and covered; I think I have gained some reassurance about how I practice, reflect and make some decisions; it has highlighted the areas I need to improve on, such as documenting defensibly
- Very informative
- Well presented and clear, with useful tools provided to apply to practice
- Will use Question Number 9!
- Facilities were very good, room comfortable, well presented
- Need time to reflect and put into practice, and apply to discussions with team when all attend sessions
- Informative day; would be helpful for our social work colleagues to also attend
- Could have been half a day
- Energy lost sometimes during presentation, perhaps due to pace of presentation
- Although I appreciate there is limited evidence I think there must be discussion and critical appraisal, and comparisons with real research; the evidence is biased and not researched

### **Workshop 6 (30/11/16) ~ Sedbergh**

- Feel I have learned a lot, and feel within the community we already carry this out; however, need to improve documentation, and continue to learn and understand these principles
- An informative day with good resources
- Well presented day; will utilise tools for management supervision and for complex patients
- Very knowledgeable on this subject
- It was a really good day, and I found that reflection helped with understanding about positive risk-taking; trainer very knowledgeable; thank you

- Useful information and tools discussed and provided; feel more informed to review my individual practice
- Very useful training, and will be used within my practice; will pass this on to my team members who have not attended this training
- Actually found it very useful as a student; nice to hear other professions and opinions
- Really enjoyed it, thank you; made me think of communication training e.g. Sage & Thyme – so could be linked in?! Possibly more emphasis on how we ask questions, how we communicate with people
- Some useful documents to take away; more interactive activities would be good
- I felt the training was useful to my area of work and covered relevant topics; however, I felt the day was too long, the practical sessions could have been condensed
- Morning session was very informative and interesting; very long day which resulted in losing interest; I feel it could be more powerful if condensed
- Would have preferred more work on strengths-based practices
- I feel I have attended other similar training recently so didn't find this useful; afternoon was better than morning; could have been condensed in to half a day

### **Workshop 7 (7/12/16) ~ Carlisle**

- The information was thought provoking and interesting
- I will be attempting to implement a fair few changes within my team as a result of this training
- Great presentation; good balance of PowerPoint and group work; really informative training; thank you
- More training sessions for colleagues to attend
- The section on effective recording was particularly helpful
- Lots of things to think about
- Informative, made me think; clear and to the point
- Very informative and helpful; thank you
- The case studies were really beneficial
- Capacity very useful; positive risk taking and how to document it very helpful
- Very relevant to the job role; interesting & interactive; thank you
- Able to discuss case examples with other services and health professionals; would be good to sit on different tables to get the opportunity to speak to different people
- Morning session more relevant to my practice
- I thought the morning session was informative and useful; in the

afternoon I was a little lost with the connection to positive risk taking; I also felt the afternoon session straight after lunch was a business promotion and not clearly relevant to the positive risk taking session; thanks

- I feel as an OT who has MOHO that I already use a strengths approach and values based reflective practice
- The presenter spoke a great deal about his own work and projects
- I feel I already do much of what was discussed today but under different headings; I am aware of the paperwork that needs to be completed, but I do not always have the time to complete it in detail

### **Workshop 8 (8/12/16) ~ Carlisle**

- Presented clearly; nice pace to session; liked that parts were interactive to apply knowledge gained; thoughtful discussions throughout were interesting and able to apply to case examples
- Very thought provoking and also enabling, allowing positive risk taking; thank you
- Found it very useful; learned lots of useful info; will use the decision making tool more often to assist my clinical reasoning and when we re-structure our services next week!
- I wish there had been more sessions as more staff could have benefitted, particularly in the west of the county; so many non attendees wasted places
- Great training event; very thought provoking, and will make me evaluate and change my practice
- Enjoyed learning how frameworks are used in real experiences; liked the group work to
- Good to have tools to take away and use in practice; good quality handouts; liked links to cases
- Thank you, it has given me some very practical accessible tools and points to use and share with colleagues; I've also had space to realise a few key points regarding time to reflect
- Useful handouts; good opportunity to share practice examples; good to do training with other colleagues
- Really helpful day, particularly after recent disappointing training; facilitator was aware of audiences needs, and knowledgeable about the subject; very enjoyable, and made me question practice
- Useful day; useful practical tools; certificate would be nice!
- Interesting and informative; thank you
- More knowledge and understanding of positive risk taking
- Thank you; overall very positive and feel more confident