



Middle River Baptist Church Child Development Center

“Muppet Babies” Schedule of Daily Activities

Daily activities are subject to change according to children’s individual monthly schedules and plans.

6:30 AM – 9:00 AM	Arrival, diapering, classroom exploration, breakfast according to individual schedules
9:00 AM – 10:00 AM	Floor and tummy time, individual story time, songs, sensory play, art activity, bottles/naps/diapering according to individual schedules
10:00 AM – 10:30 AM	Outside activity: walk; play in grassy area with balls, bubbles, etc.
10:30 AM – 12:30 PM	Floor and tummy time, individual story time, songs, sensory play, lunch/bottles/diapering according to individual schedules
12:30 PM – 3:00 PM	Cleanup, diapering, songs, stories, naps/bottles/diapering according to individual schedules
3:00 PM – 3:30 PM	Snack/bottles/diapering according to individual schedules.
3:30 PM – 4:00 PM	Outdoor activity: walk; play in grassy area, water play
4:00 PM – 6:00 PM	Classroom exploration, individual story time, songs, sensory play, simple puzzles, bottles/naps/diapering according to individual schedules

Important Notes:

1. Children are placed to sleep on their backs.
2. Except when in their cribs for sleep, children are given opportunities to sit, crawl, toddle, or walk throughout the classroom.
3. Children are taken outdoors daily except in inclement weather.
4. Diapers are checked at least every two hours and changed according to OCC approved diapering procedures.
5. Teacher/child interaction occurs frequently throughout the day during special activities and regular routines.
6. Music, reading, and interactive play occur frequently throughout the day.