

Children's Dental Care

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Planning for your child's extraction appointment:

- ✓ Give Ibuprofen 30 minutes before appointment
- ✓ Patient may eat a light meal before the appointment
- ✓ Patient should eat a softer diet following the appointment (noodles, pudding, applesauce, yogurt, etc.)
- ✓ Minimal activity is recommended for the rest of the day
- ✓ Child should be able to return to school following the appointment unless otherwise noted by the doctor

Instructions for up to 24 hours following tooth extraction:

- * Bite continuously on gauze for 20 minutes
- * Do not use a drinking straw
- * Eat only soft foods
- * No extremely hot or cold beverages and no carbonated beverages like soda pop.
- * Keep fingers out of the mouth
- * Can take Children's Tylenol or Children's Motrin if needed for discomfort
- * If extreme oozing continues, apply a wet teabag and bite down

If you have any questions or concerns, please contact our office at the above number.