

# CAMPER HEALTH HISTORY

Camper's Name \_\_\_\_\_

Address \_\_\_\_\_

DOB \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Has the camper ever been treated for any of the following?

	Yes	No	Explain
Allergies	_____	_____	_____
Asthma	_____	_____	_____
Blood Disorder	_____	_____	_____
Cancer	_____	_____	_____
Chicken Pox	_____	_____	_____
Diabetes	_____	_____	_____
Eye Injury	_____	_____	_____
Fainting/Seizures	_____	_____	_____
Head Injury	_____	_____	_____
Hearing Problems	_____	_____	_____
Hepatitis	_____	_____	_____
Hernia	_____	_____	_____
H/L Blood Pressure	_____	_____	_____
Insect/Bee Stings	_____	_____	_____
Kidney/Urinary	_____	_____	_____
Mononucleus	_____	_____	_____
Muscular Disorder	_____	_____	_____
Orthopedic Disorder	_____	_____	_____
Respiratory Illness	_____	_____	_____
Surgery/Hospital Stay	_____	_____	_____
Other	_____	_____	_____

Has the camper ever been properly immunized? Yes \_\_\_\_\_ No \_\_\_\_\_

Does the camper take medication? Yes \_\_\_\_\_ No \_\_\_\_\_  
Explain \_\_\_\_\_

Are there any physical or emotional conditions that might bear on camper's abilities or performances?  
\_\_\_\_\_

Additional Comments \_\_\_\_\_

All campers must submit an up to date immunization record prior to the beginning of camp.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**CITY SPORTS on 4**  
62 ROUTE 4 EAST  
ENGLEWOOD, NJ 07631



## Summer 2015 BASKETBALL CAMP

**Boys and Girls**  
**Full Day: 3rd - 9th Grades**  
**Half Day: 1st & 2nd Grades**

**Aug 3 - Aug 7**  
**Aug 10 - Aug 14**  
**Aug 17 - Aug 21**  
**Aug 24 - Aug 28**

**CITY SPORTS on 4**  
62 ROUTE 4 EAST  
ENGLEWOOD, NJ 07631  
P: 201.567.1111 F: 201.567.4582  
www.citysportson4.com

## Mission

To provide campers with a fun competitive basketball environment. All kids will have fun, learn and compete in a positive environment while giving every individual an opportunity to take their game to the next level.

## Camp Features

- State of the art indoor, air conditioned facility
- Best College and High School Coaches from NY/NJ
- High coach to camper ratio
- Emphasis on skill development, leadership skills, and player development both, team and individual
- Equal playing time for each camper
- Daily and weekly camper awards
- Championship game
- Concession Stand, Each camper can bring their own lunch or order lunch daily through City Sports

## Player Grouping

From Beginner to seasoned player, our program is designed to meet the needs of each individual. Campers are grouped according to skill level to maximize each campers learning experience.

## Daily Schedule

**8:30am** - Drop off Camper, open shoot around, lunch order

**9:00am** - Attendance followed by active warm up and stretching

**9:15am** - Station Drills: Complete offensive and defensive skill sets. Shooting, dribbling, with both hands, passing, movement without the ball, footwork, and agility drills

**10:15am** - Team and individual contest for the day

**11:00am** - 1st set of games

**12:00pm** - Lunch/Team Practice A

**12:30pm** - Lunch/Team Practice B

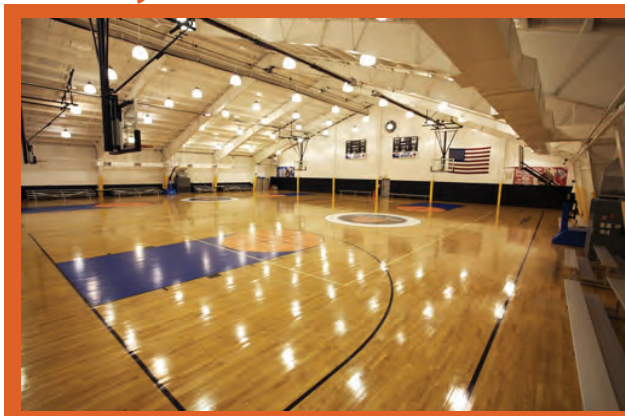
**1:00pm** - Station Drills - Dismissal 1st/2nd Graders

**2:00pm** - 2nd Game Sets & Contests

**2:45pm** - Announcements, teams gather, daily awards

**3:00pm** - Dismissal

## Facility



Our basketball facility is fully air conditioned and consists of two basketball courts which currently serves as the main area for all of our basketball camps and programs.

## Camp Director

**Anthony "Tony" Hargraves** played at Iona College and currently still ranks twenty second in their all time career point list. He has also been named honorable mention All-American by the Associated Press in 1985. Tony's most recent accomplishment has been with AAU. He holds two 2010 AAU National Power Rankings: 16U/10th Grade Division I and 14U/8th Grade Division II with his Riverside Hawks- Hargraves teams. Tony brings all the experience of being a top national AAU coach and trainer to City Sports.

**Ariel Rodriguez**

**Nate Seabrook**

**Keon Riggins**

**Plus other College and High School Coaches**

## Camp Fee

**\$175/week; Half Day- 1st & 2nd Grades**

**\$225/week; Full Day - 3rd - 9th Grades**

**Sibling Discount: \$25**

**Multi-Week Discount: \$25 per additional week**

**DISCOUNTS CANNOT BE COMBINED.**

**CAMP FEES CANNOT BE PRO-RATED.**

**NO REFUNDS UNLESS MEDICAL PERMISSION NOTE PROVIDED.**

## Camp Application Form

Camper's Name

Address

City

State

Zip

DOB

Entering Grade

School

## Camp Dates

S1: Aug 3 - Aug 7

S2: Aug 10 - Aug 14

S3: Aug 17 - Aug 21

S4: Aug 24- Aug 28

**\$100 Deposit required for each session**

**No Refunds if cancellation is within 7 days of camp session**

## Waiver and Release

I hereby acknowledge that hospital and medical expenses resulting from injury will be covered first by my own personal insurance. I authorize City Sports on 4 directors and staff to act for me according to their best judgement in any emergency requiring medical attention. This child is physically fit for this activity.

Parent Name

Parent Signature

Cell Number

Phone Number

Email Address

Office Use Only			
Deposit	Check#	Balance	Camper#