

SEATTLE FOOD BANKS

Updated February 2011

FOOD BANK	<u>REGULAR DISTRIBUTION</u> DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	<u>COMMODITIES DISTRIBUTION</u> DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	<u>OTHER SERVICES/ REQUIREMENTS</u>
<p>Asian Counseling & Referral Service/International District Food Bank 919 South King Street</p> <p>Mailing Address: ACRS 3639 Martin Luther King Jr. Way S. Seattle, WA 98144</p> <p>Coordinator: Karen Jackel Email: karenj@acrs.org Phone: (206) 292-5714 (206) 695-7542 Fax: (206) 695-7606</p>	<p>Disabled/Special Needs: Wednesday, 11:30am – 1:00pm</p> <p>General Public: Friday, 11:30am – 1:00pm</p> <p>All areas served</p> <p>Bus Routes #7, #14, #36</p>	<p>No Commodities</p>	<p>➔Baby Cupboard ➔Photo I.D. ➔Wheel Chair ramp available</p>
<p>Ballard Food Bank 5130 Leary Ave NW Seattle, WA 98107</p> <p>Operations Manager: Peggy Bailey Executive Director: Nancy McKinney</p> <p>Phone: (206) 789-7800 Fax: (206) 789-3823</p> <p>Email: ed@ballardfoodbank.org or peggy@ballardfoodbank.org</p>	<p>Hygiene Bar/Clothing Bank: Tuesday, Wednesday & Thursday, 11:00am-3:00 p.m.</p> <p>Regular Food Bank Clients: Tuesday, 2:30pm -6:30pm</p> <p>Wednesday & Thursday, 11:00am- 2:45 p.m.</p> <p>Home Delivery for Elderly/Disabled, Wednesday and Thursday</p> <p>98107, 98117, 98119, 98199</p> <p>Bus Routes #18, #75</p>		<p>➔Baby Cupboard ➔Proof of address required for food ➔Emergency food available Tuesday, Wednesday & Thursday, 11:00am-3:00pm ➔Wheelchair accessible ➔Children’s clothing, professional closet, hygiene bar ➔Home deliveries to a limited area ➔Free client phone & mailboxes</p>

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<p>Beacon Avenue Food Bank 6230 Beacon Avenue South Seattle, WA 98108</p> <p>Administrator: Gretchen Tryon Coordinator: Raymond Frazier</p> <p>Phone: (206) 722-5105</p> <p>Email: sgtryon@juno.com</p>	<p>Wednesday, 12:00pm-2:00pm</p> <p>Friday, 12:00pm-2:00pm</p> <p>All areas served</p> <p>Bus Routes #36 – Non trolley bus</p>	<p>No Commodities</p>	<p>➔Baby Cupboard, third Wednesday and Friday of each month, 12:00pm-2:00pm (must provide proof of baby)</p> <p>➔Birth certificate</p> <p>➔Medical coupon</p> <p>➔Original ID (no photocopies)</p>
<p>Blessed Sacrament Food Bank 5050 Eighth N.E. Seattle, WA 98105</p> <p>Coordinator: John Morford</p> <p>Phone: (206) 930-6005 Food Bank: (206) 547-2885</p> <p>Email: jmorf1933@comcast.net</p>	<p>Friday, 10:30am-12:00pm</p> <p>Most of 98105, part of 98115 & 98103</p> <p>Bus Routes #66, #67</p>	<p>No Commodities</p>	<p>➔ID and proof of address required</p> <p>➔Meals every Sunday 12:00pm-2 pm (all are welcome)</p>
<p>CAMP Food Bank 722 18th Avenue Seattle, WA 98122</p> <p>Coordinator: Rudy Kazaryan</p> <p>Phone: (206)812-4970 (206) 812-4964 Fax: (206) 726-8483</p> <p>E-mail: rudikk@campseattle.org</p>	<p>Wednesday, 12:00pm-4:00pm Thursday, 9:00am-1:00pm Friday, 9:00am-1:00pm</p> <p>98102, 98112, 98122</p> <p>Bus Routes #3, #4</p>	<p>With regular food distribution</p> <p>Part of 98102, all of 98112 and 98122</p>	<p>➔ID and proof of address required</p> <p>Home delivery available to homebound clients within service area</p> <p>➔Baby Cupboard</p> <p>➔Emergency bags available Mon. and Tues.</p> <p>➔Wheelchair accessible building, restrooms</p>
<p>Cherry Street Food Bank/ Northwest Harvest 711 Cherry Street Seattle, WA 98104</p> <p>Mailing Address: P.O. Box 12272 Seattle, WA 98102</p> <p>FB Mgr: Derek Wertz</p> <p>Phone: (206) 625-0755 Fax: (206) 267-2179</p>	<p>Full Service (groceries or sack lunch): Monday & Wednesday 9:00am-5:30pm</p> <p>Baby Corner (Children under 5 & their families): Thursday, 9:00am – 5:00pm</p> <p>Full Service (produce & variety as available): Friday, 9:00am - 5:00pm</p> <p>All areas served Bus Routes #3,#4</p>	<p>No Commodities</p>	<p>➔Baby Cupboard, Thursday, 9:00am-5:00pm Must bring baby, birth certificate, or medical coupons to prove existence of baby</p> <p>➔No other restrictions or requirements</p>

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<p>Chicken Soup Brigade Lifelong AIDS Alliance 1002 East Seneca Seattle, WA 98122</p> <p>Coordinator: Mike Cox</p> <p>Phone: (206) 957-1662 Fax: (206) 957-1736</p> <p>Email: mikec@ltaa.org</p>	<p>Home Delivery: Thursday, 4:00pm - 7:00 pm Friday, 10:00am – 1:00pm</p> <p>Grocery Pick-up: Friday, 9:00am - 6:00pm Saturday, 10:00am - 1:00pm</p> <p>Bus Routes #2, #12, & #9</p>	<p>Third Friday of every month 9:00am-6:00pm</p> <p>Pick-up grocery center for eligible clients.</p>	<p>➔ Home-delivered meals and groceries, transportation, chore and other support services.</p> <p>➔ King County residents with HIV/AIDS; must be a Chicken Soup Brigade client. Also clients living with other life-challenging illnesses. To find out if you are eligible, please contact our Care Coordinators at (206) 957-1686 or carecoord@ltaa.org</p>
<p>Downtown Food Bank 1531 Western Seattle, WA 98101 <i>Mailing Address:</i> 85 Pike St, Suite 100, Seattle, WA 98101</p> <p>Coordinator: Kevin Futhey</p> <p>Phone: (206) 626-6462 (206)728-2773 X 6 Fax: (206) 727-4849</p> <p>E-mail: Kevin.futhey@pmsc-dtfb.org</p>	<p>Seniors (Age 55+): Tuesday, 10:00am - 1:00pm</p> <p>General Public: Thursday, 10:00am - 1:00pm</p> <p>98101, 98102, 98104, 98109, 98119, 98121, 98122, 98199 (S.)</p> <p>Bus Routes #3,#4,#14,#7,#2,#13, #36. Most all buses come within a couple of blocks of downtown</p>	<p>Commodity Dist. for all ages, third Thursday of each month 10:00am-1:00pm</p> <p>Zip Codes served: 98101, 98104, parts of 98121</p> <p>Neighborhoods served: Downtown Seattle.</p>	<p>➔ I.D. recommended</p> <p>➔ Barrier-free building, restrooms & parking</p> <p>➔ Baby Cupboard</p> <p>➔ Limited homebound delivery in the downtown corridor</p>
<p>El Centro de la Raza Food Bank 2524 16th Avenue South Seattle, WA 98144</p> <p>Coordinator: Angela Wilhite</p> <p>Phone: (206) 957-4680 Fax: (206) 328-2730</p> <p>E-mail: foodbank@elcentrodelaraza.org</p>	<p>Pay Stub Requested: Wednesday, 3:30pm - 6:30pm</p> <p>Seniors: Thursday, 9:00am-12:00pm</p> <p>Families/General Public: Thursday, 1:00pm-3:30pm Friday, 2:00pm-4:30pm</p> <p>98108, 98144 & latinos from any zip code</p> <p>Bus Routes #36, #60</p>	<p>With regular food distribution</p> <p>Zip codes: 98144 (partial), 98108</p>	<p>➔ Washington State ID or consulate ID</p> <p>➔ Baby Cupboard</p> <p>➔ Deliveries to seniors/homebound</p> <p>➔ Multi-service center offering housing, job assistance & other services</p> <p>➔ Wheelchair accessible building restrooms & parking</p> <p>➔ TTY</p>

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<p>Emergency Feeding Program 7100 -42nd Avenue S. Seattle, WA 98118</p> <p>Mailing Address: PO box 18877 Seattle, WA 98118</p> <p>Executive Director: Arthur Lee</p> <p>Phone: (206) 329-0300 Fax: (206) 860-8200</p> <p>E-mail: arthurrlee@emergencyfeeding.org</p>	<p>Monday-Friday: Call for referral to nearby agency. Serves all of King Co.</p> <p>For Bus Routes to sites, call Metro, (206) 533-3000</p>	<p>No Commodities</p>	<p>➔ Referrals to 118 food distribution sites in King County for people unable to stand in line, without food, with special needs</p> <p>➔ Diabetic, low-sodium, Asian, vegan, Latino homeless (no cook), teen snack pack (for homeless teens & youth), liquid diet & infant foods available</p> <p>➔ TTY</p>
<p>FamilyWorks/Wallingford Food Bank 1501 N. 45th St.</p> <p>Mailing PO Box 31112 Address: Seattle, WA 98103</p> <p>Manager: Ms. Ava Dowell</p> <p>Phone: (206) 694-6722 Food Bank: (206) 694-6723 Fax: (206) 694-6777</p> <p>E-mail: avad@familyworksseattle.org</p>	<p>Seniors/Persons with Disabilities: Tuesday, 12:00am - 2:00pm</p> <p>General Public: Thursday, 2:00pm - 5:00pm Friday, 11:00am - 1:00pm</p> <p>Home Delivery in Designated areas: Wednesdays</p> <p>98103, 98107, 98115, 98133</p> <p>Bus Routes #44, #16</p>	<p>Third Saturday 10:00am-12:00pm</p> <p>Partial 98103 and 98107 (Please call 206.694.6723 for boundaries)</p>	<p>➔ Baby Cupboard</p> <p>➔ Proof of address & I.D.</p> <p>➔ Wheelchair accessible building restrooms & parking</p> <p>➔ TTY</p> <p>➔ Call Resource Center for monthly activity calendar (206) 694-6727</p> <p>➔ WIC on site Thursdays</p> <p>➔ Computer assistance</p> <p>➔ Employment counseling</p> <p>➔ PEPS program for early parent support</p>
<p>Immanuel Community Services Food Bank 1215 Thomas Street Seattle, WA 98109</p> <p>Coordinator: Erik Turnberg Phone: (206) 622-1930 (church)</p> <p>E-mail: foodbank@immanuelseattle.org</p>	<p>Last two Fridays of every month, 9:30am-11:00am</p> <p>All areas served</p> <p>Bus Routes #17, #70,#71,#72,#73,#74, & #78</p>		<p>➔ Special arrangements are available for people in wheelchairs to pick up food</p> <p>➔ Meals last Sunday of the month at 12 noon.</p>

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<p>Jewish Family Service 1601 16th Avenue Seattle, WA 98122</p> <p>Coordinator: Jana Prothman</p> <p>Phone: (206) 461-3240 ext: 3174 Fax: (206) 461-3696</p> <p>Email: jprothman@jfsseattle.org</p>	<p>Wednesday, 10:00am—12:00pm</p> <p>Thursday, 2:00pm—4:00pm</p> <p>Friday, 10:00am - 12:00pm</p> <p>-Service: Once per month -closed all Jewish holidays</p> <p>98101, 98121, 98122, 98112 & all members of the Jewish faith</p> <p>Bus Routes #2, #7, #10, #11, #12</p>	<p>No Commodities</p>	<ul style="list-style-type: none"> ➔ Kosher foods available ➔ No area restrictions for members of the Jewish faith ➔ I.D. & proof of address required for non-Jewish clientele ➔ Wheelchair accessible ➔ Baby Cupboard
<p>North Helpline Food Bank 12736 33rd Avenue NE Seattle, WA 98125r</p> <p>Mailing: PO Box 25875, Seattle, WA 98165</p> <p>Manager: Kay Hardie</p> <p>Food Bank: (206) 367-3477 Helpline: (206) 365-8043 Fax: (206) 367-4284</p> <p>Email: foodbank@northhelpline.org</p>	<p>Home Delivery: Thursday, 10:00am - 1:00pm</p> <p>General Public: Wednesday, 10:00am - 1:30pm Thursday, 4:00pm – 7:00pm Saturday, 9:30am – 1:00pm</p> <p>98115, 98133, 98125, 98177, 98155</p> <p>Bus Routes: 64, 65, 72, 75, 79, 243, 306, 307, 308, 312, 372</p>	<p>Entire 98125 zip code</p> <p>During regular distribution</p>	<ul style="list-style-type: none"> ➔ Proof of address, I.D. ➔ Baby Cupboard ➔ Clinic, Sat: 11-1pm ➔ N. Helpline also provides info and referral to other social service agencies ➔ Funds to prevent evictions and utility shut-offs ➔ Bus Tickets
<p>Paradise of Praise Food Bank 1316 SW Holden Street Seattle, WA 98106</p> <p>Coordinator: Deborah Demps</p> <p>Phone: (206) 768-2745</p> <p>Email: deborahatparadise@msn.com</p>	<p>Tuesday, 10:00am - 12:00pm</p>	<p>No Commodities</p>	<ul style="list-style-type: none"> ➔ One visit per week

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<p>Phinney Ridge Food Bank 7500 Greenwood Avenue N. Seattle, WA 98103</p> <p>Coordinator: Sally Thompson Phone: (206) 784-7964 Fax: (206) 783-4614</p> <p>Email: seattlesally2000@yahoo.com</p>	<p>Tuesday, 2:00pm - 3:00pm</p> <p>Wednesday, 7:00pm - 8:00pm</p> <p>Thursday, 2:00pm - 3:00pm & 7:00pm - 8:00pm</p> <p>Focus on zip codes 98103, 98107, 98117, 98125, 98133, 98177, but will serve anyone in need.</p> <p>Bus Routes #5</p>	<p>No commodities</p>	<p>➔ Infant supplies ➔ Proof of address ➔ Distribution by appointment only ➔ Wheelchair accessible ➔ Call for an appointment between 1-3 pm, Mon/Tues/Wed</p>
<p>Providence Regina House Food Bank 8201 10th Avenue S #6 Seattle, WA 98108</p> <p>Coordinator: Paige Collins</p> <p>Phone: 206-763-9204 Fax: 206-763-9768</p> <p>Email: Paige.collins@providence.org</p>	<p>Thursday, 12:30pm – 2:00pm</p> <p>Saturday, 10:00am – 12:00pm</p> <p>South Park Neighborhood, primarily 98108 and 98168</p>	<p>Saturday 10:00 am – 12:00 noon</p> <p>98108 zip code (South of Hwy 509 and Duwamish River, North of 116th Street)</p>	<p>➔ ID for adults and ID for children (i.e. medical coupon, birth certificate, etc.) ➔ Proof of area residency for TEFAP ➔ Clothing bank ➔ Baby Cupboard ➔ Toddler bags ➔ Holiday Adopt-a-Family Program</p>
<p>Puget Sound Labor Agency AFL-CIO Community Food Bank 2800 First Avenue, Room 122 Seattle, WA 98121</p> <p>Mailing Address: 2800 1st Avenue, Rm. 122-130 Seattle, WA 98121</p> <p>Coordinator: Ellen Rempfer</p> <p>Phone: (206) 448-9277 Fax: (206) 448-3457</p> <p>Email: foodbank@pslaonline.org</p>	<p>Monday, 8:00am - 12:00pm</p> <p>Friday, 8:00am - 12:00pm</p> <p>Sack Lunch Day: Last Wednesday of each month, 1:00pm - 2:00pm</p> <p>98101, 98104, 98109, 98111, 98119, 98121, 98134, 98199 & all members of Union community</p> <p>Bus Routes #15, (#18 local), #1, (#2 local), & #13</p>	<p>Commodities with regular distribution.</p> <p>Zip codes 98109, parts of 98121. Queen Anne, Lower Queen Anne, Cascade Neighborhoods.</p>	<p>➔ Toddler bags ➔ Wheelchair accessible building & restrooms</p>

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<p>Rainier Valley Food Bank 4205 Rainier Avenue South Seattle, WA 98118</p> <p>Coordinator: Sam Osborne</p> <p>Phone: (206) 723-4105 Fax: (206) 723-3528</p> <p>Email: sam@rvfb.org</p>	<p>Wednesday & Saturday, 9:30 - 2:00pm</p> <p>No zip code restrictions</p> <p>Bus Routes #7, #9</p>	No Commodities	→ I.D. required
<p>Salvation Army Food Bank 1101 Pike Street Seattle, WA 98101</p> <p>Coordinator: Rebecca Phillips</p> <p>Phone: (206) 442-8377 Fax: (206) 442-8399</p> <p>Email: Rebecca.phillips@usw.salvationarmy.org</p>	<p>Monday through Friday, 9:00am - 11:30am & 1:00pm-3:00pm</p> <p>Bread and produce available during normal office hours Monday – Friday (except Monday mornings)</p> <p>98101, 98102, 98104, 98108 (from Georgetown to Downtown Seattle), 98109, 98112, 98118, 98119, 98121, 98122, 98134, 98144, 98199</p> <p>Bus Routes #10, #11, #14, #43</p>	No Commodities	<p>→ Baby Cupboard</p> <p>→ Proof of address, ID for all household members (not required for bread and produce)</p> <p>→ Limit of one emergency food bags per household per month</p> <p>→ No limit on number of visits and no zip code restrictions for bread and produce</p>
<p>Salvation Army White Center 9050 – 16th Avenue SW</p> <p>Mailing Address: PO Box 46333 Seattle, WA 98146</p> <p>Coordinator: Bill Talbot</p> <p>Phone: 206-767-3150 Fax: 206-767-9548</p>	<p>Monday, Wednesday, & Friday, 1:30pm – 3:30pm</p> <p>98106, 98108 (partial), 98116, 98126, 98136, 98146, 98148, 98158, 98168, 98188 (partial)</p>		<p>→ Photo ID</p> <p>→ Social Security Cards for all household members</p> <p>→ Proof of address</p> <p>→ Income verification</p>
<p>Seattle Indian Center 611 12th Avenue South Seattle, WA 98144</p> <p>Coordinator: Angela Jensen</p> <p>Phone: (206) 329-8700 Fax: (206) 328-5983</p> <p>E-mail: angela_sic@yahoo.com</p>	<p>Tuesday & Thursday, 1:30 – 3:30 pm</p> <p>No zip code restrictions</p> <p>Bus Routes #7, #8, #14, #36, #60</p>	No Commodities	<p>→ Baby Cupboard</p> <p>→ Photo I.D. required</p> <p>→ Community meals Monday – Friday, 12:00-12:45pm</p> <p>→ Wheelchair accessible building</p> <p>→ No restrooms</p> <p>→ No parking</p>

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<p>Spiritual Miracles Food Bank 12600 Renton Ave S. Seattle,, WA 98178</p> <p>Coordinator: Cheryl Johnson</p> <p>Phone: (206)293-6240</p> <p>Email: cjohnson@clearwire.net</p>	<p>Monday & Thursday, 5:15pm – 7:00pm</p> <p>98178, 98168, 98144, 98118, 98108, 98055, 98056, 98057</p>	<p>No Commodities</p>	<p>➔ ID & proof of address if ID shows out of service area.</p>
<p>St. Vincent de Paul Food and Clothing Bank 5972 Fourth Avenue South Seattle, WA 98108</p> <p>Coordinator: Pete O'Brien</p> <p>Phone: (206) 767-9975 ext120 Fax: (206) 767-6439</p> <p>E-mail: peteo@svdpseattle.org</p>	<p>Tuesday & Thursday, 11:00am - 2:00pm</p> <p>Zip Codes: 98108, 98168, 98178, 98188, but no one is turned away</p> <p>Bus Routes #23, #174</p>	<p>Tuesday and Thursday 11:00 am-2:00pm</p> <p>North Dearborn at Elliot Bay, east to I-5, south to Charlestown; Charlestown east to 32nd Ave S</p> <p>East: 32nd Ave S to I-5</p> <p>South: Kenyon St. at the Duwamish River, east to 32nd St.</p> <p>West: The Duwamish Waterway at 509 N to the West Waterway (includes Harbor Island) North to Elliot Bay.</p>	<p>➔Photo ID recommended but not required ➔Clothing Bank ➔Wheelchair accessible building, restrooms, and parking ➔Book Bank ➔Mail collection for the homeless ➔Monthly nurse visits</p>
<p>The Food Bank @ St. Mary's Home Delivery Service 611 20th Avenue South Seattle, WA 98144</p> <p>Coordinator: Kate Maughan</p> <p>Phone: (206) 324-7100 ext 21 Fax: (206) 329-4596</p> <p>E-mail: stmaryfb@yahoo.com</p>	<p>Deliveries are made Wednesdays from 9:00am-5:00pm to homebound seniors, disabled, and individuals recovering from major illnesses who live in the central area.</p> <p>98104, 98122, 98112</p> <p>Bus Routes #14</p>	<p>Commodities for Home Delivery Service Program</p>	

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<p>The Food Bank @ St. Mary's 611 20th Avenue South Seattle, WA 98144</p> <p>Coordinator: Kate Maughan</p> <p>Phone: (206) 324-7100ext21 Fax: (206) 329-4596</p> <p>E-mail: stmaryfb@yahoo.com</p>	<p>Tuesday, 10:00am-1:00pm</p> <p>Thursday, 10:00am-1:00pm</p> <p>Saturday, 10:00am-1:00pm</p> <p>Bus Routes #14</p>	<p>With regular food distribution for East Half of zip code 98144</p>	<ul style="list-style-type: none"> ➔Baby Cupboard- first full week of each month. ➔Toddler bags ➔Wheelchair accessible building & parking ➔Please bring I.D. and a bag for your groceries. ➔No-cook bags ➔Hygiene program- last full week of each month
<p>University District Food Bank 1413 N.E. 50th Seattle, WA 98105</p> <p>Mailing Address: 4731 15th N.E. Seattle, WA 98105</p> <p>Coordinator: Joe Gruber</p> <p>Phone: (206) 523-7060 Fax: (206) 527-1990</p> <p>Email: udfb@udistrictfoodbank.org</p>	<p>Monday, Wednesday, & Friday, 10:00am - 3:00pm</p> <p>Tuesday & Thursday, 3:00pm–8:00pm</p> <p>98102, 98103, 98105, 98115, 98125,98112</p> <p>Bus Routes: #70, #71, #72, #73, #74, #48</p>	<p>Commodities given out with regular food distribution to zip codes 98105, 98115, 98125 only</p>	<ul style="list-style-type: none"> ➔Baby Cupboard ➔Proof of address, I.D. ➔Special arrangements can be made for people in wheelchairs to pick up food in alley access
<p>West Seattle Food Bank 3419 SW Morgan St. Seattle, WA 98126</p> <p>Coordinator: Jack Wagstaff Fran Yeatts</p> <p>Phone: (206) 932-9023 Fax: (206) 938-8623</p> <p>E-mail: jack@westseattlefoodbank.org</p>	<p>Seniors (55+): Tuesday, 10:00am - 11:00am</p> <p>General Public: Wednesday, 4:00pm - 7:00pm Thursday, 10:00am - 1:00pm</p> <p>98106, 98116, 98126, 98136</p> <p>Bus Routes #21, #22, #54, #55,#37</p>	<p>With regular food distribution</p> <p>98116, 98106, 98126, 98136 (West Seattle area north of Roxbury Street)</p>	<ul style="list-style-type: none"> ➔Baby Cupboard during distribution ➔Toddler bags ➔Photo ID and proof of address ➔Wheelchair accessible building ➔Pet food available ➔Some homebound delivery available to seniors/disabled in W. Seattle

FOOD BANK	<u>REGULAR DISTRIBUTION</u> DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	<u>COMMODITIES DISTRIBUTION</u> DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>White Center Food Bank 10829 8th Ave SW Seattle, WA 98106</p> <p>Director: Rick Jump, Audrey Zemke</p> <p>Phone: (206) 762-2848 (messages)</p> <p>Fax: 206-762-2326</p> <p>Email: rich@whitecenterfoodbank.org Email: Audrey@whitecenterfoodbank.org</p>	<p>Monday, Wednesday & Friday 11:00am-1:00pm Second and Fourth Wednesday of the Month 6:00pm-8:00pm Thursday (Seniors Only) 11:00-12:00</p> <p>98106, 98126, 98136, 98146 Boundaries: N-7000 block to Myrtle S-SW 140th W-Puget Sound E-To State Highway 509 Bus Routes #137</p>	<p>(Same as time to receive food that day; same areas served)</p>	<p>➔Proof of address, picture ID and birthdates for each household member ➔Wheelchair accessible building & parking</p>
<p>Volunteers of America Greenwood Food Bank 9041 Greenwood Ave. North Seattle, WA 98103</p> <p>Coordinator: Patty Leach</p> <p>Phone: (206) 782-6731 Fax: (206) 252-9052</p> <p>E-mail: greenwoodfoodbank@voaww.org</p>	<p>Persons with Disabilities: Thursday, 9:30am – 12:00pm</p> <p>General Public: Wednesday, 9:30am - 12:00pm & 12:30pm – 6:00pm Thursday, 12:30pm - 4:00pm</p> <p>Parts of 98103, 98117, 98133, All of 98177. Call (206) 782-6731 for specific boundary eligibility</p> <p>Bus Routes #5</p>	<p>W/ Regular food distribution</p> <p>Northwest area of Seattle-King County. Call (206) 782-6731 for specific boundary eligibility.</p>	<p>➔Baby Cupboard ➔Proof of address, Photo ID, Proof of people in home. ➔Home deliveries for disabled ➔Wheelchair accessible building & parking ➔Toddler bags</p>
<p>YWCA Central Area Food Bank 1025 East Fir St. Seattle, WA 98122</p> <p>Coordinator: Nichelle Hilton</p> <p>Phone: (206) 957-2020 x320 Fax: (206) 957-7255</p> <p>E-mail: nhilton@ywcaworks.org</p>	<p>YWCA Clients only: Wednesday, 12:00pm–3:00pm</p> <p>YWCA Clients & General Public: Wednesday, 1:00pm - 3:00pm</p>	<p>No Commodities</p>	

KING COUNTY FOOD BANKS

FOOD BANK	REGULAR DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	COMMODITIES DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>Algona/Pacific Food Pantry 603 Third Ave SE Pacific, WA 98047</p> <p>Address: 603 3rd Ave SE Pacific WA 98071</p> <p>Coordinator: Mark Gause</p> <p>Phone: 253-351-0450 Email: megause@aol.com</p>	<p>Tuesday, 11:00am – 2:00pm</p>		<p>➔Third Tuesday of month Well Child Clinic</p> <p>➔Toys at Christmas</p>
<p>Auburn Food Bank 930 18th Place NE</p> <p>Mailing P.O. Box 464 Address: Auburn, WA 98071</p> <p>Coordinator: Debbie Christian</p> <p>Phone: (253) 833-8925 E-mail: debbiec@theauburnfoodbank.org</p>	<p>Monday, Tuesday, Thursday, & Friday, 9:00am - 1:15pm</p> <p>Second Wednesday of each month, 4:30pm - 6:30pm</p> <p>Deliveries to Seniors: Second Saturday of each month Auburn School District</p> <p>Bus Routes #150</p>	<p>With regular food distribution</p>	<p>➔Current proof of address and picture I.D.</p> <p>➔Emergency financial assistance with proof of need</p>
<p>Black Diamond Community Center Food Bank 31605 Third Avenue</p> <p>Mailing Address: PO Box 480 Black Diamond, WA 98070-0480 Phone: 360-886-1011 Fax: 360-886-8947</p> <p>Email: bdcc-admin@qwest.net</p>	<p>Monday through Friday 8:00am – 4:30pm</p> <p>Maple Valley-Black Diamond and Enumclaw Residents</p>		<p>➔LIHEAP & Energy Assistance</p>
<p>Des Moines Area Food Bank Des Moines Methodist Church 22225 Ninth Avenue South</p> <p>Mailing P.O. Box 98788 Address: Des Moines, WA 98198-0788</p> <p>Coordinators: Kris Van Gasken Barbara Shimizu</p> <p>Phone: (206) 878-2660 Fax: (206) 878-2661</p>	<p>Monday, Wednesday, & Friday 9:00am - 11:45am</p> <p>The City of Tukwila, The City of DesMoines, most of The City of Sea-Tac and West hill of Kent (for street information call Food Bank)</p> <p>98166 (part), 98148, 98168, 98188, 98198, 98032 (part)</p> <p>Bus Routes #130, #132</p>	<p>With regular food distribution</p> <p>98148 (partial), 98166 (partial), 98188, 98198, 98148, 98166</p>	<p>➔Low-income</p> <p>➔ Photo ID for all adults and medical coupons/social security cards required for all children</p> <p>➔ Proof of address</p> <p>➔Closed all legal holidays</p>

FOOD BANK	REGULAR DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	COMMODITIES DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>Edmonds Food Bank (Carol Rowe Mem.) Edmonds Methodist Church 828 Caspers Street Edmonds, WA 98020</p> <p>Coordinator: Peggy Kennedy Phone: (425) 778-5833 (Mon-Tues) (425) 778-2119 (Wed-Fri) Fax: (425) 778-3431</p>	<p>Persons with Disabilities: Tuesday, 9:30am - 10:00am</p> <p>Edmonds residents only: Tuesday, 10:00am - 11:00am</p> <p>General Public: Tuesday, 11:00am - 12:00pm</p> <p>Bus Routes #416, #180</p>	<p>Call for distribution schedule</p> <p>98020, 98026</p> <p>No Commodities for non—Edmonds residents</p>	<p>➔Proof of address on first visit</p> <p>➔Emergencies, 8:30am-4:00pm (Church office) Friday Monday-Tuesday 1:00pm-4:30pm</p>
<p>Emergency Feeding Program- Eastside/Bellevue</p> <p>Mailing 2650 148th Ave SE Address: Bellevue, WA 98007</p> <p>Coordinator: Catherine Hillard</p> <p>Phone: (425) 562-0698 Fax: (425) 427-8980</p>	<p>Monday through Friday (call 425-562-0698 for referral to nearby distribution centers in Bellevue, Kirkland, Redmond and Bothell)</p> <p>All of Eastside</p> <p>Bus Routes #271, #923</p>	<p>No Commodities</p>	<p>➔Referrals to 6 Eastside distribution sites for people without food</p> <p>➔No standing in line</p> <p>➔Diabetic, low-sodium, Latino, Asian, homeless (no cook), teen Snack pack (for homeless teens), Liquid diet & infant foods Available</p>
<p>Enumclaw Kiwanis Food Bank 1350 Cole Street Enumclaw, WA 98022</p> <p>Coordinator: Lawton Case</p> <p>Phone: (360) 825-6188</p>	<p>Monday, Tuesday & Wednesday, 9:00am - 11:45am</p> <p>Enumclaw School District #216, Including Black Diamond 98010, 98022, 98048, 98051</p> <p>Bus Routes #915</p>	<p>Monday, Tuesday & Wednesday 9:00am-11:45pm</p> <p>Enumclaw School District #216, including Black Diamond</p> <p>98010, 98022, 98048, 98051</p>	<p>➔Current utility bill and picture ID</p>
<p>Federal Way Food Bank/ Multi-Service Center 1200 S 336th Street Federal Way, WA 98003</p> <p>Mailing P.O. Box 23699 Address: Federal Way, WA 98093</p> <p>Coordinator: Terri Turner</p> <p>Phone: (253) 838-6810 Fax: (253) 874-7831 E-mail: territ@multi-servicecenter.com</p>	<p>Monday, Wednesday & Friday, 10:00am-2:00pm</p> <p>4th Thursday of each month, 5:00pm - 6:00pm</p> <p>98003, 98023, parts of 98001 and 98032 Federal Way School District, except Woodmont & Rendondo areas; call if unsure</p> <p>Bus Routes #182</p>	<p>Mon, Wed. & Fri. 10:00am-2:00pm</p> <p>98003, 98023, parts of 98001, 98032 includes Federal Way School District, except Woodmont & Redondo areas</p>	<p>➔Proof of address within last 30 days (utility bill, or medical coupon) & photo ID at each visit</p> <p>➔Social Security card for first visit, if available</p> <p>➔Clothing bank serves all South King County residents, Mon., Wed. & Fri., 10:00am-1:15pm</p> <p>➔Bring bags or boxes to carry food.</p>

FOOD BANK	REGULAR DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	COMMODITIES DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>Highline Area Food Bank 18300 4th Avenue South Seattle, WA 98148</p> <p>Mailing PO Box 66427 Address: Burien, WA 98166</p> <p>Coordinator: Mike Werle</p> <p>Phone: 433-9900 Email: thefbman@aol.com</p>	<p>Tuesday, 12:00pm - 2:30pm</p> <p>Thursday, 10:00am - 12:30pm</p> <p>2nd Tuesday of each month, 5:30pm - 7:00pm</p> <p>W – Puget Sound, E – Military Road and International Avenue, S – 192nd Street, N – 140th Street</p> <p>Bus Routes #130, #132</p>	<p>Tuesday 12:30pm-2:30pm</p> <p>Thursday 10:00am-12:00pm</p> <p>2nd Tuesday 5:30-7:00</p> <p>W – Puget Sound, E – Military Road and International Avenue, S – 192nd Street, N – 140th Street</p>	<p>➔Picture ID & utility bills less than two months old</p> <p>➔Medical coupons, Social Security cards or school records for all dependents</p>
<p>Hopelink Bellevue 14812 Main Street Bellevue, WA 98007</p> <p>Center Manager: Jennifer Cole-Wilson FB Coordinator:</p> <p>Phone: (425) 943-7555 (425) 653-3746</p>	<p>Seniors (55+): Tuesday, 11:00am - 1:30pm 1st & 3rd –by Access van 2nd & 4th—non Access clients</p> <p>General Public: Thursday,11:00am-1:30pm 1st & 3rd – Last names A-L 2nd & 4th – Last names M-Z 2nd and 4th Thursday of the month 5:30pm-7:00pm</p> <p>Bellevue, Newcastle, Mercer Island</p>	<p>Bellevue, Newcastle, Mercer Island</p>	<p>➔Proof of address: Bellevue, Newcastle, Mercer Is. residency</p> <p>➔Photo ID</p> <p>➔Proof of income</p> <p>➔Financial help</p> <p>➔Information & referral</p> <p>➔Family Development/Case Management Program</p>
<p>Hopelink Kirkland 302 First Street Kirkland, WA 98003</p> <p>Coordinator: Stephanie Lowe Center Mgr. Rochelle Clayton</p> <p>Phone: (425) 889-7880 Fax: (425) 889-7881</p>	<p>General 2nd & 4th Thursdays 11:30 am – 2 pm</p> <p>Evening (for those working or in school) 1st & 3rd Wednesday 5:30-6:30 pm</p> <p>Seniors 1st & 3rd Thursday 11:30am-1:00pm</p> <p>Kirkland: 98033, 98034 Bus Routes #230, #231, #234, #251, #254, #255, #275, #931</p>		<p>➔Call for an appointment and to register (registration Fridays 9:00am-12:00pm)</p> <p>➔Current bill or other proof of Kirkland residency</p> <p>➔Proof of income</p> <p>➔Social Security cards for all household members</p> <p>➔Picture ID</p> <p>➔Call to confirm hours</p>

FOOD BANK	REGULAR DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	COMMODITIES DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>Hopelink Northshore 18220 96th NE Bothell, WA 98011</p> <p>Coordinator: Jeremy Cornelson Center Manager: Teresa Androde</p> <p>Phone: (425) 485-6521 Fax: (425) 483-5251</p>	<p>Seniors, Disabled 2nd & 4th Mondays 1:00pm-2:00pm General 2nd & 4th Tuesday 10:00am-12:00pm Second & Fourth Monday for students or people employed during the day 5:30pm – 6:30pm</p> <p>Northshore School District Bus Routes #334, #307, #312, #372</p>	<p>Northshore School District</p>	<p>CALL FIRST FOR AN APPOINTMENT</p> <ul style="list-style-type: none"> ➔Picture ID ➔Proof of address, ID ➔Proof of income ➔Clothing Bank ➔Energy, emergency housing & financial assistance also avail. ➔Call to confirm hours
<p>Hopelink Redmond Food Bank 16225 NE 87th Street Suite A-1 Redmond, WA 98052</p> <p>Mailing P.O. Box 3577 Address: Redmond, WA 98073 Coordinator: Linda Bonner Center Manager: Scott Milne</p> <p>Phone: (425) 882-0241</p>	<p>Seniors 1st & 3rd Thursday 10:30 am-12:30 pm General 1st & 3rd Wednesday of the month 5:30pm-6:30pm 2nd & 4th Thursdays 10:30am-12:30pm</p> <p>Redmond residents: 98052, 98053 Bus Routes #230, #232, #249, #250, #251, #253, #254, #263</p>	<p>With Food distribution</p> <p>Residents of Redmond 98052 & 98053 and Sammamish 98074</p>	<ul style="list-style-type: none"> ➔Picture ID ➔Social Security cards for all household members ➔Income & Address verification i.e. current utility bill ➔Emergency shelter ➔LIHEAP energy assistance ➔Transportation program ➔Transitional housing ➔Emergency financial assistance Must live in Redmond ➔Call to confirm hours ➔Food Bank is by appt. only. No sign-ups during FB.
<p>Hopelink Shoreline Emergency Service Center 15809 Westminster Way NE Shoreline, WA 98133</p> <p>Mailing 18220 96th Ave NE Address: Bothell, WA 98011</p> <p>Phone: (425) 485-6521</p>	<p>1st & 3rd Tuesday 11:00am-1:30pm Monday 5:30pm-6:30pm</p> <p>98133, 98177 (north of 145th Street), all of 98155</p> <p>Bus Routes are #377 and #314 (limited schedule)</p>	<p>With regular food distribution</p> <p>98155 zip code residents</p>	<ul style="list-style-type: none"> ➔Emergency Food Bag available ➔Sign up for food bank & other emergency services on Mondays from 1 pm – 4 pm ➔Proof of area residency (current utility bill, etc.), ID ➔Proof of income, Social security card, SSI, or similar income award letter ➔Call to confirm hours

FOOD BANK	REGULAR DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	COMMODITIES DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>Hopelink Sno-Valley 31957 E. Commercial St.</p> <p>Mailing P.O. Box 485 Address: Carnation, WA 98014</p> <p>Food Bank Coordinator: Mary Lou McMeins</p> <p>Phone: (425) 333-4163 Fax: (425) 333-4608</p>	<p>Food Bank General Public 1st & 3rd Thursday 12:00pm-1:30pm</p> <p>Evening Food Bank 2nd & 4th Wednesday 6:00pm-6:45pm</p> <p>Snoqualmie, Fall City, Duvall, Carnation, Preston and North Bend Unincorporated King County</p> <p>Bus Routes: #922, #929</p>	<p>During regular food bank hours for all clients</p> <p>Snoqualmie, Fall City, Duvall, Carnation, Preston and North Bend Unincorporated King County</p>	<ul style="list-style-type: none"> ➔Must call to make an appointment ➔Clothing bank, Thursday 12:00pm-1:30pm 2nd & 4th Wed. 6:00pm-6:45pm (summer only) ➔Energy, emergency housing, rental assistance, employment (job line), food & other emergency assistance available Mon-Fri during regular business hours ➔Hot meal available Thurs, 12:00pm-1:00pm and on 2nd Wednesdays at 6pm during food Bank distribution ➔Social Security card, picture ID required on first visit ➔Proof of address and income ➔Call to confirm hours
<p>Issaquah Food Bank 179 First Avenue SE</p> <p>Mailing P.O. Box 652 Address: Issaquah, WA 98027</p> <p>Coordinator: Cherie Meier</p> <p>Phone: (425) 392-4123 Fax: (425) 392-5836 Email: issaquahfood@aol.com</p>	<p>First & Third Tuesday 5:00pm-7:00pm</p> <p>Tues, Wed & Thursday 10:00am-1:00 pm (client must arrive by 12:45 pm)</p> <p>98027, 98029, 98059, 98075</p> <p>Bus Routes #200</p>	<p>With regular food distribution</p> <p>98027, 98029, 98059</p>	<ul style="list-style-type: none"> ➔Utility bill & picture ID ➔Clothing bank serves Issaquah, Carnation, Fall City, Maple Valley & Renton (98059)
<p>Kent Food Bank and Emergency Services 515 Harrison St. Ste 107 Kent , WA 98032</p> <p>Coordinator: Jeniece Choate</p> <p>Phone: (253) 520-3550 Fax: (253) 520-3522 Email: kentfoodbank@earthlink.net</p>	<p>Monday, Tuesday, Wednesday & Friday 10:00am-2:00pm</p> <p>2nd Wednesday 5:00pm-6:00pm</p> <p>Kent School District Boundaries Bus Routes #150, #153, #164, #166, #168, #169, #914, #916</p>	<p>Commodities distributed same time as food bank</p> <p>Kent School District Boundaries</p>	<ul style="list-style-type: none"> ➔Current proof of address within last 30 days (med. coupon, utility bill) ➔Clothing Bank M, Tues, Wed, Fri 10:00am-12:30pm ➔Emergency financial assistance with proof of need

FOOD BANK	REGULAR DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	COMMODITIES DISTRIBUTION DAYS/HOURS OF OPERATION/ GEOGRAPHIC AREA SERVED	OTHER SERVICES/ REQUIREMENTS
<p>Kent Food Bank Annex @ Springwood 27961 SE 275th Street Kent, WA 98030 (253) 638-8690 – Thurs. only</p> <p>Coordinator: Jeniece Choate</p> <p>Phone: (253) 638-8690</p>	<p>Thursdays 10:00am-1:00pm</p> <p>Kent School District Partial: 98031, 98032, 98042, 98058</p>	<p>Same as food bank distribution</p> <p>Kent School District</p>	<p>➔ Current proof of address</p>
<p>Lynnwood Food Bank Lynnwood Church of the Nazarene 5326 176th St. SW Lynnwood, WA 98036</p> <p>Director: Margaret Amarock</p> <p>Phone: (425) 745-1635</p>	<p>Seniors over 65/Disable Wednesday 2:30pm-3:00pm</p> <p>General Public Wednesday 3:00pm-6:00pm</p> <p>Seniors over 65 and disabled may come in during other times.</p> <p>Services Lynnwood residents. Persons out of the area are served and referred to closer food bank. Bus Routes #418, #401, #403, #620, #621</p>	<p>Same as food bank distribution</p> <p>NE & NW quadrants of South Snohomish County</p>	<p>➔ Light bill or medical coupon (for correct name spelling)</p>
<p>Maple Valley Food Bank & Emergency Services 21415 Maple Valley Hwy Maple Valley WA, 98038</p> <p>Mailing P.O. Box 322 Address: MapleValley, WA 98038</p> <p>Coordinator: Lila Henderson</p> <p>Phone: (425) 432-8139 Fax: (425) 432-7932 E-mail: lila@fbeshelp.org</p>	<p>Monday, Wednesday & Thursday 10:30am-1:00pm</p> <p>Second Thursday 5:30pm-7:00pm</p> <p>Tahoma School District boundaries City of Covington and parts of Black Diamond</p> <p>Bus Routes #143</p>	<p>Monday, Wednesday & Thursday 10:30am-1:00pm</p> <p>Second Thursday 5:30pm-7:00pm</p> <p>Tahoma School District boundaries City of Covington and parts of Black Diamond</p>	<p>➔ Current proof of address & photo ID</p>

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<p>Margie Williams Helping Hands Food & Clothing Center At the Martin Luther King Church 13611 SE 116th Renton, WA 98059</p> <p>Mailing Address: PO Box 2145 Renton, WA 98056</p> <p>Coordinator: Jane Lewis Church Phone: 425-255-1446</p>	<p>Saturday 8-11am</p>	<p>No Commodities</p>	<p>→ Proof of Address and ID → Emergency Assistance call church office 10-2</p>
<p>Mount Si Helping Hand Food & Clothing Bank North Bend Comm. Church 45714 SE 139th Pl North Bend, WA 98045</p> <p>Coordinator: Gail Gergasko Phone: (425) 888-0096 Email: ggergasko@yahoo.com</p>	<p>Wednesday 9:30am-12:30 pm & 5:30pm-6:30 pm</p> <p>North Bend, Snoqualmie: 98024, 98045, 98065</p> <p>Bus Routes #214</p>	<p>No Commodities</p>	<p>→ Number & ages of family members; proof of address → ID not required → Clothing bank → Call 888-0096 for emergencies</p>
<p>Mountlake Terrace Food Bank Terrace View Presb. Church 4700 228th SW Mountlake Terrace, WA 98043</p> <p>Coordinator: Rev. Richard Gibson Phone: (425) 778-7227</p>	<p>General Public Tuesday 9:30 am - 11:30am</p> <p>Bus Routes #418, #401, #403, #140</p>	<p>Call for distribution times</p>	<p>→ Proof of address, ID → Referral to the Family Support Center for financial assistance</p>
<p>Muckleshoot Food Bank North of Muckleshoot Tribal School 39015 – 172nd Avenue SE Auburn, WA 98092</p> <p>Coordinator: Dawn Miller</p> <p>Phone: (253) 833-8541 Fax: (253) 833-5133</p>	<p>Monday – Friday 10 am – 4 pm</p> <p>Rural area between Auburn and Enumclaw Bus Routes #915, #195</p>	<p>First week of each month (call first) for actual day.</p>	<p>→ Proof of address; picture ID → Clothing Bank → Emergency services i.e., rental assistance, utility assistance, bus tokens</p>

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<p>Renewal Food Bank World Impact Network 2015 Richards Road, 98005 Bellevue, WA</p> <p>MA: 12819 SE 38th Street #53 Bellevue, WA 98006-1326</p> <p>Director: Rich Bowen</p> <p>Phone: (425) 643-8246 Fax: (425) 643-8473 Email: rich@worldimpactnetwork.org</p>	<p>Monday & Wednesday 9:00am-12:00pm Tuesday 5:00pm-7:00pm Last Saturday of month 10:00am-11:00am</p>	<p>No Commodities</p>	<p>One visit per week per family</p>
<p>The Salvation Army Office: 720 South Tobin Mailing: P.O. Box 977 Renton, WA 98057 Food Bank: 221 Morris St.</p> <p>Must first come to office for food bank slip. Call office number to get a hold of food bank.</p> <p>Phone: (425) 255-5969 Fax: (425) 228-7014</p>	<p>Mon., Tues., Thurs. & Friday 9:00am-12:00pm 12:30pm-4:00pm</p> <p>Renton/Fairwood: 98055, 98056, 98057, 98058, 98059 Skyway: 98178</p> <p>Bus Routes #101</p>	<p>Commodities given during office hours. No specific day</p> <p>Zip codes: 98055, 98156, 98058 (partial), and 98059 (partial)</p>	<p>➔Baby Cupboard ➔Utility or phone bill showing address, photo ID, social sec. Card for all household members ➔4-month Food voucher issued to all clients who have used food bank 6 months or longer.</p>
<p>Tukwila Pantry At the Riverton Park United Methodist Church 3118 S. 140th (on Military Rd and 140th) Tukwila, WA 98168</p> <p>Coordinator: Joe Tice</p> <p>Phone: 206-431-8293 Email: j040959@msn.com</p>	<p>Monday and Wednesday 1:30pm-3:45pm Saturday 12:00pm-2:15pm</p> <p>Closed on all federally recognized holidays</p> <p>Tukwila, SeaTac, Burien and Blvd Park area</p> <p>Bus Routes #128</p>	<p>Distributed to Tukwila residents only during regular visit</p>	<p>➔Bring picture ID and current utility bill for proof of address</p>

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<p>Vashon/Maury Community Food Bank 10030 210th St. SW (next to Health Clinic)</p> <p>Mailing P.O. Box 1205 Address: Vashon, WA 98070</p> <p>Coordinator: Yvonne Pitrof Phone: (206) 463-6332</p>	<p>Wednesday 11:00am-1:00pm and 5:00pm-7:00pm</p> <p>Vashon/Maury Island residents</p> <p>Bus Routes #118, #119</p>	<p>Same time as regular distribution</p> <p>Vashon/Maury Island residents</p>	<p>➔Milk distribution the 2nd and last Wednesdays of each month (soy/rice alternatives available)</p> <p>➔Home delivery where needed, Wednesday a.m.</p>
<p>White Center Food Bank 10829 8th Ave SW Seattle, WA 98106</p> <p>Director: Rick Jump, Audrey Zemke Phone: (206) 762-2848 (messages) Fax: 206-762-2326 Email: rich@whitecenterfoodbank.org Email: Audrey@whitecenterfoodbank.org</p>	<p>Monday, Wednesday & Friday 11:00am-1:00pm Second and Fourth Wednesday of the Month 6:00pm-8:00pm Thursday (Seniors Only) 11:00-12:00</p> <p>98106, 98126, 98136, 98146 Boundaries: N-7000 block to Myrtle S-SW 140th W-Puget Sound E-To State Highway 509 Bus Routes #137</p>	<p>(Same as time to receive food that day; same areas served)</p>	<p>➔Proof of address, picture ID and birthdates for each household member</p> <p>➔Wheelchair accessible building & parking</p>

