

LEAD INITIATIVE

G e m i n u s P r e v e n t i o n S e r v i c e s

January 2014

Cohort 7

Increased Emergency Department Visits Due to the Use of Ecstasy or 'Molly'

According to a study from the Substance Abuse and Mental Health Services Administration, Hospital Emergency Department visits from 2005 to 2011 related to Ecstasy or 'Molly' use increased 128%. This means that there was an increase from 4,460 visits in 2005 to 10,176 visits in 2011. These 10,176 emergency department visits represent only those patients who were 21 years of age or younger. Another shocking finding from this study was that of the 10,176 visits from 2005-2011, 33% of those also involved the underage use of alcohol.

'Molly' a form of the synthetic drug Ecstasy or MDMA seems to be one of the social drugs of choice for young people. Many celebrities, such as Miley Cyrus, Lil Wayne, Kanye West and Madonna have mentioned 'Molly' in their lyrics, praising the synthetic drug's effects.

'Molly' or Ecstasy has many serious side effects, such as confusion, nausea, paranoia, blurred vision, sweating, seizures and the possibility of death.

It is important for parents, guardians, teachers and the like to speak about the dangers of using 'Molly' or Ecstasy alone or with the use of alcohol. 'Molly' or Ecstasy's presence is difficult to detect in a user, as it often does not show up in toxicology or drug screenings.

Cadca.org

UPCOMING PREV-CAMP ACTIVITIES

February

- ◆ Advocacy
(National Smoke Free Movie Week)
- Refusal/Resistance Skills

March

- ◆ Philanthropy
(Kick Butts Day)
- Majority Rules/
Normative Education

April

- ◆ Mentoring
(Alcohol Awareness Month)
- Refusal/
Resistance Skills

JANUARY IS NATIONAL MENTORING MONTH

Ideas for National Mentoring Month

1. Join “I am a Mentor” Day on January 9th, 2014.
2. Thank your own mentor on “Thank Your Mentor Day” on January 16, 2014 by writing them a card.
3. Serve your own community on Martin Luther King Day of Service on January 20, 2014 by looking for a mentoring opportunity in your own community.

For More Ideas on How to Get Involved with Mentoring, go to:
Nationalmentoringmonth.org

WHY SHOULD I BE A MENTOR?

- ◆ To have fun!
- ◆ To learn more about yourself and achieve personal growth
- ◆ Improve your own self esteem
- ◆ Feel like you are making a positive difference
- ◆ Get a better understanding of other cultures
- ◆ Develop an appreciation for diversity
- ◆ Feel more productive
- ◆ Have a better attitude at work or school

Don't Forget!

Check out the website at:
Leadinitiative.org

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