

# Reflection on Episcopal Spirituality

Steps:

1. Read the handout Episcopal Spirituality.
2. Complete the form
3. Collate the results from everyone onto a sheet of newsprint.
4. Explore and discuss

The culture of the parish (our way of being & doing) encourages a Christian spirituality that is .....

	Low				High
	1	2	3	4	5
1. Spirituality of Beauty					
2. Adult Spirituality					
3. Balanced - holistic Spirituality					
4. Organic Spirituality					
5. Open Minded Spirituality					
6. World Embracing Spirituality					

## Questions for reflection

1. What does your heart long to see in the parish? Is that in some way related to an expression of parish spirituality? How?

2. In what area of Episcopal Spirituality is the parish growing? How?

3. Each of the characteristics needs to be grounded in a broader Christian spirituality if it's not to become distorted in some manner. In which characteristic do we that need to become more grounded?

4. Which of the characteristics makes you most uncomfortable? How might you express it?

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