

Music Therapy

Music Therapy is an established healthcare profession that uses music to address physical, emotional, cognitive, and social needs of individuals of all ages. Music therapy improves the quality of life for persons who are well and meets the needs of children and adults with disabilities or illnesses. Music therapy interventions can be designed to:

- promote wellness
- manage stress
- alleviate pain
- express feelings
- enhance memory
- improve communication
- promote physical rehabilitation.

Research in music therapy supports its effectiveness in a wide variety of healthcare and educational settings.

(American Music Therapy Association)



- ♪ Music Therapy is considered a related service under the Individuals with Disabilities Education Act (IDEA).
- ♪ When music therapy is deemed necessary to assist a child benefit from his/her special education, goals are documented on the Individual Education Plan (IEP) as a related service intervention.
- ♪ Music therapy can be an integral component in helping the child with special needs attain educational goals identified by his/her IEP team.
- ♪ Music therapy can offer direct or consultant services as determined by the individual needs of the child.
- ♪ Music therapy involvement can support and stimulate attention and increase motivation to participate more fully in other aspects of the educational setting.

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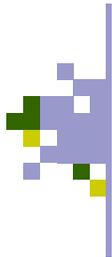
Music Therapy for Children with Developmental Disabilities



Music
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**A Nonprofit
Community
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School**

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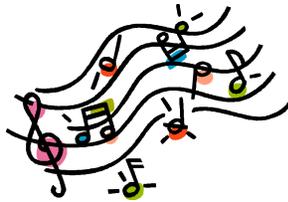
Music Therapy For Children with Developmental Disabilities

Music is a meaningful form of expression for a wide range of individuals at various stages of development.

Musical interventions utilized as therapeutic techniques can provide the framework for achieving specific goals.

It is our goal to provide a safe and nurturing environment, individualized to meet the needs of each client. Music therapy sessions facilitate self-expression and increase confidence in social interactions. Music therapy assists in improving difficulties in language development, perceptive and cognitive processing, gross and fine motor skills and adaptive behavioral patterns.

Music therapists receive specialized training to utilize music in these domains by completing a baccalaureate or advanced degree program in music therapy. Subsequent national board certification validates a therapist's knowledge and skill.



Music Therapy with

- Autism
- Asperger's Syndrome
- Williams Syndrome
- Rett Syndrome
- Angelman Syndrome
- Developmental Disabilities

We provide services to children of all ages with varying diagnoses and functioning levels. Music therapy intervention is most likely to benefit children who...

- Need support to develop skill areas such as cognition, communication, socialization, or motor functioning
- Respond best to highly motivating and multi-sensory approaches to learning
- Require additional structural cues to organize memory, expressive language, social scripts, or movement
- Have an affinity for music



Music therapy techniques can be a proactive approach or reward system for children whose behaviors interfere with their learning and participation in other therapies or programs.

Music therapy sessions consist of interactive music strategies—songs, rhythm, movement and instruments—during which the client participates in tasks relating to individualized goals.

- ♪ Functional assessment of the client
- ♪ Development of therapeutic goals/objectives
- ♪ Design of functional, therapeutic music experiences
- ♪ Transfer of therapeutic learning into real-world applications

Music therapy sessions are held with individuals or groups. Sessions may be 15 minutes to one hour, once or twice per week and may take place at the Music Academy music therapy clinic or in a community agency or school.



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