

# AAI High School National Team Championship

## Hosted by THSGCA

The mission of the AAI High School National Team Championship is to celebrate the hard work and dedication our seniors have given to the sport of gymnastics.

**May 18<sup>th</sup> & 19<sup>th</sup>, 2018**

**Arizona State University**

**Entries are due by May 1<sup>st</sup>**

**Contact Travis Coulbourn: [coulbournt@gmail.com](mailto:coulbournt@gmail.com)**

### **Gymnast Requirements**

- Current High School Senior gymnast with a USAG number
- Must be accompanied by a coach
- Entry Fee- \$125

### **Team Requirements**

- Must have a minimum of one coach responsible for the team at all times. This will also be the coach to whom information is distributed to
- Coaches must be USAG members
- A team may bring as many coaches as they want

### **Meet Format**

- Modified Capital Cup
- Level 9 Rules
  - 10.0 Max- 6.0 Exercise Presentation, 2.0 Element Groups, 2.0 Difficulty
  - Vault- 6.5 Exercise Presentation+ FIG vault value= 10.0 Max
- 3 scores count toward the team score
  - All Gymnasts may compete all around
- AAI equipment
- A Certified Trainer will be on-site

### **Attire**

- Competitive attire will be the gymnast's club or high school uniform
- Teams are encouraged to have team warm-ups which may include shorts and tshirt