



Impact Gymnastics Academy

2019 Boy's Team Clinic

Directed by: Dr. Craig Thibaudeau, Psychologist and Head Coach of Impact

When: June 28th, 29th, 30th 2019 (Friday, Saturday, Sunday)

Time: 9:00am - 4:00pm (drop-off any time after 8:30am)

Who: Level 5 – 10 and JD (competing as 8 years or older)

Cost: \$225 for the 3-full days (register by June 1st - \$100 deposit required to register)

Where: Impact Gymnastics Academy

301 River Road Bow NH 03304

Phone: 603-219-0343 (Call us now to register!!)

E-mail: staff@impact-gymnastics.com

Web: www.impact-gymnastics.com



Clinic will be staffed by:

Licensed Physical Therapist- Body preparation/repair

Licensed Clinical Psychologist- Setting attainable process and outcome goals

Registered Dietician: Healthy Eating for Athletes

Four NCAA collegiate gymnasts from across the country

2018 Clinic Gang

Why attend the Impact Clinic?

The Impact Boy's Team Clinic is a 3-day intensive clinic for Level 5 – 10 and JD competitive boys who are looking to learn new skills, refine current ones, and work with other athletes and coaches from across New England and further. Clinicians for this clinic will be Region 6 Coaches and current and former NCAA Division 1 athletes. This is a perfect clinic for boys who want to increase their skill set and refine their movement just in time for off-season summer training. A large focus of the clinic will be on the Healthy Athlete, with rotations focused on goal setting, healthy eating, and physical preparation and maintenance!!

Our 2018 clinic was a huge success! Join us again or attend for your first time!