

Creating the World You Want to Live In

a Nonviolent Communicationsm Workshop
with Jori & Jim Manske

Certified Trainers with The Center for Nonviolent Communication

Exploring the skills and consciousness of empathy, honesty and self-connection with a focus on:

- ✿ liberating yourself from limiting beliefs and enemy images;
- ✿ creating relationships based on an awareness of mutuality using requests;
- ✿ exploring strategies to transform and create life-serving systems within yourself, in relationships and in the world.

When?

Sunday, January 18th
9 am - 4 pm

Where?

Albuquerque
(Directions will be sent after registration)

Brown Bag Lunch; coffee, tea, water provided.
Lunchtime presentation on Compassionate Leadership '09

This workshop is being presented on a **donation basis**.
All money raised will go toward scholarships for the
Compassionate Leadership program.



For more information, contact:

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Please write "NVC Registration" in the subject line.

radicalcompassion.com

cnvc.org

