

db Performance, The Doctrine Training,
and Speed Theory Cycling present the



Jason Lapierre Memorial Dogpound Road Race

Located in:

Dogpound, AB (just north of Calgary)

On:

Sunday, August 9, 2015

dB Performance



This event is sanctioned by the Alberta Bicycle Association



Race Organizer: Darcy Gullacher, darcy.gullacher@gmail.com

Race Updates at: <http://speedtheorycyclingteam.blogspot.ca/>

Registration, Location and Sign on:

Registration on Zone4: <https://zone4.ca/reg.asp?id=9631> Registration closes at 11:59 pm on Thursday, August 6. Field limit sizes are in effect. Register early to avoid disappointment.

Dogpound Community Hall

The community hall is located on TWP 292 east of HWY 22, at the junction of TWP 292 and RR 40. From Calgary, take HWY 2 north to the TWP 292 exit north of Crossfield and head west. **No cleats inside the community hall.**



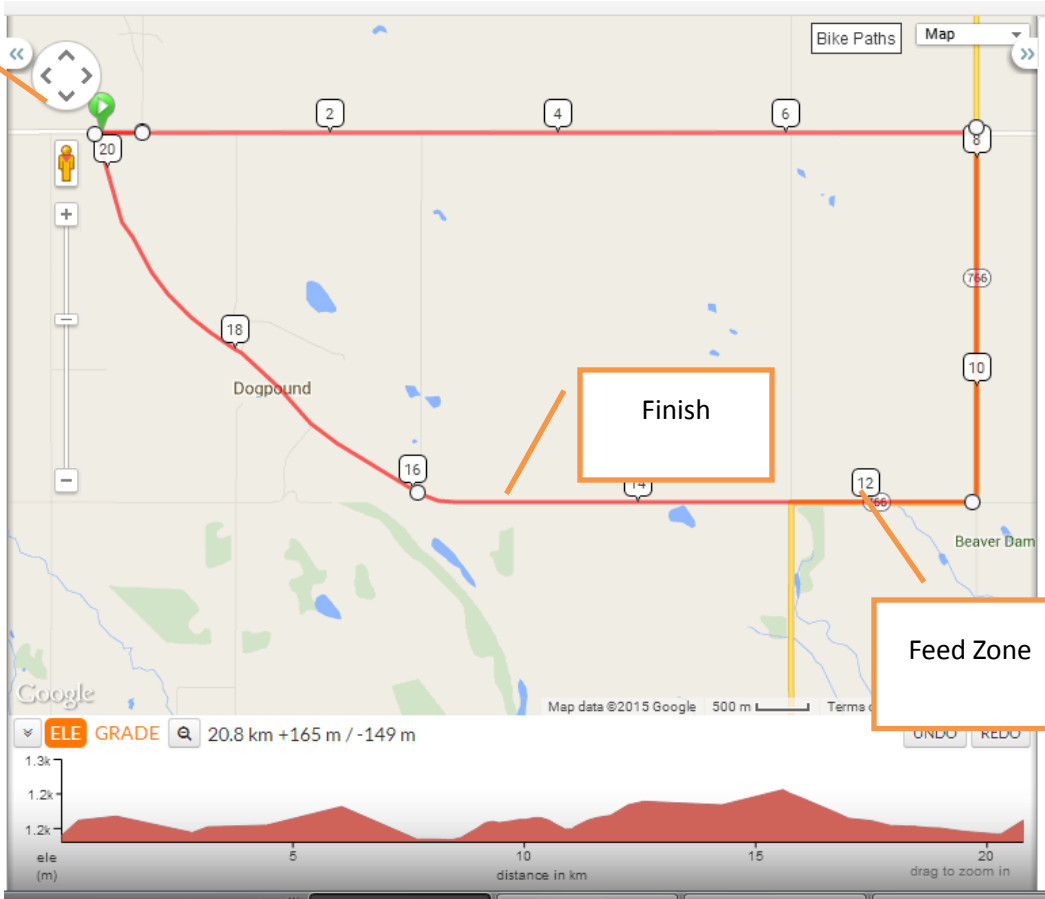
Map to Hall: <https://goo.gl/maps/ZnYdz>

You must sign in and present your license to the ABA Technical Delegate regardless of whether you have raced the Crankmasters time trial. The ABA table will open at 8:30am and close at 9:30am. If you forget your license may be fined \$10.

Course and Distances:

The course will run in a clockwise direction using TWP292, HWY766, TWP290, and RR35A. The finish is westbound on TWP 290 just west of the junction with HWY766. **After finishing, proceed directly to the Community Hall and do not interfere with racers still on course.**

Sign-on and Start at Dogpound Community



This is a looped course and racers will find it an exciting, challenging parcours with variable road conditions and beautiful terrain. The loop is approximately 20 km.

Cat 1/2	10:00am	6 laps + 14 km ~ 134 km
Cat 3 and Women 1/2/3	10:07am	5 laps + 14 km ~ 114 km
Cat 4	10:14am	5 laps + 14 km ~ 114 km
Cat 5	10:20am	3 laps + 14 km ~ 74 km
Women 3/4/5	10:23am	3 laps + 14 km ~ 74 km

Body Numbers:

Wear TWO body numbers in addition to your frame plate: **right rib-cage (numbers orientated to face the right side of the road) and right hip (numbers oriented up-and-down)**. Please bring your own pins and zip-ties.

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* also use frame plate

Feed Zone:

There will be one feed zone per lap, on TWP 290 just west of the first intersection with HWY 766. **Feeding may occur beginning on lap 2.** Feed only from the shoulder on the right hand side of the road. Toss empty bottles away from other riders so as not to hit or endanger them.

Neutralization:

Commissaires may be required to neutralize a group should another group be in the process of passing, or to ensure traffic flow. Should the commissaire vehicle pass your group and extend a red flag or paddle from the vehicle, your race has been neutralized. Please squeeze to the right side of the road and stay behind the vehicle. In some circumstances, it may be necessary to stop a group temporarily. Riders are reminded they may not ride in the company of riders from another category.

Marshals:

There will be static marshals with pinnies or reflective vests, red flags, Slow/Stop hand signs and standing Caution or directional signs and road markings at all appropriate points. Note that it is the rider's responsibility to know and follow the race course.

Wheel Vehicles:

Wheels are neutral. The wheel vehicle will service you from behind on the right side of the road and you are responsible for changing your own wheel. Make sure you get a suitable wheel, with the right cogset. You will not get any drafting to help you back to the group.

If the wheel vehicle passes you, you must stay to the right and obey all traffic signs and laws. If another group catches up to you, you cannot ride or work with the group or be involved in the final sprint.

Broom Wagon:

There will be a sweep vehicle following the last rider on the course so you won't be left alone if you need help. Depending on the position of the last rider, the sweep may take a few minutes to get up to you.

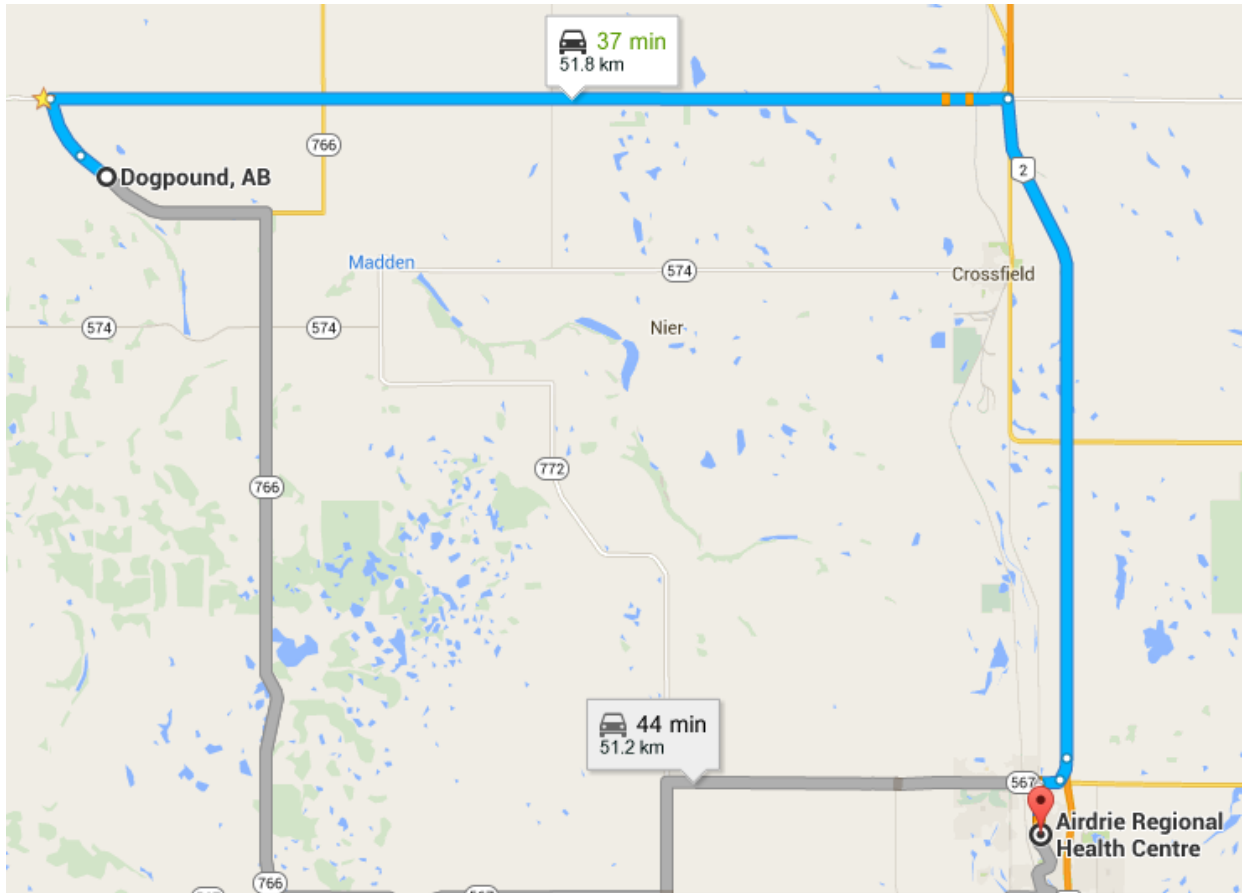
DNF Riders:

If you retire or abandon the race, you must tell a Commissaire at the finish line or tell the Technical Delegate at the hall. Once you finish, clear the finish area quickly and do not cross the finish line again while riding your bike.

First Aid:

Aaron Paramedical Services will be on-site at the finish line. The closest urgent care centre is in Airdrie, AB:

Airdrie Regional Community Health Centre
604 Main Street S
Airdrie, Alberta
T4B 3K7



Results and Podium:

Results will be posted at the community hall as soon as they are available. Any protests must be made to the ABA's Technical Delegate within 10 minutes of results being posted. Podium ceremonies for the top three finishers in each category will take place following the protest period.

The prize list will be determined after close of registration and will be available at <http://speedtheorycyclingteam.blogspot.ca/>.

Series and Upgrade Points:

Alberta Road Cup series and upgrade points will be granted based on Schedule B, available at <http://www.albertabicycle.ab.ca/awards-cups-series-road>

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Regulations:

Racers are expected to know the ABA and UCI road racing regulations, available at <http://www.albertabicycle.ab.ca/regulations>

Our Title Sponsors

dB Performance

dB Performance is a Calgary-based and owned software company that provides advanced Wi-Fi roaming connectivity for smartphones and other mobile devices. dB Performance enables a reliable and secure Wi-Fi connection for your device at home, office and public hotspot locations.

We thank dB Performance for believing in a healthy lifestyle, a great sport, an amazing group of people, and a truly useful charity. Without sponsors like this, it would be extremely difficult to host high quality events such as the Jason Lapierre Memorial. Thank you dB Performance.



The Doctrine Training is a local company specializing in preparing new and experienced cyclists to ride competently, safely, and enjoyably outside. The Doctrine operates two indoor studios throughout Calgary's off-season and hosts cycling vacations based out of Oliver BC, Victoria BC, and Tucson, AZ.

Who was Jason Lapierre?

Jason was a nationally recognized downhill ski coach. Eight years ago Jason was hit by a car on the 1A East of Cochrane. That horrible day had a huge impact on many lives. There is an annual alpine ski event called the J Cup in his name as well as this event. It is the truth that rarely a day goes by that many of us doesn't think of a funny story about a crazy training session or a fun trip to an event with Jay.

By the end of this year, there will be a physical memorial in Jason's name on the Calgary Greenway Project. It will exist as part of a public interval running track and family area. The facility has been designed to encourage families and youths to lead an active lifestyle and use exercise to learn goal-setting, discipline, focus, and pride of accomplishment.

Below is a video compiled last year by one of the members of his old ski club to help people attending the annual events know what is in the name.

<http://vimeo.com/62166022>

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