



elizabeth
BARBOUR

The Revitalized Business Woman

A graduate of the College of William and Mary, Elizabeth holds a Masters Degree in Counseling from the University of Delaware. She received her coach training from CoachU and is also a Certified Myers-Briggs Indicator Facilitator, a Certified Retreat Coach, and a Certified Group Coaching Leader.

TESTIMONIALS

“Several employees commented that Elizabeth was the best guest speaker we have ever had...”

Dr. Deanna Hoelscher
University of Texas

“A terrific choice as our keynote speaker for the BPW Women’s Conference...”

Deanna Mims
Business & Professional Women

“Attendees loved her interactive presentation on using Myers-Briggs...”

Kara Smith
Early Learning Coalition

Elizabeth’s Most Popular Keynotes & Workshops



From Tired to Inspired:

Smart, Sustainable Self Care Strategies for Successful Women



Workplace Wellness:

Bye-Bye Burnout, Hello Happy (Efficient & Productive Too!)



The Courage to Unplug:

5 Secrets to Getting Revitalized Now



Revitalize Your Tribe:

Create Connections for Business & Personal Success

Hire Elizabeth to Speak Today!

www.ElizabethBarbour.com

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* PARTIAL CLIENT LIST *

- American Adoption Congress
- American Business Women’s Association
- Asheville City Parks & Recreation
- Avant Garden Landscaping
- Bronson Chiropractic & Acupuncture
- Business and Professional Women of Florida
- Early Learning Coalition
- Executive Moms Society of Houston
- Florida Commerce Credit Union
- Florida Public Relations Association
- Green Peridot Salon
- Healing Arts Alliance
- Heritage-Encon
- March of Dimes
- Office Environments
- Roeder Orthodontics
- Tallahassee Chamber of Commerce
- The Florida Bar
- University of Texas
- Visions Design Group

Travels from Houston, TX