OUR MISSION

To provide services to the community that will support and promote healthy families, adults and children. Our agency is dedicated to improving the neighborhood as a setting for family life, contributing to health and well-being, and promoting education and employment as a means of self-development.

OUR VISION

Trinity Alliance of the Capital Region will be recognized for its influential and preeminent role in providing integrated service leadership to the community. In doing so, Trinity Alliance will strive toward responsible growth, sustainability and becoming the voice for improving the quality of life for our consumers.

OUR EXECUTIVE TEAM

Harris Oberlander, Chief Executive Officer
Patti Tansey, Assistant to the CEO & Continuous Quality Assurance

Lynn Asvestas, Prevention Services
Kat Brown, Development & Marketing
Benna Eldridge, Family & Neighborhood Resource Center
David Elliott, Cure Violence Troy
Greg Foskey, Afterschool C.A.R.E. & Summer Camp
Clarence Jackson, Cure Violence Albany
Tom Libertucci, Controller
Nancy Lonczak, Early Childhood Services

Marandy Mallory, Food Pantry
Velma McAdoo, Human Resources
Andre Morris, Re-Entry Services
Freddie Pica, Information Technology
Grace Smythe-Young, Homer Perkins Center
James Thomas, Capital South Campus Center
Luke Tran, Buildings & Grounds

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14 Early Childhood Services Update
15 Prevention Update
16 Homer Perkins Center Update
17 Settlement House Update
18 Cure Violence Update
19 Re-Entry Services Update
Dear Friends,

On behalf of Trinity Alliance of the Capital Region, our dedicated staff, Board of Directors, community partners and the more than 10,000 people we serve, we are pleased to announce that 2014 was an exciting and life changing year for our organization, as well as our community. We are honored to share our 2014 Annual Report with you!

Trinity Alliance is a quilt of special people, processes, services and programs mirroring the complex nature of the neighborhoods and communities we serve. Our agency is proud of the continuum of wrap-around services that we provide for those in our community.

Trinity Alliance conducts more than 100 programs and services to those we serve. The “Race to 10,000” focuses on early childhood language development. The Crafts Arts Recreation and Education (CARE) After School and Summer Camp programs enrich school age children and youth, both scholastically and socially. The Family and Neighborhood Resource Center (FNRC) community center programs, ranging from the bicycle repair workshop, to art classes, to the sewing circle have gathered hundreds and hundreds of people who are all striving to grow, learn and contribute to our community.

Trinity’s therapeutic and vital services are unique and bold in their work for those who face life’s challenges. We meet people where they are at; in the homes of families whose infants and toddlers face developmental challenges, on the streets or in the hospital emergency room with those who have been exposed to community violence, in jail or prison with those who are returning from incarceration, in the Homer Perkins Center with individuals living with substance use disorders, and in Family Court, school and the home, with families experiencing parenting deficits or youth experiencing school truancy. Trinity goes where people are and starts where they are, building confidence, skills and resilience.

This year, we opened the new Capital South Campus Center (CSCC) in Albany South End. The mission of the CSCC is to raise individual and household median income in the city and county of Albany, through increased educational services and workforce development. Those who will someday chronicle Albany’s local history will surely note the meaningful contribution of the CSCC toward achieving our city’s Equity Agenda.

Together with our education, business and industry partners, the CSCC offers a unique combination of adult education and workforce training inputs. We have served nearly 1,000 learners in just the first six months of CSCC operations, far surpassing our own goals! The CSCC currently features the SUNY Center for Academic and Workforce Development Advanced Technology and Information Networking (ATTAIN) Lab and the Schenectady County Community College 3,500 square foot Culinary Arts Training Kitchen, with construction starting in 2015 on the SUNY Polytechnic Institute College of Nanoscale Science and Engineering-inspired Clean Room Training Facility. These facilities will prepare our students for high-paying, in-demand jobs in our region.

Economic development from the ground up, and from the ‘inside out,’ assures a stable workforce committed to (re)building the inner city neighborhoods from which student and trainee course grads hail. I am so proud of our devoted workforce, neighborhood and community volunteers and dedicated board members who work around the clock to make our community a better place in which to live, play and work.

Trinity Alliance empowers lives. We are 103 years young...and looking forward to our bright future!

Sincerely,

Harris Oberlander, CEO of Trinity Alliance of the Capital Region
Trinity Alliance of the Capital Region

Revenue and Support

- Government grants and contracts: $2,750,529
- Contributions and fundraising: $340,677
- Participant fees: $241,676
- Food stamp revenue: $38,000
- Miscellaneous: $29,824

Total operating revenues and support: $3,400,706

Expenses

- Program services: $3,002,867
- Management and general: $382,234
- Marketing & Fundraising: $102,002

(This number includes the salaries of Development & Marketing Staff)

Total expenses: $3,487,103

Less depreciation: ($94,562)

Total operating income: $8,156

Non-operating income (expense)

- Capital grant: $266,347
- Investment income, net: $1,398

Total non-operating income (expense): $267,745

Change in Net Assets: $181,348

Net Assets, beginning of the year: $1,159,647

Net Assets, end of the year: $1,340,995

Trinity Alliance of the Capital Region, Inc.’s 2014 financials were audited by Bonadio & Co.
Trinity Alliance of the Capital Region acknowledges the generous support of the following individuals, businesses and foundations for their 2014 contributions and support of our mission and vision.

$25,000 +
National Grid Foundation
SUNY Polytechnic Institute
College of Nanoscale Science & Engineering
University at Albany
United Way of the Greater Capital Region
SEFCU

$10,000 +
William & Mary Barnet Family Foundation
The Bender Family Foundation
Berkshire Bank Foundation
Citizens Bank Foundation
The Community Foundation for the Greater Capital Region
KeyBank Foundation
Frederick McDonald Trust
Review Foundation
MVP Healthcare
The John D. Picotte Family Foundation
The Standish Family Foundation

$5,000 +
Bank of America
Charitable Foundation
BJ’s Charitable Foundation
Dynasty Chemical Corp.
J.M. McDonald Foundation
The Massry Family
The Charles L. Touhey Foundation

$1,000 +
Albany Housing Authority
Matthew & Phoebe Bender
Donald W. Carman, Jr.
Donna Carnevale & Family
CDPHP
Selig Corman
CSArch
Ronald Dunn & Linda M. Pelosi-Dunn

First Church in Albany
FirstLight Fiber
First Niagara Bank
Funding Factory
Ganz Wolkensreit & Siegfeld, LLC
Greater Kansas City Community Foundation
Hilton Garden Inn Albany Medical Center
Gail Kendall
KeyBank Foundation
Tamra Minor, Ph.D.
M&T Bank
Raymond Newkirk & Christy D’Ambrosio
Omni Development Company, Inc.
Shannon Powers
Simmons Machine Tool Corp.
E. Elieen Rea Fund
Rose & Kiernan, Inc.
Sano-Rubin Construction Services
Mark & Sherrie Shuket
Stewart’s Shops
Ken & Marggie Skinner
Times Union Hope Fund
Ungerman Electric
Visiting Nurses Services Choice Health Plans
WellCare Health Plans

$500 +
Alltek Energy Systems, Inc.
Bishop Beaudry Construction Services
The Bonadio Group
Capital Bank
Beth Carey
CHA Consulting, Inc.
Crestwood Pharmacy
Crisafulli Bros.
Patrick Damberg
John DeCelle & Jason Doling
The Golub Foundation
Halpin Contracting Inc.
Hershey Family Fund
Hudson Valley Community College
Carol LaFleur
Aaron Mahone
Mazzone Hospitality
Metroland Business Machines
Mingle Restaurants
NBT Bank
Northeast Kidney Foundation
Harris & Sandy Oberlander
Kathy & Harry Obadashian
Benjamin & Jessica Oevering
Janice O’Keeffe
Michele O’Neal
Charles & Amy Pinckney
Pioneer Bank
Marcus & Cindy Pryor
Schenectady County Community College
SABIC
The Rosenblum Companies
SEFCU Mortgage Services
Lawrence & Marie Shore Donor Advisement Fund
Lynn & Brett Siebert
Mary Sloan
Carolyn Lemmon Snyder
Greg & Jeanna Stapleton
Trustco Bank
Charles Touhey & Alice Green
WGY
Larissa Zongo

$100 +
2Shea Catering
Addictions Care Foundation
Albany Medical Center
Albany Police Officers Union
James Alescio
Ivette Alfonso
Aaron Ambrosino
Elizabeth & Edwin Anker
Armory Chrysler Jeep
Mark Aronowitz
Lynn Asvestas
Barbarulo & Weisskopf, P.C.
Robert Barberis
Michael Bergan & Frances Tarlton
Amanda Bessette
Christopher & Diane Betts
Bonadio & Co., LLP
Timothy Bornt
Senator Neil D. Breslin
Katharine Briar-Lawson, PhD
Deidre Brodie & Daniel Obadashian
Danielle & David Brown
Kat Brown
Tahnya Brown
Kenneth Bruce
Samuel Caldwell
Ronald Canestrari
Capital District Gay & Lesbian Community Council
Susie Carrk
Michael J. Castellana
Neil J. Cervera, Ph.D.
William Chalmers & Linda Jackson Chalmers
Judith Ciccio
Citizens Bank Charitable Foundation
Laura Close
Randolph & Sheryl Collins
Community Reformed Church of Colonie
Gabrielle Conklin
Honorable Richard Conti & Steve Snow
Cooperative Extension of Albany County
Kirk Cornell
Couch White, LLP
County Waste & Recycling
James Crucetti
Joanne Curran
Erik Dahl
Robert & Suzanne Daly
Omayra De Jesus Padilla & David W. Shumpert
Gloria DeSole, PhD
Betty Devine
Francine Dickson
Joey DiPiazza
Honorable Judith L. Doesschate
Steve Dorsey
Paul & Tracey Duesterdick
Thomas Duffy
Daniel Egan
John & Ginny Egan
Christine & Angelo Faga
Honorable Patricia Fahy

(continued on page 22)
Trinity Alliance of the Capital Region

Trinity Alliance of the Capital Region had a record-breaking fundraising year in 2014, starting off with the “Time, Tradition, Trinity” Annual Gala Celebration on Thursday, April 3 at the beautiful New York State Museum in Albany. We had more than 300 people in attendance to help us honor our Community Champions, including longtime Trinity Board Member Mr. Selig Corman, and community staple, Stewart’s Shops. We were able to raise more than $57,000 - an increase of over 30% from 2013! The evening featured a dynamic silent auction, our traditional “giving tree” and a very special surprise performance from Trinity’s “Dancing With Our Elders” group.

Senior Services of Albany recognized Ms. Nellie Morton, amongst other high profile nominees, for their Third Age Awards in May. This luncheon and awards ceremony celebrates the lives of active seniors in our community. Ms. Morton is on the Trinity Alliance Board of Directors, a member of several of our community programs and was instrumental in bringing the Capital South Campus Center to life, by standing up in a neighborhood meeting 8 years ago, and saying that the South End of Albany needed a higher education facility for its residents.

Later in May, thirty SABIC employees partnered with Trinity to rehab the community garden on Trinity Place, formerly an empty plot of land. They built 15 planter boxes, sewed seedlings, and raked out wood chips to create a true neighborhood destination and food growing center for those who reside around Trinity Headquarters.

In the summertime, GLOBALFOUNDRIES visited with 10 Engineers and guided our CARE Summer Camp children through several age-appropriate STEM tasks and experiments, giving them the idea that THEY can become engineers. Having our friends at CBS6 there to film the process made appropriate STEM tasks and experiments, giving them the idea that THEY can become engineers. Having our friends at CBS6 there to film the process made things even more exciting for our children!

On September 19, 2014 Trinity unveiled a new signature event, “Rock Your Style” a fashion show fundraiser, at SUNY Polytechnic Institute College of Nanoscale Science and Engineering. Introducing a new event is never easy, but with a fabulous committee, amazing models who went above and beyond to embrace our mission and vision, and a never-seen-before event space, we knocked it out of the park, raising more than $32,000 in new money! Following that success came another success that took several months of planning - the ribbon-cutting ceremony for the Capital South Campus Center, which could not have happened without the guidance and support of the Albany Housing Authority and all of the dignitaries and community leaders who came out to cut that ribbon and open the facility to the public. At the ribbon-cutting ceremony, SEFCU surprised us with a $25,000 matching challenge, which was answered by such companies as Dynasty Chemical, OMNI Development Company, BBL Hospitality, CSArch, Sano-Rubin and MVP. This once-in-a-lifetime challenge, combined with our Annual Appeal, brought $75,000 in fourth quarter income, and helped us to seal the budget, funding programs and services into 2015.

Development and Marketing is more than special events...it is about engaging on social media, having a constant web presence, designing promotional pieces, and relationship building....from grant writing, to working with volunteers, and most importantly interacting with the consumers that we serve. The year of 2014 has been pretty incredible, and has set the stage for good things to come, including the ability to see sustainable growth in our Foundation assets.

From our grateful staff and consumers, thank you to all of those who have supported us in 2014!

~ Kat Brown, Director of Development and Marketing
K.Brown@ta-cr.org

Trinity Alliance of the Capital Region

“Time, Tradition, Trinity”
2014 Honorary Committee

John Egan
Sheriff Craig D. Apple
James J. Barba
Michael Bergan & Frances Tarlton
Christopher Betts
John W. Bishop, Jr.
David & Allison Blessing
Senator Neil D. Breslin
Katharine Briar-Lawson, PhD
Kat Brown
Samuel J. Caldwell
Lani V. Jones, PhD
Ronald Canestrari
Beth E. Carey
Michael J. Castellana
William Chalmers & Linda Jackson-Chalmers
Judith Cicco
Honorable Richard Conti
Selig D. Corman
Kirk Cornelw
Dr. James Crucetti
William & Susan Dake
John T. DeCelle & Jason H. Doling
Gloria DeSole, PhD
Honorable Judy L. Dosschate
Dan Egan
Karen Fox
David Galletly & Gail Kendall
Krisa Grassia
Kimberly Green
William Halpin & Audrey Tousaint
Anthony P. Hazapis
Bishop Howard Hubbard
William Chalmers & Linda Jackson-Chalmers
Dr. Robert J. Jones
Honorable Kelly Kimbrough
Carol LaFleur
Carolyn Snyder Lemmon, Esq.
Audra Lesko
Linda Mallory-Mitchell
Norman & Micki Massry
Honorable Daniel P. McCoy
Honorable John T. McDonald III
Carney McGuire
Honorable Carolyn McLaughlin
Tom McHale & Nancy Ost
Tamra Minor, PhD
Michael & Deborah Murphy
Harris Oberlander
Harry & Kathy Odabashian
Daniel Odabashian & Deirdre Brodie
Benjamin J. Oevinger
Janice O’Keefe
Michele O’Neal
Charles & Amy Pinckney
Frank & Lisa Polesinello
Shannon Powers
David Rousseau
Honorable Kathy M. Sheehan, Mayor
Mark & Sherrie Shuket
Brett & Lynn Siebert
Ken Skinner
Greg Stapleton
Serei Stevenson
Curran forecast
Kathleen Tannen
Miriam Trementozzi
F. Michael Tucker
Susan Ungerman
John Vero
Stephanie H. Wacholder
Wanda Wilson
“Time, Tradition, Trinity”
Annual Gala Celebration
April 3, 2014
$57,000
Honoring our Community Champions
Mr. Selig Corman
for 30+ years of volunteerism
and
Stewart’s Shops
in their dedication to the community they serve
...with a special surprise performance
by Dancing With Our Elders
to “The Wobble!”

“Rock Your Style”
A Fashion Show Fundraiser
September 19, 2014
$32,000
Featuring “movers and shakers” from
the Capital Region as our models:

Ed Anker, CSArch
Phil Burse, In Our Own Voices
John Daniels, L&P Media
Kate Fruscione, Albany Business Review
Eldon Harris, Merrill Lynch
Honorable Kelly Kimbrough, City of Albany
Ryan Lambert, MetLife
Joanne Miller, Trinity Alliance
Stef Leopard, All Stars Roller Derby
Kate Ott, KeyBank
Chris Pratt, Capital American Eatery
Marcus Pryor, Peter M. Pryor & Associates, Inc.
Lisa Reddy Farrell, OMNI Development Company, Inc.
Nichole Rogers, Trinity Alliance
Jessica Schul, SMPR Title Agency
Danielle Smith, SEFCU Mortgage Services
Greg Stapleton, Times Union
Joe Tumonis, M&T Bank
Lisa Viscusi, Fetzer Winery
Larissa Zongo, KPMG

UPDATE
Trinity’s Family and Neighborhood Resource Centers, located at Trinity Place and the Arbor Hill Center, are our consumers’ first stop to receiving vital and life changing services, and participating in programs that will lead to true empowerment in their lives, and the lives of their families.

Partnering with a large number of public, private and not for profit agencies, churches, businesses, hospitals, banks, corporations and community members, the staff of the FNRC worked successfully on community issues including Housing Code Enforcement, Exercise in the Schools, Tobacco Free Pharmacies, Photo Identification for People Who Have Been Incarcerated, Community Gardens, Access to Health Insurance, Healthy Eating in our Schools, and Community Building. In 2014, the FNRC served 2,662 individuals who needed Crisis Intervention Case Management. We helped with rent assistance, transportation and housing, energy assistance, employment, financial counseling, legal services, access to disability services, food stamps, funeral expenses, moving expenses, and more. Consumers who seek services at Trinity Alliance made their first stop at the FNRC, with a thorough intake process. We are then able to make internal and external referrals to expedite meeting their needs.

January 2014 kicked off “Tax Time” in the offices of the FNRC. For 8 years, we have partnered with the VITA Income Tax Program of the United Way. Our staff passes yearly exams to become IRS certified income tax preparers. Nine volunteers contributed more than 530 hours. Trinity’s FNRC staff prepared 345 tax returns, which generated $423,766 in Federal refunds and $127,136 in New York State refunds.

In our effort to re-build a sense of community in our neighborhoods, the FNRC sponsored eight block parties in July and August, and also participated in Earth Day, African American Day and National Night Out celebrations. In the fall, we partnered with Coats for Kids, private, religious, academic and corporate donors to give away 1,467 coats to community members in need. We also gave away hundreds of hats, scarves and mittens, gloves and boots. At the end of the year, we partnered with Toys for Tots, the Albany Police Athletic League and community donors to provide holiday gifts to 850 children of the South End, Arbor Hill and West Hill neighborhoods. The smiles were contagious.

The backbone of the FNRC is the volunteers who assist us with more than 60 programs and services! For their tireless help, we give thanks daily!

~ Benna Eldridge, Director of the Family and Neighborhood Resource Centers

B.Eldridge@ta-cr.org
• Parenting Classes
• Household Budgeting Classes
• Kadoshin Karate
• Learn to Draw / Art Shows
• Dancing With Our Elders
• Bicycle Repair Workshop
• Strengthening and Conditioning
• Jobs Club
• Ice Cream Socials
• Conscious Minds
• Knitting and Crocheting
• Community Meetings
• Health Screenings
• Insurance Sign-Ups
• Public Computers & Phones
• Household Item and Book Giveaways
• Re-Entry Opportunities Toward Success (ROOTS)
• Health and Wellness Programs
• Kwanzaa Celebration
• Annual Giffen Elementary School Holiday Concert
• Community Gardens
• VITA Tax Preparation
• Financial Literacy
• Women of Voices
• Women of Peace
• Nubian Ski Club
• Fatherhood Group
• Rhythm of Life Dance / Yoga
• Nutrition Outreach
• African Cooking Classes
• Community Dinners
• Conscious Renaissance
• Teen Esteem Youth Empowerment
• Kinship Care
• Safety Counts
• Devine Entities Fashion Show
• School Supplies Giveaway
• Basketball Tourney
• Woman’s Group
CARE UPDATE

The CARE (Crafts, Arts, Recreation and Education) After School and Summer Camp Program is one of the first New York State accredited, non-school affiliated, after school program for children and adolescents, ages 5-12. More than 80 children at Trinity Place and Arbor Hill are given the opportunity to come to a safe, nurturing environment, receive homework assistance, a healthy snack, and participate in activities that leads to happier, healthier children and families.

The CARE program is funded by the Albany County Department of Youth and Family Services, the Albany County Youth Bureau, the City of Albany, the United Way of the Greater Capital Region, Stewart’s Shops, the National Grid Foundation, OMNI Development Company, Inc., and private donors. It does truly take a village.

2014 was a special year for the children in this program, as we sought out activities that would keep their minds and bodies enriched and active. Activities such as learning about the importance of saving via a fun financial literacy “class” with our friends at Citizens Bank, gardening with Cornell Cooperative Extension Master Gardeners Ed Wilson and Christine Salpin, all kinds of cultural dancing with Carlos Osario, who oversees Trinity’s Dancing With Our Elders program for seniors, and countless pieces of art that are showcased throughout Trinity’s buildings.

STEM (Science Technology Engineering and Math) activities were introduced in 2014, much to the delight of our children! RPI undergrads visited us with lego robotics, SUNY Polytechnic Institute College of Nanoscale Science and Engineering brought NanoScience projects for us to tinker with, and GLOBALFOUNDRIES spent the day guiding our children through experiments involving robotics, natural power and sustainability, and taught them how to
CARE UPDATE
(CONTINUED)

get in (and out of) clean “bunny suits,” so they could become engineers for a day!

WNYT Channel 13 interviewed our girls, and featured them as part of their ongoing STEM coverage, much to the delight of the young ladies in our program. Each summer, Trinity Alliance sends our CARE Summer Camp participants on two fun, yet educational fieldtrips. In 2014 we had the pleasure of going to the New Jersey Liberty Science Center and the Bronx Zoo, funded in part by the annual Gala’s “Giving Tree.” Many times, these fieldtrips are the only opportunity our children have to see the world around them, and experience the wonderful learning opportunities our region is rich with.

In October, we celebrated Halloween with a costume party! We were treated to princesses, superheroes, public servants, animals and so much more.

The CARE program is vital to the health of our neighborhoods. Studies have shown that children who stay active via exercise, including active play, outdoor adventure, team sports and dance, not only boosts energy and keeps weight in check, but also helps prevent substance abuse as the children enter young adulthood. Keeping a child’s mind active, especially during the summer months, keeps them with the habit of learning. Our children have so much fun that they don’t even know that they are learning, and for that, we are very proud. Integrating education, lots of physical activity and all the other stuff that children love to do, has created the signature CARE program at Trinity Alliance.

~ Greg Foskey, Director of CARE
G.Foskey@ta-cr.org
CSCC UPDATE

On October 6, 2014 Trinity Alliance ushered in a new approach to higher education, through the tireless assistance of our many community and education partners, with the grand ribbon cutting and opening of the new Capital South Campus Center (CSCC) located in Albany’s South End on 20 Warren Street! The mission of the CSCC is to raise the median income of the residents who live in the city and county of Albany. The CSCC will reverse the trend known as “generational poverty” and will become the driving force of education, economic development and entrepreneurial innovation in the inner city, which will form the basis of a nationally significant model.

In its first several months of operation through Instant Admission events, the CSCC has doubled the number of ESL (English as a Second Language) students, added an adult basic education class, increased participation in the HSE (High School Equivalency, formerly GED) classes via the Albany Literacy Zone, and worked with higher education partners to offer certifications and college credit courses.

The IT equipment that makes the CSCC run in full operation was provided by the Albany Housing Authority, who is also the owner of the physical building.

The future is bright for the CSCC and our students, as Trinity Alliance continues to monitor and adjust to the community’s need for education services and workforce development!

~ James Thomas, Director of the CSCC
J.Thomas@ta-cr.org

Capital South Campus Center
Advisory Council

James Thomas
CHAIRMAN

Dr. Martha Asselin
D. Spencer Carter, Jr.
Pastor James D. Davis
Michael Fancher
Chris Fernando
Jeff Gambrell
Carolyn Snyder Lemmon
Lucille A. Marion, Ph.D.
Honorable John T. McDonald III
Honorable Carolyn McLaughlin
JoAnn Morton
Patrick O’Donnell
Sandy Paben
Greg Stapleton
Willie White

Capital South
Campus Center
Education Partners

Bryant and Stratton College
Capital District Child Care Coordinating Council
Capital Region BOCES
City School District of Albany
Educational Opportunity Center
Empire State College
Excelsior College
Hudson Valley Community College
Maria College
Sage College
The College of Saint Rose
Siena College
Schenectady Community College
SUNY Polytechnic Institute College of Nanoscale Science & Engineering
University at Albany
University Center for Academic and Workforce Development

Capital South
Campus Center
Community & Business Partners

Arnoff Moving, Storage & Rigging
AVillage….Inc.
Albany Housing Authority
Mansion Hill Neighborhood Association
Nobel Gas Solutions
Parsons Child & Family Center
Radix Ecological Sustainability Center
South End Neighborhood Association
SEFCU
Simmons Machine Tool, Corp.
Victory Child Care
Apart from having a roof over your head, what could be more important than access to basic, healthy food? Yet for families with limited income, that very thing can be the source of stress. Enter the Trinity Alliance Emergency Food Pantries! Trinity’s Food Pantries, located at Trinity Place and the Arbor Hill Center, are funded in-part by the Hunger Prevention and Nutrition Assistance Program (HPNAP), the Regional Food Bank, SEFCU, Stewart’s Shops and Ryan’s Produce.

While the pantries are meant for those in dire situations - a lost job, victims of fire, and/or a family that lost their food stamps - no local family is turned away, and all you need to apply for assistance is an ID Card and proof of address. Those in need will receive an assortment of food goods including milk, cheese, eggs, butter, canned goods, proteins, breads and fresh produce. Those we serve also receive recipes to make healthy meals with these ingredients. Our consumers are allowed 1 or 2 visits every 30 days, and will receive three days worth of food for each member of their family. Other household items such as kitchen supplies, hygiene products, diapers and formula are also available. Trinity’s Food Pantries distributed more than 100,000 meals to those in need in 2014.

In 2014, Trinity’s Food Pantry also participated in 12 Mass Food Distributions, divided between the Arbor Hill Center and the Salvation Army parking lot on South Ferry Street. These food distributions, which took place during the summer months, allowed us to give out more than 70,000 pounds of fresh fruit and vegetables, for approximately 3,600 individuals and families!

Many of our Food Pantry consumers need assistance and guidance in other areas of their lives, and we are able to refer them to Trinity’s Family and Neighborhood Resources Centers for help.

Donations of dried and canned goods and personal items are always accepted and are in constant need for our consumers. Donations can be made at both Trinity Place and the Arbor Hill Center.

~ Marandy Mallory, Director of the Food Pantry  
M.Mallory@ta-cr.org

**FOOD PANTRY HOURS:**

**Trinity Center**
- Monday - 10am to 12noon AND 1pm to 4:30pm
- Tuesday - 10am to 12noon AND 1pm - 4:30pm
- Wednesday - 11am to 2pm AND 3pm - 6:30pm
- Thursday - 10am to 12noon AND 1pm - 4:30pm
- Friday - 10am to 12noon AND 1pm - 4:30pm

**Arbor Hill Center**
- Monday - 10am to 12noon AND 1pm to 2:30pm
- Tuesday - 10am to 12noon AND 1pm to 2:30pm
- Wednesday - 10am to 12noon AND 1pm to 2:30pm
- Thursday - 10am to 12noon AND 1pm to 2:30pm
- Friday - 10am to 12noon AND 1pm to 2:30pm
Trinity’s Family & Childhood Early Enrichment and Family Reimbursement programs are funded by the New York State Office for People with Developmental Disabilities. In 2014, we provided funding via the reimbursement program, in excess of $20,000 for 68 families in the community who are caring for a family member at home who has a developmental disability. Requests were submitted by each of the families and reviewed by a committee. The types of goods and services which were funded included clothing, appliances, furniture, technology, summer camp, emergency heating costs and rental assistance. The Early Enrichment program provided services for 71 children and their families in 2014. The families we served have a child, from the age of birth to four years old, who may have a developmental delay and/or may be in need of further evaluation. Often, these family units may have one or more parent who has a developmental disability. Our staff conducts home visits to provide educational support services, through educational play. Although this is work...it is also fun! A variety of toys are brought in to the home and we sit on the floor and interact with the child. Not only is the child developing his/her own skills, but parent(s) are also learning ways to interact with their child in a positive, fun manner.

The Race to 10,000, was founded in 2010 by Michele O’Neal and the Community Foundation for the Greater Capital Region as a way to bring awareness to parents as their child’s first teacher in the area of Early Childhood Literacy. It is an activity-rich 10 week program that involves the entire family in building a child’s vocabulary and communication skills. Families meet twice a week, working from a comprehensive curriculum, with fun and educational field trips to places like the Albany Public Library, the NYS Museum and to a local grocery store. Books were given for all of the families at the conclusion of each group session. All parents who participated in the program, reported growth in their child’s vocabulary and communicative understanding. They are reading to their children more frequently than they had prior to their participation in the program, and that is a huge step in bridging the language divide.

On two separate occasions, consumers have expressed that our staff were “angels sent from heaven” and they don’t know what they would have done without them. They were isolated and felt helpless prior to our involvement. It is that type of connection and seeing the progress and the developmental milestones reached in the children we serve that makes this work all worthwhile!

~ Nancy Lonczak, Director of Early Childhood Services

N.Lonczak@ta-cr.org
Prevention at Trinity Alliance is a home-based program with teams consisting of a clinician and service navigator. The goal of Prevention is to keep families facing child abuse or neglect, truancy and other improvable behaviors together, assisting them in navigating services and providing individual and family therapy to help them be as healthy and strong as possible.

In 2014 we worked with 121 families and 311 children. We meet our families within 24 hours of receiving a referral from Albany County Department for Children Youth and Families. Throughout the year, we helped families who were homeless obtain safe and permanent housing, while advocating to keep others from losing their homes. We helped families pay their electricity bills, their rent and obtain furniture. Our staff helped consumers obtain food from Trinity’s two food pantries when families were in need of emergency food. Often times, we were asked to work with families in which the children are currently in foster care, with the goal to reunite the family with the child. Prevention was successful in reuniting several families in 2014. This is one of the most rewarding aspects of what we do in this vital department.

Prevention helped those youth who came to us with truancy issues already involved with the probation department, not penetrate further into the juvenile justice system. We helped youth and adults get connected with positive leisure time activities including using Trinity’s own CARE After School program and Trinity’s Early Childhood Services program, as well as the services and programs from a multitude of agencies we partner with. We also helped youth and adults obtain and maintain employment and create sustainable household budgets. Some of the youth we served attended our youth anger management program, which has led to the development of an adult anger management program in order to provide continuous service. Trinity’s Prevention program places special emphasis on working with Community Fathers, Inc.

Working in the Prevention Department and having the opportunity to work with so many families and children is an awesome responsibility. It is most rewarding and humbling for the entire Prevention Staff.

~ Lynn Asvestas, Director of Prevention
LASvestas@ta-cr.org

Prevention Programs

- Case Management
- Clinical Services
- Family Team Conferencing
- Target Anger Management - Teens and Adults
- Parenting Classes
- Trauma Recovery
The Homer Perkins Center’s primary goal of residential treatment for individuals living with alcohol and substance use disorders, is to foster personal growth. This is accomplished by changing an individual’s lifestyle through a community of concerned people working together to help not only themselves, but each other. Throughout 2014, the Homer Perkins Center maintained full capacity of our 20-bed facility. The staff has been maximizing and individualizing services to residents, and as a result many of our residents are completing their full 12-month treatment and rehabilitation, and are being discharged successfully. Many have gone on to acquire full time meaningful employment or pursue their academic goals.

We had our 2014 inspection by the Office of Alcoholism & Substance Abuse Services (OASAS) on April 2. For the third year in a row, we had to complete only minor facility maintenance tweaks, which is a testament to our staff and crew! Our maintenance crew and residents had a tough winter and worked together to keep the facility snow and ice-free. Our team noticed that our neighbor and his wife were suffering from physical complications, and took it upon themselves to maintain their walkways and driveway as well.

The policy and procedural manual (OASAS regulations) continues to be updated to ensure all staff is properly trained to do their work effectively, and with compassion for our residents. New groups and classes are offered for staff, concentrating on trauma-informed work with the mentally ill (utilizing evidenced based practices) and Trinity Alliance continues to work on developing programs that are an inclusive of the sanctuary model. Trinity is preparing for the Medicaid design model that is being implemented by OASAS in 2015.

On October 9, we celebrated the 22nd Annual (and final) Homer Perkins Graduate Recognition Dinner at the Shaker Ridge Country Club in Albany. This dinner, presented by our friends at First Niagara Bank, is a celebration of our residents who have successfully completed treatment in their steps to recovery at our facility. We were honored to have Mr. Charles Smoot, Albany County Coroner, as our 2014 Homer Perkins Center Alumnus of Distinction. Mr. Smoot gave a powerful and inspirational speech to our graduates, their families, staff and guests about sobriety and how to reclaim your life after treatment.

The face of recovery is constantly changing and evolving, especially with the heroin and opiate crisis upon us. It’s a long, hard road of personal dedication, empowerment and love for oneself that creates change. Our residents live for one minute, one hour, one day, one month, one year at a time...so they can finally live one lifetime clean and sober.

~ Grace Smythe-Young, Director of Homer Perkins
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Many adults and youth in our community are struggling with the burdens engendered by economic conditions, unemployment, under-employment or other life challenges.

Family members face housing, education, employment, mental health, interpersonal, familial, resource, health and wellness challenges today. Many times these individuals lose all hope and become despaired. With support and assistance, a gentle reminder of past success or a firm voice of support, encouragement and advocacy, hope can be reinstated in the form of a trusted relationship and a shoulder to lean on.

This is where Trinity Alliance’s Settlement House Advocacy and Resource Program (SHARP) steps in.

Settlement Houses were important neighborhood institutions in the late nineteenth and early twentieth centuries in the United States. Trinity Alliance of the Capital Region started as a Settlement House in 1912, and has grown into the human service provider it is today, because of the roots we have planted in the City of Albany.

Trained support workers and advocates working with both adults and youth, actively seek out those who are struggling in the community and in places where individuals who face challenges may congregate. Often times, Trinity Alliance staff may meet these individuals when they visit one of our vast array of programs, seeking assistance on their own, for an issue they have tried to solve on their own, but have been unsuccessful.

No matter what the meeting place is, SHARP staff members are there to lend a listening and empathetic ear. They are ready to roll up their sleeves and work to manage crisis, advocate, make connections, navigate complex systems, add hope and empower these same individuals to get on the road to recovery, personal empowerment and/or success.

Whether a person needs counseling to overcome a traumatic experience that hinders them or help with the completion of financial aid forms to get into community college, Trinity’s SHARP workers will do the job.

~ Andre Morris, Director of Re-Entry Services
A.Morris@ta-cr.org
Trinity Alliance’s Albany Cure Violence Department is an anti-violence program aimed at reducing gun violence by using trained outreach workers to interrupt potentially violent situations. “Cure Violence” is a national model of prevention, created in Chicago and rolled out in cities across the United States.

We respond to violent assaults and shootings, while working with schools, law enforcement, local officials, faith-based organizations, allied social service entities, local practitioners and the community to create safer neighborhoods. We work together to build relationships, gather information, and mediate conflicts that prevent violence. Our staff also provides proactive case management services to high risk individuals, as well as interventions for gang activity and/or high risk youth within the city of Albany. We mentor and direct high risk youth into making better decisions that will aid in a healthy lifestyle.

Our outreach workers have referred and accompanied people to the Capital South Campus Center to enroll in college courses, used the ATTAIN Lab, and met with the workforce development coordinator for assistance with writing a resume and learning interview “soft” skills.

All Cure Violence outreach staff carry an Albany Medical Center (AMC) badge and respond to the emergency room when a shooting or violent act has occurred. We become the first point of contact in the hope of redirecting individuals from retaliation and follow that up with mindful communication to encourage people into a lifestyle without violence. Our partnership with AMC has grown substantially, and that is due to their belief and support of our mission.

On February 13, 2014 several of our high-risk teens received a nationally-recognized training certificate from ATSCO Products, and in April we rallied the community to participate in the first ever “A Walk to Cure Violence.” The walk saw more than 200 supporters. The walk began at our Albany Cure Violence office on Clinton Avenue, and ended at Albany’s beautiful Washington Park.

At the end of 2014, Trinity Alliance was awarded a contract to bring Cure Violence into the city of Troy, an area fighting the violence epidemic. This program will commence in mid-2015, and will be the first Trinity Alliance program to set up shop outside of the City of Albany!

~ Clarence Jackson, Director of Albany Cure Violence

C.Jackson@ta-cr.org
Trinity’s Re-Entry Services Program is a platform that provides a 12 session curriculum for adolescents of both genders, ages 16 to 20 years, while they are incarcerated in the Albany County Correctional Facility. As part of the program they make a plan for a new life when they get released from incarceration. Each individual formulates a year-long post-release plan to help them return to school, address mental health or substance use disorders, find housing if necessary, prepare for employment and family reunification, all with the help of Trinity staff. The goal is to prevent a return to the criminal justice system, which is a significant drain on resident tax dollars.

When an individual is able to put jail behind them, the factors or causes that led them to incarceration may still play a significant role in their lives. Re-Entry Services, or “Jail Transition” provides a tool to avoid the lure of gangs, drugs and negative street culture. The program replaces those complications with more productive thinking and behaviors using a nationally recognized curriculum called “Thinking for a Change.” It begins while the individual is still in prison, with meetings three days a week conducted by Trinity Re-Entry staff. Towards the end of their incarceration, the individual receives individual one-on-one counseling and hears from community providers and speakers from a similar background – who bring success stories to inspire them to lead healthier lives.

Each session last four weeks, with 12 to 15 members in any one class. The work continues upon their release, with supportive services and referrals to others who can help them stay on a healthy course.

The Re-Entry program pre-release and post-release services include: crisis intervention, case management, advocacy, individual and group counseling, employment/education/substance abuse assistance, anger and conflict management, life skills and peer support towards more positive thinking and social interaction.

The Re-Entry Program has collaboration with community providers that are key components to re-entering home and community life with a positivity - i.e.; treatment providers, gang prevention specialists, educational programs, mental health services, probation and parole, county and city courts, along with trauma informed resources. The participants have a case manager that assists in the pre and post release program phases. Daily consultations and individual sessions with the case manager, along with case conferences, is where progress is monitored and measured.

The use of “Thinking for a Change” and the introduction of curriculum based employment readiness program called “Ready, Set, Work” educates and empowers the participants to invest in themselves and begin to live a healthy lifestyle in order to become productive members of our community and to reduce recidivism.

~ Andre Morris, Director of Re-Entry Services

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Trinity Alliance of the Capital Region

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