Medical Image of the Week: Duodenal Obstruction Secondary to Superior Mesenteric Artery Syndrome

Figure 1. Massive dilation of the gastric body with extension into the pelvis.

Figure 2. CTA demonstrating an acute aortomesenteric angle with the duodenum compressed.
The patient was a 46 year-old woman admitted for accelerated hypertension. Several days into her hospital stay she reported new complaints of progressive abdominal pain, vomiting, and constipation. An abdominal radiograph confirmed severely dilated bowel and a subsequent CT scan of the abdomen was unable to identify a cause for bowel obstruction. Endoscopy was performed with successful entrance of the first part of the duodenum. MRI of the abdomen with contrast was ultimately able to delineate an obstruction of the third part of the duodenum between the superior mesenteric artery and the aorta.

Superior mesenteric artery syndrome is a rare but recognized cause for duodenal obstruction. Patients may present with intermittent or progressive epigastric pain, nausea with bilious vomiting, and early satiety. Medical management is largely conservative with gastric suctioning and pain management, with definitive treatment being surgical correction of the aortomesenteric angle.

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References