

# The Explained Variance and Discriminant Accuracy of APACHE IVa Severity Scoring in Specific Subgroups of ICU Patients

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## **Abstract**

**Objective:** The Acute Physiology and Chronic Health Evaluation (APACHE) is a severity scoring system used to predict healthcare outcomes and make inferences regarding quality of care. APACHE was designed and validated for use in general ICU populations, but its performance in specific subgroups of ICU patients is unproven. Quantitative performance referents for severity scoring systems like APACHE have not been established. This study compares the performance of APACHE IVa in several common subgroups of ICU patients to the performance of APACHE IVa and a referent scoring system applied in a general ICU population.

**Design:** Observational cohort.

**Setting:** Seventeen ICUs.

**Patients:** Adult patients meeting criteria for APACHE IVa scoring.

**Intervention:** We designed a “two-variable severity score” (2VSS) to provide “weak” reference values for explained variance ( $R^2$ ) and discriminant accuracy to use in our comparisons.  $R^2$  and AUROC were calculated for 2VSS and APACHE IVa outcome predictions in the overall cohort, and for APACHE IVa in *subgroups* with sepsis, acute myocardial infarction, coronary artery bypass grafting, stroke, gastrointestinal bleeding, trauma, or requiring mechanical ventilation. APACHE IVa subgroup performance was compared to APACHE IVa and 2VSS performance in the overall cohort.

**Measurements and Main Results:** APACHE IVa out-performed 2VSS in our cohort of 66,821 ICU patients ( $R^2$ : 0.16 vs 0.09; AUROC: 0.89 vs 0.77). However, APACHE IVa performance was significantly diminished in subgroups with sepsis, coronary artery bypass grafting, gastrointestinal bleeding or requiring mechanical ventilation compared to its performance in the overall cohort analysis. APACHE IVa performance in patients undergoing CABG ( $R^2$ : 0.03, AUROC: 0.74) failed to surpass 2VSS performance referents.

**Conclusions:** The performance of severity scoring systems like APACHE might be insufficient to provide valid inferences regarding quality of care in select patient subgroups. Our analysis of 2VSS provides quantitative referents that could be useful in defining acceptable performance.

## Introduction

The Acute Physiology and Chronic Health Evaluation (APACHE) has undergone iterative refinement over the past 40 years and is currently the most widely used severity scoring system in the United States (1-3). APACHE provides a score based on the patient's age, vital signs and laboratory values on the first ICU day and chronic health conditions. This score is used in combination with the patient's admission diagnosis and other information to calculate predicted hospital and ICU mortality and length-of-stay (LOS), and days of mechanical ventilation. Ratios derived from these calculations, such as the standardized mortality ratio (observed/predicted mortality) and observed/predicted LOS are used by the Centers for Medicare and Medicaid Services, managed care plans, health insurance plans and consumers to benchmark and compare the quality of care provided by physicians, hospitals and healthcare systems. APACHE was updated and revalidated using large clinical databases in 2001-2003, yielding APACHE version IV (1,2) and in 2006-2008, yielding APACHE version IVa (4).

The use of severity scoring systems such as APACHE to make inferences regarding quality of care is susceptible to bias if the regression models employed do not adequately characterize severity of illness. This is a particular liability when applied to a different population of patients than those for whom the system was originally developed and validated (3,5). This is likely because the *optimal* set of predictor variables in a severity scoring system is specific to the patient population of interest. The optimal predictor variables for patients with pneumococcal pneumonia might include factors such as prior pneumococcal exposure history, the specific competency of the patient's immune response against pneumococcus, ciliary function of the lower respiratory tract, current cardiopulmonary capacity, and bacterial virulence factors. The optimal set of specific predictor variables in patients with stroke or trauma are likely quite different. APACHE uses a set of predictor variables empirically found to be predictive in heterogeneous populations of general ICU patients, but these may not necessarily provide acceptable severity-adjustment for *specific* subpopulations of ICU patients.

The performance of severity scoring systems is typically assessed using statistical tests that include Pearson's R-squared ( $R^2$ ) - which describes the "explained variance" of the system for prediction of *continuous* outcomes like LOS, and the area under the receiver operating curve (AUROC) - which describes the "discriminant accuracy" of the system for prediction of *discrete* outcomes such as mortality. APACHE IV has yielded an  $R^2$  of 0.21 for LOS prediction, and AUROC of 0.88 for mortality prediction in a cohort of 131,000 general ICU patients (1,2). However,  $R^2$  as low as 0.03 and AUROC as low as 0.67 have been reported for APACHE IV outcome predictions in different reference populations, such as those with surgical sepsis (6,7). The performance of the current version, APACHE IVa, is unpublished for many important subgroups of ICU patients.

It has been proposed that AUROC results in the range of 0.70-0.80 indicate "good" discriminant accuracy, and values in the range of 0.80-0.90 are taken to be "very good" or "excellent" (3,8,9), but these subjective ratings have no clear mathematical

justification. AUROCs as high as 0.80 have been achieved by scoring systems that utilized only 1-3 predictor variables (10-14). It does not seem plausible that so few variables could acceptably characterize the complex nature of severity-of-illness.  $R^2$  and AUROC do not have established and well-justified performance thresholds and are therefore of limited value in determining whether a severity scoring system provides valid inferences regarding quality of care.

Therefore, we first set out to quantify performance thresholds for  $R^2$  and AUROC by designing a severity score which only incorporated two predictor variables, to intentionally limit the explained variance and discriminant accuracy of the system. This method was previously recommended by the RAND Corporation for assessing severity scoring systems like APACHE because it provides a population-specific referent of unacceptable performance to which the system of interest can be compared (10). We subsequently compared the statistical performance of our two-variable severity score (2VSS) to that of APACHE IVa (which incorporates 142 variables) in a large cohort of ICU patients, and in several common subgroups. Our hypothesis was that APACHE IVa would have diminished and possibly unacceptable explained variance and discriminant accuracy in certain specific subgroups.

### ***Methods***

Our Institutional Review Board provided exemption from human research requiring informed consent. Consecutive patients >16 years of age admitted to any ICU in 17 Banner Health acute care hospitals between January 1, 2015 and September 31, 2017 were eligible for inclusion in our cohort of ICU patients. The hospitals ranged from a 44-bed critical access facility to a 708-bed urban teaching hospital in the southwestern United States. The ICUs included general medical-surgical units, as well as specialty-specific cardiovascular, coronary, neurological, transplant and surgical-trauma ICUs. Only the first admission for each patient was included. Patients were excluded if they were admitted as a transfer from another hospital ICU, their ICU LOS was < four hours, or records were missing data required to calculate predicted outcomes using APACHE IVa methodology.

Data used to calculate the acute physiology score (APS) were collected by direct electronic interface between the Cerner Millennium<sup>®</sup> electronic medical record and Philips Healthcare Analytics. The worst physiological values occurring during the first ICU day were extracted electronically for Acute Physiology Score (APS) calculation using commercial software provided by the Phillips eICU<sup>®</sup> program. Chronic health conditions required for APACHE score calculations and admission information needed for calculation of expected mortality (including admission diagnosis) were entered by nurses who staff our critical care telemedicine service. Observed and predicted ICU and hospital LOS, ventilator days, and ICU and hospital mortality were provided by Philips Healthcare using proprietary APACHE IVa methodology (Cerner Corp. Kansas City, MO).

The 2VSS incorporated only the patient's age and requirement for mechanical ventilation (yes/no) and used multiple linear regression for prediction of LOS and ventilator days, and multiple logistic regression for prediction of mortality. In contrast, APACHE IVa incorporates 142 variables (27 in the APACHE score, plus 115 admission diagnostic categories) and uses disease-specific regression models serially revised and revalidated in large patient populations (1-3). The two variables incorporated in our 2VSS have been shown to contribute only 10% of the discriminant accuracy of APACHE IV for predicting ICU mortality (1). Therefore, we posited that the *best* observed AUROC and  $R^2$  achieved by 2VSS in our cohort analysis could reasonably determine referents of unacceptable performance for comparison with APACHE IVa performance in the analysis of our cohort and in specific subgroups.

Cohort analysis: We used APACHE IVa and the 2VSS to predict five outcomes in our cohort of ICU patients: ICU and hospital LOS, ventilator days, and ICU and hospital mortality.  $R^2$  was calculated for LOS and ventilator days, and AUROC for mortality outcomes. APACHE IVa results were compared to those of 2VSS. Differences between AUROC results were determined to be statistically significant by comparison of 95% confidence intervals calculated using a nonparametric method based on the Mann-Whitney U-statistic. The highest  $R^2$  and AUROC achieved by 2VSS in the ICU cohort were used to establish referents of unacceptable performance in all subsequent comparisons.

Subgroup analyses:  $R^2$  and AUROC were then calculated for APACHE IVa outcome prediction in seven subgroups of ICU patients, including those with admission diagnoses of sepsis, acute myocardial infarction, coronary artery bypass grafting (CABG - with or without other associated cardiac procedures such as valve replacement), stroke, gastrointestinal bleeding, trauma, or requirement of mechanical ventilation. The performance of APACHE IVa in each subgroup was compared to the performance of APACHE IVa and 2VSS in the cohort analysis.

## **Results**

71,094 patients were admitted to study ICUs during the study period. Of these, 2,545 were excluded due to ICU LOS < four hours, 1,379 due to missing data required to calculate APACHE IVa predicted outcomes, and 349 due to transfer from another ICU. The remaining 66,821 patients were included in the analysis. The mean age was 65.7 years (SD 16.3). The most common ICU admission diagnoses were: infections 21.0% (16.8 % due to sepsis); cardiac 14.8% (4.6% due to acute myocardial infarction); cardiothoracic surgery 8.8% (3.8% due to CABG); neurological 8.7% (4.1% due to stroke); pulmonary 7.3%; vascular 5.8%; trauma 5.7%; and gastrointestinal 4.8% (4.0% due to GI bleeds), metabolic/endocrine 4.6%; toxicological 4.5%; cancer 3.8%; and general surgery 3.2%.

Table 1 compares the explained variance ( $R^2$ ) and discriminant accuracy (AUROC) of APACHE IVa and 2VSS outcome predictions in the ICU cohort.

**Table 1. Comparison of APACHE IVa to a 2-variable severity score (2VSS) for outcome prediction in a cohort of 66,821 ICU patients.**

Performance Statistic (predicted outcome)	APACHE IVa	2VSS
R <sup>2</sup> (Hospital LOS)	0.26	0.05
R <sup>2</sup> (ICU LOS)	0.16	<b>0.09</b>
R <sup>2</sup> (Ventilator days)	0.11	0.01
AUROC (Hospital mortality)	0.87 (95%CI: 0.86-0.87)	0.74 (0.74-0.75)
AUROC (ICU mortality)	0.89 (95%CI: 0.89-0.90)	<b>0.77 (0.76-0.77)</b>

**Bold font** represents the best performance achieved by the 2VSS by R2 and AUROC.

The highest R<sup>2</sup> achieved by 2VSS was for ICU LOS (R<sup>2</sup> = 0.09) and the highest AUROC for ICU mortality (AUROC = 0.77).

Subgroup results for APACHE IVa are shown in Table 2.

**Table 2. Performance of APACHE IVa outcome prediction in selected subgroups in descending order of discriminant accuracy for ICU mortality.**

Performance Statistic (predicted outcome)	Trauma	Stroke	AMI	Vent	GI bleed	Sepsis	CABG
N	3,903	2,746	2,831	24,628	2,693	11,206	2,746
R <sup>2</sup> (Hospital LOS)	0.13	0.12	0.18	0.17	0.24	0.17	0.11
R <sup>2</sup> (ICU LOS)	0.17	0.11	0.14	<b>0.09</b>	0.14	0.15	<b>0.03</b>
R <sup>2</sup> (Ventilator days)	0.06	<b>0.02</b>	<b>0.08</b>	0.11	<b>0.02</b>	<b>0.06</b>	<b>0.02</b>
AUROC (Hospital mortality)	0.87 (95%CI: 0.85-0.90)	0.86 (95%CI: 0.83-0.89)	0.88 (95%CI: 0.85-0.91)	0.83* (95%CI: 0.83-0.84)	0.81* (95%CI: 0.77-0.84)	0.79* (95%CI: 0.78-0.80)	0.75* (95%CI: 0.68-0.82)
AUROC (ICU mortality)	0.90 (95%CI: 0.88-0.92)	0.88 (95%CI: 0.85-0.91)	0.88 (95%CI: 0.84-0.91)	0.85* (95%CI: 0.84-0.85)	0.85 (95%CI: 0.81-0.88)	0.81* (95%CI: 0.80-0.83)	0.74* (95%CI: 0.66-0.82)

**Bold font** indicates performance statistically no better than the best performance of 2VSS in the ICU cohort.

\*Indicates statistically significantly-reduced performance compared to APACHE IVa in the inclusive ICU cohort (non-overlapping 95% confidence intervals).

Abbreviations: Vent = patients requiring mechanical ventilation; AMI = acute myocardial infarction; GI = gastrointestinal, CABG = coronary artery bypass grafting.

AUROC for APACHE IVa mortality predictions (hospital and ICU mortality) ranged from 0.74-0.90 and were statistically-significantly diminished in subgroups of patients with sepsis, GI bleeds, CABG or mechanical ventilation compared to APACHE IVa performance in the cohort analysis. R<sup>2</sup> for APACHE IVa prediction of ventilator days was less than 0.09 (the performance referent established by 2VSS) in subgroups of patients with trauma, stroke, acute myocardial infarction, sepsis, GI bleeds and CABG. APACHE IVa predictions of ICU LOS, ventilator days, ICU mortality and hospital mortality for patients who underwent CABG yielded: R<sup>2</sup> 0.03, R<sup>2</sup> 0.02, AUROC 0.74 and AUROC 0.75, respectively – all failing to exceed the performance referents established by our cohort analysis by 2VSS.

## Discussion

Our study employed empirically-derived, quantitative referents of unacceptable severity-adjustment performance:  $R^2 \leq 0.09$  and AUROC  $\leq 0.77$ . APACHE IVa significantly surpassed these referents in all comparisons made in the analysis of our inclusive cohort of ICU patients.  $R^2$  values for APACHE IVa indicate that it explains about 15-25% of the variance in hospital and ICU LOS and about 10% of the variance in ventilator days and that it provides discriminant accuracy  $>0.85$  for mortality prediction in this general ICU population. These findings are consistent with previous reports of APACHE IV performance in other large cohorts of ICU patients (1,2,4,15).

However, APACHE IVa performance was significantly diminished in specific subgroups of ICU patients – notably those with sepsis, GI bleeding, requiring mechanical ventilation and undergoing CABG. Values for  $R^2$  for the prediction of ventilator days in several subgroups were as low as 0.02 – *explaining only 2%* of the observed variance in ventilator days. Hospital mortality prediction for patients with sepsis yielded an AUROC 0.79 – barely superior to the referent AUROC of 0.77 achieved by 2VSS, and arguably only because of our large sample size. APACHE IVa prediction of ICU LOS, vent days, ICU mortality and hospital mortality in patients undergoing CABG all failed to exceed the performance referents set by 2VSS.

Few published studies are available to provide meaningful comparisons with the subgroup results from our study. Most describe smaller patient populations outside the U.S. (6,16,17,18). Previous use of APACHE IV to predict outcomes in patients with sepsis reported AUROCs ranging from 0.67 to 0.94 (6,16,19). APACHE IV uses a specific logistic modeling technique and has been specifically validated for CABG patients, but CABG-specific  $R^2$  and AUROC were not reported (20). No previous study compared APACHE IVa performance in subgroups with that in a general population of ICU patients using quantitative performance referents.

Our findings are important because although general severity scoring systems like APACHE IVa are not optimized for use in specific ICU patient subgroups, they are often used in this manner to make implications regarding quality of care (6,16-19,21-26). In addition to the subgroups discussed above, previous studies have employed general severity scoring system to predict outcomes in subgroups of patients with acute coronary syndrome (17), acute kidney failure (21), malignancy (22), organ transplantation (23), ECMO (24), cardiac surgery (25) and survivors of cardiac arrest (4,26). Many of these studies report AUROCs inferior to our 2VSS referent (6,19,20,23-26). Diagnosis-specific scoring systems, such as the Cardiac Surgery Score (CASUS), generally have provided superior discriminant accuracy in the specific subsets of patients they were designed to serve (27-29).

We believe that general severity scoring systems like APACHE IVa are at an inherent disadvantage in the prediction of outcomes in specific subgroups of ICU patients, because they employ *general* predictor variables empirically-chosen to work best in *heterogeneous* patient populations. The APACHE score for example comprises 27

parameters, including vital signs, laboratory values, and specific chronic health items, with a few additional clinical variables added for patients undergoing CABG. As the field of precision medicine has emerged, a rapidly-growing literature describes the use of highly-specific biomarkers, proteomic assays, genomic microarrays and whole-genome sequencing in *disease-specific* outcome predictions (30-38). As the science of precision medicine advances, it's likely that we will develop more precise methods of outcome prediction for specific subgroups of patients that are likely to surpass the performance of general severity scoring systems based only on clinical variables and routine laboratory tests.

Our study illustrates some features of the explained variance and discriminant accuracy of current severity scoring systems. Our finding that  $R^2$  does not generally exceed 0.25 is consistent with the findings of other investigators in regards to other well-validated severity scoring systems (2,11,39). This indicates that less than 25% of the between-patient variability in ICU or hospital LOS is explained by current scoring systems. There are two possible explanations for this finding. Either current severity scores are not well-designed to predict LOS, or LOS is inherently not very dependent on severity-of-illness. Our findings imply that ratios of observed/predicted LOS, or observed/predicted ventilator days calculated using current severity scoring systems, may be vulnerable to significant residual bias.

The differences in the discriminant accuracy achieved by 2VSS and APACHE IVa were surprisingly narrow (e.g., AUROC 0.77 vs. 0.89 for ICU mortality), suggesting that the relationship between AUROC and system complexity is non-linear. We recently performed a Monte Carlo simulation that showed that AUROC increases quadratically in diminishing increments as explanatory power is added to a mortality prediction model, and that the model can achieve an AUROC of 0.85 when only *half* of important predictor variables have been incorporated (40). This suggests that even the best current severity scoring systems, achieving AUROCs near 0.85, may leave many important aspects of severity-of-illness unaccounted for.

Based on our study results and review of the literature, we suggest that an AUROC  $\leq$  0.80 represents unacceptable discriminant accuracy in relation to severity scoring systems. This proposition is more conservative than previously-described subjective rating scales (3,8,9), but consistent with published examples of severity scoring systems that are inherently unlikely to yield acceptable discriminant accuracy. Systems incorporating only 1-3 variables have achieved AUROCs of 0.70-0.80, including one *intentionally*-designed to perform poorly (AUROC 0.70) (10), and others based only on: categorical self-assessment of health (i.e. as poor, good, excellent) (AUROC 0.74) (12), age (AUROC 0.76) (13) or hypotension, tachypnea and altered mentation (AUROC 0.80) (14). Furthermore, a model based only on administrative variables yielded an AUROC 0.81 (41) despite the inaccuracies inherent in such data (42).

Our proposed performance threshold for AUROC implies that organ failure scores, such as the sequential organ failure assessment (SOFA) and the multiple organ dysfunction score (MODS), generally fail to provide acceptable discriminant accuracy (43,44) to

mitigate bias in outcome comparisons used to make inferences regarding quality of care. Outdated versions of severity scoring systems, such as the mortality probability model (MPM) and APACHE II, may achieve discriminant accuracy in the marginal range, with AUROCs of 0.80-0.84 (3,14,45). Well-designed contemporary severity scoring systems, such as APACHE IV, MPM-III, the simplified acute physiology score (SAPS-3), the Veterans Affairs intensive care unit risk adjustment model (1,3,5,9,15,46,47) and several newer machine-learning models (48,49) generally achieve AUROCs ranging from 0.84-0.89 when applied to general patient populations for which they were designed and validated.

### **Conclusions**

Our study suggests that the explained variance and discriminant accuracy of general severity adjustment scoring systems like APACHE might be significantly reduced when they are used to predict outcomes in specific subgroups of ICU patients, and therefore caution should be exercised in making inferences regarding quality of care based on these predictions. Further studies are needed to establish absolute performance criteria for severity scoring systems.

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### ***Author's contributions***

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**Guarantor taking full responsibility for integrity of the study:** RAR

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### ***Abbreviation List***

2VSS: two-variable scoring system  
APACHE: Acute Physiology and Chronic Health Evaluation  
APS: acute physiology score  
AMI: acute myocardial infarction  
AUROC: area under the receiver operating curve  
CABG: coronary artery bypass grafting  
CASUS: cardiac surgery score  
GI: gastrointestinal  
ICU: intensive care unit  
LOS: length of stay  
MODS: multiple organ dysfunction score  
MPM: mortality probability model  
RAND (corporation): research and development  
R<sup>2</sup>: Pearson's coefficient of determination  
SAPS: simplified acute physiology score  
SOFA: sequential organ failure assessment