



Rotary



DISTRICT 7670



District Governor Newsletter Volume IV

Billi Black, District Governor

October 2015

My Fellow Rotarian Friends,

I have just had the pleasure of refreshing my Rotary spirit with my fellow District Governors, and I am struck again by the Power of Rotary and the friendships we make within our Rotary Family.

We are almost 1/3 through the Rotary year!

If you have not registered for the Foundation Banquet November 7th at the DoubleTree in Asheville, please do so today. Go to DaCDB.com/Calendar. November 7th and Register. You lit up our District with your Foundation Giving in 2014-15 – Let's celebrate!

Registration for the District Conference, "The Greatest Gift – Rotary" will go live January 15th. Reserve the date, June 10-12, 2016 Kingsport, Tennessee.

Please send in your Polio donations of \$20 per person this month so we can complete the job. Folks around the world are celebrating our successes and cheering us on!

Continue to serve in your communities and around the world. The World Health Day in Ghana is finished and was a resounding success – thank you for your donations. Invite a friend to serve with you today.

Many hands make light work – Let's bring more new Rotarians into our clubs and share the greatest Gift – Service Through Rotary!

Remember, you are the power behind the Gift of Rotary! Thank you.

Yours in Rotary Service,

Billi Black

I am a huge believer in giving back and helping out in the community and the world. Think globally, act locally I suppose. I believe that the measure of a person's life is the affect they have on others.

– Steve Nash

October — Community and Economic Development Month

The Rotary Club of Franklin members participate by working at The Community Care Clinic of Franklin on Monday evenings. Duties performed by Rotarians during clinic hours included: greeting the patients providing and assisting patients with paperwork upon arrival –i.e. income verification forms, reason for the visit form, and required HIPPA notices Pulling medical charts for return patients, and setting up charts for new patients and scheduling follow-up appointments. A Rotarian volunteer also works during the week to call patients to remind them of their upcoming appointments.

The Rotary Club of Brevard placed a bike rack adjacent to the playground and another near other outdoor amenities in Transylvania County. These racks provide safe storage for bikes and enhance Rotary's image in the community as each has the Rotary's emblem and the club name. The racks were handcrafted by a local craftsman. Parks and Recreation were involved in the layout of the playground, and helped determine the kind of bike racks most suitable for the playground/park and its customers.

The Rotary Club of Cashiers Valley, learning the issues that beset the children in the Big Sisters/Big Brothers program committed to the expansion of Mentors. They learned that many of the children in the program have an incarcerated parent, live in a single parent home, are living below the poverty level and consequently have emotional and / or developmental challenges that affect their education. The expected outcome of this project was to increase the number of BIGS to cover the current children nominated to the program by at least seven and to further the ability for BIG BROTHERS/BIG SISTERS to serve more children in need.

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Ghana Health Project Is Complete!



Ghana Health Project is complete – thanks to the following clubs: Brevard, Burnsville, Highlands Mountaintop, Haywood County, Hendersonville-Four Seasons, Burke Sunrise, and Hickory .

When it comes to Global Health, there is no “them” – only “us.”
Global Health Council



Governor 2018-19 selected by the District.



We are pleased to announce that the Nominating Committee for District 7670 has voted to select Rotarian Isaac

Owolabi to serve as District Governor for Rotary Year 2018-2019.

Isaac is a member of the Rotary Club of Asheville-Biltmore and a Rotarian for 25 years.

He is currently serving the District as Assistant Governor. He was president of his club in 2011-2012 and has served the club and the District in other capacities as well. He and his wife, Abigail, actively support The

Rotary Foundation.

Isaac has a PhD in Management from the University of Minnesota and is currently a professor at Montreat College in Asheville.

He has just returned from the Zone Institute which will help prepare him for the jobs to come.

Following is an update from Jordan Treakle, Global Scholar...



All Aboard!

Rotary District 7770 is sponsoring a Rotary cruise in November 2016 to raise money for Alzheimer’s research and C.A.R.T. (Coins for Alzheimer’s Trust). They invite every Rotarian regardless of club or district affiliation to join in this opportunity. \$100 of each ticket will be donated to C.A.R.T. to fund research to find a cure for Alzheimer’s. Children and non-Rotarians are also invited to participate in this cruise. Deposits are due by November 20, 2015 to guarantee a cabin. The cruise will depart from Charleston on Saturday, November 12, 2016 and return to Charleston Thursday, November 17, 2016. The ship will be the Carnival *Ecstasy*, and the ports of call will be Nassau and Half Moon Cay. Registration can be accomplished electronically using the District 7770 database calendar. District 7770 will credit each district and the local clubs with the contribution to C.A.R.T. equivalent to the participation from the participating district. This is a great opportunity to have a great time, enjoy the fellowship of friends and support C.A.R.T.

I’m writing from the small university town of Wageningen in The Netherlands where I have just started my final semester of coursework. I finished my courses at Humboldt University in Berlin in June, and in the end I really enjoyed both the academics and lifestyle there. The academics focused on environmental economics and agricultural cooperatives, which I found very interested and I think will be part of my future thesis work. Wageningen is a town of only about 3,000 people in the swampy flatlands of central Holland. Wageningen is the top agricultural university in Europe, and I will be focusing on rural sociology courses here until February. The Dutch are very friendly and the university environment is quiet welcoming, so I expect it to be a good, although quiet and rainy, semester with a lot of time in the library.

In July I left Berlin for the Garfagnana valley of central Italy (Tuscany region) for a month of fieldwork doing interviews with small-scale farmers. The program focused on examining innovative projects farmers are implementing to rejuvenate a traditionally depressed agricultural area. Some of the projects we visited included training political



refugees in organic wine production, artisanal beer production with chestnuts (traditionally a staple food of the area), and reintroduction of the indigenous Garfagnana sheep for traditional sheep cheese-making. Overall my time in Garfagnana was quite inspiring, and the opportunity to engage with farmers again was a welcome change from the library and

theory-based coursework of the first two semesters.



Sean Gibson, President of the Rotary Club of Franklin, presented Kimberly Losee, Executive Director of the Community Care Clinic with a \$ 5,000.00 check from the club. The funds making up the \$5,000 donation were \$2,500 from the club with a matching grant from District 7670.



A joint project of the Rotary Club of Caldwell County and the Rotary Club of Lenoir to distribute dictionaries to all 3rd graders in the Caldwell School system is one of the highlights of their year!

Rotary Club of Sylva
 17th Annual Spirit of the
 Smokies Car Show
 with the Smoky Mountain
 Cruisers
 October 31st
 Front Street
 Dillsboro



CART
 Coins for Alzheimer's Research Trust
 A branch of The Rotary Club of Southern US

Scratch and Sniff Test for Early Detection of Alzheimer's Disease?

In two separate studies on the connection between dementia and sense of smell, teams of researchers found that a decreased ability to detect odors in older people, as determined by a common scratch-and-sniff test, could point to brain cell loss and the onset of dementia. The sense of smell is centered in the entorhinal cortex. The entorhinal cortex is one of the brain's most important memory centers. Its main function is to relay messages to and from the hippocampus, which is viewed as one of the major sections of the brain and the epicenter of long-term memory and spatial navigation. The entorhinal cortex is situated in the medial temporal lobe, underneath the cerebral cortex and close to the hippocampus. It is one of the first areas of the brain to be affected by the plaque buildup of Alzheimer's disease.

We measure CART giving from 1 May to 30 April. This is why it is important that clubs submit CART funds quarterly to accurately measure giving by club.

As of **15 October 2015**, here is where the clubs stand in CART giving for a total of **\$23,892.41**:

Total Giving:		
Place	Club	Amount
First	Lenoir	\$3,374.68
Second	Catawba Valley	\$3,048.67
Third	Franklin	\$2,588.47

Per Capita Giving:		
Place	Club	Amount
First	Catawba Valley	\$101.62
Second	Lenoir	\$50.37
Third	Franklin	\$29.41



REGISTER NOW!!!
 FOR THE FOUNDATION BANQUET
 Go to
DaCDB.com>Calendar>November 7th
 and click on the
 Register Now Link.
 Deadline November 4th



Reminder...
 Grants Management Seminar
 Saturday, December 12th
 A-B Tech Community College,
 Main Campus

FOCUS ON POLIO PLUS



Ken Morris, Rotarian from the **RC of Denver/Lake Norman**, spoke at a recent meeting of the **RC of Lincoln** on Polio Plus. His goal was to tell of the history of polio. On his way to the meeting, Ken listened to an interesting story on the radio of a gentleman who was a polio survivor and was crippled by the disease, but managed to obtain his doctrine, teach people to coach others, learn to fly a plane and play the guitar.

Ken googled the history of polio to find 475,000 sites. He learned that during geological digs in Egypt, a plaque was found, which dated back to 1585 and described a priest with a withered leg. In 1789, British physician, Michael Underwood, provided the first clinical description of the disease. In American history, the 1916 break out of polio was probably the most devastating: over 2,000 people died and 6000 were paralyzed. The thought at the time was polio was spread in swimming pools.

Ken encourages all Rotarians to give \$20 per month or more to this very important cause.

Are we able to eradicate Polio? Consider the following from Jim Simmons....

- ◇ Small Pox was eradicated in 1980, the last was recorded in 1977.
- ◇ In 1979 The Rotary Foundation gave a 3H Grant to supply six million doses of the polio vaccine to be use in the Philippines.
- ◇ 1985 Rotary issued an for \$120 million to begin the eradication of polio. In 1988, the PolioPlus fund reached \$247 million.

Rotary has joined WHO, UNICEF, CDC and national governments in a unified program to eliminate the scourge of polio. To date Rotary has contributed \$1.33 billion and countless volunteer hours to help immunize more than two billion children in 122 countries. For every dollar raised by Rotary, up to \$35 million a year, The Bill & Melinda Gates Foundation will contribute two dollars through 2018.

What has happened since 1988?

- ◇ 1988 there were 350,000 new cases of Polio; after immunization began in
- ◇ 2011-India was declared Polio free
- ◇ 2014-last case of polio was recorded in Nigeria
- ◇ 2015- Afghanistan recorded 13 cases, and Pakistan recorded only new 38 incidences of polio.

The biggest problem today is that children are persistently missed as the vaccine is distributed. Analysis show that Afghanistan, Nigeria, and Pakistan have a total of 760,000 children who have never received a drop of polio vaccine. These persistently missed children are being failed by the program and are the key to stopping polio transmission.

What is the future Strategy?

The process is to:

- ◇ eliminate transmission interruption by seeking blanket immunization for children under five.
- ◇ begin surveillance to find and report children with acute flaccid paralysis (AFP)
- ◇ to isolate/identify the polio virus in laboratory
- ◇ map the virus to determine origin of strain

Environmental surveillance involves testing of sewage. Every new case requires quarantine to prevent spread of the disease. A fully engaged/funded program aligned from global, to regional, to provincial, to national levels is needed. Every outbreak in a previously free country requires additional resources

WHILE A SINGLE CASE OF POLIO REMAINS ANYWHERE IN THE WORLD, EVERY UNIMMUNIZED CHILD IS AT RISK. FAILURE TO COMPLETELY ERADICATE COULD RESULT IN 200,000 NEW CASES EVERY YEAR WITHIN TEN YEARS.



Treatment without prevention is simply not sustainable. – Bill Gates, Sr.



Rotary Club of Blowing Rock distributes the \$23,000 proceeds of its 3rd annual Charity Auction to area non-profits. All these great organizations focus on serving the needs of children and families.



plague at the Macon County School Board meeting .

Andrea Chalker was selected as the Rotary Teacher of the Year by the **Rotary Club of Franklin**. Andrea teaches first grade at Highlands School and she has been with Macon County School System for several years. Gary Shields presented her the

HONDURAN DENTIST NOW A STUDENT IN DISTRICT 7670



A few years ago Sonia Gisselle Chinchilla Bardales, resident of San Pedro Sula, Honduras, was asked by a fellow dental student to participate and assist with a medical/dental/optical brigade organized by the **Rotary Club of Asheville**. This occurred in a remote, mountain village several hours from her home. The experience was extremely eye-opening and exhilarating to this young lady. She soon discovered the need in her country for this type of medical intervention. Due to her experience, Sonia got to know Bob Haggard from the club.

When Bob found out several years later that Sonia had graduated dental school, he discussed with her the possibility of doing an internship with an American dentist specializing in orthodontics. This was a possibility that she had only dreamed about. Voilà! Sonia is currently interning with Dr. Joe H Farrar, DMD, who specializes in Orthodontics.

Sonia will be interning for a total of three months. She is well into completing her first month. At the culmination of the internship, she will return to Honduras to further her studies in her chosen specialty—orthodontics. Sonia has wanted to be involved in a profession that enables her to help people. She is well on her way to attaining her goal.

Rotary Clubs continue to Stop Hunger — And Encourage Education.

On Saturday, October 3, 192 people from 20 organizations gathered at Higgins United Methodist Church in Burnsville to assemble 70,044 meals to be shipped overseas. More than \$20,000 was raised! Because the distribution is through

schools to mostly children, the mothers have an added incentive to send their child to school. Education is the ultimate result.

The Rotary Clubs of Spruce Pine and Burnsville have supported SHN since 2006, and hosted packaging events since 2007.



:Left: Alex Glover, Richard Griffin and Arch Woodard;
Right: Danny Woodard, Burt Reed

For the Rotary quilters...



" I am working on my bucket list and can cross off Learning How to Quilt," stated Valdese Rotarian Elsie Whisenant. She presented a program to the **Rotary Club of Valdese** that included the history of quilting throughout the millennia, equipment used in ancient and modern times and various styles of quilts. Some of the interesting

historical notes included the following information. Quilted items have been found in BCE Egyptian tombs. French Knights wore quilted jackets under their armor. The oldest existing European quilts date from the 1400's. Whisenant who began quilting 1½ years ago, also listed hardware used, types of fabric and some of the choices of patterns available.

*He who has health, has hope.
And he who has hope, has
everything. - Proverbs*

#HERE WE GROW AGAIN...NEW MEMBERS...



John LaFontaine
RC of Hickory

Nancy Taylor and Alan Anton
RC of Morganton



Ashley Albers and Joann Biddle

RC of Hendersonville-
Four Seasons

Ken Allen and Tami Ruckman,
RC of Asheville



Wes Berry, Rob Slack, Patrick Blaylock and Stacey Gibson,
Rotary Club of Boone-Sunrise



Bill Baker and Heath Hammond
RC of Franklin

Membership & Attendance for September 2015				
Clubs in District 7670				
Club	Members	Members	YTD-	Per
	7/01/15	Current	Change	Capita
Arden	17	16	-1	\$0.00
Asheville	131	130	-1	\$128.35
Asheville-Biltmore	32	34	2	\$128.35
Asheville-Metro	12	12	0	\$175.00
Asheville-South	37	37	0	\$20.31
Asheville-West	19	20	0	\$66.80
Avery County	17	17	0	\$0.00
Black Mountain	48	54	6	\$62.50
Blowing Rock	58	58	0	\$19.57
Boone	17	18	1	\$0.00
Boone Sunrise	45	49	4	\$0.00
Brevard	36	38	2	\$9.72
Bryson City	29	29	0	\$0.00
Burke-Sunrise	19	20	1	\$6.84
Burnsville	11	11	0	\$0.00
Caldwell County	14	14	0	\$25.00
Cashiers Valley	45	46	1	\$5.34
Catawba Valley	30	29	1	\$78.10
Clay County	10	10	0	\$200.00
Denver/Lake Norman	63	65	2	\$32.38
Franklin	82	82	0	\$68.78
Franklin Daybreak	37	35	2	\$68.78
Granite Falls	15	15	0	\$0.00
Haywood County	29	27	-2	\$31.21
Hendersonville	148	150	2	\$41.66
H'Ville-Four Seasons	35	39	4	\$195.68
Hickory	138	138	0	\$39.13
Hickory Sunrise	23	24	1	\$0.00
Highlands	86	90	4	\$0.59
Highlands-Mountaintop	21	23	2	\$47.62
Lake Hickory (Hickory)	72	74	2	\$25.38
Lenoir	67	66	-1	\$39.55
Lincolnton	84	84	0	\$27.00
Lincolnton - Sunrise	18	17	-1	\$32.94
Madison County	35	35	0	\$11.14
Marion	62	61	-1	\$30.11
McDowell County	16	16	0	\$37.50
Morganton	54	54	0	\$37.04
Murphy	27	27	0	\$29.81
Newton-Conover	66	66	0	\$19.63
Pisgah Forest	43	45	2	\$54.55
Rutherford County	13	13	0	\$0.00
Sherrills Ford-Terrell	18	19	1	\$35.00
Spruce Pine	35	33	-2	\$35.00
Sylva	62	61	-1	\$160.77
Tryon	65	68	3	\$22.25
Valdese	36	39	3	\$0.00
Waynesville	91	93	2	\$22.25
Waynesville-Sunrise	14	13	-1	\$0.00
Attend, Per Capita	2228	2263	35	\$42.18
50 of 50 clubs reporting				