



HOURS OF OPERATION

Hours of operation are subject to change without notice. The current hours of operation are:

Day	Medical Services	Massage	Personal Training	Psychology
Monday	3:00 - 9:00	12:15 - 9:00	7:00 - 7:00	6:00pm - 8:00
Tuesday	9:00 - 3:00	8:00 - 4:45	7:00 - 7:00	10:00 - 8:00
Wednesday			7:00 - 7:00	
Thursday	3:00 - 9:00	12:15 - 9:00	7:00 - 7:00	
Friday	9:00 - 3:00	8:00 - 4:45	7:00 - 7:00	11:00 - 6:00
Saturday	9:00 - 3:00		7:00 - 7:00	
Sunday			7:00 - 7:00	