

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Dr. Glenna Batson, ScD, PT, MA**  
**Professor Emeritus**  
**Independent Scholar & Researcher**  
**Embodied Cognition – Dance Engaging Science**

Glenna Batson, ScD, PT, MA  
18 Abbey Manor  
Roseberry  
Newbridge, Co. Kildare  
Ireland W12 KR12  
085-254-9010 mobile  
045-435364 landline  
[glenna.batson@gmail.com](mailto:glenna.batson@gmail.com)  
<http://glennabatson.com>  
[www.humanorigami.com](http://www.humanorigami.com)

Professor Emeritus  
Department of Physical Therapy  
Winston-Salem State University  
Winston-Salem, NC 27110 USA

Research Associate Professor (2013-present)  
Department of Health and Exercise Science  
Wake Forest University  
Winston-Salem, NC 27109 USA

Independent Scholar & Researcher  
Theoretical and Practice-Based Research areas - Trans-disciplinary approaches to dance engaging science  
Embodied Cognition, Dance and Parkinson's Disease, Motor Imagery, Alexander Technique, and Human  
Origami (Practice-based Research in the Somatics of human developmental movement)

Fulbright Senior Specialist Roster (2016\_2020)

**Education:**

From 1966 - To 1971 BA, History, received June, 1971  
University of Wisconsin, Madison

From 1970 - To 1971 East-West Center grantee, University of Hawaii, Honolulu  
Asian Studies full graduate fellowship; No degree conferred.

From 1977 - To 1978 MA, Dance Education, received June, 1978  
Columbia University Teachers College, New York, NY

From 1982 - To 1983 Certificate Entry Masters, Physical Therapy  
Hahnemann Medical University, Philadelphia, PA

From 1992 - To 1996 Graduate studies in Human Movement Science, University of North Carolina,  
Chapel Hill, Dr. Cheryl Riegger-Krugh, mentor; No degree conferred.

May, 2001 – Sept 2006 Doctor of Science, Physical Therapy Neurology Program, Rocky Mountain  
University of Health Professions, Provo, Utah, USA

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Fulbright Senior Specialist (Re-enrollment May 2016)**

U.S. State Department Fulbright Commission  
Trinity-Laban Conservatoire of Dance, London, UK, 2009  
Universities of Tallinn and Tartu, Estonia, 2011

Licensure Information North Carolina Physical Therapy License #4011 – Active  
Certified Teacher of the Alexander Technique (1989, The Alexander Foundation, AmSAT certified 1996)

**Academic and Clinical Employment Summary (since 1991)**

July 2012	Professor Emeritus awarded
Dec 2010 – April 2011	Professor Department of Physical Therapy Winston-Salem State University
Oct 2006 – Nov 2010	Associate Professor Department of Physical Therapy Winston-Salem State University
June 2004 – Oct 2006	Assistant Professor Department of Physical Therapy Winston-Salem State University
August 2000 - Dec 2003	Assistant Professor Department of Physical Therapy Western Carolina University
From 1996 - To 1997 (full) From 1993-To 1996 (adjunct)	Assistant Professor Department of Physical Therapy Winston-Salem State University
From 1993 - 1999	Adjunct Assistant Clinical Professor Division of Occupational Therapy University of North Carolina, Chapel Hill, NC
Sept 1993 – Nov 1994	North Carolina School of the Arts, Winston-Salem, NC Physical Therapist for the School Performing Arts Coach
Feb 1991 – August 1993	Chief Coordinator, Physical Therapy Department Assistant Clinical Professor – UNC-Chapel Hill Dorothea Dix Hospital, Raleigh, N

**Publications:**

**Books**

Williamson A, Batson G, Whatley S, Eds. *Dance, Somatics and Spirituality: an Anthology of Contemporary Sacred Narratives*. University of Chicago Press. 2014.

Batson G, Wilson MA. *Body and Mind in Motion: Dance and Neuroscience in Conversation*, Intellect/University of Chicago Press, 2014.

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Book Chapters**

Batson G, Wilson MA. Rest and Recovery: Making it Doable for Dancers, Inc. Wilmerding, V. and Krasnow, D., (Eds.), *Dancer Wellness*, Champaign, IL: Human Kinetics Press, 2016.

Batson G. The Alexander Technique and the science of self-regulation. In Health Integrated Training and Education (HITE), *Alexander Technique in Context*, London: UK 2014.

Batson G. Sharing creativity through the mirror neuron system, In, L. Book and D.P. Phillips (Eds.), *Creativity and Entrepreneurship: Changing Currents in Education and Public Life*. Cheltenham, UK: Edward Elgar. 2013.

Batson G. Intimate to ultimate: Somatic architecture of the moving body in its (meta)physical manifestations. In: Williamson A, Batson G, Whatley S, Eds. *Dance, Somatics and Spirituality: an Anthology of Contemporary Sacred Narratives*. UK: Intellect Press, Inc.

Batson G. The Alexander Technique. In Deutsch J, Anderson ES, Eds. *Complementary Therapies for Physical Therapy*. Philadelphia: Elsevier, Inc. 2008.

Batson G. The Alexander Technique. In Wainapel S, Fast D, Eds., *Alternative and Complementary Medicine in Rehabilitation*. New York: Demos Medical Publishing; 2002.

Batson G. Teaching alignment: from a mechanical model to a dynamic systems one. In: Bales M, ed. *The Body Electric: Evolving Practices in Dance Training*. Indiana University Press, 2006.

**Juried Internet Resource Papers**

Batson G. Somatic Studies for Dancers. International Association of Dance Medicine and Science, <http://www.iadms.org>, 2009.

Batson G. Proprioception. International Association of Dance Medicine and Science, <http://www.iadms.org>, 2008.

Batson G. Understanding balance: Applying science to dance training. *Teachers' Bulletin*, International Association of Dance Medicine and Science, 2010;2:14-16.

**Juried Articles**

Batson G (2017), Human Origami –The Folding Continuum of Life Experience, *International Journal of Prenatal and Life Sciences*, 1(1). Pdf available at <http://www.journalprenatalife.com/index.php/prenatal/issue/view/2>

Batson G, Sentler S (2015), Visual and tactile-kinesthetic imagery – a neuro-phenomenological distinction in improvisational dance praxis, *Journal of Dance and Somatic Practices*, December 2017.

Batson G, Hugenschmidt CE, Soriano CT (2015). Cueing improvisational dance: evolving a method for training functional skills for Parkinson's disease. *Frontiers in Neuroscience*, special issue research topic, 'Sound, Music and Movement in Parkinson's disease,' Frontiers in Neurology. <http://journal.frontiersin.org/article/10.3389/fneur.2016.00015/full>

Batson G, Wilson MA. The m/r SEBT - development of a functional screening tool for dance education. *Medical Problems of Performing Artists*. 2014; 29(4): 207-215.

Batson G, Soriano CT, Laurienti P, Burdette J, Migliarese S, Hristov N. Effects of Group-Delivered Improvisational Dance on Balance in Adults with Middle Stage Parkinson Disease: A Two-Phase Pilot

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

with fMRI Case Study. *Physical & Occupational Therapy In Geriatrics*, 2014; 32:3: 188-197.

Batson G, Soriano CT. A model for teaching modern dance to people with Parkinson disease: Ensuring evidence-based outcomes. *Research in Dance Education (special issue Best Practices in Dance)*, 2011; 12(3).

Batson G. Feasibility of modern dance for adults with Parkinson disease: A pilot study. *Complementary Health Practices Review*, 2011; 15 (2):65-83.

Batson G. Exercise-induced central fatigue – A frontier for dance science research. Special Issue on Overuse in Dance Training (invited paper), *Journal of Dance Medicine and Science*, 2013; 17 (3): 92-100.

Batson G, Quin E, Wilson M. Somatics as Science. *Journal of Dance and Somatic Practices*, 2012; 3(1-2): 183-193.

Batson G. Validating a Dance-specific Screening Test for Balance: Preliminary Results from Multisite Testing. *Medical Problems of Performing Artists*. 2010;25(3):110-117.

Batson G: The Somatic practice of intentional rest in dance education – Preliminary steps towards a method of study. *Journal of Dance and Somatic Practices*, 2010;1(2):177-197.

Batson G. Somatic approaches to improving postural control: One teacher's applications to the battement tendu. *Journal of Dance Education*. 2010;10(1):6-13.

Batson G, Smith NA. Contributors to and treatments for postural control deficits in adults with idiopathic Parkinson disease. *Geri Notes, Geriatric Special Section publication of the American Physical Therapy Association*, Fall, 2010.

Batson G: The Somatic practice of intentional rest in dance education – Preliminary steps towards a method of study. *Journal of Dance and Somatic Practices*, 2010;1(2):177-197.

Batson G. Update on proprioception: considerations for dance education. *Journal of Dance Medicine & Science*, 2009;13(2):35-41.

Batson G, Schwartz RE. Revisiting the Value of Somatic Education in Dance Training Through an Inquiry into Practice Schedules. *Journal of Dance Education*. 2007;7(2):47-56.

Batson G. Revisiting overuse injuries in dance in view of motor learning and somatic models of distributed practice. *Journal of Dance Medicine and Science*. 2007; 11(3):70-76.

Batson G, Barker S. Effect of group-delivery of the Alexander Technique on balance in the community dwelling elderly: Preliminary findings. *Activities Adaptation & Aging*. 2008;32:1-18.

Glenna Batson, PT, DSc, MA, Rebecca Feltman SPT, Chris McBride SPT, Jennifer Waring SPT. Effect of Mental Practice Combined with Physical Practice on Balance in the Community-Dwelling Elderly. *Activities, Adaptation, and Aging*. 2007;31(2):1-18.

Batson G, Deutsch JE. Effect of Feldenkrais Awareness Through Movement on balance in adults with chronic neurological deficits following stroke: a preliminary study. *Complementary Health Practice Review*. 2006;11:1-8.

Batson G. Motor imagery for stroke rehabilitation: current research as a guide to clinical practice. *Alternative & Complementary Therapies*. 2004;10:84-89.

Batson G. Benign paroxysmal vertigo of childhood: a review of the literature. *Paediatrics Child Health*. 2004;9:31-34.

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

Batson G. Effect of Feldenkrais Awareness Through Movement on balance and upper extremity recovery in persons with chronic stroke. Abstract. *Neurology Report*. 2004;28.

Batson, G. Feasibility of Feldenkrais Awareness Through Movement for recovery of fine motor function after stroke: a case report. Submitted to: *Journal of Bodywork Movement Therapies*, 2004.

Little CD, Batson G. Reaching patterns, anthropomorphic measurements, and falls among older populations: a pilot study. Submitted to: *Physical and Occupational Therapy in Geriatrics*, in press.

Batson G. Traditional and non-traditional approaches to physical therapy in the performing arts. *Orthopedic Physical Therapy Clinics of North America*. 1997;6:207-230.

Batson G. Conscious use of the human body in movement: the peripheral neuroanatomical basis of the Alexander Technique. *Medical Problems of Performing Artists*. 1996;11:3-11.

Batson G. Joint health in dancers: Identifying risk factors and promoting preventive measures. *Impulse*. 1996;4:8-17.

Batson, G. Osteoarthritis in dance: pathomechanics and prevention. *Impulse*. 1995;3:9-17.

Batson G. Stretching technique: a somatic learning model. Part I. *Impulse: The International Journal of Dance Science, Medicine, and Education*. 1993; 1:5-15.

Batson G. Stretching Technique:A Somatic Learning Model. Part II, *Impulse:The International Journal of Dance Science, Medicine, and Education*\_. 1993;2:18-29.

Batson G. The role of somatic education in dance medicine and rehabilitation. *North Carolina Medical Journal*. 1993;54:9-13.

Batson G. Spinal hypermobility in the dancer: Implications for conditioning. *Kinesiology and Medicine for Dance*. 1992; 14:6-13.

### **Proceedings**

Batson G. The eighty-year legacy of imagery in dance praxis:

From Ideokinesis to embodied cognitive science. Dublin Research Forum Ireland 5<sup>th</sup> International Conference on Dance Legacy 2014 proceedings, Dublin, Ireland, October 2015.

Batson G. (1) Screening for balance deficits in dancers: A multi-site validation of a dance-specific instrument.; (2) Finding support for the spine as a whole: insights from the Alexander Technique; (3) Deconstructing the Battement Tendu: Insights into Postural Control Fundamentals, 19<sup>th</sup> Annual Conference of the International Association of Dance Medicine and Science, The Hague, Netherlands, October, 2009.

Batson G. (1) Proprioception: Update with Relevance to Dance Teachers & Somatic Practitioners Perceptuo-Motor Learning/Dance Kinesiology Teachers Special Interest Group Keynote Speech; (2) Batson G. Stretching to connect, not distract: The Myofascial System; (3) Batson G, Bannister C, Haley-Caudle C, Owens M, Tokunaga A. Balance impairment factors in dancers with and without history of ankle-foot injury: A descriptive study. 18<sup>th</sup> Annual Conference of the International Association of Dance Medicine and Science, Cleveland Clinic, 2008.

Batson G, Barker S. The Alexander Technique: Evidence from research on its effectiveness for training balance in the elderly; and, Batson G. Report on the Neuroscience Panel. 9<sup>th</sup> International Congress of the F.M. Alexander Technique, Lugano, Switzerland, August 2008.

Graviception: Why Alexander Teachers use light touch. 8<sup>th</sup> International Congress of the F.M. Alexander Technique, Oxford, UK, August, 2004.

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Non-Juried Articles**

Barrios M (interview). Dance, Somatics, and Neuroscience. An interview with Glenna Batson about her book, *Body and Mind in Motion*. Contact Quarterly, 41, 2, 2016.

Batson G. Ex-Scribing the Choreographic Mind – Dance & Neuroscience in Collaboration, SEAD network White Paper, Science Engineering Art & Design, 2012,  
<http://seadnetwork.wordpress.com/white-paper-abstracts/>

Batson G. The Embodied Brain. <http://www.watchingdance.org>

Batson G. Neuroplasticity 101: Opening the dialogue for Alexander Technique Teachers. American Society for the Alexander Technique Newsletter, Issue 79, Spring, 2009.

Batson G. Neuroplasticity 101, Part II: Training the brain. American Society for the Alexander Technique Newsletter, Issue 80, Summer 2009.

Batson G. Neuroplasticity 101: Part III: The art of instructions. American Society for the Alexander Technique Newsletter, Issue 81, Winter, 2010.

Batson G. The man who mistook his brain for his self...and other tales of the self from neuroscience. *Direction: a Journal of the Alexander Technique*. 2005; 3(4):19-26.

**Editorial Boards**

Journal of Dance Education (2005 – present)

Journal of Dance and Somatic Practices (2012 to present)

Frontiers in Psychology (July 2015 to present)

**Abstracts (last 6 years)**

Batson G, Sentler S (2015), *The Fold – Embodied Cognitive Processes in Improvisation Movement Workshop*. *Cognitive Futures in the Humanities*, Helsinki, FI.

Batson G, Sentler S (2014), Exploring the Enfolding Body through Two Modes of Imagery – Visual and Tactile-Kinesthetic, *Dance and Somatics Conference*, Coventry University UK.

Batson G, Soriano CT, Laurienti P, Burdette J, Migliarese S, and Hristov N. Effects of Group-Delivered Improvisational Dance on Balance in Adults with Middle Stage Parkinson Disease: A Two-Phase Pilot with fMRI Case Study, Parkinson's World Congress, Montreal, Quebec, October 2013.

Batson G. Somatic Learning and Attention Control: Preliminary Correlations Between Motor Behavior and Brain Network Connectivity, *Dance & Somatic Practices Conference*, Coventry, UK, July 2013

Batson G., Soriano CT, Gonzalez D. Hristov N, Allen L, Chadwell B, Nokolaidis D, and Migliarese S. Effect of improvisational dance on balance and mobility in adults with early-to-middle stage Parkinson disease. North Carolina Physical Therapy Association meeting, Fall 2012.

Laurienti P, Burdette J, Moore A, Batson G, Soriano CT: Case study on effects of improvisational dance on fMRI recordings for an adult with middle stage Parkinson disease. North Carolina Physical Therapy Association meeting, Fall 2012.

Batson G, Wilson MA, Quin E. Somatics as science within dance practice. Presented at *Dance and Somatics Conference*, Coventry, UK, July 2011

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

Wilson MA, Batson G. Clarification of the use of the modified Star Excursion Balance Test, an emergent tool for screening and re-education. Submitted to, IADMS (International Association of Dance Medicine and Science 20<sup>th</sup> annual meeting 2010, Washington, DC)

Batson G, and Wilson MA. Performance strategies in college-age dancers on the modified Star Excursion Balance Test: preliminary quantitative and qualitative findings, IADMS 19<sup>th</sup> Annual Meeting, Birmingham, UK

Batson G. Intentional Rest: Scientific and Somatic Value for the Dancer. Performing Arts Medicine Association Annual Symposium 2010, Snowmass, CO, 2010.

Batson G. Screening for balance deficits in dancers: A multi-site validation of a dance-specific instrument. IADMS, 19<sup>th</sup> annual meeting, The Hague, Netherlands, 2009.

**Creative Submissions**

Lister-Sink B, Batson G. "Freeing the Caged Bird: Principles of Safe, Effective, Aesthetic Piano Technique," Video, 1995. (major contributions to writing text)

Hristov, N., Batson, G., et al. "Coming Together, Dance Improvisation and Parkinson's," video film produced by the Center for Design Innovation, Winston-Salem, NC. Documentary film of 2012 research on improvisational dance and Parkinson's

*Honorable Mention* at the World Parkinson's Congress, Montreal, Canada, Oct 2013.

**Mentored Students**

Trinity Laban Conservatoire of Music and Dance, London, UK (2014)

Masters in Dance Science – 6

PhD in Creative Practice – 2

See copies of anonymous reports submitted for one PhD candidate seen through the entire process)

**Grant Activity:**

2015 Soriano, CT, Principal Investigator, Batson G (Consultant): IMPROVment™: Bringing Improvisational Movement to Parkinson's Communities in North Carolina, Blue Cross/Blue Shield of North Carolina grant, Spring, 2015.

2013- Principal Investigator, co-investigator Susan Sentler

2014 Trinity Laban Conservatoire of Music & Dance, London UK, 2013-2014

Cultivating the Performative Mind: The Effects of Two Types of Motor Imagery on Dancers' Abilities to Improvise, Phase I, March 2013.

Enfolding Body: Enfolded Space: The effects of imagery-based improvisation on enhancing dancers' embodied knowledge of spatial dynamics, Phase II, Nov 2014.

2011-2013

Batson G, Principal Investigator: Effect of improvisational dance on balance and mobility in adults with early-to-middle stage Parkinson disease. Phase I: high speed motion capture study; Phase II, fMRI case study. Grants from Translational Science Center and Laboratory for Complex Brain Networks, Wake Forest University Baptist Medical Center, 2011 to 2013.

Glenna Batson, ScD, PT, MA

Curriculum Vitae

- 2012 Effects of an intensive trial of the Alexander Technique on balance and functional brain connectivity in the elderly: A case series correlating fMRI recordings with behavioral outcomes, American Society for the Alexander Technique research grant, applied.
- 2009 The effect of modern dance on balance in persons with Parkinson disease. Research Initiation Program grant, 2009-2010.
- 2009 Fulbright Senior Specialist residency in lecturing, consulting, and research at Trinity Laban Conservatoire of Dance, London, UK, Jan 5-Feb 18, 2009.
- 2007 Category I Initial Investigator Project Grant for Dr. Sarah Barker, University of South Carolina, as Co-Investigator with Batson: Effect of group-delivery of the Alexander Technique on balance and balance confidence in community-dwelling older adults, Total award:\$10,000.
- 2007 Professional Development Grant, Winston-Salem State University  
Total award: \$1000
- 2004-2005 Professional Development Grant, Winston-Salem State University  
Total award: \$3000
- 2000 - Present Consultant, Integrative Medicine Team, Department of Physical Medicine and Rehabilitation, University of North Carolina, Chapel Hill, School of Medicine in alternative medicine for medical faculty and students.
- 2003-2004 Summer Research Development Grant  
School of Graduate Studies  
Western Carolina University, Cullowhee, NC  
Total award: \$5000
- May, 2001 Vice-Chancellor's Educational Improvement grant  
Purchase of educational materials for PT Management course, co-authored with Dr. Karen Lunnen.  
Total award: \$250
- 1998 Faculty Grant, UNC, Chapel Hill Educational Technology Group  
Development of online tutorial for Occupational Science  
Department, Total award: \$4000  
<http://www.med.unc.edu/mahp/rsi>
- Jan - Feb, 1995 Institute for Studies in the Arts, Arizona State University  
Project Grant: Somatic Choreology:The Dancer's Use of Interactive Technology in Altering the Pathomechanics of Osteoarthritis, Total award for 2-month study grant: \$6000
- 1977 Professional Development Incentive Award, Dance Education  
Columbia University Teacher College  
Total award: \$2000
- 1970-72 US State Department Graduate Fellowship for Asian Studies  
East-West Center, Honolulu, Hawaii  
Total award: \$8000, all expenses paid fellowship



Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Research Activity:**

Principal Investigator - Cultivating the Performative Mind: The Effects of Two Types of Motor Imagery on Dancers' Abilities to Improvise (Phase I, March 2013) and Enfolding Body: Enfolded Space: The effects of imagery-based improvisation on enhancing dancers' embodied knowledge of spatial dynamics (Phase II, Nov 2014)  
Trinity Laban Conservatoire of Music & Dance, London, UK, Susan Sentler, Senior Lecturer of Dance, co-investigator

Batson G, Principal Investigator: Effect of improvisational dance on balance and mobility in adults with early-to-middle stage Parkinson disease. Phase I: high speed motion capture study; Phase II, fMRI case study. Grant awarded by the Translational Science Center, Wake Forest University 2011-2012. Research completed by June 2013.

Batson (Consultant and Honorary Fellow in Dance Science): In the Dancer's Mind: Creativity, Novelty and the Imagination, a 2-year research project on the mental practice of motor imagery in dance improvisation. Consortium: Trinity Laban Conservatoire of Music and Dance, Plymouth University Department of Psychology, University of Coventry Dance Department, Leverhulme Trust, UK (Fall 2014- Fall 2016).

Soriano, CT, Principal Investigator, Batson G (Consultant): IMPROVment™: Bringing Improvisational Movement to Parkinson's Communities in North Carolina, Blue Cross/Blue Shield of North Carolina grant, Spring, 2015.

Principal Investigator - Effects of improvisational dance on balance and mobility in adults with early to middle stage Parkinson disease: high speed motion capture video analysis of motor learning Nov 2011 to Sept 2012.

Principal Investigator - Balance screening in modern contemporary dancers: A multisite validation of a dance-specific measure. WSSU and Laban Conservatoire of Music and Dance, London, UK, 2009.

Principal Investigator - The effect of modern dance on balance and functional mobility in adults with early-to-middle stage Parkinson disease: preliminary findings, 2009.

Student-Mentored Balance impairment factors in dancers: A comparative, descriptive study, completed, July 2008.

Co-Investigator - Effect of group-delivery of the Alexander Technique on balance and balance confidence in community-dwelling older adults, University of South Carolina, Completed July, 2007

Principle Investigator - Effect of group delivery of mental practice of motor imagery on balance in adults post-stroke. Forsyth Medical Center, Winston-Salem, NC, completed May, 2007.

Principle Investigator - Doctoral Studies: Efficacy of Feldenkrais Awareness Through Movement in recovery of balance and upper extremity function in chronic stroke: pilot studies, Western Carolina University (April 2003) and University of North Carolina, Chapel Hill, School of Medicine (Jan 2004). Doctoral Research completed September, 2005) – Effect of group delivery of Feldenkrais Awareness Through Movement on balance, functional mobility and quality of life in adults post-stroke. Completed, March 2006.

Principle Investigator - Comparative reaching strategies between the well-elderly and younger adult subjects. Poster presentation at International Conference on Aging, Disability, and Independence, Washington, DC, 2003.

Subject - Teaching approach was subject of PhD thesis – The Teaching of Modern Dance: What Two Experienced Teachers Know, Value and Do. Sylvie Fortin, BA, MSc, Ohio State University, 1993.

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Continuing Education**

Dec 2015	Inflammation, Chronic Illness and the Brain, INR seminars, Raleigh, NC
Dec 2015	Kinesiology Taping, Myofascial Strategies & Fall Risk Reduction, Medical Minds in Motion, Raleigh, NC
May 2015	Evidence Based Replacement Strategies for Joint Rehabilitation, Summit Continuing Education, Charlotte, NC
May 2014	British Fascia Conference, Windsor, England
October 2014	International Association of Dance Medicine & Science Annual Meeting, Basel, Switzerland
June 2011 (6 hours)	Tom Myers Myofascial Webinar (home study)
April 2007 (20 hours)	NeuroCom Balance Training, Portland, Oregon
October 2009, 2010	19 <sup>th</sup> and 20 <sup>th</sup> annual meetings of the International Association of Dance Medicine & Science, The Hague, Netherlands and Birmingham, UK
Dec 2010 (6 hours)	Relearning Kinesthesia Treatment for Parkinson's Disease & Related Movement Disorders, Raleigh, NC
Dec 2010 (2 hours)	Physical Therapist Clinical Performance Instrument for Students (a self-guided training course)
Sept 2009 ( hours)	Clinical Course in Functional Independence and Balance for the Elderly, Raleigh, NC
Sept 2007 (6 hours)	Virtual Robot Training, Winston-Salem State
Nov 2006 (4 hours)	Visual Dysfunction Following Stroke and ABI: Treatment with NeuroOptometric Rehabilitation, AHEC, High Point, NC
May 2005 (8 hours)	Cardiovascular Disease & Health Assessment Review Wake AHEC, Raleigh, NC
October, 2004 (8 hours)	Treatments and Outcomes of Neurological Disorders and Diseases, Wake Forest University Baptist Medical Center, Winston-Salem, NC
August 2004 (16 hours)	If you Can't Breathe, You Can't Function: Integrating the Pulmonary, Neuromuscular & Musculoskeletal Systems in Pediatric & Adult Populations, Mary Massery, PT, Greensboro, NC
Mar 2004 (16 hours)	UNC Teaching and Learning with Technology Conference, Charlotte, NC
Mar 2004 (8 hours)	Suffering, Strategizing and Succeeding Today's Reimbursement Issues, NCPTA, Duke University Hospital

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

Feb 2004 (6 hours)	Gross Anatomy of Neurologic Disorders, University of North Carolina Chapel Hill, School of Medicine,
July 2003 (8 hours)	Evidence-Based Practice In Management of Spinal Dysfunction, Western Carolina University, Cullowhee, NC, Julie Fritz, PhD, PT
Nov 2002 (8 hours)	CVA Treatment: Simple Trunk Techniques to Achieve Limb Function, Raleigh, NC, Nancy Wolk, OT
Aug 2002 (7 hours)	Tai Chi to Improve Postural Stability: Current Research Western Carolina University, Steven L. Wolf, PhD, PT
Nov 2001 (20 hours)	Dynamic Systems Theory & Pediatrics Feldenkrais Method, Indiana University
Jan 1998 (16 hours)	Fibromyalgia: Innovative Model for Rehabilitation Osa Jackson, PhD, PT, Raleigh, NC
Oct 1997-May 1998	The Mid-Atlantic Feldenkrais Professional Training Program, Baltimore, Maryland (one year only)
Dec 1996 (9 hours)	Physiological Basis of Connective Tissue Rehabilitation Centers for Rehabilitation, Alexandria, VA
Nov 1996 (10 hours)	New Developments in the Rehabilitation of Neurologically Injured Patients, Bowman Gray School of Medicine, Winston-Salem, NC
Oct 1996 (24 hours)	Manual Therapy of Lumbar and Cervical Spines Advance Physical Therapy, Chapel Hill, NC
May 1996 (10 hours)	Ergonomics NCAPTA Meeting, Greenville, NC
May 1996 (10 hours)	Where It All Begins: Fetal & Neonatal Transitions University of North Carolina, Chapel Hill, NC
May 1996 (8 hours)	Spinal Manual Therapy Techniques Mulligan Concept, Charlotte, NC
Jan 1996 (8 hours)	Documenting Functional Outcomes Greensboro AHEC, NC
Oct 1995 (14 hours)	Touch Techniques to Alleviate Pain in the Cervical Spine, Irene Dowd, New York
Apr 1996 (14 hours)	Touch Techniques to Alleviate Pain in the Upper Extremity, Irene Dowd, New York
Mar 1995 (6 hours)	Pilates/Bartenieff Fundamentals:A Synthesis Laban Institute of Movement Studies, New York
Jul 1994 (12 hours)	Total Body Concept Manual Therapy Virginia Beach, VA

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

Jan 1994 (8 hours)	Gait Analysis:Feldenkrais Method Perspective Philadelphia, PA
Oct 1993 (12 hours)	Manual Therapy for the Cervical & Thoracic Spine Fishkill, NY
Aug 1993 (11 hours)	Exercise Training Principles for Osteoarthritis University of North Carolina, Chapel Hill, NC
Sept 1993 (11 hours)	Biomechanical Analysis of Sit-to-Stand & Gait Greensboro AHEC, NC
Feb 1993 (18 hours)	Pilates Training, Elizabeth Larkem St Francis Hospital, San Francisco, CA
Oct 1992 (12 hours)	The Functional Knee, Dr. Terry Malone Triangle Orthopedics, Durham, NC
Oct 1992 (12 hours)	Evaluation of Foot & Ankle Dysfunction Dr. Michael Gross, University of North Carolina, Chapel Hill, NC
Sept 1991 (12 hours)	Evaluation & Treatment of the Spine Duane Saunders, Duke University, Durham, NC
Oct 1991 (18 hours)	Back Education Training Institute for Physical Art, Milwaukee, WI
1990 - 1991 (48 hours)	Craniosacral Therapy I & II The Upledger Institute, Washington, DC

**Graduate Studies in physical therapy, Dr. Cheryl Riegger-Krugh, PT, ScD, Mentor.**  
University of North Carolina, Chapel Hill,

PHYT 377, Fall 1992  
Hip Joint Osteoarthritis in Dancers

PHYT 377, July 1993  
Ankle Joint Cadaver Dissection

PHYT 303, Fall 1993  
Aging & Osteoarthritis in Dancers  
Research project

PHYT 377, Spring 1994  
Aging & Osteoarthritis in Dancers

PHYT 377, July 1994  
Elbow Joint Dissection

HMSC 377, Spring, 1994  
published paper on osteoarthritis

HMSC 292, Fall, 1994  
Developmental Biomechanics

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

HMSC 303, Spring, 1995  
Research Problems in Osteoarthritis

HMSC 377, July, 1995  
Cervical & Thoracic Spine Dissections

HMSC 303, Fall 1995  
Pathomechanics of Osteoarthritis

HMSC 303, Spring 1996  
Alternatives to Pathomechanical  
Movements in Low-Impact Aerobics

HMSC 303, Summer 1996  
Exercising with Osteoarthritis

**Membership In Scientific/Professional Honorary Societies**

Translational Science Center, Wake Forest University  
American Physical Therapy Association - Neurology Special Interest group  
National Dance Education Organization  
International Association of Dance Medicine and Science  
American Society for the Alexander Technique  
Irish Society of Alexander Technique Teachers  
Dance Ireland

**Editorial Board Memberships**

Journal of Dance Education (National Dance Education Organization)  
Journal of Dance and Somatic Practices

**Consultative, Advisory and Director Positions:**

Co-Director and Organizer, 10<sup>th</sup> International Congress for the Alexander Technique, Limerick, Ireland, August 2015

Consultant in Dance Science on Leverhulme Trust Grant, In the Dancer's Mind: Creativity, Novelty and the Imagination, 2-year research project on the mental practice of motor imagery in dance improvisation. Consortium: Trinity Laban Conservatoire of Music and Dance, Plymouth University Department of Psychology, University of Coventry Dance Department, Fall 2014.

Dance Science Program Masters degree curriculum review, Trinity Laban Conservatoire of Music and Dance London, UK, 2009 – 2014.

Consultant, Program in Integrative Medicine, University of North Carolina, Chapel Hill, School of Medicine, part of a 5-year, \$5 million NIH grant to develop education modules for medical school faculty and students, complementary and alternative medicine, 2001-2004

CGFNS International (Commission on Graduates of Foreign Nursing Schools) – Allied Healthcare Subcommittee, 2009-2011

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

**Scientific and Professional Presentations:**

Batson G. The Fold: Performance Training Through a Somatic Lens. Poster Presentation. International Symposium on Practice as Research, Hong Kong Academy of Performing Arts, Hong Kong, December 2017

Batson G. The Fold – Nature’s design for function, fashion, and phenomena. Web presentation. LASALLE College of the Arts, Singapore. Nov 2017

Batson G. Somatics as cultures of critique. Bodily Undoing symposium. Bath Spa University. Sept 2017.

Batson G, Sentler S. Human origami: A somatic tool for dancemaking. Conference presentation. *Movement 2017: Brain, Body and Cognition*, Oxford, UK, July 2017

Kampe T, Batson G. Somatics: an emancipatory pedagogy for the future in dance education. Conference presentation. *Dance Fields: Staking a Claim for Dance Studies in the 21st Century*. University of Roehampton, London UK, Apr 2017.

Batson G. Who’s afraid of dance...or science? Keynote speech, Les Grand Ballets Canadiene, First National Symposium on Dancers Health and Well-Being, Toronto, CA, Nov 2016.

Batson G. ‘Dancers Need Rest’, presentation at *Dance UK Annual Conference, The Future, New Ideas, New Inspirations*, London UK, April 9-12, 2015.

Batson G, Wilson MA: The m/r SEBT - Making Technical Assessment Practical for Dance Educators. 24<sup>th</sup> annual meeting of the *International Association of Dance Medicine and Science*, Basel, Switzerland, October 2014.

Batson G. Qualitative effects of two modes of motor imagery training on improvisational movement: A descriptive study. 24<sup>th</sup> annual meeting *International Association of Dance Medicine and Science*, Basel, Switzerland, October 2014.

Batson, G. Keynote speaker. Transmodernism and the Alexander Technique. *Transmodernism: Integrating the Art & Science of Movement*. University of Wisconsin Departments of Dance & Physical Therapy, Milwaukee, WI, March 2014.

Batson G. Dance for Parkinson’s. *What’s the Big Idea?* Lecture series, Friday Center, University of North Carolina, Chapel Hill, April 2013.

Batson G, Soriano CT, Laurienti P, Burdette J, Migliarese S, and Hristov N. Effects of Group-Delivered Improvisational Dance on Balance in Adults with Middle Stage Parkinson Disease: A Two-Phase Pilot with fMRI Case Study, Parkinson’s World Congress, Montreal, Quebec, October 2013.

Batson G. Embodied Cognition – Focus of Attention in Dance Science Research, Trinity Laban Conservatoire of Music and Dance, London, UK, March 14, 2012

Batson G and Packer I. Fall Prevention in the Geriatric Population: Developing Balance Skills from an Alexander Technique Perspective, Mountain Area Health Education Center, Asheville, NC, October 12, 2012

Keynote Speaker, Dance Kinesiology Teachers Annual Meeting, SUNY Brockport, NY – June, 2011

Keynote Speaker, Proprioception: Scientific update and applications to dance training. Teachers’ Day, International Association of Dance Medicine and Science, 18<sup>th</sup> annual meeting, Cleveland Clinic, 2009

Glenna Batson, ScD, PT, MA

Curriculum Vitae

Screening for balance deficits in dancers: A multi-site validation of a dance-specific instrument. IADMS, 19<sup>th</sup> annual meeting, The Hague, Netherlands, 2009

The Embodied Brain: Mirror Neurons and Creativity. Worlds in the Making Creativity Symposium. Wake Forest University Center for Creativity in Entrepreneurship, March, 2009.

Balance Impairment Factors in dancers with- and without history of ankle-foot injury. International Association of Dance Medicine and Science Annual Conference. Cleveland Clinic, October 2008.

Proprioception – Scientific Update and Relevance to Dance Training. Keynote speech, Peceptuo-motor/Dance Kinesiology Special Interest Day, International Association of Dance Medicine and Science Annual Conference. Cleveland Clinic, October 2008.

The Myofascial System: Stretching to Connect, not Distract. International Association of Dance Medicine and Science Annual Conference. Cleveland Clinic, October 2008.

Effect of Group Delivery of the Alexander Technique on Balance in the Community Dwelling Elderly. International Congress of the Alexander Technique, Lugano, Switzerland, August 2008.

First Annual Dance Science Seminar: Finding Balance, Winston-Salem State University. Organized, implemented, and presented, June 14-15, 2007.

The Alexander Technique: Evidence-Based Approach to Training Balance in the Elderly. North Carolina Council on Aging, September 2007.

Balance – From the Ground Up – Annual General Meeting of the American Society for the Alexander Technique, Minneapolis, June, 2007.

Mirror Neurons, East-West Somatics Conference, Brockport, NY, May, 2007.

The Brain's Sense of Movement – Implications for Overuse Syndromes. International Association of Dance Medicine and Science Annual Conference, West Palm Beach, FL, October, 2006.

The Neurobiology of the Self: Implications for Rehabilitation. Vital Politics II: Health, Medicine, and Bioeconomics into the 21<sup>st</sup> Century. BIOS Annual Conference, London School of Economics, London, UK, September, 2006.

Effect of Group-Delivered Feldenkrais Awareness Through Movement on Balance, Functional Mobility, and Quality of Life in Adults Post-Stroke. Poster Presentation. Feldenkrais Guild Annual Conference, Rheinbeck, NY, October 2006.

Mental Practice of Motor Imagery In Stroke Recovery: Research to Clinical Practice, NCPTA Fall State meeting, Greensboro, NC, October 2004.

Effect of Feldenkrais Awareness Through Movement on Balance and Upper Extremity Recovery in Persons with Chronic Stroke. Poster Presentation, The Moshe Feldenkrais Centennial Conference & Multidisciplinary Symposium on Research and the Feldenkrais Method®, Seattle, WA, Aug 22-27, 2004.

Graviceptors in the Spine: Research Support for Light Touch in the Alexander Technique. Seventh International Congress of the F.M. Alexander Technique, Oxford, UK, August 2004.

Mental Practice of Imagery: Utilizing Tools from Neuroscience for Evolving Evidence-Based Research in the Arts. Society for Arts in Healthcare Conference, Washington, DC, 2004.

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

Effectiveness of Feldenkrais Awareness Through Movement in Recovery of Fine Motor Skills in Persons with Chronic Stroke: A case series, Poster Presentation, Combined Sections Meeting, American Physical Therapy Association, Nashville, TN, 2004.

Reaching Patterns, Anthropomorphic Measurements and Falls Among Older Populations: A Pilot Study. Poster session with Dr. Chloe Little  
International Conference on Aging, Disability, & Independence, Washington, DC., Dec. 2003.

Mental Imagery in Stroke Rehabilitation.  
Integrative Medicine forum, University of North Carolina, Chapel Hill, Dec, 2003.

Somatic Movement Disciplines, Medical Education Modules Unit, University of North Carolina, Chapel Hill, Integrative Medicine Team, Summary of development of a medical education unit on wellness movement approaches, January, 2002.

Reaching Strategies of Healthy Community-Dwelling Older People,  
Poster session with Dr. Chloe Little  
Sixth Annual Summer Symposium on Ageing, NC Institute on Aging  
Wilmington, NC , July, 2001.

Alternative Approaches to Exercising with Arthritis,  
NC Physical Therapy Association State Chapter Meeting  
October, 2001.

Association of Rheumatology Health Professionals Annual Conference  
Low-Impact Aerobic Exercise and Osteoarthritis:  
New Consideration for Joint Protection, San Francisco, Oct 1996.

Kinesiological & Somatic Perspective in Dance  
University du Quebec de Montreal  
Montreal, Quebec, May 1996.

Association of Rheumatology Health Professionals Annual Conference  
Flexibility: A Lifestyle, Not Just Therapy  
Washington, DC, Nov, 1994.

Annual Conference National Dance Association  
Joint Health in Dancers: Identifying Risk Factors & Promoting Preventive Measures  
Salt Lake City, Feb, 1996.

Association of Rheumatology Health Professionals Annual Conference  
Movement Re-education Methods for Correction of Movement Strategies Related to Osteoarthritis  
San Francisco, Oct 1995.

Identifying Dancers' Problems & Facilitating Change  
American College Dance Festival  
Richmond, VA, Mar 1993.

Alexander Technique International Annual Conference  
The Dynamic Relationship Between Muscles & Joints  
Boston, Nov 1993.

International Assoc. for Dance Medicine & Science (IADMS) Annual Conference  
Body Therapy Approaches to Improving Flexibility:A Model for Dancers' Conditioning  
Durham, NC, Jun 1992.



Glenna Batson, ScD, PT, MA  
Curriculum Vitae

North Carolina School of the Arts, Winston,-Salem, NC  
Organized the First Dance Medicine Symposium, Mar 1992.

International Assoc. for Dance Medicine & Science (IADMS) Annual Conference  
Biomechanical Analysis of Pulling the Shoulders Down, Washington, DC, Jun 1991.

IADMS Annual Conference, Aging in the Dancers' Musculoskeletal System, San Francisco, Jun 1990.

**Academic, Artistic and Somatic Residencies**

September 2014 Department of Theatre & Dance, University of Wyoming, Laramie, WY.

October 2015 –

Mar 2015 Honorary Fellow  
Dance Science Programme  
Trinity Laban Conservatoire of Music & Dance  
London, UK

Dual Honorary Fellow  
Department of Dance  
University of Coventry  
Coventry, UK

Feb 2013 Sponsored Fellowship  
Department of Dance  
University of Coventry  
Coventry, UK

Developed/Hosted - First Annual Dance Science Seminar, *Finding Balance*, at WSSU,  
June 22-23, 2007.

Holistic Approaches to Everyday Living seminar for NC teachers  
North Carolina Center for Advancement of Teaching, Cullowhee, NC, October 12-17, 2003

Nurturing the Nurturer, Mindfulness Seminar for Teachers  
North Carolina Center for Advancement of Teaching, Cullowhee, NC  
October 14-18, 2002 and 2001

Seminars for Clinicians, Somatic Approaches to Exercising with Arthritis  
Keepace Educational Seminars, Multiple national cities, 1998-99

Safe Approaches to Exercising with Arthritis for Yoga and Tai Chi  
Teachers, eight seminars for The Arthritis Foundation of Yukon, British Columbia  
March, 1999

Approach to Evaluation & Treatment of the Cervical & Thoracic Spine,  
University of North Carolina Continuing Medical Education  
co-taught with Krista Clark, PT, May, 1997

Area Health Education Centers (AHEC) seminar for health professionals  
Therapeutic Ball Activities for Adults & Children  
Rocky Mount, NC, Jan, 1997

AHEC seminar for health professionals, Rocky Mount, NC  
Functional Abdominal Stability, Nov, 1995

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

Ideokinesis: The Art & Science of Movement Re-education  
Summer Seminar Series, 1991- 1999  
Division of Physical Therapy, University of North Carolina, Chapel Hill  
Co-taught with Dr. Cheryl Riegger-Krugh  
(cadaver lab, joint mobilization, movement practicum)

Faculty, American Dance Festival, Durham, NC  
Summer workshop residencies from 1987 – 1998

Faculty, Hollins/ADF M.F.A. program  
Seminar, Contemporary Body Practices  
American Dance Festival, Durham, NC 2004-present

Faculty, Bates Dance Festival, Lewiston, MN  
Summer workshop residencies 1994 – 1996, 2007

American Dance Festival International Linkage Project  
Caracas, Venezuela 3-week residency, Sept 1991  
Quito, Ecuador 4-week residency, May 1993  
Quito, Ecuador 4-week residency, May 1994

ASEMEDA - Spanish Dance Medicine Association, Madrid  
3-week dance medicine and somatics residencies, July 1992, 1993, 1996

Sweet Briar College Summer Alexander Technique  
2-week study intensives in July from 1996-2006

Alexander Technique, School of Dramatic Arts, University of North Carolina Chapel Hill, 2004- present

Alexander Bewegung, Alexander Technique Training school for health professionals, Linz, Austria, annual  
3-week seminars from 1998 -2007

Numerous extended workshops with music wellness programs, including  
Salem College Music Department, Meredith College Music Department, UNC-Chapel Hill, UNC-  
Pembroke, American Music Teachers Assoc, American Guild of Organists

Honors and Awards:

Fulbright Senior Specialist, 2009 – present (5-year award active as of May 2016)  
U.S. Fulbright Commission

First residency, March 2008, London  
Residency at Trinity Laban Conservatoire of Music and Dance, London, UK, Jan-Feb, 2009

Second residency - September 2011, Estonia  
University of Tartu, Faculty of Exercise and Sport Sciences and Physiotherapy, and Drama School at the  
Estonian Academy of Music, Tallinn, Estonia

Annual Teaching Award  
College of Applied Sciences  
Western Carolina University, 2003

Faculty Development In Educational Technology Grant,  
UNC, Chapel Hill Educational Technology Group  
Development of online tutorial for Occupational Science students

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

<http://www.med.unc.edu/mahp/rsi> 1998, \$4000

The Dancer's Use of Interactive Technology and the  
"Intelligent Stage" In Altering Pathomechanics In Osteoarthritis  
Institute for Studies in the Arts, Arizona State University  
2-month study grant, 1995, \$6000

Graduate Fellowship in Asian Studies  
U.S. State Department  
East-Wes Center, Honolulu Hawaii  
Aug 1970 - July 1971, \$8000

Professional Development Incentive Award for  
MA Studies In Dance Education  
Columbia University Teachers' College, NY  
1977, \$2000

Emerging Artists Grant, Durham Arts Council, 1993, 1996.

Services to the University/College/School on Committees/Councils/Commissions 2004-Present

Faculty Senate Alternate in Physical Therapy, WSSU  
Faculty Alternate, University Promotion and Tenure Committee, WSSU  
Member, Faculty Hearing Committee on Promotion, Re-appointment and Discharge  
Member, University Faculty Awards Committee, WSSU  
Member, American Democracy Project Committee, WSSU  
Dean's Senior Faculty Executive Committee, School of Health Sciences  
Chair, Curriculum Committee, School of Health Sciences, Winston-Salem State University  
Mistress of Ceremonies, Graduation, School of Health Sciences, 2007-2008  
Center for Design Initiative – submitted proposal for “Morphologics” – using computer animation to  
motivate young adults to adopt healthy lifestyle behaviors, 2005  
AMBUCS/WSSU Liaison Project – Training and development to establish a community center for  
dispensing AmTryke cycles to children with disabilities, 2005-2006.

Regional & National Service

NCPTA Awards Committee, 2008 – 2010  
CGFNS International – (Commission on Graduates of Foreign Nursing Schools) subcommittee, the  
International Commission on Healthcare Professions (ICHP) standards Committee, 2008-2010

WSSU Department Committees and Positions 2004 -2011 (retired March 2011)

Coordinator, Graduate Program  
Chair, Senior Faculty Committee  
Chair, Faculty Search Committee  
DPT planning Committee – Drafted original Intent to Plan the t-DPT and DPT  
Member, Department Curriculum Committee  
Member, CAPTE Review Committee  
Continuing Education  
Recruitment  
Graduation CAPSTONE committee

Teaching Responsibilities in the Physical Therapy Program  
Western Carolina University

PT 623 Functional Anatomy I	7 hours
PT 624 Functional Anatomy II	7 hours

Glenna Batson, ScD, PT, MA  
Curriculum Vitae

PT 660 Neuroscience	4 hours
PT 653 Clinical Logic III	5 hours
PT 615 Physical Therapy Science V	6 hours

Additional Courses

PT 613/652, Summer 2001	
Prosthetics Unit	21 hours
Music 473 – Alexander Technique	1.5 hours
PT 190, Fall 2001	3 hours
Freshman Seminar – Healthy Aging	

Teaching Responsibilities at Winston-Salem State University

PHT 6401 Neuromuscular I	Fall	9 hours	Web-Embedded
PHT 6402 Neuromuscular II	Spring	6 hours	Web-Embedded
PHT 6202 Cardiopulmonary	Spring	3 hours	Web-Embedded
PHT 6302 Pharmacology	Fall	2 hours (Coordinator)	Online Delivery
PHT 5301 Lifespan Development	Summer	2 hours	Online Delivery
PHT 7201 Health Delivery Systems	Summer	2 hours	

Community Service

Advisory Board, North Carolina Chapter of the National Dance Education Organization  
Carroll A. Kyser Guest Lecturer in Alexander Technique, Department of Dramatic Arts, UNC-Chapel Hill (2006-2010)  
Board member, North Carolina Arts for Healthcare, Raleigh, NC, Sept 2002 - 2010  
Performer in dance ensembles for local retirement centers  
Farrington Cares, Farrington Village Retirement Center, quarterly in-services on balance and functional mobility, 2007 – 2012  
Music ‘n Motion, Jazz and modern dance collaboration, offering benefit concerts to retirement centers, 2002-2004  
The Wise Cracks, founder and director of older women’s performing ensemble offering benefit concerts, 2006-present  
Ad hoc presentations for the Parkinson disease and Arthritis support groups of the Triangle and Triad 1996 – 2011, Durham, Chapel Hill, Winston-Salem  
Pro Bono Teacher, American Dance Festival Community Studios