



Biotech High School Menu October 2016

3 No School	4 Chicken Pot Pie in Bread Bowl Grilled Pretzel Melt w/ Tomato Soup Hoagie of the Day Baked French Fries Chef Salad Chilled Corn Romaine Tossed Salad Fresh Fruit or Fruit Cup	5 Cheese Ravioli w/ Breadstick Twin Hotdogs Hoagie of the Day Chef Salad Baby Carrots Tator Tots Romaine Tossed Salad Fresh Fruit or Fruit Cup	6 Crispy Chicken Fajita Tacos w/ Rice Chicken Patty Sandwich Hoagie of the Day Chef Salad Chick Peas Vegetarian Refried Beans Romaine Tossed Salad Fresh Fruit or Fruit Cup	7 South of the Border Fish Tacos Meatball Parm Sub Hoagie of the Day Chef Salad Celery Sticks Golden Corn Romaine Tossed Salad Fresh Fruit or Fruit Cup
10 No School	11 Chicken In a Basket w/ Corn Chips Cheesesteak Sub Hoagie of the Day Chicken Caesar Salad Baked French Fries Carrots Romaine Tossed Salad Seasonal Fruit Fruit Cup	12 No School	13 Stir Fry Chicken over Brown Rice Chicken Patty Sandwich Hoagie of the day Chicken Caesar Salad Chick Peas Carrots Romaine Tossed Salad Seasonal Fruit or Fruit Cup	14 Popcorn Chicken w/ Dinner Roll Meatball Parm Sub Hoagie of the Day Chicken Caesar Salad Celery Sticks Peas Romaine Tossed Salad Seasonal Fruit Fruit Cup
17 French Toast Sticks with Sausage Chicken Patty Sandwich Hoagie of the Day Chef Salad Baked French Fries Carrots Romaine Tossed Salad Seasonal Fruit Fruit Cup	18 Canadian Poutine Cheesesteak Sub Hoagie of the Day Chef Salad Potato Wedge Romaine Tossed Salad Green Beans Fresh Fruit Fruit Cup	19 Pasta with Meatballs And Breadstick Buffalo Chicken patty Sandwich Hoagie of the day Chef Salad Carrots Roasted Zucchini Romaine Tossed Salad Seasonal Fruit Fruit Cup	20 Beef Tacos w/ Brown Rice Corn Dog Nuggets Hoagie of the day Carrot Sticks Chef Salad Vegetarian Beans Romaine Tossed Salad Seasonal Fruit Fruit Cup	21 Chinese Noodle Bowl Meatball Sub Hoagie of the day Corn Celery Sticks Chef Salad Romaine Tossed Salad Seasonal Fruit Fruit Cup
24 Chicken & Cheese Quesadilla Grilled Cheese Sandwich w/ Tomato Soup Hoagie of the Day Chicken Caesar Salad Glazed Carrots Sauteed Spinach Romaine Tossed Salad Seasonal Fruit Fruit Cup	25 Popcorn Chicken Bowl w/ Roll Cheesesteak Hoagie of the Day Chef Salad Mashed Potato Corn Romaine Tossed Salad Seasonal Fruit Fruit Cup	26 Baked Ziti w/ Breadstick Twin Dogs Hoagie of the Day Chef Salad Sauteed Spinach Carrot Sticks Romaine Tossed Salad Seasonal Fruit Fruit Cup	27 Chicken Nuggets with Dinner Roll Sausage and Peppers Hoagie of the Day Chef Salad Chilled Chick Pea Salad Baked French Fries Romaine Tossed Salad Seasonal Fruit Fruit Cup	28 French Bread Pizza Meatball Parm Hoagie of the Day Chef Salad Celery Sticks Green Beans Romaine Tossed Salad Seasonal Fruit Fruit Cup
31 Roasted Vegetable Panini And Tomato Soup Chicken Patty Sandwich Hoagie of the Day Chicken Caesar Salad Carrots Peas Romaine Tossed Salad Seasonal Fruit Fruit Cup	Maricel Gentile General Manager 732-462-8400 ext 8871	Lunch Prices: Paid: \$3.10 Reduced: \$0.40 Milk: \$ 0.55	Served Daily: Cheese/ Pepperoni Pizza Hoagie of the Day Fresh Fruits Salads	