



BIO TECH HIGH SCHOOL LUNCH MENU JANUARY 2018

	<p style="text-align: center;">2</p> <p>Chicken Tenders w/ Dinner Roll Spuds Bar w/ Tortilla Chips Cheese Pizza BBQ Chicken Pizza Chicken Caesar Wrap Garden Salad w/ Cheese Baked French Fries Chilled Corn Romaine Blend Tossed salad Fresh fruit or Fruit Cup</p>	<p style="text-align: center;">3</p> <p>Chicken Mac Alfredo w/ Bread Stick Twin Hot Dog Bar Cheese Pizza Meat Lovers Pizza Chicken Caesar Wrap Garden Salad w/ Cheese Baby Carrots Steamed Broccoli Romaine Blend Tossed salad Fresh fruit or Fruit Cup</p>	<p style="text-align: center;">4</p> <p>Chicken & Waffles Beef Burrito Cheese Pizza Buffalo Chicken Pizza Chicken Caesar Wrap Garden Salad w/ Cheese Refried Beans Three Bean Salad Romaine Blend Tossed salad Fresh fruit or Fruit Cup</p>	<p style="text-align: center;">5</p> <p>Grilled Cheese Sandwich w/ Tomato Soup Chicken Fajitas Cheese Pizza Pepperoni Pizza Chicken Caesar Wrap Garden Salad w/ Cheese Green Pepper Strips Sweet Green Peas Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>
<p style="text-align: center;">8</p> <p>Rodeo Burger Pancake Griddle Sandwich Cheese Pizza Pepperoni Pizza Turkey & Cheese Hoagie Chicken Caesar Salad Baby Carrots Sweet Potato Fries Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">9</p> <p>Poppin Popcorn Chicken w/ Dinner Roll Meatball Parm Sub Cheese Pizza BBQ Chicken Pizza Baked French Fries Chilled Corn Turkey & Cheese Hoagie Chicken Caesar Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">10</p> <p>Pasta w/ Meat Sauce & Bread Stick BBQ Chicken w Rice and Roll Cheese Pizza Meat Lovers Pizza Cucumber Slices Broccoli Turkey & Cheese Hoagie Chicken Caesar Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">11</p> <p>Taco Bar Hamburger or Cheeseburger on Bun Cheese pizza Buffalo Chicken Pizza Chick Peas Refried Beans Turkey & Cheese Hoagie Chicken Caesar Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">12</p> <p>Fish & Chips Buffalo Chicken Patty Sandwich Cheese Pizza Pepperoni Pizza Celery Sticks Steamed Green Beans Turkey & Cheese Hoagie Chicken Caesar Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>
<p style="text-align: center;">15</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: center;">16</p> <p>Meatball Parm Sub Twin Hotdogs Cheese pizza BBQ Chicken Pizza Chilled Corn Potato Wedges Tuna Hoagie Buffalo Chicken Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">17</p> <p>Buffalo Chicken Mac & Cheese w Bread stick Philly Cheesesteak Sub Cheese Pizza Meat Lovers Pizza Cucumber Slices Sauteed Spinach Tuna Hoagie Buffalo Chicken Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">18</p> <p>Chicken Stir Fry w/ Brown Rice Beef Enchilada Cheese Pizza Buffalo Chicken Pizza Chick Peas Steamed Green Beans Tuna Hoagie Buffalo Chicken Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">19</p> <p>Grilled Ham & Cheese Pretzel Melt Chicken Tenders w/ Dinner Roll Cheese Pizza Pepperoni Pizza Tuna Hoagie Celery w/ Hummus Dip Steamed Broccoli Buffalo Chicken Salad Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>
<p style="text-align: center;">22</p> <p>French Toast Sticks w/ Sausage & Home Fries Rib B Que Sandwich Cheese Pizza Pepperoni Pizza Ham & Cheese Hoagie Chicken Caesar Salad Cinnamon Sweet Potatoes Raw Baby Carrots Garden Tossed w/ Cheese Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">23</p> <p>Chili Cheese Poutine w/ Corn Muffin Meatball parm Sub Cheese pizza BBQ Chicken Pizza Ham & Cheese Hoagie Chicken Caesar Salad Chilled Corn Waffle French Fries Garden Tossed w/ Cheese Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">24</p> <p>Pasta w/ Meat Sauce & Bread Stick Chicken Patty Parm Sandwich Cheese Pizza Meat Lovers Pizza Ham & Cheese Hoagie Chicken Caesar Salad Broccoli Bites Steamed Green Peas Garden Tossed w/ Cheese Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">25</p> <p>Nacho Supreme w/ all the Fixins Open Faced Turkey Sandwich Cheese Pizza Buffalo Chicken Pizza Ham & Cheese Hoagie Chicken Caesar Salad Chick Peas Refried Beans Garden Tossed w/ Cheese Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">26</p> <p>Chinese Noodle Bowl Philly Cheese Steak Sub Cheese Pizza Pepperoni Pizza Ham & Cheese Hoagie Chicken Caesar Salad Chinese Style Vegetables Celery Sticks Garden Tossed w/ Cheese Salad Fresh Fruit or Fruit Cup</p>
<p style="text-align: center;">29</p> <p>Mozzarella Sticks w/ Marinara Sauce for Dipping Pretzel Burger Cheese Pizza Pepperoni Pizza Italian Hoagie Chef Salad Carrot Sticks Sweet Potato Fries Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">30</p> <p>Crispy Chicken Bowl w/ Roll Meatball Parm Sub Cheese pizza BBQ Chicken Pizza Italian Hoagie Chef Salad Baked French Fries Chilled Corn Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">31</p> <p>Baked Ziti w/ Bread Stick Buffalo Chicken Patty Sandwich Cheese Pizza Meat Lovers Pizza Italian Hoagie Chef Salad Raw Baby Carrots Roasted Vegetables Romaine Blend Tossed Salad Fresh Fruit or Fruit Cup</p>	<p style="text-align: center;">Served Daily:</p> <p>Pizza Freshly Made Sandwiches Peanut Butter & Jelly Fresh Vegetables Fresh Fruit</p> <p>Lunch Prices: Paid: \$3.20 Reduced: \$ 0.40 Milk: \$ 0.55</p>	<p style="text-align: center; color: pink;">Sodexo Is Seeking Food Service Workers Work while kids are in school!</p> <p style="text-align: center; color: pink;">If Interested Contact: 732-462-8400 ex. 8870</p>

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