



Bio Technology High School

NOVEMBER 2018

Sodexo is Hiring Food Service Workers For Details Call 732-462-8400 Ex 8870	Lunch Prices \$3.20 Reduced .40	Menu Subject to Change Foods may contain Soy, Wheat, Dairy	11/1 Nacho Supreme w/ Fixins Cheesy Enchilada Turkey & Cheese Sub Garden Salad w/ Cheese & Roll Vegetarian Refried Beans Bean Salad	11/2 Fish & Chips Basket w/ Coleslaw Philly Cheese Steak Turkey & Cheese Sub Garden Salad w/ Cheese & Roll Steamed Green Beans Celery Sticks
11/5 Cheese Stuffed Bread Stick w/ Tomato Soup Chili Cheese Loaded Tots w/ Bisquit Honey Glazed Carrots Buffalo Chicken Salad Tuna Salad Sub Carrot Sticks	11/6 <i>Triple Dipper Tuesday</i> Popcorn Chicken, Breadstick, Potato Wedges Chicken Bacon Ranch Sandwich Buffalo Chicken Salad Tuna Salad Sub Chilled Corn	11/7 Macaroni & Cheese Bar w/ Dinner Roll Hot Buffalo Chicken Wrap Buffalo Chicken Salad Tuna Salad Sub Sautéed Spinach Broccoli Dippers	11/8 NJEa CONVENTION NO SCHOOL	11/9 NJEa CONVENTION NO SCHOOL
11/12 French Toast Sticks w/ Sausage Build a Burger Bar Ham & Cheese Hoagie Crispy Chicken Caesar Salad Crinkle Cut Sweet Potato Fries Carrot & Celery Sticks	11/13 <i>Triple Dipper Tuesday</i> Mozzarella Stick, Mini Corn Dog, Smile Fries Popcorn Chicken w/ Roll Ham & Cheese Hoagie Crispy Chicken Caesar Salad Chilled Corn	11/14 Baked Ziti w/ Garlic Bread Stick Sloppy Joe Sandwich Ham & Cheese Hoagie Crispy Chicken Caesar Salad Sautéed Spinach Broccoli Dippers	11/15 Turkey Carnita Bowl w/ Cilantro Lime Rice Chicken Fajita w/ Topping Ham & Cheese Hoagie Crispy Chicken Caesar Salad Seasoned Beans Bean Salad	11/16 Hot Dog Bar Meatball Parm Sub Ham & Cheese Hoagie Crispy Chicken Caesar Salad Steamed Green Beans Celery Sticks
11/19 Chicken Tenders w/ Dinner Roll Grilled Cheese w/ Tomato Soup Italian Sub Chef Salad Cinnamon Sweet Potatoes Carrot Sticks	11/20 Triple Dipper Tuesday Boneless Chicken Bites Pretzel Stick Waffle Fries Buffalo Chicken Patty Italian Sub Chef Salad Chilled Corn	11/21 Spaghetti & Meatballs w/ Dinner Roll BBQ Chicken Cheese Steak Italian Sub Chef salad Steamed Peas Broccoli Dippers	11/22 	11/23 NO SCHOOL
11/26 Cheese Omelet Pulled Pork Sandwich Chicken Caesar Wrap Garden Salad w/ Cheese, Steamed Carrot Coins Carrot Sticks	11/27 Triple Dipper Tuesday Chicken Nuggets, Pretzel Nuggets, Tots Cheesy BBQ Pork Loaded Tator Tots w/ Bisquit Garden Salad w/ Cheese Italian Sub Chilled Corn	11/28 Mac & Cheese Alfredo w/ Bread Stick Chicken Or Cheese Quesadilla Garden Salad w/ Cheese Italian Sub Steamed Broccoli Cucumber Slices	11/29 Baked Chicken & Waffles BBQ Baked Beans Chili w/Toppings & Tortilla Chips Garden Salad w/ Cheese Italian Sub BBQ Baked Beans Bean Salad	11/30 Mediterranean Chicken Gyro Grilled Ham & Cheese Pretzel Melt Garden Salad w/ Cheese Italian Sub Steamed Peas Celery Sticks



ALL MEALS INCLUDE A TRIP THROUGH OUR THRIVE GARDEN BAR

Includes a variety of Salad Greens, Carrot
& Celery Sticks, Corn and Bean Salads
Plus Fresh Fruit and Fruit Cups
Low Fat or Fat Free Milk
included with all meals



GRILL CHOICES Monday-Wednesday-Friday Chicken Patty Sandwich Tuesday-Thursday

Cheeseburger or Hamburger

All sandwiches served on whole wheat buns



EVERYDAY PIZZA CHOICES

Cheese, Pepperoni, Veggie & Daily Specialty Pizzas
All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts

We participate in Meatless Monday's and offer a variety of Vegetarian options daily!

We are proud to offer chicken products that are 100% natural, contain NO artificial ingredients and contain NO antibiotics ever! Locally Grown items are offered whenever seasonally available

This institution is an equal opportunity provider