

the WEEKLY SPADE

A BLOG ABOUT COLOR ♠

colorful lives

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erin fitzpatrick is a hospitality consultant and the sommelier at the waverly inn in nyc. her company, [esse consulting](#), produces weddings and private events. in her earlier life, erin spent a summer pushing a popsicle cart at disney world and in her next life she'd like to be a flamenco dancer.

what is your favorite color combination?
mint green and red.

describe your personal style:
i like classic, structural pieces. i also love vintage prints, especially those with shades of aquamarine. i have a tendency to get into character in my surroundings: i bought my first cowboy boots in jackson hole when i was 14 and i recently bought a pair of vintage palazzo pants with the sole vision of wearing them at a seaside villa.



when you're planning a wedding or event, where do you find inspiration?
i find inspiration in the environment of the venue and also in the history and elements that make the place unique. most importantly, personalizing each event inspires me--weaving in something special and meaningful to the host or couple.

what role does color play in determining a good wine?
color is, generally, more indicative of the age and style of the wine or type of grape the wine is made from rather than the quality. a lot of people like densely colored, inky red wines, perceiving them to be of higher quality, but actually what they're enjoying is a very ripe wine which is not always a measure of greatness.

describe the most colorful place you've ever visited:
bangkok has layers of intrigue. the city is so alive and rich in culture, history, food and design. its colorful energy is palpable on so many sensory levels.



what is your signature cocktail?
a manhattan.

you wear great accessories. where do you find them?
they're mostly vintage finds or an inspired pick from traveling.

when buying flowers for your home, what's your go-to arrangement?
trumpet lilies.

“i recently bought a pair of vintage palazzo pants with the sole vision of wearing them at a seaside villa.”

you've worked in many well-known restaurants and dine out often. tell us about a memorably beautiful dish:

i've recently enjoyed a vibrant, beautiful crudité presented over crushed ice, at bohemian here in new york. thin spears of radicchio, crisp baby purple and orange carrots, fennel and quartered tomatoes are served alongside warm anchovy dip flecked with black pepper. the japanese precision and aesthetic of the dish are impressive.

your blog (www.bohedonist.com) is all about leading a graciously hedonistic life. what do you consider a perfect day?

it starts with a long, morning yoga class followed by a breakfast of green juice with lots of ginger, a bike ride through the vineyards to the beach and a plunge in the ocean. next are a breezy lunch, a massage and a trip to the market to buy food for dinner. cocktail hour is lillet blanc and salted mixed nuts. finally, there's a dinner party for friends, a good bottle of red burgundy and salsa dancing late into the night.

