

# West Yellowstone Wolverine Lunch Menu

# May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Dog on A	2 Chicken	3 Wolverine	4 Lasagna	5 Dip N Day
Bun	Quesadillas	Burgers		
Sweet Potato Mash	Refried Beans	Baked Beans	Fresh Salad	Veggies w/Ranch
Peas & Carrots	Golden Corn	French Fries	Steamy Broccoli	Apples w/Caramel
Cinnamon Apples	Mandarin Oranges	Pears	Peaches	Pudding
Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option
Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%
8 Turkey/Roast	9 Egg Rolls	10 Cheese	11 Turkey	12 Burritos
<b>Beef Sandwich</b>	With Rice	Enchiladas	Roast	w/Salsa
Pea Salad	Oriental Salad	Refried Beans	Sweet Potato Casserole	Fiesta Salad
Cauliflower	Stir Fry Veggies	Steamy Broccoli	Green Beans	Green Peas
Bananas	Pineapple	Orange Slices	Applesauce	Peaches
Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option
Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%
15 Mac N Cheese	16 Chicken	17 Beef	18 Spaghetti	19 Fish
<b>Polish Sausage</b>	Fajitas	w/Broccoli	w/Meat Sauce	Sandwich
Baked Beans	Black Beans	Oriental Salad	Hot Carrots	Fresh Salad
Cauliflower	Golden Corn	Stir Fry Veggie	Steamy Broccoli	Green Peas
Applesauce	Fruit Option	Mandarin Oranges	Cinnamon Apples	Peaches
Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option
Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%
22 Chicken	23May&JuneBirthdays	24 Wolverine	25 Hot Dog on A	26 Dip N Day
Nachos	Chicken Fried Steak	Burgers	Bun	
Refried Beans	Au Gratin Potatoes	Coleslaw	Green Peas	Veggie w/Ranch
Golden Corn	Green Beans	French Fries	Veggie Option	Apples w/Caramel
Bananas	Applesauce	Mix Fruit	Fruit Salad	Pudding
Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option	Sandwich Option
Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%	Milk FF-1%
29	30 Chef's	31		
	Choice	No Hot Lunch		
No School	Veggie Options	Served		
	00 0 F	GCI VCU		

**Have a Great** 

Summer!

Milk FF-1%

# Try a Recipe at Home!

### Ole! Guacamole (4 servings)

2 ripe avocados ½ fresh tomato, chopped 1 green onion 1 ½ TBSP fresh cilantro. chopped fine ½ fresh lime ½ tsp hot sauce Pinch of salt

Slice avocados in half; remove the pits, scoop out the insides. Mash with fork until chunky (not smooth). Add tomato, green onion, cilantro and salt. Squeeze the lime; add the juice. Stir gently. Add hot sauce if desired. Serve right away or cover tightly with plastic wrap and refrigerate. Source: Chopchopmag.org

## **Menu Prices:**

\$1.75 7-12 \$2.25 **Adults \$3.50 \$.40** Milk

> Menu subject to change. Notice is given when possible.

