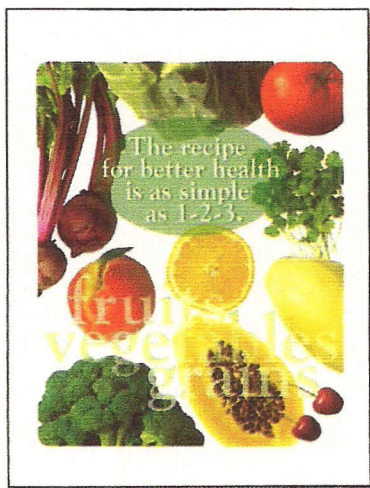
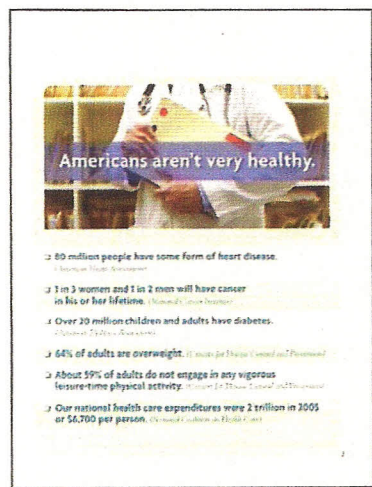


Wellness Presentation Speaker Notes



COVER

Hello! My name is _____. Thank you for joining us. This is a Wellness Presentation and that's exactly what we'll be focusing on today – wellness. I believe we are living at the beginning of a wellness revolution – people want to be well but unfortunately, we live in a country filled with illness and disease.



PAGE 2

Optional Questions/Comments:

Ask guests to share health articles or covers.

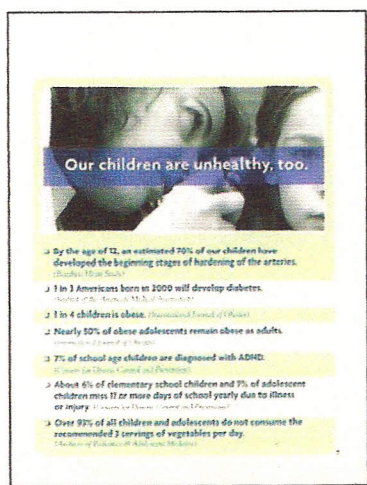
Americans aren't very healthy. You can't open a magazine or newspaper today without seeing statistics like these (Ask a guest to read statistics)

Optional Questions/Comments:

"What jumps out at you on this page?"

"Do any of you have a history of _____ in your family?"

"I was shocked when I saw this statistic!"



PAGE 3

Optional Comment:

Dr. David Katz of Yale says, "Today's children could be headed for a shorter life expectancy than their parents."

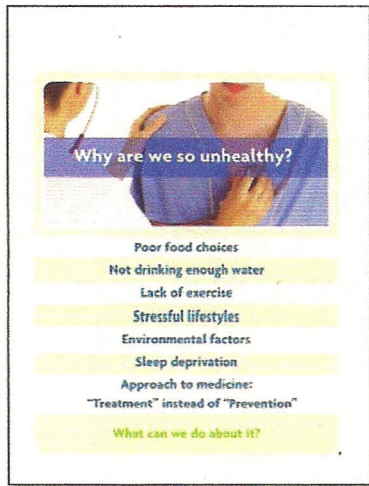
Optional Questions/Comments:

"What jumps out at you on this page?"

"Do any of you have a history of _____ in your family?"

"I was shocked when I saw this statistic!"

Wellness Presentation Speaker Notes



PAGE 4

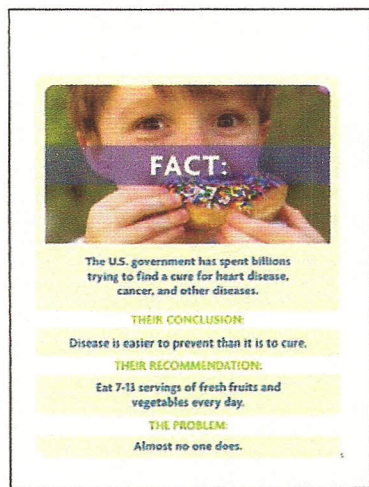
Optional Comments:

When Hippocrates said *"Let food be thy medicine"* he wasn't talking about chicken fingers and doughnuts."

Pediatrician Dr. Paul Stricker says, *"We don't just have a nutritional gap, it's more like the Grand Canyon."*

Optional Food Illustrations

There are 10 teaspoons of sugar in a can of soda.



PAGE 5

READ PAGE

So, why are health authorities recommending raw fruits and vegetables to prevent disease? Let's compare our bodies to a car – just like a car needs fuel so do our bodies – just like a car burns fuel so do our bodies and the byproduct of that burning is called OXIDATION. Each cell in our body takes thousands of oxidative hits per day. Oxidation comes from just breathing, poor eating habits, stress and even exercising.

"ANTI"oxidants neutralize oxidation and protect the cells. Antioxidants are found in FRUITS AND VEGETABLES. And we need a lot of fruits and vegetables every day to get what we need. THE PROBLEM – almost no one does.

Optional Comment: *Kale is one of the decorations in the produce section at the grocery store.*

Let's take a moment to listen to Dr. _____ explain more about what we've discussed.

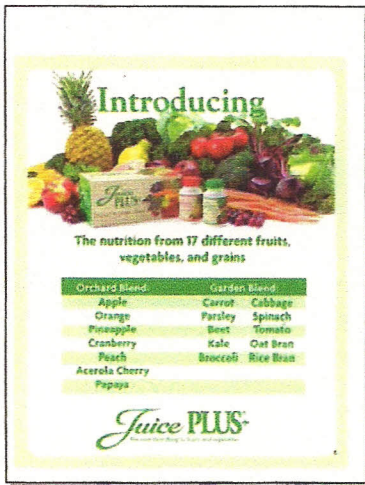
PLAY DVD OF CHOICE (You may want to tell your guests to listen for something specific on a DVD – for instance *"Listen to what the doctor says about an apple."*)

SHARE YOUR JUICE PLUS+® STORY AFTER DVD

PAGE 6

OPTIONAL COMMENTS

Ask one participant to read ingredients in Orchard Blend and another to read ingredients in Garden Blend.



PAGE 7

READ PAGE

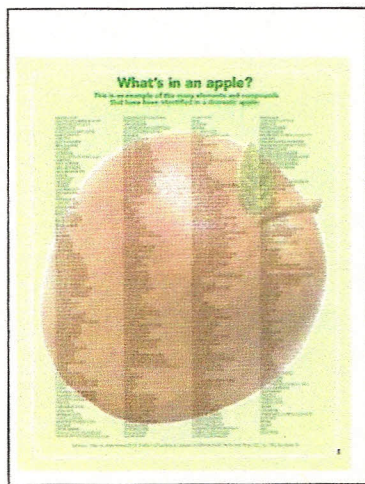
Or have participant read page.



PAGE 8

Optional Comment:

So to compensate for a poor diet – Americans have turned to vitamins. But science has discovered that we need to get our vitamins and other nutrients from whole food. This page lists just 400 of possibly 10,000+ ingredients in one apple. If you were to compare this ingredient list to the label on a multi-vitamin there would be quite a difference. You have a little bit of everything in the apple. And all of these ingredients work together as a team to protect our bodies. That's why we need to eat so many fruits and vegetables. We don't have a vitamin deficiency in America; we have a whole food deficiency.



Wellness Presentation Speaker Notes

PAGE 9

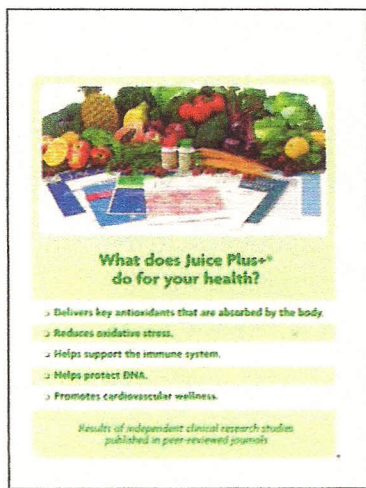
Optional Comment:

Research is a key factor that separates Juice Plus+® from everything else in the marketplace and why this product has such strong support from the medical community.

Optional Illustrations:

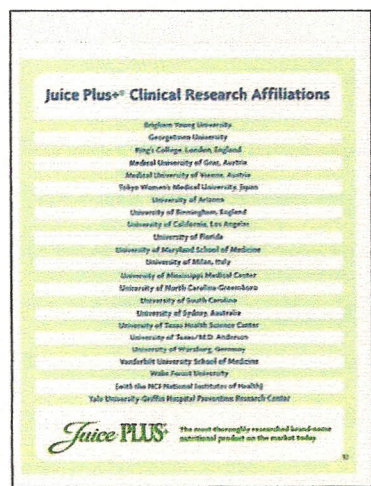
Research Packet with journals – order from Promo Plus 1-888-552-8200; www.nsapromoplus.com -OR-

Personalized Clinical Research Summaries available for download from your Virtual Office (sample included in your Starter Kit)



PAGE 10

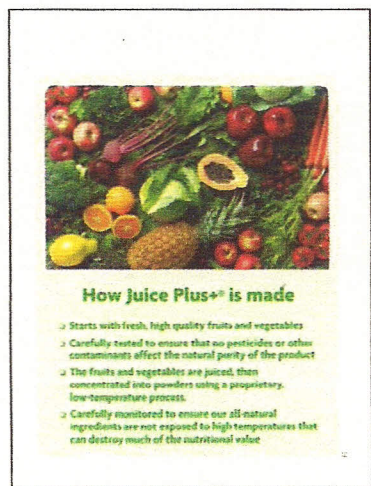
These are some of the research institutions and facilities who have either completed research on Juice Plus+® or are currently doing studies.



PAGE 11

There is also an ongoing Children's Health Study which allows children between the ages of 4 to 18 or full-time undergraduate college students age 19 and older can receive Juice Plus+® free for up to 3 years and results show... **READ PAGE**





PAGE 12

READ PAGE

Optional Video

Share the section of *The Next Best Thing* DVD that discusses how the product is made.



PAGE 13

Show box of capsules with empty bottles and explain shipping and monthly charges.

Optional Comments:

Let's pretend I'm going to give you \$1.50 and send you to the grocery store to buy as many fruits and vegetables as you possibly can – how much do you think you could buy?

The reason Juice Plus+® ships in a 4 month supply are because it takes about 4 months for red blood cells to regenerate. It's like going to the gym; you don't get the body you want in a month.



PAGE 14

I hope you feel like you have some helpful information to begin living healthier lives. Can you imagine if you were to get 7 fruits, 8 vegetables and 2 whole grains every single day – day after day after day – for a year? What kind of benefits do you think you might see? What kind of health changes do you think your family might see at the end of the year? I highly encourage you to consider adding Juice Plus+® to your diet. It's very simple to get started on Juice Plus+®. There are order forms in your back pocket. Let's look at it together (REVIEW with guests).

ORDER FORM COMMENTS

You will notice a few other products on the order form you're viewing. **Juice Plus+® Chewables** contains the same benefits of capsules, but in a soft chewable form for your children or those of you that do not like to take capsules.

While Juice Plus+® is our focus, I want you to know about our other tools for easy and convenient nutrition.

Juice Plus+ Complete® is a whole food based beverage product that provides balanced nutrition in every scoop. Juice Plus+ Complete® can be used in any number of ways: as a healthful "on-the-go" breakfast, pre-exercise energy drink, post-workout recovery drink, or a late night snack. It comes in your choice of two delicious flavors: French Vanilla and Dutch Chocolate.

Juice Plus+ Vineyard Blend® provides naturally balanced whole food based nutrition from Concord grapes and eight different berries - blueberry, cranberry, blackberry, bilberry, raspberry, red currant, black currant and elderberry. Berries and grapes provide some of nature's most powerful and healthful antioxidants.

Other Options:

Tell about first 5 day supply free (fill capsule boxes or acorns with 1 red and 1 green each day for first 5 days)

Review Flyers for Upcoming Events or ask guests to visit JuicePlusEvents.com to find Prevention Plus+ events in your area

If you'd like to do a Wellness Presentation at your home or office please see me after.

Share a Juice Plus+® brochure with anyone that does not sign up and set a time for follow-up.