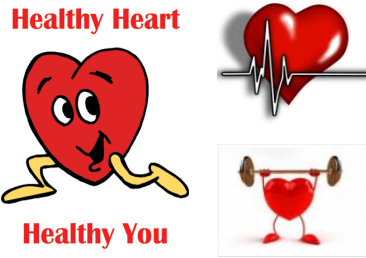


AMERICAN HEART MONTH – VALENTINES DAY – FEBRUARY 2017 - ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Healthy Heart  Healthy You	1 AM-BOW 'n ARROW & NERF GUNS (AD) / JUBILEE (B) / EMPOWER HOUR (E) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE W/ALBERTA (E) PM-FINE MOTOR EXERCISES USING BOARD GAMES (ABDE) / GYM (A)	2 AM-MICHAEL KROPP PERFORMS (ABDE) / GYM (B) / 1 PM EXERCISE W/ALBERTA (BE) PM-BINGO (D) / HAND EYE COORDINATION VIA CLIENT CHOICE (ABE) / GYM (B)	3 AM-FISHING & BEAN BAGS (AD) / BINGO (E) / SENSORY (B) / 11 AM STRETCH (ABD) / 1 PM EXERCISE W/ALBERTA (E) / GYM (OPEN) PM-FINGER EXERCISE: STRAW & HEART NECKLACE (ABD) / BLACK HISTORY (E) / GYM (OPEN) WEAR RED FOR AMERICAN HEART MONTH!
6 WEEK 1 AM-MAKE VALENTINES (ABDE) / GYM (B) / 11 AM EXERCISE (AD) / 1 PM EXERCISE W/ALBERTA (BE) PM-FINISH VALENTINES (ABDE) / GYM (B) 	7 AM-MONTHLY BIRTHDAY DANCE PARTY (ABDE) / GYM (A) / 1 PM EXERCISE W/ALBERTA (E) PM- LIBRARY (E) / HAND & FINGER EXERCISES VIA MAKING A HEART COLLAGE (ABD) / GYM (A) 	8 AM-SHAKE RATTLE THEM BONES WITH SHAWN (AD) / JUBILEE (B) / EMPOWER HOUR (E) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE W/ALBERTA (E) PM-HEART GARLAND (ABD) / CHINESE HISTORY (E) / GYM (A) / YEARBOOK (SENSORY)	9 AM-HEART RELAY (BE)/PPR PLATE-FOAM FINE MOTOR (A)/TAC-TILE TALK TIME (D) / GYM (B) / 11 AM ROM (AD) 1 PM EXERCISE (BE) PM-BINGO (D) / COGNITIVE CALISTHENICS: GROUNDHOG TALK (BE) / FINE MOTOR CHALLENGE WITH WOOD, POMPOMS & PIPE CLEANERS (A) / GYM (B) / PENPAL	10 AM- MUSIC THERAPY (AD) / CLIENT COUNCIL & 11 AM HYMN SING (E) / PLASTIC SHAPE SORTING (B) / GYM (OPEN) PM-MOVIE & SM GROUPS / GYM (OPEN) 
13 WEEK 2 AM-BINGO (D) / MUSIC W/DOT (A) / BOWLING & BEAN BAGS (BE) / GYM (B) / 11 AM EXERCISE (AD) / 1 PM EXERCISE W/ALBERTA (BE) PM- LIBRARY (D) / HAND GRASP BLOCK TOWER (A) / MANUAL DEXTERITY: HEART WREATH (BE) / GYM (B) 	14 WEAR RED FOR VALENTINE'S DAY AM-MAKE VALENTINE'S BOXES (ABDE) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE (E) PM- VALENTINE EXCHANGE (ABDE) / GYM (A) XOXOXOXOXOXOXOXOX 	15 AM-HAND & FINGER EXERCISES USING NEWSPAPER AND YARN (AD) / JUBILEE (B) / EMPOWER HOUR (E) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE W/ALBERTA (E) PM-FINE MOTOR WORKOUT: GLOVED FINGER PAINTING ON PLASTIC COVERS (ABD) / REBUS, BIG/SMALL WORDS, HOMOPHONES (E) / GYM (A) / COOKING CLUB	16 AM-DANCIN' CHAIRS WITH HOLLY (DE) / LIDS, RICE & PAINT FINE MOTOR SKILLS (AB) / TACTILE TALK TIME (D) / GYM (B) / 11 AM EXERCISE (A) / 1 PM EXERCISE W/ALBERTA (BE) PM-BINGO (D) / MINISCULE MUSCLE MANEUVERS W/PAPER & FEATHERS (ABE) / GYM (B) / WOODWORKERS (SPH)	17 AM- MANUAL DEXTERITY CHALLENGE: CUPS, CARDS, AND BEANS (AD) / BINGO (E) / PLASTIC SHAPE SORTING (B) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE W/ALBERTA (E) / GYM (OPEN) PM- METACARPAL MAINTENANCE: STAIN GLASS HEARTS (ABD) / KARAOKE (E) / GYM (OPEN)
20 WEEK 3 AM-BINGO (D) / LIBRARY (A) / HUMAN BOARD GAME (BE) / GYM (B) / 11 AM EXERCISE (AD) / 1 PM EXERCISE W/ALBERTA (BE) PM-MUSIC W/DOT(D) / FINGER EXERCISE: SPELLING & DRAWING SALT (AB) / JJ WANTS TO KNOW: WHAT'S MISSING (E) / GYM (B)	21 AM-BINGO (E) / MUSIC W/DOT (B) / HUMAN BOARD GAME (AD) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE (E) PM- OUTREACH-MARCH POSTERS (E) / PRESIDENTIAL MATCH UP (AD) / TABLE TOP TIME (B) / GYM (A)	22 AM- TIC TAC TOE (AD) / JUBILEE (B) / EMPOWER HOUR (E) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE W/ALBERTA (E) PM-MOTOR SKILL UPKEEP USING GOAL ORIENTED GAMES (ABD) / DISCUSSION-ENDANGERED SPECIES (E) / GYM (A) / YEARBOOK (SENSORY)	23 AM-SHAKE RATTLE THEM BONES W/SHAWN (BE) / SPONGE ART & BUTCHER PAPER HAND GRASP EXERCISE (A) / TACTILE TALK (D) / GYM (B) / 11 AM EXERCISE (A) / 1 PM EXERCISE W/ALBERTA (BE) PM-BINGO (D) / STENCILS (AB) / ORIGAMI (E) / GYM (B) / PENPAL	24 AM- MUSIC THERAPY (BE) / HANGMAN & BRAINBASHERS (D) / MATCHING GAMES (A) / 11 AM EXERCISE (AD) / 1 PM EXERCISE W/ALBERTA (E) / GYM (OPEN) PM-MOVIE & SM GROUPS / GYM (OPEN)
27 WEEK 4 AM-BINGO (D) / MUSIC W/DOT (A) / HEART RELAY (BE) / GYM (B) / 11 AM EXERCISE (AD) / 1 PM EXERCISE W/ALBERTA (BE) PM-MUSIC W/DOT(D) / GRIP PRACTICEWITH WATER COLORS (ABE) / GYM (B)	28 AM-BULLETIN BRD SENSORY (E) / LIBRARY (B) / BULLETIN BOARD SANDPIPER (AD) / GYM (A) / 11 AM EXERCISE (ABD) / 1 PM EXERCISE W/ALBERTA (E) PM-BINGO (E) / SMALL MUSCLE MASTERY W/STAMPS (ABD) / GYM (A)	FEBRUARY IS NATIONAL HEART MONTH & VALENTINE'S DAY WEAR RED ON FEB. 3RD & FEB. 14TH 	SCHEDULED PROGRAMS MAY CHANGE WITHOUT NOTICE BASED ON CLIENT PREFERENCE AND SPECIAL EVENTS.	