

# TOGETHER QUARTERLY

WHERE BETTER DAYS BLOSSOM.

April - May 2009

Bon Homie, Ltd. Adult Day Care, 470 North Lewis Road, Limerick PA 19468  
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## A word from our New Activities Director

I wanted to take a moment to tell you a little bit about myself and my professional and educational experience, as well as share with you my philosophy and goals with respect to planning and implementing the Activity Programs at Bon Homie.

I have worked in the daycare, assisted living, and nursing home environments for a combined total of (over) 9 years. I have completed the MEPAP I and II courses (Modular Education Program for Activity Professionals) and I am preparing the paperwork needed to apply for my State Certification through NCCAP (National Certification Council for Activity Professionals). Upon acceptance, I will receive my credentials as an Activity Director Provisionally Certified (ADPC). This certification is earned by completing a year of courses. Among other criteria, applicants are required to have 14 college credits, one of which must be English Composition. To maintain your credentials, an Activity Director must complete 30 CEU's every 24 months. It's an ongoing learning process, but one that I am looking forward to and have found to be extremely rewarding.

The term "activity" means more to me than just "keeping clients busy." My motto is: "Activities are more than just fun and games ... it's a therapy." Recreation is a necessary component of EVERYONE'S life and is essential to the well being of ALL individuals, regardless of their physical, emotional, or mental condition. My goal is to provide recreational programs designed to engage our clients in social, cognitive, spiritual, physical, sensory stimulating, diversional, empowering, and creative-expressive activities that have personal meaning and purpose.

In the upcoming calendars you will notice some new programs, as well as past programs that we are revisiting and rebuilding. Some of the programs are: Horticulture Club, Weird Science, Nature Club, Cooking/Baking, Language (Spanish, French, and Sign), and monthly Birthday Parties.

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In working with such a dedicated staff at Bon Homie, it will allow us to continue promoting and enhancing the quality of life of those we serve. We can promote enhancing their cognitive and physical abilities while encouraging emotional and psychosocial growth.

Our program goals are to provide clients the opportunities to be creative, socially and physically active and continue their own personal growth in an enjoyable environment.

I will be reviewing and re-assessing our activity program throughout the months ahead and applying any needed changes to future calendars. I encourage any comments from clients and family members. Feedback is a useful tool in planning and implementing activities. So as we begin this journey together I look forward to getting to know all of you and working with your loved ones.

*JJ (Janet Jones)*

Remember: the purpose of Recreational Programming is to offer activities that are meaningful to each individual by providing an opportunity for them to learn new skills or adapt old ones while enjoying themselves throughout the experience.

## Cooking 101

We have begun presenting cooking demonstrations as well as hands on cooking and baking with the clients. LaChelle our cook helped us out by providing the demonstrations for us and then the clients all had the opportunity to try their own skills to the task. John and Mike are working very diligently on their soft pretzels.



Pat and Kristin knead the dough with the help of Mary, a staff member. Clients enjoyed their pretzels with various dipping sauces such as mustard and cream cheese. In March they tried their luck at Irish potatoes and in April they will be making various types of Easter candies. Look on the schedule of Activities for future cooking activities

## Sunflower Meadows Client Spotlight

Pam began attending our program this year. Her new home is in Pottstown. She likes her new home and is very happy to have a pink bedroom. Some of Pam's favorite activities include talking on the phone and visiting with friends Joanna and Barbara, and working on crafts. Pam loves to wear jewelry, have her nails painted and hair styled. Chicken and oatmeal cookies are a few of her favorite foods. Pam is looking forward to the Spring and the beautiful weather that comes with it. She hopes to visit the shore this summer and walk on the boardwalk.



Pam enjoys being around others and having a good laugh.

## Survey responses from the caregivers and clients...

Every year we send out surveys for our clients and caregivers to complete and return with their opinions on how we are doing and what they would like to see in the future. This year we received eight surveys back. All the surveys returned stated they were very pleased with the services provided and staff performance. All but one survey agreed that the staff is very approachable, caregivers questions and concerns are addressed and that the status of their loved one is conveyed to them regularly. Six out of the eight responses received were very happy with the activity program and feel that activity is geared towards their loved ones. There were some concerns about particular clients and activities that are appropriate to their level. It is my intent with the new activity

director, and a new approach, we will be better able to target all of our clients, in order to meet their needs in small group activities as well as individual activities. Other concerns included transportation and hours that clients could attend due to transportation. Thanks to all of you who took the time to complete the survey. This is an opportunity for caregivers to voice their thoughts and opinions. It is also a very useful tool for us to use to measure our performance.

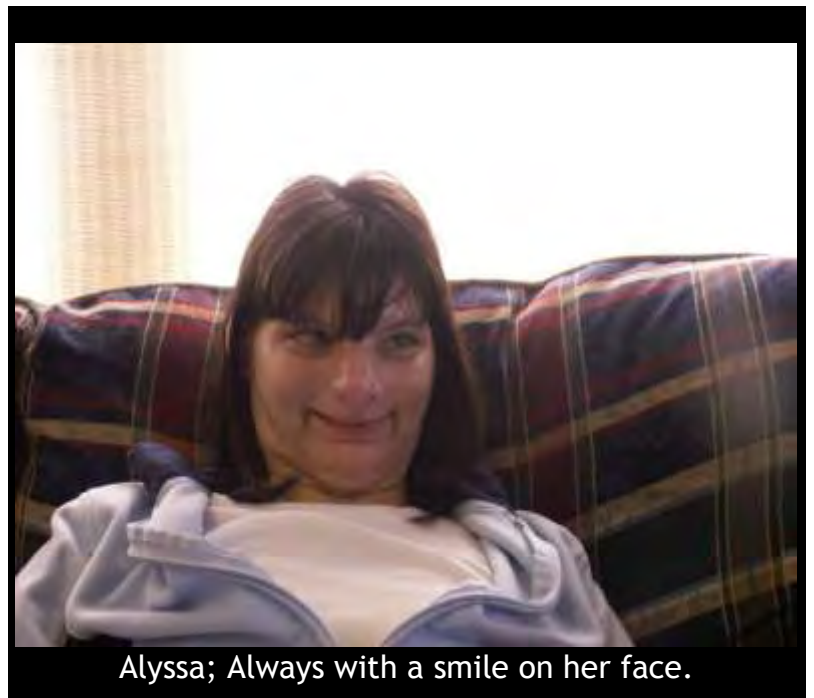
## Holiday Closings

We are open Good Friday – April 10 and will be running at our normal hours of operation.

We will be closed on Monday May 25, 2009 In celebration of Memorial Day.

## Sandpiper Haven Client Spotlight

Alyssa lives in Gilbertsville with her mother and father. She enjoys spending time with her grandmom, whom she calls mimi. She is very social and friendly. She loves music, singing and dancing. She will walk around the center; usually without her shoes; encouraging other clients and staff to sing to her. She makes friends easily and spends much of her day socializing with other clients. She enjoys Music Therapy, music videos and participating in games. Alyssa's favorite activities outside the center are swimming, watching her favorite videos and going to the mall. Alyssa also enjoys celebrating holidays and birthday parties.



Alyssa; Always with a smile on her face.



Construction of the Sunroom started in February and has really taken off in March. The roof is on and walls are up. Our clients are enjoying watching the project take shape. You can hear questions and comments about the room throughout the center. They are eager for the completion and are already planning on how we will use this room. The side picture shows the opening with two sets of French doors that will open up to a small fenced in area. Below the wall that will house five windows across went up and they just completed working on the roof.

## Construction is underway...

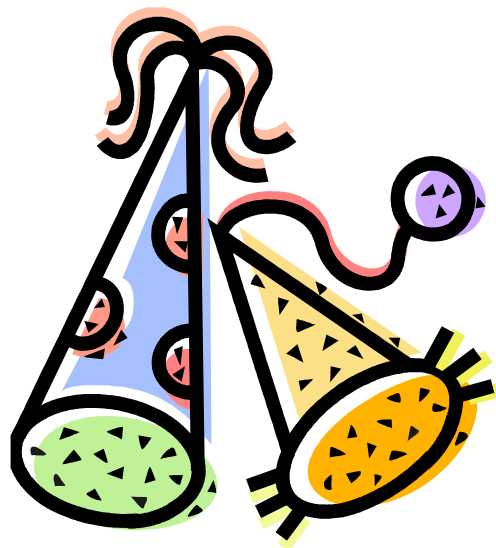


# HAPPY BIRTHDAY TO YOU!!!!

April -	4/1	John L.
	4/6	Bill D. and Albert S.
	4/7	Betty F.
	4/18	Marie P.
	4/20	Leona F.
	4/24	Jason B.
	4/27	Maggie C.

May	5/5	Mike W.
	5/7	Tom A.
	5/8	Mike P.
	5/9	Albert C.
	5/10	Chad L.
	5/13	Elaine M.
	5/15	Pam N.
	5/19	Fran M.
	5/20	Ricky G.

June	6/9	Jake B.
	6/14	Rob G.
	6/22	Carol M.



Welcome new clients: We're glad you're here.

Anne R.	Gale R.
Pam N.	Jake B.
Carol M.	

Welcome Back: We missed you!

Rob G. and Mike W.

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*We're on the Web!*

*Visit us at:*  
Bonhomieadc.com

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