



**TRADITIONAL BREADS, INC.**

161 Pleasant Street, Lynn, Ma 01901  
P 781.598.4451 F 781.598.4463

French FDR-100

Wheat DWR-145

Sourdough SDR-140

Onion Dill COR-187

**Nutrition Facts**

Serving Size 1 roll (45g)  
Servings Per Container 1

Amount Per Serving		% Daily Value*	
Calories	100	Calories from Fat	5
		Calories from Saturated Fat 0	
<b>Total Fat</b>	0.5g		1%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	220mg		9%
<b>Total Carbohydrate</b>	20g		7%
Dietary Fiber	1g		3%
Sugars	0g		
<b>Protein</b>	4g		7%
Vitamin A	0%	Vitamin C	8%
Calcium	0%	Iron	0%
Vitamin D	0%	Vitamin E	0%
Thiamin	15%	Riboflavin	8%
Niacin	8%	Vitamin B6	0%
Folate	0%	Vitamin B12	0%
Biotin	0%		

\* Percent Daily Values are based on a 2,000 calorie diet.

**Nutrition Facts**

Serving Size 1 roll (43g)  
Servings Per Container Approx. 1

Amount Per Serving		% Daily Value*	
Calories	100	Calories from Fat	10
		Calories from Saturated Fat 0	
<b>Total Fat</b>	1g		2%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	210mg		9%
<b>Total Carbohydrate</b>	19g		6%
Dietary Fiber	1g		5%
Sugars	2g		
<b>Protein</b>	4g		7%
Vitamin A	0%	Vitamin C	6%
Calcium	0%	Iron	2%
Vitamin D	0%	Vitamin E	0%
Thiamin	10%	Riboflavin	6%
Niacin	6%	Vitamin B6	0%
Folate	0%	Vitamin B12	0%
Biotin	0%		

\* Percent Daily Values are based on a 2,000 calorie diet.

**Nutrition Facts**

Serving Size 1 roll (35g)  
Servings Per Container 1 roll

Amount Per Serving		% Daily Value*	
Calories	80	Calories from Fat	0
		Calories from Saturated Fat 0	
<b>Total Fat</b>	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	170mg		7%
<b>Total Carbohydrate</b>	15g		5%
Dietary Fiber	0g		0%
Sugars	0g		
<b>Protein</b>	3g		6%
Vitamin A	0%	Vitamin C	2%
Calcium	0%	Iron	0%
Vitamin D	0%	Vitamin E	0%
Thiamin	10%	Riboflavin	6%
Niacin	6%	Vitamin B6	0%
Folate	0%	Vitamin B12	0%
Biotin	0%		

\* Percent Daily Values are based on a 2,000 calorie diet.

**Nutrition Facts**

Serving Size 1 roll (48g)  
Servings per Container approx: 1

Amount per Serving		% Daily Value*	
Calories	110	Calories from Fat	10
		Calories from Saturated Fat 0	
<b>Total Fat</b>	1g		1%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	230mg		9%
<b>Total Carbohydrate</b>	22g		7%
Dietary Fiber	1g		3%
Sugars	1g		
<b>Protein</b>	4g		
Vitamin A	0%	Vitamin C	2%
Calcium	0%	Iron	0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram  
Fat 9 • Carbohydrates 4 • Protein 4

# FAS-129 FRENCH ASSORTED ROLLS

**Color Scheme:**

Par Baked, Light Brown Color

**UPC:** 811381011529

**GTIN:** 00811381011529 07/05/12

## Packaging Information

<b>SKU #:</b>	FAS-129
<b>Pack / Unit Weight:</b>	180/1.3 oz 60/1.4 oz
<b>Gross Case Weight:</b>	23.19 Lbs
<b>Case Cube:</b>	2.69
<b>Case Dimensions:</b>	26x17x10.5
<b>TI x HI:</b>	4 x 6
<b>Inner Packaging:</b>	8 bags/30 units Clear Poly Bag
<b>Product Net Weight:</b>	21.19 Lbs



**Shelf Life:** One year from production date, shown on each case label

**Handling:** Keep frozen, thaw to room temperature before heating or serving, NEVER refrigerate

**Kosher Status:** K parve

**Serving Suggestions:** Table bread or sliders