Dementia Resources For Caregivers

BOOKS

• Caregiver Guides and Intervention Strategies

<u>A Caregiver's Guide to Alzheimer's Disease – 300 Tips for Making Life Easier</u> by Callone, P. et al, Demos medical Publishing: 2005

Alzheimer's Disease: Activity Focused Care 2nd Edition by Hellen, C., Butterworth Heineman: 1998

<u>The Complete Guide to Alzheimer Proofing Your Home</u> by Warner, M. L., Purdue University Press: 2000

Elder Rage or Take My Father...Please! by Marcell, J., Impressive Press: 2002

<u>Caring for a Person With Memory Loss and Confusion. Helping You Help Others: An Easy Guide for Caregivers</u>. Journeyworks Publishing, 1995-2010

<u>Bathing Without a Battle: Personal Care of Individuals with Dementia</u> by Barrick, A. L., et al, New York: Springer Publishing Company:2002

The Boomer's Guide to Aging Parents, Vol: 6: How to Handle Money for Aging Loved Ones by Rosenblatt, C. L. (2009)

The 36-Hour Day: A Family Guide to Caring for Persons With Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life by Mace, N. L., and Rabins, P. V., Warner Books: 2006

Talking to Alzheimer's by Strauss, C., New Harbinger: 2001

Coping With Caring: Daily Reflections for Alzheimer's Caregivers by Roche, L., Elder Books: 1996

Moving a Relative with Memory Loss: A Family Caregiver's Guide by White, L. and Spencer, B., Whisp Publications: 2002

When a Family Member Has Dementia: Steps to Becoming a Resilient Caregiver McCurry, Susan M., Praeger Publishers: 2006

The Dysphagia Cookbook: Great Tasting and Nutritious Recipes for People with Swallowing Difficulties by Achilles, Elayne. Cumberland House Publishing: 2004

There's Still a Person in There by Michael Castleman, Perigree Trade: 2000

When Your Loved One has Dementia: A Simple Guide for Caregivers, by Joy Glenner et al, Johns Hopkins University Press: 2005

<u>The Insider's Guide to Dementia Care: What You Should Know About Assisted Living</u> by Katherine Goethe et al, WingSpan Press: 2009

Alzheimer's Activities That Stimulate the Mind by Bazan-Salazar, E., McGraw-Hill: 2005

When Words Have Lost Their Meaning: Alzheimer's Patients Communicate through Art by Abraham, R., Praeger: 2004

Aerobics for the Mind by Engleman, M., Attainment Company: 2005

Personal Stories and Caregiver Support

A Cup of Comfort for Families Touched by Alzheimer's: Inspirational Stories of Unconditional Love and Support by Sell, C., Adams media: 2008

<u>Alzheimer's, A Love Story: One Year in My Husband's Journey</u> by Davidson, A., New York: Birch Lane Press Book: 1997

<u>Living in the Labyrinths: A Personal Journey Through the Maze of Alzheimer's</u> by Diana Friel McGowin, Delta: 1994

The Forgetting: Alzheimer's: Portrait of an Epidemic by David Shenk, Anchor: 2003

<u>Through the Wilderness of Alzheimer's</u> by Robert and Anne Simpson, Augsburg Fortress Publishers: 1999

Painted Diaries by Kim Howes Zabbia, Fairview Press: 1996

Losing My Mind: An Intimate Look at Life With Alzheimer's by Thomas Debaggio, Free Press: 2003

<u>Finding the Joy in Alzheimer's: Caregivers Share the Joyful Times</u> by Brenda Avadian, North Star Books: 2003

Waiting for the Morning: A Mother and Daughter's Journey Through Alzheimer's Disease by Brenda Parris Sibley, Writers Club Press: 2001

<u>Ten Thousand Joys & Ten Thousand Sorrows: A Couple's Journey Through Alzheimer's by</u> Hoblitzelle, O., Tarcher: 2010

<u>Speaking Out Minds: Personal Reflections From Individuals With Alzheimer's</u> by Synder, L, New York: With. H. Freeman and Company: 1999

• General Information

<u>Alzheimer's Early Stages: First Steps for Family, Friend, and Caregivers</u> by Kuhn, D., Hunter House Publishers, Inc: 2003

The Alzheimer's Action Plan: What You Need to Know--and What You Can Do--about Memory Problems, from Prevention to Early Intervention and Care by Doraiswamy M.P., Lisa P. Gwyther M.S.W. and Adler T., St. Martins Griffin: 2009

The Alzheimer's Answer Book: Professional Answers to More Than 250 Questions about Alzheimer's and Dementia by Atkins, C., Sourcebooks Inc.: 2008

• Frontotemporal Dementia

What If It's Not Alzheimer's Disease?: A Caregiver's Guide to Dementia by Lisa and Gary Radin, Prometheus Books: 2003

<u>The Banana lady and Other Stories of Curious Behavior and Speech</u> by Andrew Dertesz, Trafford Publishing: 2006

Losing Lou-Ann by Clinton Erb, Holistic Education press: 1996

<u>An Evolution of Love: Life and Love with Frontotemporal Dementia</u> by Marie Sykes and Michelle Stafford, Georgetown Publishing: 2007

WEBSITES

• Support and Resources

Family Caregiver Alliance www.caregiver.org

Alzheimer's Association www.alz.org

Alzheimer's Caregiver Support Online www.alzonline.net

Children of Aging Parents www.caps4caregivers.org

Elder Care Online www.ec-online.net

Family Caregivers Online www.familycaregiversonline.net

Finding The Humanity and Love in Alzheimer's Care www.bigtreemurphy.com

Well Spouse Association www.wellspouse.org

Area Agency on Aging www.eldercare.gov

Palliative Dementia Care Resources www.pdcronline.org

Caring Road Support Network www.caringroad.org

APA Caregiver Briefcase www.apa.org/pi/about/publications/caregivers/index.aspx

• Products and Services

Weill Cornell Medical College www.thiscaringhome.org

Ageless Design <u>www.agelessdesign.com</u>

Aging Parents www.agingparents.com

The Attainment Company <u>www.attainmentcompany.com</u>

Ableware Tools for Independent Living www.services.maddak.com

National Association of Professional Geriatric Care Managers www.caremanager.org

The National Academy of ElderLaw Attorneys www.naela.org

Interactive Therapeutics www.interactivetherapy.com

The Alzheimer's Store www.alzstore.com

• Frontotemporal Dementia and Related Disorders

Association for Frontotemporal Dementias <u>www.theaftd.org</u>

Frontotemporal Dementia Caregiver Support Centre www.ftdsupport.com

Pick's Disease Support Group Online www.pdsg.org.uk

Pick's International Support Group for Teens http://health.groups.yahoo.com/group/pickssupport

Primary Progressive Aphasia Listserve http://groups.yahoo.com/group/PPA-support

Northwestern Univ- PPA and Frontal Dementia www.brain.northwestern.edu/ppa/handbook.html

• Lewy Body Dementia

Lewy Body Dementia Association www.lewybodydementia.org

Help Guide LBD http://www.helpguide.org/elder/lewy_body_disease.htm

Living With Lewy Body http://livingwithlewybody.blogspot.com/

Mayo LBD Coping and Support

http://www.mayoclinic.com/health/lewy-body-dementia/DS00795/DSECTION=coping-and-support

• General Information

Administration on Aging www.aoa.gov

NIA Alzheimer's Disease Education and Referral www.nia.nih.gov/alzheimers

Dementia and Driving www.thehartford.com/alzheimers

Power of Attorney Documents www.caringinfo.org

AMA Older Driver Safety <u>www.ama-assn.org/ama/pub/physician-resources/public-health/promoting-healthy-lifestyles/geriatric-health/older-driver-safety/resources-patients.page?</u>

HBO The Alzheimer's Project: 4 part documentary series www.hbo.com/alzheimers

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