

DALCROZE EURHYTHMICS

SAMS

St Albans Music School

The classes include moving in bare feet, rhythm, beat, pulse, phrasing, percussion, singing, musical games and having fun with music!

Early Years: 11.15-12.00 (3-4yrs)

Years 1&2: 12.00-12.45

Years 3 & above: 1.00-1.45

Spring Term 2019

12th & 26th January

9th February

9th, 23rd & 30th March

Teacher

Elizabeth Watkin

Cost

£42.00 per term

For further information or to enrol, please contact St Albans Music School, Townsend C of E School, High Oaks, St Albans, Herts AL3 6DR.

Tel: 01727 860941

Email: stalbanmusicenquiries@hertfordshire.gov.uk



@HMSSaintAlbans

hertsmusicservice.org.uk



The benefits for children of

DALCROZE EURHYTHMICS

Or

Music through Movement

- ✚ Eurhythmics teaches children to listen and develop aural skills.
- ✚ Eurhythmics develops a strong sense of rhythm, pulse, tempo, pitch, dynamics, bar time, phrasing and many more elements of music.
- ✚ Children develop a kinaesthetic sense by feeling and experiencing music with the whole body and can explore the relationship between time, space and energy.
- ✚ Children develop balance, control, co-ordination, tension and relaxation by using large motor actions.
- ✚ By using movement to feel the music children learn to associate the notation of music with a physical experience.
- ✚ Children become aware of moving in a space as part of a group or ensemble as well as an individual or soloist.
- ✚ Children use their imagination! The lessons promote a feeling of joy and well-being.
- ✚ **Dalcroze Eurhythmics is probably the best introduction to music a child could have!**
- ✚ For more information please visit <http://biography.yourdictionary.com/emile-jaques-dalcroze>