We Must Train Ourselves

Scripture: 1 Timothy 4:7

Series: Revival

Sunday, February 3, 2019

REDEEMER FELLOWSHIP

Overview

Even though God forgives us for our sin, and promises to sanctify us, it is not the Christian's role to simply sit back and passively accept these gifts. Instead, God calls us to take an active part in his work in our lives, and in fact, to focus on training in Godliness. **Godliness is the consequence of God's power and our persistence.** It leads to becoming increasingly like God in his attributes. We are called not to live a life of passivity or self-sufficiency, but a life characterized by devotion to God stemming from faith in Christ. People can change and grow, but only through divine power.

Corroborating Texts

Romans 8:29; Titus 2:11–14; 2 Peter 1:3; Colossians 1:3–10; 1 Timothy 6:3; Hebrews 3:12–13; Philippians 2:12–13

Discussion Questions

- 1. What are some non-spiritual areas in life where you train yourself? What lessons can you take from those areas to apply to your spiritual life?
- 2. Godliness means emulating the attributes of God. Some of his attributes we can emulate (communicable), and some we cannot (incommunicable: infinite, omnipresent, unchangeable, omnipotent). Which of God's attributes can we imitate? [goodness, graciousness, holiness, love, wisdom, justice] Of these, which do you find most difficult to imitate in your life?
- 3. Godliness means there isn't a part of your life where you aren't seeking to honor God. In which part of your life do you find it most difficult to honor God? What are some specific ways you can more fully rely on God's power in those more difficult areas of life?
- 4. Training requires routine: what routines can you establish that will help you to grow in godliness?
- 5. How can our community help one another in the pursuit of godliness?