

Sadie's INDIRECT Oil Painting Materials

Small sketchbook or notebook

Plus pen/pencil for taking notes

Drawing materials (for preparatory drawing)

Please bring all materials listed on the [Drawing Materials List](#)

Panel



GessoBord brand gessoed panels,
(1) 5x7 or 5x5
(1) 8x10

Brushes



Required: Robert Simmons "White Sable" brushes with the maroon handles and white bristles. Some sites say they are for acrylic or watercolor, but they are for oils, too.

Filberts, 2 each of sizes #10, #4, and #1

(This means two identical brushes of each size)

<http://www.dickblick.com/products/robert-simmons-white-sable-brushes/>

Palette

Medium-size wooden oval style with a thumb hole

(If it's brand new, please brush on thick coats of linseed oil every night for several days/weeks before the class AND immediately before applying paint, or it will absorb all your oil paint.)

(My favorite is the [New Wave Posh palette](#))



PLEASE NOTE: The New Wave Palettes have a special coating and you do NOT need to treat them with linseed oil.

Palette Knife



Stepped and flexible metal, diamond shaped blade, about 2" blade (not the tiny one, and not the flat "spatula" style) - type with "Made in Italy" stamped on handle is the best.

Paints:

Recommended brand: Williamsburg

If you have other brands you can use those, but make sure your white is high quality.

Other recommended brands are Holbein, Rembrandt, Gamblin

NO student grade or store brand paint: Cheap paint costs time, effort and money.

Upgrade one tube at a time if you can't afford all at once. Your white especially should be high quality.

Basic palette:

Titanium White, Williamsburg

Cadmium Yellow Medium, Williamsburg

Quinacridone Red, Williamsburg

Ultramarine Blue, Williamsburg

Burnt Umber, Williamsburg

Asphaltum, Gamblin Brand only

OPTIONAL: Cadmium Orange, Viridian Green, a Violet or Purple



Jars and Containers

Two (2) Silicoil brush cleaning jars



Jars

2 large Mason Jars

Four (4) very small (~1 inch tall) glass jars with tight lids and straight sides (sold in art supply store near turps and oils) or similar jars from home. No plastic!



Medium cup



1 small aluminum or glass painting cup (sold in art supply store) for holding medium during painting session

Oils and Solvents

Refined Linseed Oil - small bottle (read label carefully, there are many kinds of Linseed oil)

Stand Oil - small bottle (this is actually just a thicker form of linseed oil)

Odorless Mineral Spirits (Turpenoid or Gamsol brands)



Natural Turpenoid (Martin/F Weber brand) (the non-toxic orange oil, green can - ONLY for cleaning brushes, never get it into your paint)



NOTE: For those flying in for a workshop, don't fly with any of the above linseed oil, stand oil, or solvents (they are flammable and you can't put them in your luggage). Instructor will provide you with the bottled oils and solvents you need. Please bring your own oil paints. Instructions about how to fly with oil paints in your checked luggage on our website FAQ.

Please mix up your mediums in the small jars at home:

- Small 1" glass jar of "LEAN" underpainting medium (2 parts linseed, 1 part odorless turp, use fine sharpie to mark parts on side of glass and to write recipe on lid)
- Small 1" glass jar of "FAT" painting medium (1 part linseed, 1 part stand oil, use fine sharpie to mark parts on side of glass and to write recipe on lid)
- Take each Silicoil out of the jar by twisting it tighter and smaller like a spring, put each Silicoil into 2 large mason jars
- Fill one Silicoil jar above coils with Odorless Turpenoid (blue can) or Gamsol
- Fill second Silicoil jar above coils with Natural Turpenoid (green can)

Hardware Store Shop Cloth Paper Towels



Blue roll paper towels called "shop cloths", available in Ace hardware stores. All white kitchen paper towels, including "Viva" paper towels, are too linty for this method of painting.

OPTIONAL: View finder

We have several ViewCatchers for students to use during class, but if you want to buy your own this is a good one:

<http://www.dickblick.com/products/viewcatcher/>