

7th Annual EDRS, Inc. Eating Disorder Awareness Week Fundraising Conference February 7-9, 2013 Sheraton Hotel Petaluma, CA Sonoma County

Converging Paths:

Clinical Practice & Social Activism In The Treatment and Prevention of Eating Disorders

Bringing together the **community**:

An educational conference for **professionals**,

> people in **recovery**,

and their **family** and **friends**.



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Eating Disorder Recovery Support, Inc.

Eating Disorder Recovery Support, Inc. is a Marin and Sonoma County based 501(c)(3) nonprofit organization that is dedicated to promoting community awareness of eating disorders, professional education and collaboration, and providing treatment scholarships to California residents that need financial assistance for treatment. Each year we hold a fundraising conference for Eating Disorder Awareness Week to help accomplish all of these goals.

This conference will provide you with state of the art information on the treatment of eating disorders. Your conference fees will directly support the Treatment Scholarship Fund.

A special thanks to our sponsors, whose contributions make this conference a reality, allowing us to dedicate proceeds from the conference registrations to the Treatment Scholarship fund.

For sponsorship opportunities, please visit www.edrs.net



Eating Disorder Recovery Support, Inc.

Bridget Whitlow, LMFT EDRS, Inc. President 320 Western Avenue Petaluma, California, 94952 @edrs_inc #edrsinc13

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www.edrs.net

The EDRS Scholarship Fund is available to all California residents and is based on financial and treatment needs.

Sponsors

Registration Form

Thursday, February 7th

Key Note Address (9:30 – 10:30): Anita Johnston, Ph.D. Morning Sessions: (11:00 – 12:30) — Choose one DSM 5 and Changes to Eating Disorder Diagnosis \square Session 1: The Use of ACT in the Treatment of Eating Disorders Session 2: Lunch: Networking Luncheon (12:30 – 1:30) Workshops: (1:30 - 5:00) — Choose one Workshop 1: Treating Anorexia in a Short-Term Multi-Family Format Workshop 2: Medical Complications of Severe Restricting and Purging How Food, Nutrition and Nutrition Therapist Help in the Healing process Workshop 3: Evening Events and Welcoming Reception: (5:15 – 7:00) Event: "This is Beauty" Screening Love Warrior Ceremony and Book Signings



Key Note Address (9:30 – 10:30): Walter Kaye, MD

	Morning sessions: (11:00– 12:30) — Choose one
Session 5:	Interface of Anorexia Nervosa and Body Dysmorphic Disorder
Session 6:	Vital Missing ingredient in Clinical Practice: Lessons learned from a daughter
Lunch:	Professional Networking Luncheon (12:30 – 1:30)
	Afternoon Sessions I (1:30– 3:00) — Choose one
Session 7:	Links between Eating Disorders and Obesity
Session 8:	The Dual Diagnosis of Eating Disorders and Diabetes Mellitus
	Afternoon Sessions II (3:30-5:00)
Session 9:	From Unintentional Harm to Supportive Activist: Responding to weight vs. health messages
Session 10:	Insights into Sensitive Temperaments and Complex Personalities in Those with Eating Disorders
Event:	Evening Event and Reception: (5:00 – 7:00)
	Goodbye ED, Hello Me: Presentation and Book Signings by Jenni Schaefer

Saturday, February 9th

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		Key Note Address (9:30 – 10:30): Laura	Collins Lyster-Mensh	. MS	
		Morning Session (11:00 – 12:30) — Choc	-	· · · · · · · · · · · · · · · · · · ·	ere thanks to our
	Session 11:	The Time is Now: Latest Strategies by Insuran			nce presenters and
	Session 12:	Body Image: Experiential Techniques for Hea			nizers who have
	Session 13:	The Body Positive: This is Beauty!			ly donated their time
	Lunch:	Professional Networking Luncheon (12:3	0-1.30)		ke this fundraising
	Lonen.	Afternoon Sessions I (1:30 – 3:00) — Cho			erence a success!
	Session 14:	Men in Families: Mobilizing Male Loved One		Come	ience a soccess:
	Session 15:	Self-Love: A Radical Activist Practice			
	Session 16:	How Physicians & Non-Physicians Can Use A	ED Guide to Medical A	Vanagement	
	00331011 10.	Afternoon Sessions II (3:30 – 5:00) — Ch		Adhagement	
	Session 17:	Real Faces of Men with Eating Disorders			
	Session 18:	The Playful Side of Healing: Body Love cards			
	Session 19:	Inside the Session: A View of Therapist/Client	Interactions that Eacili	tate Change	
*	One Day \$15 Regular Registro One Day \$13 Students/Int	tion: (Group Rate: 10% off for groups of 4 or 5 □ Two Days \$310 □ Three Day erns: \$75/day	more) s \$460		
•*•		Request: Indicate reason for requesting a scho cheon with Pre-Purchase: \$ 22 per day	biarship:		
•	-	Friday Saturday Choose:	🗆 Vegetarian Meal	Chicken/Turkey	[,] Meal
T •		the second se			

Total Amount for Registration and Meals: \$

Volunteer positions and financial assistance available. Contact Joan Thompson by January 15, 2013: (707) 778-7849

Number of Participants: Total Am Additional Donation to the Trea	
Cash at the doorCheck: (Pay to EDRS) Ch	eck #: PayPal at edrs.net
CREDIT/DEBIT: 🗆 MasterCard 🗆 Visa 🗆 Discover	Amount \$
Print Cardholder's Name (as on card):	
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Please mail the completed registration form and your payment to: Casa Serena Eating Disorders Program, Attn. Jackie Holmes 1868 Clayton road Suite 123, Concord, CA 94520 Ph: (925) 682-8252 Fax: (925) 682-8313

Education

6 CE hours offered each day for: MFT, LCSW, PhD, RD and RN

CEs for psychologists are provided by The Spiritual Competency Resource Center which is co-sponsoring this program and is approved by the American Psychological Association to sponsor continuing

education for psychologists. SCRC maintains responsibility for the program and its content. SCRC is a California



Board of Registered Nursing Provider (BRN) and a Board of Behavioral Sciences Provider (BBS).

For questions about CE contact, visit www.spiritualcompetency.com or contact David Lukoff, PhD at david.lukoff@gmail.com or call (707) 763-3576

CME application pending approval and will be confirmed. Additional fee will be applied for receiving CME.

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Please mark your

sessions & after

Method of Payment

Hotel Travel Information

A special rate of \$109 per night is being offered to Conference when booking your reservation.

Conference Location

Sheraton Sonoma County - Petaluma 745 Baywood Drive Petaluma, CA 94954 Hotel Direct: (707) 283-2888

Direct booking link: https://www.starwoodmeeting.com/StarGroupsWeb /res?id=1211281172&key=E9265



EDRS, Inc. Conference Schedule 2013 Converging Paths: Clinical Practice and Social Activism in the Treatment and Prevention of Eating Disorders

Thursday, February 7, 2013

8:00 am - 12:00 pm			Registration	
8:00 to 9:00 am	Morning Refreshments			
9:00 am to 9:30 am		١	Welcome and Opening Ceremonies The EDRS, Inc. Board Members	
9:30 am - 10:30 am	Keynote Address Using Ancient Wisdom and Modern Neuroscience to Treat Eating Disorders Anita Johnston, Ph.D.			Treat Eating Disorders
10:30 am - 11:00 am	ωŬ		Refreshments	
11:00 am - 12:30 pm		The DSM-5 and Eating Disorder Changes Kara Fitzpatrick, Ph.D.	The Use of Acceptance and Commitment Therapy in the Treatment of Eating Disorders Alix Timko, Ph.D.	
12:30 pm - 1:30 pm		Professio	onal Networking Luncheon	
1:30 pm to 5:00 pm		Treating Anorexia in a Short- Term Intensive Multi-Family Format Stephanie Knatz, Ph.D. and Kerri Boutelle, Ph.D.	Medical Complications of Severe Restricting and Purging Jennifer L. Gaudiani, MD, CEDS	Seeking Recovery: How Food, Nutrition, and the Nutrition Therapist Help in the Healing Process Ronnie Benjamin, MPH, RD
5:00 pm to 5:15 pm			Evening Transition Break	
5:15 pm to 5:45 pm		This	is Beauty Screening: Elizabeth Sco	ott, LCSW
5:45 pm to 7:00 pm		Welcoming Recep	btion: Wine with Cheese, Love War & Book Signings	rior Award Ceremony,

Friday, February 8, 2013

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8:00 am - 12:00 pm		Regis	tration		
8:00 to 9:15 am		Morning Refre	eshments		
9:15 am to 9:30 am		Welcome and Da The EDRS, Inc. Bo			
9:30 am - 10:30 am		Future New Insights into Ten Nervosa and Implications	e Address Surfing: nperament in Anorexia s for Improving Treatment <i>Kaye, MD</i>		
10:30 am - 11:00 am	ben	Refres	hments		
11:00 am - 12:30 pm	Exhibits Op	The Interface of Anorexia Nervosa and Body Dysmorphic Disorder: Comparing and Contrasting Related Disorders of Body Image Jamie Feusner, MD	Vital Missing Ingredients in Clinical Practice: Through the Lessons Learned from a Daughter Doris Smeltzer, MA		
12:30 pm - 1:30 pm	Professional Networking Luncheon				
1:30 pm - 3:00 pm		The Dual Diagnosis of Eating Disorders and Diabetes Mellitus Ovidio Bermudez, MD	Links Between Eating Disorders and Obesity Rebecka Peebles, MD		

00 pm - 3:30 pm		Refreshments				
30 pm - 5:00 pm		From Unintentional Harm to S Responding to Weight vs. H Barbara Birsinger, Th.D., MPH, R	Health Messages	Compl	the Sensitive Temperaments and ex Personalities of those who uggle with Eating Disordrs Buck Runyan, LMFT, CEDS	
:00 pm - 5:30 pm			Evening Reception	on		
:30 pm to 7:30 pm		Goodbye ED, Hello Me ®: R Je	Recover from Your Eating enni Schaefer Event and E			
aturday, Feb	ruar	y 9, 2013				
3:00 am - 12:00 pm			Registration			
8:00 to 9:15 am			Refreshments			
9:15 am to 9:30 am			Welcome and Day in Rev The EDRS, Inc. Board Men			
9:30 am - 10:30 am		Keynote Address Parentectomy to Partnership: What Parents Have to Offer the Eating Disorders Community Laura Collins Lyster-Mensh, MS				
0:30 am - 11:00 am		Refreshments				
1:00 am - 12:30 pm	Exhibits Open	The Time is Now: Latest Strategies by Insurance Companies to Deny Eating Disorder Care and What We Can Do About It, Part II Lisa Kantor, Esq. and Kitty Westin, LP	Experiential Approa Resolve the Comple Image and Identity I Eating Disorder Cl Adrienne Ressler, LMS	x Body ssue in ients	The Body Positive: This is Beauty! Elizabeth Scott, LCSW	
2:30 pm - 1:30 pm		Professional Networking Luncheon				
:30 pm - 3:00 pm		Men in Families: Mobilizing & Utilizing Male Loved Ones to Support Treatment and Recovery Joe Kelly and Kitty Westin, LP	Self-Love: A Radical Practice Michelle Minero, L		Is Everything OK? How Physicians (& Non-Physicians) Can Use AED's New Guide to Medical Assessment to Better Manage Eating Disorders Ed Tyson, MD	
3:00 pm - 3:30 pm		Refreshments				
3:30 pm - 5:00 pm		The Real Face of Men with Eating Disorders: Profiles from Anorexics to Bingers and How to Prevent the Development of Disorders	The Playful Side of H Body Love Caro Carol Normandi, LMI Laurelee Roark, MA,	ds FT and	Inside the Session: A View of Therapist/Client Interactions that Facilitate Change Carolyn Costin, MA, M.ED., MFT	

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