



Converging Paths: Clinical Practice & Social Activism In The Treatment and Prevention of Eating Disorders

Bringing together
the **community**:

An educational
conference for
professionals,

**people in
recovery**,
and their **family
and friends**.



7th Annual EDRS, Inc.
Eating Disorder Awareness Week
Fundraising Conference
February 7-9, 2013
Sheraton Hotel
Petaluma, CA
Sonoma County

Eating Disorder Recovery Support, Inc.

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Eating Disorder Recovery Support, Inc.

Eating Disorder Recovery Support, Inc. is a Marin and Sonoma County based 501(c)(3) nonprofit organization that is dedicated to promoting community awareness of eating disorders, professional education and collaboration, and providing treatment scholarships to California residents that need financial assistance for treatment. Each year we hold a fundraising conference for Eating Disorder Awareness Week to help accomplish all of these goals.

- ❖ This conference will provide you with state of the art information on the treatment of eating disorders. Your conference fees will directly support the Treatment Scholarship Fund.
- ❖ The EDRS Scholarship Fund is available to all California residents and is based on financial and treatment needs.

Sponsors

A special thanks to our sponsors, whose contributions make this conference a reality, allowing us to dedicate proceeds from the conference registrations to the Treatment Scholarship fund.

For sponsorship opportunities, please visit www.edrs.net

Philanthropists: \$5000



Humanitarians: \$3000



Guardians: \$2000



Activists: \$1200



Friends of EDRS

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EDRS, Inc. Conference Schedule 2013

Converging Paths: Clinical Practice and Social Activism in the Treatment and Prevention of Eating Disorders

Thursday, February 7, 2013

8:00 am - 12:00 pm	Registration			
8:00 to 9:00 am	Morning Refreshments			
9:00 am to 9:30 am	Welcome and Opening Ceremonies The EDRS, Inc. Board Members			
9:30 am - 10:30 am	Exhibits Open	Keynote Address Using Ancient Wisdom and Modern Neuroscience to Treat Eating Disorders <i>Anita Johnston, Ph.D.</i>		
10:30 am - 11:00 am		Refreshments		
11:00 am - 12:30 pm		The DSM-5 and Eating Disorder Changes <i>Kara Fitzpatrick, Ph.D.</i>	The Use of Acceptance and Commitment Therapy in the Treatment of Eating Disorders <i>Alix Timko, Ph.D.</i>	
12:30 pm - 1:30 pm		Professional Networking Luncheon		
1:30 pm to 5:00 pm		Treating Anorexia in a Short-Term Intensive Multi-Family Format <i>Stephanie Knatz, Ph.D. and Kerri Boutelle, Ph.D.</i>	Medical Complications of Severe Restricting and Purging <i>Jennifer L. Gaudiani, MD, CEDS</i>	Seeking Recovery: How Food, Nutrition, and the Nutrition Therapist Help in the Healing Process <i>Ronnie Benjamin, MPH, RD</i>
5:00 pm to 5:15 pm		Evening Transition Break		
5:15 pm to 5:45 pm		This is Beauty Screening: <i>Elizabeth Scott, LCSW</i>		
5:45 pm to 7:00 pm		Welcoming Reception: Wine with Cheese, Love Warrior Award Ceremony, & Book Signings		

Friday, February 8, 2013

8:00 am - 12:00 pm	Registration			
8:00 to 9:15 am	Morning Refreshments			
9:15 am to 9:30 am	Welcome and Day in Review The EDRS, Inc. Board Members			
9:30 am - 10:30 am	Exhibits Open	Keynote Address Future Surfing: New Insights into Temperament in Anorexia Nervosa and Implications for Improving Treatment <i>Walter Kaye, MD</i>		
10:30 am - 11:00 am		Refreshments		
11:00 am - 12:30 pm		The Interface of Anorexia Nervosa and Body Dysmorphic Disorder: Comparing and Contrasting Related Disorders of Body Image <i>Jamie Feusner, MD</i>	Vital Missing Ingredients in Clinical Practice: Through the Lessons Learned from a Daughter <i>Doris Smeltzer, MA</i>	
12:30 pm - 1:30 pm		Professional Networking Luncheon		
1:30 pm - 3:00 pm		The Dual Diagnosis of Eating Disorders and Diabetes Mellitus <i>Ovidio Bermudez, MD</i>	Links Between Eating Disorders and Obesity <i>Rebecka Peebles, MD</i>	

3:00 pm - 3:30 pm	Refreshments		
3:30 pm - 5:00 pm	From Unintentional Harm to Supportive Activist: Responding to Weight vs. Health Messages <i>Barbara Birsinger, Th.D., MPH, RD & Ellyn Herb, Ph.D.</i>	Insights to the Sensitive Temperaments and Complex Personalities of those who Struggle with Eating Disorders <i>Buck Runyan, LMFT, CEDS</i>	
5:00 pm - 5:30 pm	Evening Reception		
5:30 pm to 7:30 pm	Goodbye ED, Hello Me ®: Recover from Your Eating Disorder and Fall in Love with Life <i>Jenni Schaefer Event and Book Signing</i>		

Saturday, February 9, 2013

8:00 am - 12:00 pm	Registration			
8:00 to 9:15 am	Refreshments			
9:15 am to 9:30 am	Welcome and Day in Review The EDRS, Inc. Board Members			
9:30 am - 10:30 am	Exhibits Open	Keynote Address Parentectomy to Partnership: What Parents Have to Offer the Eating Disorders Community <i>Laura Collins Lyster-Mensch, MS</i>		
10:30 am - 11:00 am		Refreshments		
11:00 am - 12:30 pm		The Time is Now: Latest Strategies by Insurance Companies to Deny Eating Disorder Care and What We Can Do About It, Part II <i>Lisa Kantor, Esq. and Kitty Westin, LP</i>	Experiential Approaches to Resolve the Complex Body Image and Identity Issue in Eating Disorder Clients <i>Adrienne Ressler, LMSW, CEDS</i>	The Body Positive: This is Beauty! <i>Elizabeth Scott, LCSW</i>
12:30 pm - 1:30 pm		Professional Networking Luncheon		
1:30 pm - 3:00 pm		Men in Families: Mobilizing & Utilizing Male Loved Ones to Support Treatment and Recovery <i>Joe Kelly and Kitty Westin, LP</i>	Self-Love: A Radical Activist Practice <i>Michelle Minero, LMFT</i>	Is Everything OK? How Physicians (& Non-Physicians) Can Use AED's New Guide to Medical Assessment to Better Manage Eating Disorders <i>Ed Tyson, MD</i>
3:00 pm - 3:30 pm		Refreshments		
3:30 pm - 5:00 pm		The Real Face of Men with Eating Disorders: Profiles from Anorexics to Bingers and How to Prevent the Development of Disorders <i>Andrew Walen, LCSW</i>	The Playful Side of Healing: Body Love Cards <i>Carol Normandi, LMFT and Laurelee Roark, MA, CCHT</i>	Inside the Session: A View of Therapist/Client Interactions that Facilitate Change <i>Carolyn Costin, MA, M.Ed., MFT</i>