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## Chapter 7. Making Sense of the Acts

### —Using The 6-Key Model To Assess a Dramatherapy Session With a Child

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Dramatherapy: processes take place on so many planes at once that it is often hard for therapists to navigate this multi-levelled ocean of images, incidences, characters, and plots, without losing their sense of direction and balance: Shall one focus on the story, the roles, the therapeutic relationship, or the acting/playing skills? How is it possible to make a relevant assessment of these numerous levels of interactions? In order to make sense of the process, dramatherapists utilize an assortment of assessment methods and tools.

Some of these are primarily role-based (Johnson, 2012; Landy & Butler, 2012; Snow et.al, 2009); others are story-oriented (Lahad & Dent-Brown 2012; Landy & Butler 2012), while others rely on dramatic abilities and developmental play theories as a means to assess the client's functioning in dramatic reality (Cleven, 2012; Jennings, 2012; Jones, 1996; Pitruzzella, 2010). In addition, psychological or psychiatric assessment tools are used by practitioners, either in combination with dramatherapy approaches or on their own (Dokter, 2012). Although these methods often cover a

