

## The Rise of the Feeling

Oh you who in your heart felt the vibration of the deep string, you who in full being seek for light, to you these lines are destined...

Secretly in your being, a Feeling rises, still imprecise, but already demanding: it is the call of the Divine, and your desire to serve it.

Here and there you are looking, and anxiously you are wondering: Where are the brothers seeking Light? Indeed you would like to meet them in a shared effort. You ask too: How may I serve? I have some material goods; shall I share them for a noble cause? I have goodwill: may it be useful?

Your glance goes hither and thither, with some hints of hope, sometimes hints of deception too. You find only preconceived ideas, vague notions, incompetency mixed with a small measure of often-sentimental goodwill. Or you find the categorical affirmation of an intellect which claims knowing all, claims to be able to judge all, desiring the good but seeing all according to its own image.

In you the following proverb seems to resonate: "If the blind conducts the blind, will they not fall together into the same well"?

The Feeling rises in yourself, the desire becomes imperious: but where are those who know, those who see?

Peace be with you, brother, here are those you are seeking.

You want to have companions on the Path. Are you determined? Are you really so, brother seeking Light?

You are asking how to serve...if you are determined to be a brother seeking light: your service is accepted, even demanded. Yes, your material aid might be useful, even indispensable for the exterior construction of the work...

But a noble Cause requires for its service noble beings.

Are you determined, brother? Are you yourself taking the engagement to follow the Path as best as you can, regardless of the obstacles? Is it really what you desire? Yes...

Hence, brother listen to the rising of the Feeling, it will be your blazing light along your journey...

Brother, in order to guide your steps you need a light, a light that you may be able to hold yourself. We can help you in many instances, enlighten you as needed. But, you only, can tread your way, and you only can take the firm steps as you hold your light high. Learn today to keep it high, learn to use it, know it, and soon the joy of light will rise in you...

Oh brother, listen! In your heart rises the Feeling, so sweet, so subtle, that the slightest disharmony veils it. In your heart is emitted its beneficent music, its pure clarity. In its presence, all is transformed, all is beautified.

Oh brother, contemplate! You have found your blazing light...

Could you recognize the 'Feeling' from all feelings, which abides in you? It is not a feeling; it is the 'Feeling'. Whereas almost all feelings bring exterior impressions, a sense of 'having', the Feeling brings a divine influx, a sense of 'Being'.

Each time a noble and generous élan, deep and pure, animates you, it is the Feeling, rising in your heart. Each time a élan of love guides a meaningful action: it is the Feeling, which enlightens you.

The Feeling is familiar through its radiation, so warm and intimate. It is it, which incites you to pardon, to give you confidence in the divine action. The Feeling is like an enveloping and warm protection of an infinitely sweet presence. Indeed, the Feeling is the divine Presence speaking in your ear. Would you desire a better light to guide you?

If by chance, due to lack of attention, you would have lost your blazing light, remember that it is always close and easy to recover. Whatever the disarray in which you find yourself, make the effort of calm confidence. Hence, in this moment of relaxation, awaken in yourself a desire, a desire of beauty, noble, pure, truthful, warm, luminous, and also a desire, an élan, a gift of yourself for an a greater action...

How demanding be the trouble bothering you, forget about it, be confident. At this moment, allow the desire to grow in you; intensify it, and give it all the élan of your soul. Do not speak of it, do not talk about it. But in the secretive part of your heart, give everything to the Divine, and for the Divine, endeavor to realize your desire, intensified by a greater élan of joy.

Then, progressively, or perhaps suddenly in measure of the intensity of your aspiration, the Feeling rises in your heart, bringing peace and light, confidence and strength.

Brother, grasp the blazing light with a determined and firm hand, there is no dark place in you that cannot be enlightened. Allow the rising of the Feeling accomplish itself. Contemplate the rising of the Feeling in your heart...

Now is the time to become aware of an important fact: so subtle is the rising of the Feeling, so total is its respect of your personality, than if you have the tendency to harbor a breath of disharmony, the Feeling veils its radiance in order to not hinder your experience. But, on the other hand, if you ask for its aid with all your heart and allow the unfolding of the action, all shadow is dissipated.

Then if you really desire that the rising of the Feeling be luminous and total, you cannot harbor any other sentiment than the one awakened by the Feeling, because it can be only positive, constructive, noble and pure.

There is in the person, brother, a 'center' called the solar plexus. It has the power to capture from the outside all kind of vibrations. They affect you with feelings that can be sensed very intensely. This center has also the power to project outside variable vibrations, which are the expression of feelings harbored in you. The plexus is a vital door open to the outside. The point is to be aware of what you allow to enter or emit there. For this, you have to be able to discern feelings from the Feeling. Those captured by the plexus are numerous, some are beautiful, noble and pure; others are but shadows. Guard your entrance, brother, and allow entering only the most beautiful. These feelings are not from you, they are visitors, as your own feelings are visitors in others. The

qualities of the feelings you emit determine the quality of those which enter. Therefore, brother, guard on the doorstep of your door all that comes out, and allow only the purest to enter.

Be firm, be firm, brother. You will ever be the firm enough guardian of the threshold of your abode. Because what enters is not easy to dislodge, and what has left is not easy to recall.

You are responsible for your abode: it is a sacred temple. If the undesirable knock at your door, do not answer; if it insists again and troubles you, do not answer, go inside your temple and vivify the flame of the hearth: your trouble will dissipate through its warmth, and the undesirable will leave the precincts.

If one day you were not attentive and if the undesirable had entered through the open door, therefore, do not hesitate un single moment: expel it with all your energy, and take from it any desire to come back. Such an action, determined, immediate, total, will avoid in the future much trouble.

After such actions, carefully close the door, and in the secret of your abode, contemplate the rising of the Feeling.

If, when you, for the first time, begin guarding your door and notice that the abode is already invaded by the undesirable, do not worry, you are not alone in the temple. Confident, quiet, meet the rising Feeling and ask for its aid. Do not wonder when, where, how it will act. Be confident in the perfect certitude, guard the opening of your door, do your part of the work, which is to keep it close and pure.

According to the perfection of your guard, the light emitted in the temple by the rising of the Feeling becomes more intense. In function of the increasing of intensity of the light, the undesirable backs up. Indeed the light consumes all dark elements if you ask it: therefore you will be able to fully master the entrance of the temple, it will be purified from the undesirable.

If you allow only the most high, beautiful and noble to enter, you have to also check what you allow to come out: the purest, the most perfect. If you happen by mistake allow to escape a current which has not yet reached the desirable purity, hence, without hesitation, send in the same direction a ray of intense Love, giving it the mission to correct the mistake. This ray of intense Love, it is the Feeling, which gives it to you as it is rising. Allow it to vibrate in you until you intensely sense it. Then, through a élan, spontaneous and pure, give it; project it in the necessary direction. Here again, do not ask whether where, when, how, it will act. Be confident, it is the Feeling, which acts; you, do your part in complete sincerity and gratitude.

Brother, is it clear? Did you understand?

The door of your temple is the plexus. What comes in and out is all what you sense. Each time you sense a feeling, it goes through the plexus, be it a shock, emotion, pain, joy or happiness. When you close the door, you do not feel. The guardian, it is you, in your conscious feeling, in your conscious thought, at any time. The undesirable is all that is less perfect than the most perfect you can express. The desirable is the divine expression, the highest that you can conceive; the Divine is in the rising of the Feeling.