

THE WORK

Statement of Purpose

[This purpose, articulated by Martin, was stated during sessions held with a number of different groups that met with him over the years and has been taken from the Transcript Excerpts. He reiterated time and again that they were involved in an action or work and not a training. So that all training, teaching and exercises (calisthenics) were seen as directed to this end and not be taken as an end in themselves. This work continues and Martin delineates some characteristics of participation. (ed)]

The reason to be of the groups is to participate in the Christ Impulse that was launched into humanity's conscious level about 2,000 years ago. The task is twofold: One aspect is the adjusting to human level that part of the Impulse already working, on the so-called higher levels and now intended for human expression as well. The other aspect is to render this operative within mankind. This implies participation of "unseen" as well as "seen" beings, the groups being a small but needed part of the whole action.

Within the action of the groups one can distinguish three aspects :

- 1/ The opening of new avenues in the human time/space related life, the generating of the basic directive life energy within which all participants' cooperation is taking place.
- 2/ The developing of avenues, means and shapes, as well as the dynamics which allow the Impulse and impulses to be operative within mankind.
- 3/ Operating the action within humankind. This implies the selfless and still difficult task of incarnating the Principle/principles in that specific way that will allow others to follow, wherever they are.

Depending on his/her maturity, a participant may be engaged in one, two, or all three aspects, which implies the ability to handle more and more responsibility.

It is expected that the prospective participant feel deeply the need/willingness for service, and this implies a readiness for commitment.

All the action of the groups being a volunteer work, it is expected that the prospective participant has the maturity to accept working with no desire for personal reward of any kind, and that he/she has the maturity needed to be work-centered, with no thought or desire for self-centered acquisitiveness, This implies the maturity to approach the ongoing action as work to participate in and definitely not as a teaching to be received.

Thus, the prospective participant will prepare to give freely of his/her energies on any level, according to his/her ability to be committed, and according to a code of honor to be respected.

Martin Muller

Working Protocol

This protocol is actually taken from the Transcript Excerpts - however it was also provided to different groups who attended sessions with Martin and Georgette - such as those conducted in London, Ontario in the mid 80's. (ed)

We start with Loving God.

Self-reflexiveness, wanting to, ideas, reaching toward, etc. may appear -- we forget them and continue with Loving God. If it is impossible, we continue still, Loving God through all three steps:

Loving God

Sharing the Temple

0...

From here, all practice is a way to give out that

All-Encompassingness,

All-Encompassing Love,

and All-Encompassing Beauty.

"When the Pilot dwells in the All-Encompassingness, He is said to be the Seer."

"When the Pilot dwells in the All-Encompassing Love, He is said to be the Knower."

"When the Pilot dwells in the All-Encompassing Beauty, He is said to be the Doer."

Excerpts about the Work from the Transcripts

CALISTHENICS September , 1979

Statement of Purpose

The reason to be of the groups is to participate in the Christ Impulse that was launched into humanity's conscious level about 2,000 years ago. The task is two-fold. One aspect is the adjusting to human level of that part of the Impulse already working on the so-called higher levels and now intended for human expression also. The other aspect is to render this operative within mankind. This implies participation of unseen as well as seen beings, the group being a small but needed part of the whole action.

Within the action of the groups, one can distinguish three aspects:

The Logic Action, which comprises the sounding of the word the opening of new avenues in the human time/space related life, the generating of the basic directive life energy within which all participants cooperation is taking place.

The Brotherhood aspect that develops the avenues, means and shapes as well as the dynamics which allows the impulse/impulses to be operative within humankind.

The participants aspect whose task it is to operate the action within Humankind. This implies the selfless and still difficult task of incarnating the principle/principles in that specific way that will allow others to follow wherever they are. Depending on Soul maturity, degree of initiation and development, a participant may be engaged in one or two or the three aspects. Which implies the ability to handle more and more responsibilities. It is expected from the prospective participant that she/he feels deeply the hope/need/willingness for service, and that imply readiness for commitment . All the action of the groups being a volunteer work, it is expected from the prospective participant that she/he has the maturity for accepting to work with no desire for personal reward of any kind. The she/he has the maturity needed to be work-centered with no thought or desire for self-centered acquisitiveness. This implies the maturity to approach the ongoing action as work to participate in, definitely not as a teaching to be received. Thus the prospective participant will prepare herself/himself to give freely of her/his energies on any level, according to her/his ability to be committed and a code of honor to be respected.

I have just a few comments to make on that last part, you realize is not that easy to accomplish. As we have seen in the past, we can distinguish the aspect of survival when you are on earth from the aspect of your reason to be on earth, or your reason to be incarnated. Survival is linked with acquisitiveness, reckoning and calculations. Your reason to be on earth is always a gift -- always. Without any exception. So it's not an acquisition. It works in another way.

For instance, it is expected from the prospective participant that she/he feels deeply the hope/need/ willingness for service.

Now many people have the feel for service. Few, very few realize what it means. There is that service which is related to acquisitiveness, the art of survival on earth That kind of service is needed. But there is that other service -- your reason to be on earth -- and that's very different. It requires the awakening of that part of your consciousness which is not calculating -- not wanting to grab -- not wanting to reach. Be it wealth -- materially speaking; be it wealth -- spiritually speaking. So it implies a readiness for commitment . In your wishes many people are ready for comittment -- many, many people. When the action comes, it's another story. Meaning, the commitment has to be real, and not only a dream.

It is expected ... that she/he has the maturity for accepting to work with-no desire for personal reward of any kind.

This is one of the greatest stumbling blocks. I would say that one-hundred percent of the participants that fail to continue fail because they work along the line of acquisitiveness, and feel that they don't receive what they are looking for, or the reverse, they don't perform as they think they ought to, which is a kind of calculation too. Sometimes the fault is on us, sometimes they take it -- In both cases, It's misleading. It means they have failed to realize what is asked for and what is put into action.

It is not the usual consciousness . We do not mean to criticize the usual consciousness. You need it for survival anyway. So you cannot skip it. But there is something else.

That she/he has the maturity needed to be work-centered with no thought or desire of self-centered acquisitiveness.

Imagine , you act for the sake of the action and whatever is involved in it. And you do not ask anything for yourself. Even when you work on yourself , as a sample of mankind. A situation. Not for you. Do you realize the freedom you would live in? Instead of having that constant pressure that you feel in your head or your feelings of wanting to reach, to get this, to get that. And when you get it, it's never sufficient. If some of you still have the dream that one day you will reach it -- well forget it. Of course I say it, I happen to be a little bit older than you, in many ways, not only physically, so I still say forget it. I have gone through it also.

This implies the maturity to approach the on-going work as work to participate in, definitely not as a teaching to be received.

Believe it or not, (this is for the newcomers) I've said this many times, and we have participants following since, well I don't know, maybe seven or eight years, who still continue to listen as if it were a teaching. Why? Very simple. From childhood on, you learn to follow teachings. You begin with school, and everything depends on that. So you have a really hard time and this can easily be understood. Get rid of the teaching/learning syndrome and start working. Following a teaching is wanting to get something. Of course I tell you, give you some hints on, how to do somethiAng , and I expect you to do them. Sometimes you do, sometimes you don't. Why do

them ? Because we have a task to accomplish, and we have something to set into motion, and one of the things is to create a new man. This requires a lot of selflessness, because you are work-centered, and the work is not easy. With all the pressure of civilization around you, based on an old form, and you are on the threshold of something. You have to work for that. It's definitely not easy. Have no illusions. But once you have gotten into the movement, to say that it is not easy is not correct either . You will find that some actions are beautifully easy, and easily beautiful. And, so long as beauty exists. we cannot speak of difficulty, because beauty outweighs difficulty. Difficulty is something to do and we do it. Of course if you start calculating and entering into considerations, then you get lost. Then it is difficult. The main difficulty is to cross over from that acquisitive awareness into your reason to be on earth, which is a gift to mankind.

So the prospective participant will prepare to give himself/herself to give freely of her/his energies on any level, according to her/his ability to be committed and a code of honor to be respected.

A code of honor to be respected -- this is one of the least known aspects. A code of honor to be respected means, in a way, that you have become reliable, fully - completely. If you have some illusions. I have to say there is no possibility of higher spiritual work without being reliable. Just plain none. There is much too much responsibility involved. Now, some people are naturally reliable ; but some people are not, and those who are not have to make an effort. It's very easy to understand why you have to be reliable. I will come back on that later on.

CALISTHENICS February 26, 1980

Now if you ask what to do, I can't tell you because you don't know what the Christ Impulse is. You hear the words that's all. Once you know, it's very clear. As long as you don't know -- what can I say. I don't want to make our group something special. There are very good people working around. But we are involved in an action not a teaching. Every time we approach something that looks like a teaching we have much more success because you expect a teaching. This is incidental and is always directed so that you can become proficient in working. What we are looking for is people able to join into the work. (See Statement of Purpose Logoic Action). By this we mean you joining an action that is linked to your reason-for being-on Earth. Nothing in what we do is linked to acquisitiveness. You'll get lost that way. Anyone here wanting to acquire a higher quality gets lost after a while. This is a common experience. The action is directed toward you bringing out some specific action. This cannot be put in words. This can only be done.

CALISTHENICS April 22 1980

if you do not feel a relation you cannot do what we are asking, because you have to have an active feature in you to start with-- not a concept. If you don't feel the relation, for instance, and you try to relate to that steady ongoing continuum, you will do it conceptually. Then the only

thing you can do is build up images upon images -- more beautiful and more beautiful -- but still images. You have to start ,with a fact. This is one of the reasons that I have always said, especially for the beginners: if you cannot find a relation with us within a given time (one or two years) forget it, because a deeper work cannot be done-- the work is based on that relation. If we want a cooperation a cooperation means a relation.

I hope you can follow what I can say somewhere inside. It's not too difficult. The point is that starting from personal consciousness, you have to face the shift of the center of gravity from the personal condition to another one that is a continuum. And this one is plain evident for those who know it and plain not evident for those who don't know it. That means a connection has to be established or reestablished. And it cannot be established on the basis of the dip. It is established

on the basis of the continuum itself.

....Our task (and that our is a big OUR). is to activate that continuum in all of you, until consciousness begins to join in. Your part is adjusting the consciousness of each personality that means different types of personalities -your part of you as the continuum. You cannot sit in a chair and wait until we have done the work on you, and then everything will be fine. No, if you don't do your part it doesn't work. And as you know from experience, doing your part is not easy. You go through quite a few crisis, disorientation, troubles, and whatever, until things begin to smooth out, because the base is more evident, more obvious.

Every once in a while, some of us feel that when the time is ripe it will fall on you. Until the time is ripe, you already have a lot of work to do. I remember, for instance, that when I was twenty-four I was told that nothing would really stir before I would be twenty-eight. I thought that would be a long, long time to wait -- for what! It was only afterward that I realized that until

that time I had plenty of work to do.

CALISTHENICS June 17th , 1980

When we have the service group, or even this group, especially during the music, or all the time if you are steadily field-aware, you will notice that there is a greater quality of Presence in the room. We call it "collective Presence"-- of the people here and very often more than the people here, but another quality of Presence. That's a field activity. It's known to you.

In the work we do this has to be here in the first place. And we come to the time where it is high time to work systematically. I wish you had better brains -- as much as you do -- but for me it is a

side issue. We have things to do first. There is a tremendous gap between the awareness and what

is actually going on. if you want to bridge the gap, the field has to be active -- very consciously active. Now when I say very consciously active, it means that you dwell so much in field activity that you can reach the consciousness with you as field. I do not say the consciousness reaches up, I say the field reaches down -- until you realize that your body is exactly like suspended particles within the field. There is no solidity at all. But this is a side issue for the consciousness.

Train yourself to be field-aware-in-the-first-place. When you awaken in the morning, be field-aware. Every time you meet someone, be field-aware. If you place flowers in a room, be field-aware, of the Presence of those flowers in the room. The more you are field-aware, the more you will hesitate to attach labels like "roses" because when you are field-aware the activity is so big that you don't find it in books speaking about roses. And the label "roses" that you have learned since childhood does not correspond to what you live. So you have just "that" for lack of better words but "that" is big.

CALISTHENICS September 23-24 ,1980

One thing I have to say that you should know. When we are gone, the action is gone too. So, if the group continues to work, it will not be according to our line. Difficulties arise in nearly all groups because people think it has to continue in the same way. I'm afraid you can't. We have a way of working that, if you are a little bit conscious, you will realize that you don't know how what we do is done. We can explain, but there is always something that is not said, and it is this something that makes it work. This is due to the work we have to do -- bring something new -- some are based differently.

After we are gone, if you want to work, what has been brought has to be cycled into mankind -- made active. And this you can do in as many ways as there are people here. Each one in his own way. That means you can apply all sorts of methods if you want. The active principle is never a method. The method is only the carrier of what you do.

CALISTHENICS October 21/22, 1980

The modification of your personality, way of life, quality, comes because you are acting. You change because you act, move, do something in the world. It is what comes out of the instrumentality that changes. If you come out with a higher value (or whatever you call it) you will find a response in every level of your personality, including the physical; you will come out with the radiation of a higher value. The conceptualizing makes you want to make the body or whatever more sensitive in order to be able to respond to higher values -- well, it doesn't work. And sometimes in the endeavor to go ahead as fast, as possible, some of you do too much and use your reserves. If you want to be fit, your vitality has to be fully balanced. So, you have to establish a balance (as good as possible). The work we do (when you really work) taxes mainly the nervous system, so it has to be accompanied by the kind of relaxation that compensates for the kind of tension or energy you burn.

The more you work from down up the more you use those energies. The more you work field-first the less you burn your reserves.

as changing the type of life prevailing in the body -- which sometimes asks for some time of adaptation.

You have a collective memory from the past of reaching higher so I can't blame you, it's inbred. This is a reflection of something coming down. Learn to notice and acknowledge it. First you have to experience it and then you can acknowledge it. If you only believe, it has no value whatsoever because it's not functional.

....“A” is a function. When you use it it has effects. Usually you feel that there is an A, or you feel a kind A note. But this is a function, it has to become operative. It's one thing to discover it and another thing to make it operative. These functions are not meant to reach a higher condition. They are meant to express creatively in the world. Always remember that.

The situation in which we are requires a different attitude of consciousness so that we can go further. Otherwise you simply wallow in spiritual selfishness --enjoying for yourself -- not realizing that we are involved in a work. If you really join in, the work is not a mystery. But you cannot join by acquiring qualities first. You can only join by joining. It's a fully creative position. You think that we have to do something(for your benefit) -- you stay in a condition of expectancy. This is how you were born, but you are supposed to mature. There is a soul need in you, and a soul need is always a movement coming out. The use of the field, the centers, the use of the whole person allows that higher aspect of yourself to come through.

....In terms of evolution, it has to take place somewhere. So, you have your starry sky. But the starry sky is only a feature in the starless condition. The limitless condition contains everything, including space and time. The now contains everything, including the evolutionary process. The evolutionary process is only an aspect, a relatively tiny aspect, of the whole,that is going on. And the trouble we have to bring you to act in what we do is in the biggest part on this point. we see you as entities in a now which does not contain space and time, or rather in which space and time are only incidental.

Suppose you live that every day, and come here with the fullness of that now -- in which there is no becoming. When you begin to live that now, you begin to realize that we are here to do something. The scale of evolution is just incidental in the work being done.

We come to that "shocking" position of the fullness of you being here now -- limitless, timeless, spaceless. If you want to help, come out from this position into time and space. It is utterly different from anything you know -- but no less real.

Live this condition and see how you deal with your consciousness. All the constructs that seem to be absolutely needed... and suddenly you realize that all that is here already. Not in the aspects of space and time, but these are not the only aspects.

When you allow yourself to dwell in that continuum which has no space and no time -- no thing--- your constructs are gone, and the knowledge of how to do what you have to do comes with you -- even if you didn't know it the second before..

You will notice that when you become able to live nothingness, you will have lost that type of identity that is called the ego. You still have to say "I", but the feel of the ego is gone -- the egoic thingness is gone. And if you say "I" or "we" it makes no difference because it's neither -- it's simply a requirement of the language.

In time to come, man will realize -- there cannot be other than now. This is quite real and it is with this that we work. It's a challenge for the consciousness --a readjustment.

CALISTHENICS December 10-11, 1980

There is a veil around the greenhorn. That veil, in the time to come, is going to be lifted. In the work we do, it's lifted a little. This is what allows us to help you come forth more really yourself. Don't expect help from your own consciousness. The veil is absolute for the consciousness. You

don't remember where you come from, you don't know where you are going -- that's a minor aspect of the veil. You can verify the reality of the veil by yourself. continuum exists in fact, but for you, as awareness goes, there is a dichotomy.

As I said, little by little, the dichotomy will be lifted. What I call The Christ Impulse is linked very directly with the Creator aspect, the Doer (S) which means it triggers a shift from † to (S) . We are directly related with this shift.

In the work that we do there is a simultaneous action from † to (S) and the greenhorn condition is assimilated in the center of gravity of † . The shift is not from greenhorn to spaceship. This is what people believe, but most people just don't know about † .

So one aspect of the work that we do is to help build the spaceship. Sometimes you hear us speaking of Corpus Christi, the Body of Christ. Spaceship or Corpus Christi are the same for us.

.... Getting back to what we do ... For those who have a feel for "the Work", try to see the concoction you make in your head about "the work" that we do, and then face the real situation.

There is another situation I forgot to tell you about: A few centuries from now, there will be conditions in which higher beings might materialize (be visible) for different purposes. People speak of teaching but it could be any kind of help. we have to prepare a way for that. It's part of the work we do. In this respect I want you to observe a point that is often forgotten. Remember, traditionally you are self-centered, self-reflexive all the time --this is how you are educated it is not a criticism -- so you don't realize that when we work, and especially with music, the room becomes crowded. If you are a little open and sensitive around you will notice that there is a density of life presence, that is bigger than the number of people here. Some feel it and some don't. Watch a little bit. Don't try to see, it's not yet time, but you can sense presence of life. You will notice that when I speak of these things they do occur in the field around Georgette. The field is not as featureless as it was -- it's inhabited.

Again, I say these things for you to verify for yourself and not "believe" in the words. We cannot do a thing with beliefs.

... If you want to know how you can help, it's very simple: Symbolically speaking, there is the (†) aspect of you within the veil, and there is, of course, the whole of you -- that which we see but you usually don't. You must come down so that you no longer have two, you have one. When you do this you really do prepare the way for these beings to come down too. You have a personality and if you are able to come down, to any degree, into that personality it is a help. I say "come down". The trend to go up is a reflection of the coming down. Learn to skip the reflection and act. If you do this you help directly. Then we won't be alone in doing the work. It's a far cry from the concoctions about the work. There are things to be done.

CALISTHENICS FEBRUARY 3/4 1981

.... Since you were a child you, have learned to work, with your brain in a standard way, In the work we do you don't have to free yourself from one standard and adopt another, you have to be able to work without any paradigm of any kind.

....In the reality of life you cannot hide anything -- it simply is not possible. Just because you are blind does not mean that everyone else is blind. In the work that we do we are not alone -- then is

always a "we". It's no good to ignore the ability of others to see. You simply are as you are.

CALISTHENICS April 1, 1981

....I want to go over with you a point which is kind of tricky: one participant asked if these elements are available over the whole world. The answer is yes, definitely. I have heard people say, for instance: "You are not the only one, there are others who do the same work". Whether the work is the same or not is not the point. Intellectually speaking, everything that we do is available for you right now, within you; you don't need to travel over the entire world -- it's right within you.

But we are not dealing with a theoretical situation, we are in a practical action and you want to be able to participate (be practical too). To know that these different elements are available throughout the world in other societies and so on is fine and good, and I go even further and tell you that you don't have to look further than in yourself: "Man was created in the image and, likeness of God " , but the practical situation is different.

When you say that these elements are available elsewhere, most of the time the position is one of student-teacher: "I can find another teacher elsewhere". Yes, you can -- he won't work in the same way, but this is not the point, the real point is to start moving. If you want to work in what we are involved in, okay then you work here; if you want to work in something else, you go somewhere else; it is as simple as that. But the intellectual understanding that these elements are available elsewhere too is of no help. For many people, this understanding leads to a non-activity.

Satisfied with the knowledge that the elements are available all over the world, most people don't move, and we are concerned with moving.

.....There is one point here that has to be understood: When you face a transition there is always, or nearly always, a zone of confusion -- meaning you go from one movement into another one, and the workings of the other one are different, they are usually more encompassing.

Another image of confusion comes from old workings becoming suddenly inadequate because you deal with a surrounding that is more encompassing, and this creates a form of confusion. You might have some mastery in your mind then it wouldn't confuse you, you would simply recognize what is going on. If you haven't that mastery, confusion is common.

CALISTHENICS April 28-29 1981

When you live at that level, your mind might not understand, this is true, but the "you" of that level is perfectly at ease. The way you live is not the same as with the usual personality -- all awareness is much more encompassing. You have a simultaneity of function that is tremendous and is evident at one glance. You don't have the sequential factor in it.

This might give a hint to some of you of the use of the exercise. If you do the exercise and nothing like this happens, then please do it really.

You have to realize that in the work that we do another aspect of yourself is called forth, and the example the last participant just gave is a pretty good one. It's natural, it's spontaneous, and little by little you will adjust to the new situation. We deal with that situation all the time. What you

see as field radiation that clarifies with the music is linked to things like that.

The main trouble is the habit of always dealing with the same insufficient tools. We speak of field-heart, for instance, and the mind sees the physical body and the center limited to that place in the physical body and an effect of only that. The symbol heart is much, much bigger than that it's bigger than mankind

CALISTHENICS May 26-27, 1981

If you make a choice, or for some of you a commitment on the spiritual level, it is taken very seriously. A spiritual commitment means a path to initiation. We do initiate -- in a very specific way -- but it is not possible as long as you fool around.

Some of you have come to work with us-- you recognize it and then it fades away and you lose it.

There is one point very few of you keep in mind: You have a reason to be on earth that is a creative reason (doing something useful). For those who work with us in this incarnation, I remind you that the "we" involved convenes for a certain time and then is gone. The order is not permanent, it is temporary. The work we do is temporary too, it applies to now. If you miss the boat, then you missed it. You can void your incarnation in this respect very easily, and I do mean void it. For those who are trained (even unknowing on the mask level), who have an acute feeling

for what we do and have an acute feeling of being related, if you fool around on the mask level, you might void your incarnation. This is real.

....Your relation to what is done is cycling or bringing into action. Cycling pertains to what is known since Theosophy (since a century ago) as being the work of the Hierarchy. So, for instance, some of you are interested in the Full Moon (of course, this is one aspect, there are many other aspects), so here you have an opportunity. You learn from books that Full Moon means this and that. You go there and you live this and that -- no these are words, where is the fact. When you do it, get sensitive to the movement itself. There is always a misunderstanding and a big one. If I read, for instance, that a thermometer says the temperature of the water is 100 degrees, it means doesn't mean I read the temperature, it means I read a number. The temperature is not the number. If you put your hand in the water, then you have the temperature. Most of the time, with the Full Moon, you are reading a number not the temperature. So, here you have an opportunity to practice until your personality is tuned. If the personality is tuned to what is behind then finally you will become sensitive to what is behind. And, believe it or not, the real activity is always different from anything you imagine.

Now, some people shun all that comes from the Hierarchy because they think we do something different, but we do work with the Hierarchy, it's simply that your understanding of the Hierarchy

is enormously different than the reality. Don't underestimate any activity on the spiritual level. If you want a clue, there is a saying that there is as much difference between an ordinary man and an initiate as there is between an animal and an ordinary man. I suggest that you take this as a reality, then you will begin to awaken a little bit.

CALISTHENICS –JUNE 16/17 1981

Most of the difficulties we have in the work we do together stems from the mask believing it is the comedian -- it doesn't understand, it gets confused. obviously it's confused, we address the comedian.

You delude yourself that it is only the consciousness that works. When you have an experience, you think it's only the consciousness participating in the experience. when something new comes along, you think it's only due to the consciousness. It's a tremendously vast illusion

....I want you to be as precisely aware as possible -- the work in which we are involved is not possible in that condition. I want you to realize that there are specific requirements and pretty hard requirements. You cannot be involved in the action going on without a comedian awareness no matter how dedicated the person is, it's not sufficient.

... In the book, which is an introduction, you take the position of the personality until you face something totally different. You have two ways of using the centers: from consciousness "up" to the centers or from field to center, which is actually how it works. When you have the apparent movement of consciousness toward a center it means the reverse, that is, the center is training the consciousness to adjust the action of the centers. So the consciousness looks toward the center as a response to the center's activity. In this case we simply let the illusion (that consciousness is creating the center) be. Then there is the other way around: in which the center is an aspect of a function or representative of the whole field, but this then has to be related to the personality. Actually, when you work, consciously and field-wise both, you will notice that, let us say, field is at one extreme and consciousness at the other with the center in between, and they come together until the gap between field and consciousness is gone.

.....What I call cycling or making something of the Impulse within mankind and within the earth itself comes under the Hierarchy, and if you open your eyes just a little bit you will begin to see the workings of the Hierarchy. What we bring does not stem from the Hierarchy, but as you observe the movements little by little, you will be aware of the practical side and begin to recognize some activities. The radiance that he and Gary show is typical of the Hierarchy. Participant: Martin, are you saying that, if we act in the Doer Impulse, that the Hierarchical activity responds to that like dominoes?

Martin: Everyone responds, everywhere, whatever level, whatever the title, whatever the Function

CALISTHENICS October 27/28, 1981

Martin: There are several principles involved. If you, as a group, are serious about what you do, there is what is called "intent" -- this is a polarizing agent, it gives a direction. If the intent is accepted collectively and is strong, it will bring you back on track practically automatically, without your having to make a special effort. Of course, you may go off the track, but then you will go around and finally hit the track again, because of the basic intent. This is the application of the A function. Whenever you work the A function has to be present and the A function can take many shapes, one of which is a definite intent.

You cannot wait to become absolutely fit. The situation in life is that when you are absolutely fit, you will be taken off your job and given another one for which you are not yet fit. What you

understand as fitness comes with experience in the work you do. According to my standards none of you is fit to take the responsibility, but I encourage you to take it anyway. This will give you a chance to show a fitness that you ignore because your mind is not fit.

.....Now I'm going to ask you a question to show you that the work we do is different from the general trend found in society. The question is: Is there anyone here who sees us as spiritual masters? I don't mean a belief, I mean something stronger than that, a reality.

I'll tell you now why I ask. The point is not whether I am a spiritual master or not, the point is that if this is meaningful for you then you connect to a certain level of functioning that is related with your understanding of mastery, you recognize that level of working. So the point in asking the question is to link you to a given level of activity. Now, if you join the activity then the activity starts for you from that level. When a master incarnates on earth, he is here to do a job. For those who connect to that, if you step in and help you forget about personal achievement, your concern is the work to be done and you help in any way you can. You are work centered. You have heard me say this for a long time; from this perspective perhaps it suddenly makes sense. I've told you I don't care about improvement for myself. You might notice that in this life Martin gained one further initiation, but this is not the way we work, it is not the way we see, and it is not the way we act. I gave this example so you can realize that when I speak of taking responsibilities it is very deeply real. If we are more than the usual for you, it means you have responsibilities in something that is more than the usual. In that position you cannot help but be work-centered, you are done with ego-centeredness. "Having-to-reach-something-first..." is gone.

Whatever change you realize (make real) in your person, is made because of the necessity of the work and not because you want to reach a given level.

Here we meet the practical requirement of the Statement of Purpose. You are not here for your own benefit. Lived from that angle it is very, very real. You become action-centered and you become attentive to the action going on. Action is dynamics. Dynamics are not shapes. You can make the dynamics work, supported by a shape or carried through a shape, or you can make them work without a shape. I'll give you an example: When you first came in, before the music, we had silence. For your consciousness there was no shape, but you responded to a change. Something happened in the room and it continued to happen with the music (which is a shape). What continued to happen was the same happening, with or without the shape. I give you this example to help you realize that shape is not of prime importance, there are dynamics at play. When we speak of work, those who become conscious of the work being done tune to dynamics not shapes.

The big problem for the consciousness is that dynamics don't have the aspect of thingness that is proper to shapes, and the mind is trained to work solely with thingness. We have the English word "nothing", which means no-thing. This means when thingness is gone you can imagine yourself looking into the void for things, and you continue to be centered on things in terms of the presence or absence of things. Of course, with the void you follow a different procedure, but still, just to show you the trend of seeing in terms of thingness.

Now, when we work you learn to tune in to what is going on. What is going on expresses in ways that are not things, so you have to train your consciousness not only to stop thinking but also to stop "thinging". Then you can become aware, down to the level of the consciousness, of what is going on, and what you have to bring through that day, because each day it is different.

You have by now sufficient experience to realize that when we work with you something happens which has a special aspect because it's not exactly a thing. Part of it is "thinged", as soon as it comes into the mental level, for instance, you have a thingness, but the movement is always generated from higher than that -- always -- from levels that are perfectly void for the consciousness. This does not mean that you cannot live it, it simply means that your consciousness is not yet fit. You are not your consciousness, consciousness is a tool. The problem we face, the problem you face, is to act, to move.

You have heard me saying many things, too many things, in the book, in the transcripts etc., there are plenty of things for you to practice. Find your own ways, but practice. The first thing you have to do is to find out what practice means, and you find this out by doing it. Practice is not thinking, it is moving, it is dynamics. And the mind always has to be on the lookout for different forms of awareness; livance, for instance, is one of them, it is all-inclusive, it's very, very different from the mind. You will have to learn to be centered on living a quality, a condition, a movement, rather than thinking about shaping it. Live it fully and it will shape itself. Those for whom the deeper level is meaningful and who begin to realize what participating is, i.e., taking part in the movement, in what is to be done, will forget their ego-centeredness and be centered on what you really can do to help the action. From that moment you will work on your personality as a sample of mankind and not as if it were "you". You are in a situation in life, a human situation, and you take care of it, you take care of the situation not of yourself.

Ego-centeredness really goes. You will have an awareness of the human condition you've never had before, one that you cannot have if you are ego-centered. You will begin to be able to tune in to lots of different conditions. You already know a little about the functioning of yourself, but this does not mean you know the functioning of the human condition. Did it ever occur to you that when we work every one of you responds? The ability to do this means tuning in to every individual quality present in this room and actually more than that. It is very simple provided you function differently, and provided you are no longer possessive, possessiveness is a very limiting factor. You will also learn to face situations as they are and deal with them rather than dealing with situations as you would like them to be.

There is another recommendation I can make: When you face a situation don't judge it. Learn to face the situation as it is. This might be a person in front of you, a group, or it might be yourself. A judgment of value, provided it is objective, can be reliable only from a certain point of view. If you change the point of view you have to modify your judgment. The point is not to label the situation, the point is to deal with the situation as it is, with as little wishfulness or fantasy as possible. The point is not whether you like the situation or not, the point is what can be done with it. When you take responsibility you assume a higher, more mature position, a responsible position, and you deal with your own personality as a sample of mankind, a situation. In this position it is easy to do. It is even interesting, you learn a lot about the human condition. Now remember, I speak about the human condition, man was created in the image and likeness of God -- he is more than human -- but he deals with the human condition. This means that you are definitely not limited to your human condition, definitely not.

CALISTHENICS November 1981

As you know by now, the work we do with you, all of it, is above the consciousness, and the only way you can participate is in the fullness of livance . Stay with what you live (livance) however small that livance is.

You have to be fully aware, even on the conscious level, that what your mind and your perceptions tell you can only be a reflection, and a reflection is only a small part of what is going on; it is never "it". You will notice, as you go on, that there is a wholeness in what is happening that your consciousness cannot reflect. This does not mean the consciousness is useless; it does mean that in an untrained condition, as you know it now, it is of no use. It will be of use the moment you are able to bring livance throughout the consciousness. This is what you have to do, but what we do together is way beyond that.

.....You will notice that when you look around from the angle I have given you, the condition is one you could reach with any type of training (provided the intention was to lead you there); in other words, the specific note of the work going on is not there -- the special note that has directly to do with the Pilot. The Pilot is the Christ.

In the hologram, the Pilot comes from nothingness and creates the hologram, the whole creation. He cannot be defined by any standard of creation; it has no shape, but it has a note of its own. We are going to play the music again, this time including the Christ as presence, as impulse. It has no shape, so words are inadequate , but you will live a change. when you live it be aware that it fills the whole place, whatever the "place" is (it is certainly much more than it seems to the senses) -- that presence fills the whole. There is a wholeness in it, but there is also the specific note in which we work. I give you the opportunity to live both conditions -- beauty, and beauty with the Christ in it. Follow very closely.

(music)

Quite obviously there is a difference -- a big difference. Stay with the livance.

CALISTHENICS March 1982

.....it is an opening in the m region.

Hologramically , it brings along the Doer, and that's a lot more than the opening of the M region -- It's both together. Now, both together bring along a bridging of the gap. This means you begin to become sensitive and aware, not only perceptively but also livance -wise, to being a lot bigger than your usual person. There is a lot more to you and this you begin to sense. This is the introduction going on. We started it at Christmas. It comes down now. Little by little you will realize that the work is real, and we cannot wait until your consciousness is ready. We have schedules, it has to be done now whether you are ready or not. So, you happen to be in it whether you are ready or not. For your psychological peace of mind, be prepared for a small reality: You can never be ready. To be ready is a vast illusion.

Yesterday I heard a quote from George Bernard Shaw that I found very good for the M aspect: "The one who can, does, the one who cannot teaches". Isn't that beautiful. It applies in what we do. When you teach it doesn't mean you can do it -- with the M function you have to be able to do it, because the Doer is behind. If someone lives something, it has to show around, otherwise that someone is not a Doer. Many times I have heard people say: "Oh he lives this or that quality", when what they see is the intention not the fact. I have a reason to always urge you to look around. If you see a quality in one person only, it can be a genuine quality or it can be a picture of that quality within the person. You have to learn to make the difference. In the beginning, be prepared not to be able to make the difference. However, you can know by your

own experience that you can live an image very intensely.

CALISTHENICS June 1982

... you have the whole in the first place. The dynamics of the whole create the particle. This is definitely a turning around.

Now suppose, for a change, you train in order to be helpful in the work, and the training requires you to position yours-elf in a different way so that you can follow-what is going on: field-wise, personality-wise, spirit-wise, nature-wise and so on to conditions in which those differentiations no longer exist. If the situation requires you to take that position and you act from there, the tools will show.

And, when you train, be as adamant as possible. If an action is not adjusted, stop. The one performing is the first to be fooled, so it's the one checking that has the responsibility to stop the one performing.

....Maybe I ought to tell you of an experience I had a few years back when I met the people who deal directly with Life, meaning they shape Life itself:

Each individual awareness is an expression of the whole awareness. You don't have separate awarenesses, there is only one. If I gather an experience, it is automatically the experience of the whole -- instantly. If someone else has the experience that I would need in a situation, it is instantly available here as "mine". There is no possessive awareness whatsoever.

We are here for a task. We invited you to join in. But there is a certain quality of livance that is related to the Christ action that has to be here. Prepare yourself along the way if you want to. Psychologically we accept that proposition to make the situation easier, but, in the meantime, we do the work with you, the greater you, until it finally comes through.

CALISTHENICS September 1982

We are at a crossroads in which there is a choice between continuing to work as we have done until we are gone and then having the groups peter out and disappear, or some of you, or others that come along later, might train professionally to continue to do what we do.

I'd like to give you some inkling of what this entails. First of all,, we work with the "we", and instructions from there or beyond, but, if you are professional, the "we" has to be present at the base of what you do. It has to be evident, not a dream somewhere. Otherwise, how will you know what you are doing, except to follow your own inclination at the moment, or some plan you have figured out. This is what most people do. You do your own thing, maybe a very good thing, but you cannot say you continue what we do.

In order to continue you have to connect with the same base, and you cannot do this consciously. Consciousness can translate some of the points, yes, but the connection itself is made by functions that are not yet conscious. So you have to be able to work livance-wise and act according to livance rather than consciousness. As long as you are used to working only with consciousness it seems impossible. In reality it's a lot easier than it looks, provided you make your consciousness a tool that you are free to use or not -- you have to have that freedom. As long as you are caught in the personality, you end up trying to "figure out" how to be aware in a different way, when in reality you are always aware in a different way, it's simply that you deny it. If you don't believe it, challenge yourself: on the level of consciousness, have you ever been

able to describe fully what you live? You never have. We have sometimes had to help you describe your own experience because you missed some points, and these are experiences you live every day and should be sufficiently evident because of repetition and steady presence. But you have to be consistent with yourself, consistent with your own experience, and act according to it. If you have an experience, allow the fullness of that experience to be -- just be. Don't try to reduce it to some sentences in your head, or some feelings or sensations. There is always a lot more. If you allow the "lot more" to be as is, not as a picture of your mind, little by little you will know what we call livance. Livance is all-encompassing. Your experiences are all-encompassing. you simply have a mind that is so skilled that it is able to deny it.

So, one of the first steps is to stop denying it. The problem is not whether you have the faculty or not, whether you are gifted or not, the first point is to recognize how you function and what you deny yourself. Or, some people try to do the reverse; they feel that they are a lot more than what shows. If you feel being a lot more, act according to it, then there is no problem. The problem arises when you feel being a lot more but you behave in a reduced way, meaning you act with your small consciousness only. The small consciousness is not very skilled.

So, as I said, to go along the professional way requires a position that is utterly different. You have to be able to be in connection with the "we", meaning you are able to follow. You are able to realize what is playing every time we play together -- possibly even the modalities. You can even know the "why" it is done, the purpose, the kind of structure being built. And it's not the "why" of the mind -- you simply face evidences. This in itself is very, very difficult and it requires a lot from your life -- a lot more than everything you dream.

-Now you very often hear me say that it is very difficult. I say this because we notice there is a very popular trend in mankind to approach everything as a difficulty -- people call this "sport" -- you know, an obstacle that you set up which you then manage to master. So I say it's difficult, and it is, if you take the position of the usual limited consciousness or concrete awareness, then it is difficult because the concrete awareness is not fit. But if you decide to go the other way around, livance-wise, then it's fairly easy.

Easy or difficult, everything depends on the way you position yourself, on the kind of awareness you use, simply that. I don't know how long I will have to repeat this. It is not livance that is difficult, livance is already functioning, it functions all the time, it simply doesn't come through your usual awareness. What makes things difficult is just your position. Now if you manage to train to change position at will, and are able to do it (meaning you act on it positively), things become a lot simpler.

..... Remember the teaching of the hologram: When the Pilot dwells in the All-Encompassing Love,

He is said to be the Knower. This is usually forgotten. The true knowledge, not the acquired one that follows patterns, but the live one that implies Love All-Encompassing. Not possessive love, but the exquisite Love of soul. I don't know what kind of qualification to give it, but the word "exquisite" does express the quality that is in soul Love.

There are simple propositions that are forgotten most of the time because the mind is pretty confused-, When the Pilot dwells in the All-Encompassing Condition, He is said to be the Seer.

If you train yourself livance-wise on the sensory, emotional and mental levels to face the All-Encompassing Condition, you become a Seer. You really do. If you do the same with All-Encompassing Love, with all your functions, sensory, emotional and mental, and with the fullness of livance, livance-in-the-first-place (and I have to say sensory, emotional and mental because nothing is excluded, otherwise it wouldn't be All-Encompassing), then you know as a Knower knows. You really do. when the Pilot dwells in the All-Encompassing Beauty, He is said to be the Doer. If you dwell in the All-Encompassing Beauty, you manifest the Doer. You really do.

But there is one catch: The mind sees three separate propositions. So, you think that one day you will live in the All-Encompassing Condition to train the Seer aspect, another day in All-Encompassing Love to train the Knower aspect, and another day in All-Encompassing Beauty to train the Doer aspect. But, in All-Encompassing Love there is already the All-Encompassingness of the Seer: You see and know, and seeing and knowing are one. When you dwell in the All-Encompassing Beauty, the All-Encompassingness, Love and Beauty are one.

You see, know, and do as one, simultaneously. You cannot dwell in All-Encompassing Beauty unless you know All-Encompassing Love. I have to say this because of the tendency I notice in the minds to go from one subject to the other, always separated. It thinks: "The Doer is better than the two previous ones, so I will concentrate on All-Encompassing Beauty" -- then you start imagining Beauty that's just a picture of the mind. If you imagine Beauty, it cannot be All-Encompassing. Be consistent with yourself, what you imagine always has form. The faculty of imagination exists to give form, and, by definition, form cannot be All-Encompassing.

... And you say: "I don't like it, but I still do it". For those who prepare themselves to work professionally, this style of speech has to go. The action is not about you. There is a task to be done and we do it, period. When you work, the work is a gift of Love. There is no feedback, no self-reflexiveness. You do something and you do it, period -- no need for feedback for your little ego.

When I look around I see someone enjoying the feeling of herself loving. This is not Love, this is an image -of-oneself-being-able-to-love. I don't say it's right or wrong, I do say Love is something else.

On the level of consciousness you are geared to objects. "I (object) love you (object), and something happens in between that you cannot define but you call love. Take the object away and see what happens.

When the Pilot dwells in the All-Encompassing Love, He is said to be the Knower.

We are not speaking of objects.

Or, let us say, we want to practice Agape, togetherness. So we all come together to practice Agape. This does not mean that there is Love -- you practice an image of Agape that is most of the time without Love. Let there be Love first. if there is Love and you happen to come together there is togetherness naturally.

So how can you do it? It says in the Bible: "Thou shalt love the Lord your God with all your heart, with all your soul, with all your thoughts, with all your might". Simple. Don't appreciate the words. Don't make an image. Do it. Really do it. All out. Not timidly. It's an immediate action. It has no place in the mind for propositions like: "First I have to train to be ready". You just do it, period. This is what is required if we want groups that are able to continue when we are gone.

Now, as I said, not everyone is mature enough to work professionally, but you can still work, even if it is for yourself. Do it, instead of figuring out, and you can mature quite a bit in practicing this proposition. And when I say "Do it", you have to train yourself systematically. You start doing it again, and again, and again, until it works. Of course, you will fail a few times. You will have the mind interfering saying: "It doesn't work, I don't want to do it today" and so on...

CALISTHENICS October 1982

To begin I want to explain a few things:

Logosic Action:

We have spoken of the Christ. As you know, Christ is understood in different ways, depending upon your education. There is Jesus, known in Christian religion, this is the personal aspect. For those who have studied a bit deeper you have Maitreya, who is a kind of Christ figure. But there is a definition in the Bible that is somewhat different, and this is the one that we use.

In St. John, chapter one, it is said: "In the beginning was the Word (Logos), and the Word was with God, and the Word was God. Through Him all things came to be and no single thing was created without Him". In this respect the Word symbolically represents the creator aspect of God.

This is the way we use it, and the application of it has different levels.

Traditionally speaking a Logos is a term used to describe the "intelligence" or "spirit" whose body is the planet. So, the Word is neither a person nor a being in the Hierarchy, however high. The lowest aspect of the Word (and I do say lowest) would be the being whose body is this planet.

Sounding:

I have spoken of sounding the Word. This kind of action is completely unknown to all of you. The sounding of the Word is done by those who are in relation with the Planetary Logos, or possibly the Solar Logos, possibly something utterly different (which I am going to try to show you later with the hologram) .

Brotherhood Aspect:

The term "Brotherhood" is used, usually, to designate those who have shown abilities that are sometimes translated as initiations -- those who take things seriously and who come together to work. They have some awareness of what is happening on earth, and they have a grasp of the fuller (usually called "higher" life). This does not mean that they leave their human condition to go to heaven, no, they bring heaven to earth and express it here.

Participants Aspect:

This covers all those who come to these groups who can help to cycle or make operative the changes we bring down to what is called "soul level". We leave it to each one to bring it out through the person and possibly to spread it around -- this is what I call "cycling". This does not mean preaching or missionary work, it means you bring out the ability and awaken it in others. But t; do this you have to stand behind what you do. It's not what you say that is important, it's what you do.

We come into a period where you have to be able to do things, not grasp, believe, or understand. Jesus said: "You will do the same things and still greater ones". It implies a serious change of position -- doing things instead of discussing them or dreaming about them.

When we are here and we work together something happens in the fields around you and the so-called "higher" aspect in you is activated. Little by little you will understand that it's not a matter of mind, you can do it with or without the mind. But this has to come out actively in life and this is your task. There won't be much change in your person as long as you don't do it, but as soon as you start moving then you will see the changes.

CALISTHENICS November 1982

Centers of awareness are not of the usual personality. They are kind of open windows that allow "spirit" to take hold of the personality. They are not the product of the personality.

Now, we have seen with the hologram that if you dwell in All-Encompassingness you might be said to be the Seer, but this is not the point. All-Encompassingness has a symbol, verticality, that applies to the A too, meaning All-Encompassingness gives birth to the A. But All-Encompassingness is not an A function.

So, we will play Paganini again and we will dwell in All-Encompassingness. The Pilot dwells, and in the work that we do the Pilot definitely has the characteristic of what we call Christ -- so you could say Christ dwells in All-Encompassingness.

CALISTHENICS February 1983

Now, we face a problem. I say "I" and I am aware that you are hearing it as the person you possess. one day you will realize that you don't possess it, but at least for now you think so. So, if I say "I do this or that" you miss entirely that it is done according to what is involved in the work, not according to personality. It's work with human samples, which implies mankind, with no possessiveness at all. If there is no possessiveness, then there is no urge to reach a certain condition, We work for the Christ. There is no reward and none is expected. There is simply work to be done and we do it. Participating in the work requires this ability --and this in a world that is always asking for benefits.

CALISTHENICS APRIL 1983

.....Then there is another point: If you recognize the mind as one function, please recognize the other awareness as another function and don't mix them . They have two different uses.

.... The type of identity that says "I" is the one identified with consciousness not with the other awareness .. I urge you to train your mind to acknowledge that identity is a variable, a kind of point of leverage. Somewhere you have to have leverage for your action and you call this your

identity. If you live something else and you want to live on the level of that something else you have to have a corresponding identity. One source of many difficulties is that you stay with the same identity for all situations and this does not work.

You have to very consciously loosen your sense of identity, and realize it's only relative. If you are honest with yourself and you live the other condition, you don't have the same sense of identity. Respect that and eventually you will be able to stay with that new sense of identity and act from there -- including acting through consciousness.

The lower self cannot act on the so-called higher, it has to grab it, meaning reduce it to its own functions, and this is the biggest mistake most people make.

For instance, sometimes when we work and are dealing with another order of life, we don't use any consciousness at all, the usual awareness is gone, including the sense of body -- but we don't ask that of you.

... If I take for instance the down-and-away exercise I gave in the book: It hints that suddenly you are in a condition where the usual movements are completely gone. As you begin to realize ,these are not idle words, it's an ability you have to have in your mind, and you have to train for it. You spoke of soul, you desire soul. Take the desire exercise: If the desire exercise is really done, you may come out soul-wise at will. It does not mean that you will sense soul. Sensing soul is only a step in between. It's better than nothing, of course, but if you are really purposeful and you mean to do the work, it means you come out as soul.

A mastery is a mastery. Why do you think they speak of masters in initiation. It's not exactly a title or rank. Basically these people do master situations and the whole process of initiation is a mastery .

Now in relation to that I have to say something. You have to be aware that all prior teachings, including the Bible, were given for the benefit of the ego-centered awareness, and you are confronting a situation in which, at least for those who pioneer, you face a new situation. The image man has of humanity will be completely gone. It's a very poor photograph of a real situation. You might one day realize that when we say we see you differently we mean it.

Hopefully you will awaken to the reality too.

So, please realize the teachings as they are understood and presented are always limited to earth. They sometimes speak of something else, but they insist that you have to deal only with the aspect earth. Ego and earth are the same, and one day you will learn to break the bondage of earth. If you deal with the dynamics of the whole, you cannot say man is created from earth alone. You are in relation with the cosmos. Why limit yourself to the earth aspect alone? And the mind learns to break the bondage

CALISTHENICS September 1983

As you know, theoretically, but as you might have a very hard time practicing, in the work we do you have to give out. This entire action is a gift. And this reminds me to refresh your memory that the monthly gift, the financial,help you give, has to be a gift. I do this because of the training

of gift awareness it provides. Please consider: This entire action is a gift, and if your concrete consciousness doesn't learn somewhere what a true gift is, you won't be able to work. It's amazing how few realize this. You are here on earth to do something, if you pay because you want to get something then you miss the point. A gift is an expression of caring, an expression of loving.

Now the quality of the gift depends on your motivation. What is the motivation that makes you give? That is a kind of delicate question. Is your motivation so that you can stay in the group in order to acquire some higher condition? This is a very common motivation. or is it a soul action? A real gift is a-soul action. Or another example might be: "Martin has decided that we have to give a monthly gift, so I'll give a monthly gift". The motivation in this example is to follow or conform to a rule. There is no caring. There is no love. There is no life. We mean a gift to be something real, and we hope you mean this as well.

When you practice loving God and you come to the point where you give yourself to God, this is a major gift. It's not an emotional or mental concoction, we use the word 'gift' in a deeper way. It involves more genuine values. It is more spontaneous, more real -- not just one part of you wanting to give a gift and the other not wanting to.

CALISTHENICS October 1983

There is something you might understand in the mood you are in. Eighty percent of the work we do is not with you, and in the remaining twenty percent, we are testing, in these samples of mankind, the response of what we have to deal with. We do not speak of pre-personal, personal, and transpersonal, the scale is completely different. The language, the behavior does not start from personal condition, not at all. We have to adjust our own persons, as you do, constantly, every day. There is constant movement, but according to what is needed, so that it may come through. Then we test that adjustment on you to see what is needed in order to obtain a response. This is the biggest part of the work we do with you. Suppose you awaken to that reality and start doing the same. According to that Christ Presence, you adjust, until you can do it super consciously, then consciously, and handle your person according to that Presence.

Christ Presence is not sensory, it's not emotional, it's not mental -- it's something you cannot define with consciousness. So don't project childish images of Christ that awaken a plexus reaction : "O". When you start Loving God, at first there is you and God -- and there is emotion, there is mind, there might even be sensation. You feel bigger, freer, whatever, and you feel that, yes, definitely you Love. And you go further, and further, and further. You take away the sensory,

take away the emotions, take away the mind, and there is still Love. Suddenly you discover what Love is -- what it really is. You realize that what you call "love" is a reflection of something very real. In the reflection there is Love, but the sensory takes the reflection for the reality. The real you takes Love for the reality.

When this happens, you will be ready for contemplation, sharing the temple. Now that may be hard on some of you, because from then on you are no longer alone -- Christ is present. Your body is his body. Then there is "O." But I'm afraid it's too early to speak of this.

But sharing the temple -- I would like you to realize that it is a reality. You share your situation with the whole of mankind. There are local details that are yours, if you want, but the principles at work, the problems at work, and so on, are not your own. They belong to mankind, and they happen to work in you as well as in others. So expand a little bit, be less possessive, more

realistic.

On the other side, we are here to do a work, to help Christ. It's a very specific work, and it has to be done in certain ways. This means a certain mastery of the personality. The exercises in the book are meant to develop the ability to express with instrumentality, instead of in spite of instrumentality. Most of what you know of your experience is here in spite of your instrument. This means that we allow you to experience conditions that are not very clear for your mind, but that you live in spite of your personality. You will learn in time, as soon as you understand that Christ needs help, that you can do things in situations in spite of your own instrumentality.

CALISTHENICS December 1983

The Symbol of the Snake and the Bird

....There is another point I want to make: The mind as you know it, and I have to say "as you know it," is the mind of the snake crawling on the ground. It has to be lifted. Now that's a bold proposition, but it has to be done. As we have seen many times, you have a choice to make. In the present period of time in society, there is a very strong surge to keep you down. If you want to climb, everything possible is done to keep you down -- or you are told to go up and get the bird and bring it down. This is how most people understand it, but this is not the teaching.

That aspect of you which has not fallen is the bird on the top of the tree, and the snake must join the bird, become one with it and fly. The snake climbs toward its very base, which is the bird, that part which has not fallen, that part which has not been separated from the sun or God. Obviously, if you want to climb the tree, you have to have your attention higher, not on the ground. Unfortunately this is constantly forgotten.

Then there are those who try to make analogies between the work that we do and other teachings. The climbing of the tree, for instance, can be seen as the climbing of the spine and the awakening of the chakras. This is an accepted symbol, but we do not go fully along with it, because we happen to be working the other way around. But we do not say that chakras are "wrong," rather, it is our experience that you have centers of awareness that are activated from the top of the head, all the way down.

Now you might say this is the reverse of the tree. No, the chakras are the reverse. If you take the spine as symbolic of the tree, the spine originates in the head and branches off going down, and not the other way around.

Some authors relate different phases of consciousness to the climbing. In occultism it is generally known that when you start awakening, along the usual way, you have the activation of the oldest brain aspect in man, meaning that part of the brain that is related to the snake, which is related to instinct or what I call "sub-conscious" aspects. This is related with some of the powers acquired through the martial arts, for instance, where you use the awareness that centers on the level of the abdomen to perform very astonishing things

CALISTHENICS March 1984

So here we have one situation. Now we are going to play another piece of Paganini, this time we

will introduce the Christ factor. Of course, the Christ factor is never absent, but it's not really evident now. When we play the next pieces you will notice the difference. So again, don't analyze the difference. Simply be in the climate and you might recognize that the climate is different.

That's all. And you stay with it. Little by little, practicing that, you become aware, livance -wise not mind-wise. Or if you want another word, you become aware experientially of the qualities of the work. Little by little you recognize them.

You can work without Christ presence, you can work with Christ presence, but there is a very definite difference. Christ activity is a definite activity, so there is a definite difference. How you are going to act on that in your consciousness -- well, that's what you do. The symbol you are going to use to anchor that is your own symbol. You might adopt a universal symbol, or a personal symbol. You can translate in terms of light, you can translate in terms of song, you can translate in terms of images... whatever. But be sure before you make any abstraction or symbolic

representation that you live that condition perfectly, so that when, if you bring the symbol down to your consciousness, every time the consciousness touches the symbol, that life automatically comes up. That's the relation between symbol and life. The symbol is knowingly established as a symbol, not as being "it." The abstraction or representation is accepted as being symbolic so that when the symbol is used the presence of the condition or climate is here again. But live the climate first, and repeatedly, until it's very clear.

CALISTHENICS September 1984

...Or we have, on a more philosophical or psychological side, the proposition of David Bohm, who makes a difference between the explicate order and the implicate order, and makes you aware that the usual education trains you only along the line of the explicate order and forgets about the implicate order. So you have minds that have an awfully hard time realizing what is implied. You try to apply formulas, you follow "Martin's teaching"... I would like you to be a lot more serious about the work being done. More serious means more mature. I wonder if you have ever realized that I use the word "teaching" in three sentences only.

When we speak about the hologram I say that there is a teaching that goes with it:

When the Pilot dwells in the All-Encompassing Condition, He is said to be the Seer.

When the Pilot dwells in the All-Encompassing Love, He is said to be the Knower.

When the Pilot dwells in All-Encompassing Beauty, He is said to be the Doer.

That's the whole teaching. There is no other teaching in what we do. Just plain none.

We simply propose practices you can do in order to help you bring out. If you take it as a teaching, it simply means that you haven't yet understood that's a lack of maturity. In the beginning of the book I speak of maturity in a very simplistic way, but in a way that you can easily understand. The child asks for, the adult gives out in the world. We ask you to be adults.

.....You must remember that when you deal with a greater order of magnitude, everything is seen differently, lived differently everything. If you are here on earth to do some work, you know what you do, your consciousness is no longer the limited consciousness of this incarnation. The mode of expression, persona-wise, belongs to this incarnation, and the form is so that others may understand, but you realize that you are trained in a certain way, you work in a certain way, and you do what has to be done and that's it. You are not here to gain something.

T

hen you might begin to realize that the The Statement of Purpose is very honest. It says in substance that if you are here for your own benefit you can forget it. Suddenly one day, and it could be today, you will realize that it is true. Participating in the work means working, bringing out, not hoarding for yourself -- in order to be spiritual for instance. So train yourself to deal with a higher order of magnitude.

Just a word about a higher order of magnitude. It's kind of like a mathematical expression. It's not the same as the three different orders of life that you have in the square diagram (conscious, subconscious, and superconscious). In the square diagram things can become a lot bigger than you are used to -- you begin to become aware of the implicate order instead of just the explicate one -- but you are still in the same world. When you really deal with a higher order of magnitude, it means a discipline, you do not want to process in the usual way because this is not what you live.

CALISTHENICS October 1984

For instance, what do you study in the book? All the pages up to the end? The quickest way is in the poem. All the rest is just to make you happy.

It's just about the same trick that Patanjali plays when he says if you do this and that you obtain this and that, but a true yogi ... Or there is St. John of the Cross' image of the golden middle way, the climbing of Mt. Carmel. on the left of the path you have all the material goodies, on the right you have the spiritual goodies, but the true mystic takes the middle path. According to St. John of the Cross' description, you climb, and there is nothing. You climb, and again there is nothing. You finally reach the top and there is nothing. Very few have the courage to take this way.

Check for yourself. Take The Statement of Purpose. It relates to the work to be done, and it says it is expected that you don't come for your own benefit. Now take the practical situation: You all want something. I don't say there is nothing behind, there usually is, something much more serious, but this is not what is recognized, it's not yet the dominant note. The dominant note is still on the goodies side.

You want to reach something, you want to ... It's always a reaching or wanting to have. You might find a way to express this in a more subtle way, but it's still goodies. You might want to join the work. You might want to serve Christ -- but serving Christ is not a wanting. You might want to be the sun -- so you try to reach the sun. All your training, all the effort you make is directed at obtaining something higher. Please realize. I'm not criticizing, it's a factual situation, simply that. You live in a surrounding that is built in this way, with personas that are not yet perfected (as you can see in the square diagram), so you make the best use of what you have. All exercises are meant to bring out comedian activity, not to reach comedian. You have to turn

around.

We speak of discipline. Discipline means: when you take the old route and you are suddenly aware of it, you turn around. Yes, there are things you can do consciously, but the subconscious does not respond. If you want the subconscious to respond you have to repeat and repeat and repeat. This means every day work. Every day. Then it starts sinking into the subconscious and the subconscious becomes more sensitive to what is happening. Its very important, it has to be done. Some people forget that the persona has to be built and retrained.