VGH STUDENT RESIDENCES -
Where We Lived: A Bit Of History

For those of us who lived in residence, we have fond and not so fond memories. This experience is foremost in lively discussions at reunions and without a doubt, cemented lifelong friendships. For more than 50 years there were on going problems with suitable living arrangements for students. This was not resolved until the 1950 residence opened.

The beginning:

In 1899, the School opened with eight students. The City Hospital, as it was called at this time, was located on Beatty Street, south of Pender Street, facing Cambie. When students enrolled, the expectation was they would be looked after by the hospital which was expected to provide nursing education, accommodation, meals, medical care and a meagre allowance or stipend. Strict rules of conduct were enforced. Residence life for VGH students continued for the next 70 years.

The first residences were rented houses close by the hospital and within walking distance. There was no accommodation at the small hospital for students and female nursing staff. As was the custom of the time, graduate nurses usually lived at the hospital where they were employed. In 1906, VGH moved to its present site and for a short time, students were housed on the second floor of the newly opened Heather Pavilion.

A year later, the first wing of a Nurses Home – always referred to later on as the “Old Home” was opened on 10th Avenue and Heather Street. The second wing was completed in 1908. As hospital beds increased along with increases in student enrollment, there was a critical shortage of suitable residence rooms for students and nurses. In 1912, a house was rented at 640 West 11 Ave. and another on Ash Street to temporarily relieve this problem. No mention of whether students lived in these homes could be found and may have been used only for graduate nurses.

The Old Home was bursting at its seams so in 1915 a new student residence opened at the corner of 12th Hous.

Continued on page 17
ARCHIVE COMMITTEE REPORT 2015

2015 continued to be a busy year. Our major project was the review of our book collection. We have too many textbooks, duplicates and are not a library. The decision was made to no longer accept textbooks and to keep in our collection only those that pertain to VGH or the School. We have a few old and rare books which are of historical value and will be retained. An inventory was conducted and those books that did not meet the criteria were deaccessioned and removed from the collection. New repositories were found for some and the remaining discarded as there is little interest in old textbooks. The remaining books will be organized into categories. With the increasing interest in genealogy, we continue to receive requests for information on our graduates.

Work is continuing in the digitalization of our collections of photographs, documents, publications and museum items e.g. silver, pins, textiles, etc. to enhance virtual recovery from our website in the future.

Displays: Betty Anne Rogers resigned in December after 18 years as coordinator of the display committee. She has left a very well organized display collection which will greatly assist the committee. We welcome new members – Cathie Cousins and Jane Robertson. As no coordinator was named, members decided to take turns organizing displays in Jim Pattison Pavilion which will be changed 6 times a year. This change will be evaluated in June 2016. Each year we feature the 50-year graduates in May. Other displays are topics of interest such as polio and pediatric nursing. An important display event is the Annual Luncheon where a selection of our beautiful silver collection, historical dolls and student uniforms are viewed.

Donations to the Archival Development Fund continue. A special thanks to all who so generously donated to this fund. Your generous support ensures we have sufficient funds to preserve our collection and prepare for the future. Heartfelt thanks to committee members Linda Allardyce, Janie Birkland, Cathie Cousins, Peggy Etchell, Betty Kirkwood, Jane Robertson, Betty Anne Rogers, Marg Shugg, Anne Williams, Jan Wood and to our archivist, Naomi Constant for all your work in preserving and displaying our historical collection.

Ethel Warbinek & Mary Watt – co-chairs

VGH SON ARCHIVAL DEVELOPMENT FUND REPORT
For the period ending December 31, 2015

General Account
Revenue
Funds carried forward $2,697.00
Donations received in 2015 $11,536.00
Total revenue $14,233.00

Office supplies, postage $346.49
Web site maintenance $2,016.00
Archivist $1323.00
Bank charges $50.70
Deaccessioning of textbooks $155.95
Transfer to GIC $7,500.00
Total Expenses $11,392.14

Balance in chequing account $2,847.82

Long Term Investment $57,869.00

Submitted by: Ethel Warbinek - Trustee – December 31, 2015

TREASURER’S REPORT 2015

As of December 31, 2015, the bank balance was $7,337.09. We stayed within our budget with minor variances in membership revenues and postage and office expenses. We did achieve a surplus of $7,337.09 which is carried over into the proposed 2016 budget.

The investments are in 2 year GIC’s and after the first year, the estimated interest projected for January 29, 2016 is $2,953.50. The interest will be applied to the principles and accrue interest until they mature December 31, 2016.

The investment fund principles are: $68,980.88 $71,009.73 and $57,757.63 respectively.

Respectfully submitted,
Bonnie Lantz, Treasurer.
Another successful year has passed and our alumnae association celebrates 107 years in existence. Many volunteer hours ensure that the activities of the association are completed as described in our Strategic Plan which is reviewed annually. It is interesting to note that the majority of the Executive and Executive Secretary graduated over 50 years ago. If the association is to continue, those who graduated in more recent years will need to become more active.

Our Annual Luncheon held on May 3, 2015 honoured the Class of 1965 which was the largest class ever to graduate with 172 graduates. The Class of 1955 was also honoured for their 60th Year. It is a wonderful time to share our memories and through our wonderful website review the many pictures that captured the event.

We can also be proud of our award winning annual Newsletter that can now be viewed in colour when received by email. As postal costs continue to increase, this method is being used by many of our members.

The website has a wide variety of information and is also being used by those wishing to contact the alumnae association for many different reasons.

As educational costs are also increasing, the alumnae association is pleased to be able to offer financial assistance in the form of bursaries and a research grant. The various funds are set up through the Alumnae Education Fund, VGH and UBC Hospital Foundation, the Registered Nurses Foundation, and UBC.

Sincere appreciation is extended to Norma Guttormsson, Executive Secretary, and the Chairs and members of the Committees who assist in keeping the association viable.

Kathy (McCutcheon) Murphy
September, 1965.

VICE PRESIDENT REPORT - 2015
- Co-chaired the Nominating Committee for the Year 2015 - 16 with Suzanne Stothers.
- Chaired the Executive Meetings as necessary when the President was absent.
- Represented the 50 year class of September ’65 on the Annual Luncheon Committee.
- Did tours of VGH for both February & September ’65 classes on Saturday & Sunday, May 2nd & 3rd, 2015.
- Attended a VGH Seminar on Sleep Disorders on October 29, 2015.

Mary Raikes-Tindle: September 1965.

PIN REPLACEMENT PROGRAM REPORT 2015
This year, three graduates requested a replacement pin. Unfortunately, there is a shortage of pins and although three requested a pin, only one received one. One person withdrew from the program and the other is waiting for a suitable pin.

At this time, the archives committee is collecting 2 pins for every graduation year. If there are more than two pins per year in the pin collection, donors may be asked if they are willing to release their pin to a graduate who has requested a replacement. Some of these pins are from the 1940s and we are calling them “heritage pins”. To all intents and purposes they are similar to more recent ones.

If you are requesting a pin, please give us all the particulars, i.e. name at graduation (did you use your married name?), year of graduation i.e., there are several of us with the name Williams! We are good detectives but it does become a frustrating hunt as we go through lists. We are obliged to use the name at graduation on the new pin. All this for $100. A bargain!

Respectfully submitted. Anne E. Williams Sept/54
FRIENDSHIP COMMITTEE REPORT

2015 was another busy year for our committee. Many Get Well & Sympathy cards were sent. We lost 29 of our alums in 2015 that we were aware of. Our busiest time was the deliveries of our Spring Florals at the end of March. This year we delivered & visited 21 of our alums on the Lower Mainland, and increased our numbers on Vancouver Island to 10.

We want to welcome our new volunteers on the Island - Jacquie Farris, Judy Reid, Nancy Wright & Ann Geddes. Also thanks to Jacquie Farris, who has offered to assist with the coordination of the these deliveries. We would also like to thank Nancy Gregson who has assisted for many years. The numbers have grown too much for one person to handle.

We also thank our local volunteers, Suzanne Stothers, Kathy Murphy, Norma Guttormsson & Marg Hooper. Anne Derksen assisted with Richmond. Our long-time volunteer, Gail McKay was away in the UK.

Please let the Alumnae office know of those in need of a bit of cheer, a visit, cards or be added to the Spring Floral deliveries. Our phone numbers are also in the Newsletter.

Respectfully submitted,
Diane Parker / Lorna Hoare
Co-chairs Friendship Committee

Continued from page 5

EDUCATION COMMITTEE REPORT 2015

Birthday Celebrations (in lieu of exchanging gifts, donations were made to the bursary program)

- Joan Kerr
- Judy Phillips

Applications for our bursary program were significantly down this year. The Committee encourages VGH grads taking courses or your children and/or grandchildren who are studying in nursing programs to take advantage of funding available to you.

Inquiries and requests for application forms can be made by phoning the Alumnae Office at 604-875-4111 – local 62049 (please leave a message). Application forms can also be downloaded from our website (www.vghnursingschoolalumnae.com and link to “Bursaries”). Deadline for applications is September 15 of the current year.

Respectfully submitted,
Joan (Dunbar) Kerr, (Sept.’65) Chair, Education Committee

PUBLICITY COMMITTEE REPORT

Bulletins & Newsletters 2015

In January, 1300 Bulletins were printed. In March, 800 newsletters were printed and 592 were mailed. 475 were sent by email. The number being sent electronically is increasing which decreases printing and mailing expenses. The 2015 newsletter has been posted on our web site. Three E newsletters were sent to those who requested one. Thanks to all who sent in news and photographs. Please continue to do so by mailing your news to me at the Alumnae office or e-mail me at: ethel@ethelwarbinek.com

Articles about you, classmates, news about VGH graduates and/or the School are welcome and will be considered for publication. If you are planning a reunion, send the information, and it will be published in the newsletter and if you agree, posted on our web page. A report on your reunion with photographs is appreciated.

Our Web site: vghnursingschoolalumnae.com is popular. Events, reunions and news about members (blog) are constantly added. Send your news and we will post it. Remember to check the site for updates on our annual luncheon, view our archives and museum collection and find information on our bursaries. Sign up for email alerts and special notices. Three E newsletters were sent, the most recent one in December 2015.

Special thanks to Mary Watt, who co-authors the newsletter, for formatting it and for her help with photographing our archival collection and museum items. Some are posted on our website. Please take a moment to visit our site. Comments are welcome.

Ethel Warbinek, Publicity chair
EDUCATION COMMITTEE REPORT 2015

There were six applications for the 2015 Alumnae bursary awards: three VGH grads and three children of VGH grads.

The following are the 2015 Bursary Award Recipients:

**The VGH/SON Alumnae Education Fund.**

1. Sandra Stam Feb.’90–VGH grad Feb.’90. Sandra was awarded a special bursary in memory of Janet Mary (Tupper) Couldwell.

The following VGH grads and children of VGH Grads received an award from the Harvey/Cain Endowment Fund. (Margaret [Dorset, 1929] Harvey & Dorothy Cain, sister)

VGH Grad

1. Brenda (Greening) Aguiar Feb.’88
2. Lorraine Reimer Feb.’89
3. Christina Larsen Jacqueline Rai Cobb, Sept.’87
4. Shannon Macdonald Carol Schreiber, Sept.’58
5. Julia Overton Margaret Rae Millard, Jan.’55

The Education Committee was pleased to grant a total of $6775.00 in bursary awards. We are delighted to see an interest in children and/or grandchildren who are eligible to apply for this source of funding to assist with their schooling. The amount of funds we have available is dependent on the interest earned from our investments with the VGH/UBC Foundation and our GIC with BMO. We are also very thankful for individual donations made to our VGH/SON Alumnae Association Education Fund which helps immensely to facilitate presenting bursary awards to all eligible applicants.

The Education Committee would like to thank the following people and classes who made donations to our general education fund in 2015 to be used for bursary awards.

**Donations to honour an Alum in the Memorial Book**

Individuals or classes recognize a deceased classmate by having her/his name entered into the Memorial Book. (suggested donation of $15.00)

**Individual donations**

- Joyce Beaton
- Marion Reaburn
- Diane Parker
- Lorna Hoare
- Cathy Jamieson
- Norval Rhodes
- Vivian Harmer

**Class donations**

- UBC class of 1950
- Class of September 1950
- Class of February 1953
- Class of September 1954
- Class of September 1958
- Class of February 1958
- Class of September 1965
- Class of February 1965

**Donations from the authors of three books**

- (The late) Beverly DuGas – VGH class of 1945 “The Best Damn School in the Country”
- (The late) Beverly DuGas – VGH class of 1945 “AIK”
- (The late) Kirstine Griffith – VGH class of 1944 “The Religious Aspects of Nursing Care”

**The Janet Couldwell Memorial Bursary**

Donations from the following people given in memory of Janet Mary (Tupper) Couldwell, Jan.’51 were combined and awarded as a special one-time bursary.

- Joyce Beaton
- Maureen & Robert Hole
- Sandra Couldwell
- Betty-Anne Lindsay
- Joyce Dale
- Gordon McQueen
- Lenore Fletcher
- Nell Turner
- Joan Grant
- Susan & Jerry Wasserman

Continued on page 4
Greetings from the Executive Secretary

Graduates of The VGH School of Nursing are listed in our database – 8,228 entries between the years of 1901 and 1998 when the school closed.

In January, we sent the Bulletin to 1,145 current members of our Association. We thank you for your financial support to produce the Newsletter and to host the annual Luncheon honouring the Alums celebrating their 50th and 60th Anniversaries. You may pay by cheque, cash and PayPal, but we are not set up for credit, debit or direct deposit. There are some changes regarding bank deposits:
1. Cheques are no longer endorsed/stamped.
2. They are counted by a scanner.
3. Please – no staples as they can tear the cheque when removed.

We have welcomed 3 ‘new’ volunteers – 2 for the Archives Committee and 1 for Membership. Let us know if you have some time to spare – and – remember to send us your new Email and mailing Address. Our office is located in the Heather Pavilion at the south entrance.

Mailing Address: 855 West 12th Ave. Vancouver BC V5Z 1M9
Phone: 604-875-4111 Ext 6-2049
Website: www.vghnursingschoolalumnae.com
Norma Guttormsson ’58

LUNCHEON COMMITTEE REPORT 2015

On Sunday May 3, 2015, our annual luncheon was held at St. Mary’s Ukrainian Catholic Church Centre. Two hundred and sixty one grads were on hand to honour the 1965 and 1955 classes. Ethel Warbinek spoke, providing us with an update on VGH and the Alumnae Association. Joan Kerr was the recipient of an Alumnae Life Membership Award.

Please join us on May 1, 2016 to “Celebrate the Memories and Renew the Spirit” at the same venue.

The 1956 and 1966 classes are our guests. All others are asked to please pre-register and submit payment by April 18 so seating and catering arrangements can be made. You can also renew your membership at the luncheon.

Respectfully submitted,
Myrna Braun

MEMBERSHIP REPORT 2015

I have just been welcomed aboard the Executive of the VGH SON Alumnae as the Membership Chair. I am looking forward to working with all these energetic and knowledgeable ladies. The membership mail out was sent in January and to date we have received approximately 600 replies. Please take the time to join the Alumnae or renew your membership. The $20 membership fee supports many of the Alumnae Activities like Bursary awards, Newsletter, cards and flowers.

We appreciate receiving updated class lists which can usually be obtained after you have a reunion. If you are planning a reunion we can assist with this.

Please send in any name or address changes and notifications of deaths as this helps us maintain a current data base.

Thank you and I anticipate hearing from many of you.
Respectfully submitted,
Sue Kerr Feb ’69

MEMORIAL BOOK

In 1959, a Memorial Book was created by the class of September 1954 in honour of Helga Thordarson, a classmate. The graduate’s name is entered in the book along with the year of graduation, year of death and the name of the person who made the request. Often the request is from classmates, family members and friends.

The original book has been filled. The calligrapher is Trudy Philips Feb. 1953.

The two books can be viewed at the annual luncheon which is held on the first Sunday of May each year.

A donation of $15.00 is suggested which is given to support our Bursary Fund. To honour a graduate, please contact the Alumnae office to obtain the Form which will be sent by mail. After filling out all the information, it is returned to the office along with a cheque payable to the VGH School of Nursing Education Fund. It will be deposited in the Education Committee bank account. Acknowledgements will be fulfilled.

Office Phone: 604.875.4111 Ext. 62049
Office Email: kathleen.murphy@vch.ca
2015 Reunions
February 1955 On May 3, 2015, we celebrated 60 years since graduating from VGH. Twenty-two classmates attended the lunch as special guests of the VGH SON. After lunch, 11 of us left for the airport and onto San Diego where we were met by Hazel Chappel (Hogg) and Margie Neate (Hoare). Cruisers were Margie Neate, Hazel Chappell, Roberta (Yoyo) Nasu (Yoneda), Marlene Leggatt (Duerksen), Joan Johnston (Abel), Edith Mussell, Elsie Mussell, Dorothy Morse (Black), Sidney Axelrod (Steveston), Alice McMillan (Robinson), Shirley von Chance-Stutler (Asselstine), Pat Edy (Tyrell) and Rose Westlake (Paras). After spending a day sightseeing around San Diego we boarded the Noordham and cruised back to Vancouver. While in San Diego we were fortunate to have June (Atamanchuk) and David Collins join us for dinner.

Many thanks to Margie for organizing the cruise. Submitted by Roberta (Yoyo) Nasu

September 1960 Wonderful reunion at Harrison Hot springs for three fun days Sept. 21, 22, & 23 2015. Our class finished training with 66 graduating out of a class of approximately 104. Since the attrition rate for nursing students is about 30% we were true to form. This year twenty seven of the class were able to attend. We have had reunions every five years since we graduated. At this reunion we agreed to hold our reunions every three years as time is passing quickly. Having our gathering at the Harrison Resort is really terrific as it feels like living in residence again (without the ma-trons) and rooms all together with a main hospital-ity room. Martha Shire (Letkeman) was the classmate who travelled the farthest flying in from Milton, Ontario. She is one of the very few of us still working, looks terrific and adds a special quality to any gathering. We have an author in our midst Sumi Kinoshita (Morisawa) has written a fascinating book on the history and horrendous struggles of her family during the evacuation & internment of the Japanese people during WW11. It is a good read. The publisher is Friesen Press in Victoria www.friesenpress.com

Martha Loewen (Brown) brought us many packages of her handmade note cards featuring flowers & birds made from photos she had taken. Thanks Martha. She was responsible for sending via the internet two pictures of Mrs. Vivian Blake (Jackson) taken at the annual Spring Lunch. Following our banquet of either chicken or fish we finally organized ourselves into alphabetical order and had pictures taken. During the evening that followed we entertained ourselves by telling funny stories & incidents from training days with lots of laughter & comradeship. Many thanks & accolades to Ann Arnett (Hargrave) and her Vancouver crew who organized a super reunion for us. Idelle Watkin
Reunions – Celebrate The Memories

September 1965 50th Anniversary Reunion May 1-3, 2015

Class members gathered at the Coast Plaza Hotel in Vancouver for a memorable weekend of sharing memories, laughter and fun. The Wine and Cheese Party commenced with our Traditional Torch arrival, followed by supper and then dessert in the Hospitality Room with fruit and tiny cupcakes with VGH hats on top. Joan Kerr then presented individual goodie bags for each guest containing special items based on previous reunions.

A beautiful Saturday allowed us to meet with friends, tour the VGH site and then prepare for our dinner and entertainment.

After a delicious dinner, the Cap Folding contest was held with some amazing creations, followed by a Jeopardy quiz created by Joan Kerr based on the Rules and Regulations given to us in 1962. Our theatrical team provided their version of The VGH Golden Girls.

Throughout the evening door prizes were awarded and then another Quiz which consisted of 4 pages of multiple choice questions about the music of the 1960’s. A new feature was the Singing Squirelles in smashing outfits who entertained us with 5 numbers. The evening ended with our version of The Adjustment Song.

On Sunday we enjoyed the Annual Luncheon as guests of the VGH School of Nursing Alumnae Association.

September 1975 celebrated their 40th on May 2, 2015 at the Granville Island Hotel.

September 1977

Four members met September 2015 in Abbotsford for a 4 hour lunch at a local restaurant. Back in 1974, we were grouped in alphabetical order: Clara Gruneau (Roussinos), Penny Haines (Ihaksi), Patti Hansen (Bale) and Joyce Harms (Kehler). Memories & laughter flowed.

February 1980 35th Reunion was held May 9 – 10, 2015 in Vancouver at the Holiday Inn on Broadway. It started with 26 of us on Saturday afternoon with a guided tour of VGH by Alumnae Association President, Kathy Murphy. Lots of fun & chatter caught up on all of the changes that VGH has & continues to go through. Thank you Kathy for your time and knowledge. We went our separate ways until we met again for an Appetizer Reception in a Suite at the Hotel.

Let the fun begin: we were 35 strong at this point. On arrival we put on a homemade nursing cap (wonderful, fun idea) with our names on it! As we caught up with each other we looked through photo albums and other memorabilia from those wonderful days spent at Nursing School but especially residence life. Who would have thought we would remember the words to “The Probie Song”….which we did and sang several times. The fun continued as we walked down to Milestones for a lovely dinner.

Afterwards to the hotel suite for a PJ party. To top off a wonderful event, several classmates met for brunch on Sunday in False Creek. Also a shout out to those who were able to travel a distance to celebrate with us locals: Ellen
Reunions

February 1980 35th Reunion

memorable one. Until we meet again! Submitted by: Valerie (Sanderson) Johannesen

February 1985 planned their 30th reunion – Sunday May 31-Tuesday June 2, 2015 at Harrison Hot Springs.

2016 REUNIONS

August 1956 – is celebrating their 60th reunion on Sunday May 1st at the Annual lunch followed by a gathering in the afternoon and dinner. Information will be sent with more details. If questions, please contact Betty Wynne btwynne@telus.net  604.936.3801 or Ethel Warbinek ethel@ethelwarbinek.com  604.538.6066

February 1966

Reunion- Friday April 29 – Tuesday May 3, 2016

Looking forward to seeing everyone -- so far we have 22 grads staying at Rosie's on Robson, and 19 staying locally. Friday evening April 29, check in at Hotel Rosie’s on Robson - 838 Hamilton St. at Robson. We hope to dine together at the hotel restaurant. We encourage those staying locally to join us at the hotel for food, wine and gossip. More info closer to the date. Saturday daytime is free to explore the city, visit friends in the hotel, whatever. A communication board will be set up to help connect with others should you wish to visit local areas, Granville Island, Stanley Park, shop, or just visit in hotel. Saturday Evening a wine and cheese reception to be held at the home of Maureen Mullan for food, fun, memory lane. Sunday VGH Alumnae luncheon. Invitations will be mailed directly to all, hospital tour to follow luncheon for those interested. Monday 11 grads, some with spouses, are going to Harrison Hot Springs Hotel, space still available. Contact Sue Chisholm at schisholm@maritimetravel.ca A group dinner for us will be held there Monday evening. Tuesday May 3 Harrison, or home. Contact lornahoare@shaw.ca if questions. Class rep is Shirley Henderson. Any input or ideas to help with remembering incidents, stories etc. please send to Shirley Shrender@telus.net Re, the hotel stay - as Harrison is a 3 hour drive from Vancouver, some may wish to stay overnight in Vancouver on Sunday, and drive to Harrison Monday. Looking forward to seeing everyone.

September 1966 2016 marks our 50th anniversary! A couple of things to mark on your calendar:

1. VGH alumnae luncheon Sunday May 1. The alumnae will be honouring grads of ’66 and providing a complimentary lunch. It would be great if Sept.’66 made a grandiose appearance! We encourage as many classmates as possible to attend this. For information and to reserve, e-mail Jill (Raikes) Watson at gillianwatson123@gmail.com

2. Our reunion : Will be held Sept. 20 - 22 at Harrison Hot Springs. Would love to see everybody and if you haven’t registered yet, contact Mahri (Meikle) Brasfield at 778-458-2059 or e-mail: mbrasfield10@gmail.com
Reunions

**February 1971 45th Reunion Celebration** at the Granville Island Hotel, Vancouver April 10, 11 & 12, 2016.

Class members will travel from near and far, to gather Sunday evening, at 5:00 in the home of Mrs. Judy Klassen, to celebrate our 45th Anniversary of graduation from the VGH School of Nursing. The evening will start with wine and appetizers followed by a buffet meal, while we get reacquainted and catch up with one another’s lives. Many will be staying at The Granville Island Hotel, to have easy access to the vibrant and diverse activities that the Island has to offer. Rooms have been reserved at the Hotel for the Reunion Party and may be booked before March 10th at the group rate. Monday morning and afternoon will be a free time when friends set off to explore, discover and shop on Granville Island and in the beautiful city of Vancouver. The list of possibilities is wonderful.

We will all gather again at 4:30 in the Hospitality Suite on the Penthouse floor of the Hotel, for wine and cheese, followed by the Reunion dinner in the Dockside Restaurant. Dessert and coffee will be served in the Hospitality Suite, followed by a “Bolster Party” (in honour of our many spontaneous get-togethers in training, with our bolsters, in the lounges of the Nurses’ Residence), and to share memories and stories of our three years together at VGH. On Tuesday morning we will say our fond farewells after a casual Brunch at the Blue Parrot on Granville Island. Some of the group will then have an opportunity to visit Heather Pavilion, and the School of Nursing museum and archives. We hope everyone will be able to attend the reunion and we look forward to seeing our classmates in April.

To communicate with the organizers please contact: Barb Leigh, 604 438 2325, Judy Klassen, 604 261 8275, or Sandy Hyslop. 250 537 4568

**September 1981 – Celebrating 35 Years** as VGH Grads - September 23rd – 25th 2016 at Kingfisher Resort and Spa near Courtenay on Vancouver Island. Friday night is a wine and appetizer reception, dinner on the Saturday evening and a wind up brunch on Sunday. For information please contact: Jane Murphy tyee43@hotmail.com or jane.murphy@sjgh.comox.ca  Karen Wilson-Bourquin kt_willie@hotmail.com

**February 1986** will be celebrating their **30 year reunion** June 10-12/16 at the Holiday Inn Centre in Vancouver. Plans have been made for a memory filled weekend. Program: **Friday June 10th** - check-in Holiday Inn. **Saturday June 11th** - afternoon tour of VGH facilitated by VGH Alumnae Association. Evening appetizers and dinner with VGH SON grads only. **Sunday June 12th** - Brunch with VGH SON grads and partners/spouses at the Holiday Inn. A group of rooms has been booked at the Holiday Inn at a rate of $199/night. Book by May 11th. Please make your reservations at: http://hivancouvercentre.com/ To receive this special rate mention: ‘Reunion - Nursing School’ when booking. Planning Committee: Mary Dimeo, Michele Caley (Burow), Glenda King (Quiroga), Leanne Currie Contact : VGHSON86@gmail.com

**2017 REUNIONS**

**February 1962** 55th Reunion will be held in Victoria at the Hotel Chateau Victoria, on June 5, 2017. Class members will receive an information letter in early February 2016. If you are a member of the Feb 62 Class and didn’t receive your letter, contact Donna Street, kenstreet3170@gmail.com or 250-592-0491 or Josie Bergman, 250-477-5302 or jbergman09@shaw.ca

ATTENTION ALL VGH GRADS

Are you working toward any of the following from Sept. 1, 2015 to Aug. 31, 2016:
- A Baccalaureate, Masters or Doctorate degree?
- A Post Basic Certificate Program?
- A Refresher Course?

Or will you be attending any of the following from Sept. 1, 2015 to Aug. 31, 2016:
- A Workshop?
- A Conference?
- A Seminar?
- A Convention?

If so you may be eligible for a bursary from $250.00 up to $2000.00 depending on the criteria qualifications.

Check out the opportunities and application information at www.nursingschoolalumnae.com and link to “Bursaries”.

Applications are due by September 15, 2016.

Joan Kerr (Dunbar) ‘65

1915, student nurse’s room in the ‘New 1914 Residence’. Archive Photo
Member News

Margaret (Neily) Mainwaring, Class of 1933, recently celebrated her 105th birthday in her home with a gathering of friends and associates. Kathy Murphy brought greetings from the Alumnae. It was a lovely party complete with sing song, refreshments and birthday cake. Also in attendance was Ruth Drysdale from the Class of 1944 who has just moved to Amica Arbutus where a number of another alumnae live.

Tribute to Vivian Blake 1950 - May 3 luncheon

Vivian, you have been an amazing part of VGH for many years and we are so grateful for all that you have done for the VGH School of Nursing Alumnae Association. I would like to share some of the highlights of your wonderful service.

Following graduation in 1950, you married, raised your family and became an Instructor at the School of Nursing... a well-loved Instructor, based on the many former students who seek you out at our annual luncheons. In 1974 you chaired the very successful 3 day 75th Anniversary Celebration of the School of Nursing to which 1243 graduates attended. This included a coffee party for 900 at the Hotel Vancouver, tour of Alumnae Manor, Education Day, city bus tour and tea, class parties, attendance at the 1974 Graduation Ceremony, coffee party and tour of VGH, and Reunion Banquet at the Hyatt Regency.

You were also an active member of the Woman’s Auxiliary of VGH and served as President in 1984. Then there was the Board of Trustees where you served as Chair from 1986-87. I understand that you also served on the Medical Advisory Committee, VGH Foundation and the Council of University Teaching Hospitals. In addition you received a civic award from the Vancouver Volunteer Centre in 1992.

In 1997, you joined the Alumnae Building Society Executive and served until 2004 when the Alumnae Manor was sold and the proceeds distributed. At the same time, you also became Secretary of the Alumnae Association and served in this role from 2003 until March 2015. Your memories of graduates and diligent reviewing of the Obituary columns will be missed, as will your wise counsel.

Thank you so much on behalf of the VGH School of Nursing Alumnae Association.

Kathy Murphy, President

Sept ’54 The “Island girls” travelled over on early ferries from Victoria and Naniamo to Tsawwassen in September for a lunch date with mainland classmates at the home of Ruth Haupt Carlisle. A very enjoyable time was had by all.

Mary Watt

2015 NOMINATION COMMITTEE REPORT

Committee Chairs
Archives: Ethel Warbinek, Mary Watt
Education: Joan Kerr
Friendship: Lorna Hoare, Diane Parker
Publicity: Ethel Warbinek
Pin Bank: Anne Williams
Luncheon: Pat Sexsmith, Myrna Braun
Luncheon Liaison: Suzanne Stothers
Nomination for Membership: Susan Kerr

Officers
President: Kathy Murphy
Vice President: Mary Raikes-Tindle
Recording Secretary: Lynne Dunbar
Treasurer: Bonnie Lantz
Executive Member: Suzanne Stothers
Executive Secretary: Norma Guttormsson

Submitted by:
Mary Raikes-Tindle, Suzanne Stothers: Nominating Committee
First, some words of appreciation of our VGH School of Nursing Alumnae Association. I am speaking for our class of February 1965, to thank you for the work you do to collect and preserve the priceless archives covering the history of the VGH School of Nursing. Our School no longer exists but our Alumnae ensures that the significance of those 99 years will not be lost.

Thank you also, for this lovely luncheon marking some significant anniversaries. This has given us a much-appreciated focal point for our respective reunion celebrations.

Congratulations to our Anniversary Sisters, the Classes of 1945 and 1955, on your Anniversaries. You are giving us a major goal to work toward.

When I was thinking about what to say today, it occurred to me that each nursing class would have two sets of memories: those that were common to many classes, and likely include the very first day with the meet and greet in the Ballroom. Most of us were with our proud parents, and most of us were in awe of that perfect vision in a starched and spotless full white uniform who welcomed us as student nurses, namely Mrs. Beverly Witter Du Gas.

And I’m sure we all share memories of being barfed on, spat at, and cuffed by patients. But we also remember being thanked sincerely for small comforts given. That was what inspired us to go back the next day, for more.

Then there are memories that are unique to our particular class. We were young adults, part way on the road to maturity – some of us are still travelling that road, even as we age! We were becoming more aware of the world around us, and beginning to understand how much the future of our world depended on the wisdom and constraint of the world’s political leaders.

We were probies when the Cuban Missile crisis happened, and I recall a large group of us gathered in our hallway in the late afternoon, feeling fearful and helpless because the world was on the brink of a nuclear war. Our wing was right above the instructors’ offices, and when our distress became loud enough, Miss Gillies came through the door from the stairwell, took one look at our hysterics, and told us to get a grip. She said something like “Kruschev doesn’t want to die either”…..

Then, in 1964, each one of us can likely recall where we were on the Friday that President Kennedy was assassinated. I was in a group who were sent to spend a week in a pre-school, as part of our “Paeds” rotation, in an attempt to familiarize us with so-called normal healthy children. It was a pretty awful week partly because it was North Van and it rained the whole time (we were assigned playground duty – the only time I ever used that Navy Blue raincoat we were told to buy). The pre-school teachers were not particularly taken with us and either ignored us, or gave us a bad time. The news about President Kennedy came around noon, and the staff were obviously upset, muttering amongst themselves, but no one told us what had happened. We learned of it on the way home on the bus.

On a lighter note, we had a sweet and cheerful classmate who, when we were directed to clean dentures on B3 (remember B3?), opted for efficiency and collected all the dentures in a big pan, took them to the utility room and scrubbed them clean as a whistle. Imagine her consternation when she realized that she had no idea which dentures were whose!

We also worked together with the September ’65 class to put on a very successful Harold’s Night as a fund-raiser. I don’t recall how we managed to convince the Matrons that gambling in the basement of the residence was a good idea.

We also had our favourite teachers!

Who could forget Miss (Don’t put that purse on the floor – the floor is full of germs!...don’t self-medicate…. Keep your hair off your collar….Never ride in a vehicle with a full bladder) Fleming. Her approach to solutions and dosages likely saved countless of our future patient’s lives, and I still freak out if someone puts a “dirty” grocery bag on my kitchen counter.

We also had Mrs. (Stop! O.S. is the LEFT eye) Hemming; Miss (you can read the chapter on male anatomy yourselves) Sim; and my personal favourite and first nursing role model who was way ahead of her time, Miss...
(Let me show you what’s in my suitcase and I’ll help you avoid premature parenthood) Davy. Other favourites were Mrs. Copeland, a positive role model if ever there was one, Mrs. Turnbull, Mrs. Buchanan, Mrs. Burge, and Mrs. Kozier.

Our planning committee was curious about just how many years of nursing service were provided by our classmates so we collected a small bit of data. Just over 50% of our classmates responded – not bad for any survey! We found the total number of years from the respondents served was 1,085. The average was 31.5 years. We have some hardy souls who served over 40 years, and a few who moved on after just a few years.

Whatever we did in our careers, our nursing education and our lives in residence prepared us very well for our careers in nursing. We also gained skills that enhanced our lives whether we worked as nurses or in another profession or role, as some of our classmates have done.

For example, we gained skills in:

Analytical thinking: This was a hard lesson for those who could not figure out the cafeteria menu schedule. Particularly hard after a day in the O.R., when the entrée was liver.

Problem-Solving: Again learned the hard way, on rising (late) for 7 a.m. shift start to discover the dirty laundry bag still in the bottom of the closet and needing to find a classmate’s clean laundry bag to purloin some clean “blues” for the day.

Negotiating Skills: Ah – the long-awaited buzz from the matrons announcing a phone call – at last! He’s finally calling! Then the frantic run from phone to phone on every floor trying to convince anyone using a phone to give it to you! Now!

And finally, Communication Skills: Best practiced when arriving just a few minutes after curfew, in an attempt to blame ...the traffic?...the weather?....car trouble?....and avoid the dreaded “9 o’clocks”.

I suppose every generation can say that they have lived through enormous changes in so many aspects of life, as well as in the field of medicine. But who would have dreamed, in 1965, that we would have the diagnostic and treatment tools that exist today? Could we have imagined that computers would become integral to our lives in so many ways?

We have also seen changes in the roles of women in society, with expanding career choices. But I am always delighted when I hear a young person say they want to “go into nursing”. What an apt expression, “to go into nursing”. This is not just our profession; it is part of how we define ourselves, and how the rest of the world views us.

There is no doubt that many women now enjoy greater rights and freedoms than ever before. Unfortunately there are still too many women in Canada and in other parts of the world who are not as fortunate. There is much work to be done and even though we are retired nurses, we can add our voices and support to that work. We still have a long way to go.

A significant anniversary such as this one presents an opportunity to reflect on how very fortunate we were to have experienced our basic nursing education in, as Dr Du Gas describes in the title of her book, “The Best Damn School in the Country”.

As one of our classmates wrote in her response to our small survey, “The years have gone very quickly and nursing school seems like a distant dot in my past. It was however, the best choice for me and nursing has given me huge satisfaction, as a career choice. I feel lucky to say that I loved all the areas I worked in, throughout the years”. I believe that most of us would agree.

Thank you very much.
Good Afternoon to each of you and especially to my classmates of Sept. 1965.

A very special thank you to the VGH/SON Alumnae and the Luncheon convenors who work so very hard to organize and plan this day to recognize all VGH grads.

Today is a very special recognition to the 50 year graduates of 1965 and an honourable mention to the 60 year grads (1955) and 65 year grads (1950) from our school of nursing.

Before I say a few words on behalf of the Sept.’65 class I must take a few moments to recognize one of my dearest friends for the past 53 years. Kathy (McCutcheon) Murphy.

I met Kathy the day we entered nurses training. She was from faraway Castlegar with nowhere to go on her days off. My dad, “Father D” to Kathy delighted in telling people that I brought her home for dinner one day and asked if the family could keep her.

Kathy (McCutcheon) Murphy has been the President of our Alumnae Association since the year 2001 after being the vice-president for one year. She has been the glue that has kept the Alumnae together. Many of us over the years have added some “stick” to the glue but Kathy has kept us bound together.

She represents all of us so well and is forever speaking of the virtues of the VGH-School of Nursing.

She is actively involved in many nursing circles in the lower mainland. She is the President of the “The BC History of Nursing” organization. She is the Gala co-chair of “The Registered Nurses Foundation”.

Kathy is on the UBC School of Nursing’s advisory committee. She is part of the Heather Heritage Foundation. Kathy is our representative and a wonderful advocate for all of our endowment funds at the VGH/UBC Foundation. She is fundamental in organizing a display at VGH for Nurses Week and is present every day to keep the lamp burning and to keep us front and centre. She represents us at numerous events, occasions and presentations. She has kept us in the spotlight so the Nursing circle will never forget our VGH School of Nursing. On behalf of all of us for your vision and your dedication -- Thank you, Kathy.

Now for our class of Sept.’65. What a unique and wonderful class we were and still are.

From the age of five I knew I would be a nurse. I told my Mum that I would be a nurse at the hospital with the tall smokestack. For the next 13+ years every time we drove down 12th Ave. I would see “my” smokestack and that kept my vision alive.

Finally I could apply (and although I never doubted that I would be accepted because this was my hospital), “THE” letter arrived in the mail. However, it was a provisional acceptance only. WHAT? Well, Dr. Parnell, the Student’s Physician had reviewed my medical records and noted that I had suffered dermatitis in my elbow folds at the age of 13. Should this reoccur, I would be asked to withdraw from the program. Thankfully that didn’t happen and here I am today.

I vividly remember Tuesday Sept 4, 1962 when 104 eager, enthusiastic, anxious young girls assembled in the Ballroom of the residence. We were greeted by Mrs. Beverley Witter du Gas in all her starched white finery (which I found out later took her 20 minutes every morning to assemble her uniform with the crisp white dress, the collar, cuffs, studs and apron). Students could do it much quicker. She thought it was very important to portray this image to her students.

She welcomed us and told us we would now be known as the class of Sept.’65. Wow! That seemed like a whole lifetime away. I think by lunchtime of that first day we were down to 102 and by graduation we were a class of 88.

We came from all walks of life – from Vancouver to Victoria. From Prince George, Penticton, Pouce Coupe, Powell River, Port Alberni, from Cloverdale, Castlegar, from Edmonton, Montreal, Washington USA. We met and lived and loved and worked together for three memorable years.

Why did so many enter the nursing profession? In the 60’s there weren’t many options for females. If you were in the University Program at High School you tended to study nursing or teaching. If you were in the General Program you might be a secretary or a hairdresser. Even back then, University was costly.

Nursing? Well our initial fee was $196.43 which was the cost of our uniforms, text books, student fees and the year book at $3.00. When we graduated we were given a statement stating we had received $713.00 in stipend plus room and board for three years. Where else could we receive this education, plus the friendships, preparation for life, wisdom, experiences,
and confidence than from the VGH School of Nursing?

**Our class experienced several one of a kind, historical events.**

**Friday, October 12th** Hurricane Freda hit Vancouver with winds up to 125 km/hr. and damage up to $10,000,000.00. Many students (but not all as some of us slept through the carnage) watched from the Library on the 8th floor of the residence as transformers blew all across the City. Trees down, power out. We were Probies and only had Saturday afternoon and Sunday off. The hospital generators were up and running so we were able to write our Saturday morning exam on Pharmacology from our dear Miss Flossie Flemming.

Everyone will always remember where they were on the morning of **Friday, November 22, 1963** when news buzzed throughout the hospital that John Fitzgerald Kennedy had been assassinated. **Saturday, January 9th, 1965**, we awoke to hear the news of a weather incident near Hope BC. It started with two earthquakes, an avalanche then a massive landslide of 47 million cubic meters of pulverized rock that killed four people.

**On Monday, February 15th 1965** we looked out of the Resident windows and saw the new Canadian flag flying proudly from the Vancouver City Hall. We were devastated when our favourite Sociology Professor Dr. Kaspar Naegele whom we had grown to love and admire suffered an untimely death at the age of 41 in 1965. **Sept.’65** – we were a cohesive, close knit group of young women with a common goal to become VGH graduates and registered nurses. We supported each other through thick and thin. We laughed together, cried together, worked together. We were a class who loved to sing. We held frequent, impromptu sing songs in the 6th floor elevator bay. We always ended the evening with our theme song “Moon River” just before the matrons came to do their rounds and room checks! We sang “Moon River” every chance we got and at our Graduation dance at the Commodore, the Dal Richards Orchestra delighted us all when he played it for us and we all joined in singing and dancing.

Many of us were involved in the VGH Capers with the production of “How to Succeed in Medicine without Really Trying”. Four members belonged to the Tip Topper Club of Vancouver. Women had to be 5’11” tall to be eligible for membership.

Under the organizational skills of Marlene (Wallace) MacLaren, we had a most successful, fun-filled and memorable Fall Fair. “A Night at Harold’s Club” exceeded our expectations and we raised $1,200.00 for the Student Council.

Marlene formulated plans for a second daunting project. A VGH/SON Cookbook compiled by the students. To top off her social convening skills she staged a fabulous farewell party for Beverly du Gas when she left the VGH School to assist with Nursing Schools in India.

In **Sept. of 1964** when we became Seniors and earned the right to wear white shoes and stockings, the whole school did too and black shoes and stockings became history.

**Miss Helen King**, the Director of Nursing would often come to the South Lounge for an evening of bridge with the students. We all loved Miss King. She was an elegant, gracious English lady. When she retired the students had a reception in her honour. As a parting gift, the students presented her with an alarm clock. Just how fitting was that for a person retiring? Helen King told my parents “they” (the School) could train a competent nurse in two years but it was that 3rd year that changed a young girl into a woman and gave her the poise, confidence, knowledge and maturity to prepare her not only for nursing but for a productive and fulfilling life.

We shared wonderful joys and deep sorrows and look back on our training days as some of the best years of our lives. Our class celebrated our 50th reunion festivities during an amazing weekend at the Coast Plaza Hotel in the Vancouver West End. We picked up where we left off at the last reunion and reminisced, remembering all the wonderful, rewarding, silly and memorable things we did as the class of Sept.’65. We laughed and cried. We had our banquet with fantastic entertainment and of course the renowned reunion evaluation which is another unique happening of Sept.’65.

Sadly over the years we have said good-bye to fourteen of our classmates. All taken too young, - but fondly remembered at each reunion.

I re-read our Valedictory Address that **Delana (Smith) Sword** so eloquently delivered at our Graduation Ceremony. And I quote: “Ours is very much a story of people – people who through their guidance, their inspiration, their patience, their understanding and their love, have helped us become who we are.” Now, 50 years later we can look back on our careers and a life-time of activities, of growing, of maturing, of gaining wisdom. Our legacy and hope is that we have passed the torch on to others to whom our lives have touched and have been blessed.

We have always been pleased to be the Class of Sept.’65. Along with the Feb.’65 class, we were part of the largest class to ever graduate in the Commonwealth at 172. Even now, no matter where we go we are still proud to be known as a VGH graduate.

For this pride we owe a debt of gratitude to **Beverly du Gas**. Her goal was always to achieve the very best for her students and she worked harder to achieve this than we will ever know. Through her dedication she instilled in us the passion to strive for excellence. Today, marking our 50th Reunion, I am delighted to say that the Vancouver General Hospital School of Nursing certainly was “The Best Damn School in the Country”.

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**Miss Helen King**

**Beverly du Gas**
**SHIKATAGANAI: It Can't Be Helped**  
by Sumi Kinoshita  September 1960

*Shikataganai: It Can’t Be Helped* traces one Japanese-Canadian family’s experience of evacuation and internment during World War II. By recounting personal stories of racial discrimination relating to these events, Sumi Kinoshita tells the story of her parents’ struggle to cope while raising a family in the British Columbia interior during the war. These struggles continued during the difficult resettling period following the war, as her parents were faced with the twin realities of having their property confiscated and their livelihood disrupted.

Including first-hand accounts from other members of the Morisawa family, *Shikataganai: It Can’t Be Helped* weaves a compelling story of tragedy, of loss, of retaining a sense of humour, and ultimately, of finding hope in the face of life’s challenges. Sumi is a retired public health nurse. A second-generation Canadian, she was born in Victoria, BC in 1938. In 1942, when all people of Japanese ancestry became "enemy aliens" in Canada, her family was forced to move to the interior of British Columbia. She graduated from VGH in 1960.

Now a widow, Mrs. Kinoshita lives in Coquitlam, BC and has two daughters and five grandchildren. The story, *Shikataganai*, was born out of a heartfelt desire to record her family story for future generations.

**RECOLLECTIONS OF RESIDENCE LIVING BY MARION BOYLE CLASS 1949**

Do you remember as a probie living in the old home on West 10 Ave at Heather? Three lucky sets of girls had screened verandas off their rooms so they could sleep there in the summer. When the time came for the move to the New home further up the slope to 12 Ave, transport was provided for drawers. My room-mate had a drawer filled with shoes and the mover said “who do you think your are – Hedy Lamarr?”

My mother, who graduated in 1921, lived in the New Home too. Rooms had been built to accommodate one, but very early they accommodated two. My roommate had been an only child for 8 years and doted on by various aunties as well as her parents. She did not looked kindly on the arrival of a sister. When she came off duty, she would walk around the room, discarding pieces of her uniform such as the starched collar (that had to be run over at the crease with a wet finger to make it tolerable for the wearer). The last item to go was her cap. The frustrating part for me was that the following day she remembered where every item had fallen.

One day I got up late, dressed in a hurry and dashed across the parking lot. Before long I was in agony, having put on her white oxfords instead of mine.

One summer evening during our porch days – a sing song had begun on our porch. Sometimes later a phone message was received from higher up, to decease. We decided there was time for on more song since the authority would not have known when the message was delivered. The next morning I was working on ward A – men’s medical. The patient I was bathing told me – “Last night I heard the most beautiful singing”.

**Luncheon 2015 photos**

More luncheon photos on pages 18 & 19. They may also be found on our website: www.nursingschoolalumnae.com
Ave. and Heather Street forever referred to as the “New Home”. This building is still standing today. It was described as:

“The beautiful and comfortable home with its single bedrooms, quiet reading rooms and sitting rooms on each floor gives the nurse a chance to study quietly and live comfortably and should tend materially in improving their health both in body and mind.”

Alas, this was short lived and soon students had to share their rooms with a classmate. A library was opened in the New Home in 1925 and a year later, 200 books had been purchased. The money was provided by grateful patients and others. When the 1950 Residence opened a library was located on the first floor and later moved to the solarium on the top floor.

In 1919, the hospital had grown to 1200 beds, with a nursing staff of 47 graduates and 190 students. Living space for students was once again critical. In 1921, 2 large wards in the Military Annex, which had been erected to care for soldiers wounded in WW1, were remodelled. This area was renamed the West Wing and 28 bedrooms and a sitting room were created for students. In 1929, the Military Annex was demolished as students were now living in wooden buildings, often referred to as “shacks” vacated when UBC moved to the Point Grey campus in 1925. The Mining building was converted into bedrooms and renamed Laurel House. Another adjacent building became West House. They were closed in 1945. Another building, Ellis house, located on West 13th Avenue was also used as a residence. Probably named after Kathleen Ellis, Director of Nurses and Principal of the School of Nursing from 1922-1929.

In 1945 a Nurse’s Annex was built behind the Old Home on 10th Avenue for 104 students, some of whom had been staying in both Laurel and West Houses. This building was described as safe and comfortable. Students were also placed in rooms in the Semi-Private Pavilion, later Health Centre for Children and in the Private Ward Pavilion. These were temporary measures until the new residence opened in 1950. It was to accommodate 550 students in single rooms. Until then, students were constantly scattered throughout the hospital in crowded and often unsafe buildings and by some, described as “slums. In spite of these deplorable and crowded conditions, graduates have very amusing stories of residence life and tell tales of all the shenanigans that occurred during these early years.

The end of an era: By 1970 nursing education changed and students were no longer required to live in the residence, although the majority continued to do so. Married students were now permitted to complete their program. In 1981, the traditional benefits of stipends, room and board were withdrawn and tuition fees introduced. If students opted to live in the Residence, they paid rent. In 1985, the School moved out of the Residence to a new building on 10th Avenue.

The last VGH class graduated in 1991 and the collaborative UBC/VGH BSN program ended in 1998.

In 2007, the residence was sold and converted to apartments with only the recognizable part – the facade on Heather Street remaining, but the memories remain in our hearts.
As someone who shares a common ancestry with Florence Nightingale, it seems only natural that Helen would emerge as one of the most influential nursing leaders in the province. She has also been a generous UBC donor for many years and recently created an estate gift, which reflects her passionate advocacy for the School of Nursing.

“The role of a nurse, in my opinion, is to draw from science-based knowledge and develop a care plan to help an individual develop abilities to cope with and manage a health issue,” says Helen Shore, a UBC alumna (BSN 61, MA 71) and Associate Emerita of Nursing.

Helen was born in Calgary, Alberta. Her father and mother who were pioneer doctor and nurse in Bowden and Alix in northern Alberta had a great influence on Helen. As a young woman, she moved to Vancouver and graduated from VGH in 1946. After graduation, she was assigned to open a ward in the Infectious Disease Hospital at VGH during a polio epidemic. She then went on to be a staff nurse at the Calgary General and King George VII in Hamilton, Bermuda to gain experience.

When Helen returned to Canada, she completed a diploma course in Teaching and Supervision at UBC School of Nursing and then taught Nursing Arts at the Royal Columbian Hospital, New Westminster for ten years. She then enrolled in UBC School of Nursing and earned her BSN, which led to a position with the Metropolitan Health Services as a public health nurse in Vancouver.

It was during this time that Helen met Trenna Hunter, VGH 1939, Director of Public Health Nursing, and a former President of the Canadian Nurses Association. Both her BSN education and Trenna Hunter’s encouragement served to enlarge Helen’s understanding of nursing. “The thing about Trenna was that she fostered public health nurses to demonstrate advanced skills, and she supported innovation in nursing practice. Working with her increased my pride and confidence.”

Although being a public health nurse was deeply satisfying to Helen, a phone call from Evelyn Mallory, Director of the UBC School of Nursing, soon changed the course of her career.

“To make a long story short, she offered me a faculty job substituting for a professor who was going on education leave,” explains Helen. “It was a great offer, so I thought why not?” At UBC, Helen met many academics focused on the challenges and needs of the profession. She presented nursing workshops on “Nursing Process” that were held throughout the province and later completed an MA in Adult Education, which reflected her new role as an educator. She was proud to join a committee of faculty members who would develop and implement a new curriculum for the 4-year BSN.

Today, Helen is recognized as a pioneer of her profession, both within the University and within the province. She hopes that her gift will help to highlight the School’s unique history and make it stronger: “Nursing has been a part of the UBC campus for 100 years now,” says Helen. “But we don’t really have a space that is suitable for our Bachelor, Master, and PhD programs or to recognize the important contributions our graduates make to society. That’s my reason for making this gift—to support fellowships, nursing history, and nursing space, all those things that will bring the distinction and recognition that is appropriate to a modern and progressive School.”

Source: UBC School of Nursing: Nursing Matters, Jan 7, 2016
Memories by Jean Lewis Class 1940
- as told to Norma Guttormsson

Jean Lewis is a true daughter of Vancouver. She was born on January 31, 1918 when her father, Dr. Hugh MacMillan, a graduate of McGill, was practising Medicine at the Vancouver General Hospital. Her mother, Esther Mary Duff, who was born in Scotland, was also a nurse and graduated from VGH in 1913 along with 12 classmates. The family lived in Kitsilano. At the age of 7 months, Jean’s mother died and her great-aunt from Scotland came to live with the family. She recalls that a horse-drawn carriage was rented in New Westminster to meet the train in Port Moody to pick up her step-mother who had traveled to Vancouver alone.

Jean’s father was born in Canada of Scottish ancestry. He remarried his second wife, Dorothy Whall, When Jean was 8 years old, she was raised by her great-aunt, “Great Old Auntie Jean”. There were four children in this second marriage – two boys and two girls. She remained with her Auntie Jean and her husband, Captain H. Newcomb.

Jean attended Magee and remembers her address as Beach Ave. Following High School, she enrolled in the VGH School of Nursing, graduating in January 1940. She fondly remembers an experience in the OR when she was a scrub nurse for an operation performed by her father and her uncle. They were engaged in a lively conversation reminiscing about a bear shooting when Uncle Lachie commented, “Are we going to do surgery or not?!”

Twelve students shared one large room in the residence where they were provided with only a bed and a cupboard for their clothes and belongings. She relates how comical it was to see these very modest ladies trying to change into nightwear inside their cupboards! However, Jean and four of her room-mates decided to move to the attic, although there were no windows - just the fire escape door. It was the fire escape that interested them! Jean met her husband while he was a patient in the hospital – Edward A. Lewis.

Jean and Ted were married on March 21, 1940 at Ryerson Church in her graduating year and raised seven children – 3 daughters: Carol, Susan and Peggy and 4 sons: Ted Jr, Bill, John and Randy. During those child-raising years, Jean worked full-time at the Children’s Hospital on 57th Ave. Her husband, who coped with injuries, worked at home as their “house-father”. All seven children graduated from Magee High School. Carol studied two years at UBC; John graduated from UBC and became a teacher, rising to Superintendent of North Vancouver District 44. At the time of writing, all of her daughters and two eldest sons have retired leaving only her two younger sons still working.

Carol lives in Kelowna, Peggy in New York, Bill in Calgary and the rest of the children are nearby in North Vancouver. Although Jean has limited vision – legally blind – she continues to live comfortably in her own North Vancouver condo with the assistance of her family and a live-in caregiver.
In Memoriam 2014 And Not Forgotten

- Maiden name        Given name Married name
1929 Robinson  Kathleen
1935 Espley  Marorie  Wilson
1938 Glenn  Vivian  Woodsworth
1939 Bell  Thirza  Clark
1939 Saunders*  Helen
1939 Putnam  Edith
1940 Gram  Edna  Affleck
1943 Armstrong  Peggy  McSweyn
1943 Goodwin  Eleanor  Hooson
1943 Stewart  Betty  Maddin
1944 Adam  Kirstine  Griffith
1945 Sutherland  Marguerite Anderson
1947 Calthrop  Winifred “Win” Miller
1947 Spark  Joan  Poole
1947 Stephenson  Dorothy  Cowan
1949 Clark  Ruth  Darby
1950 Bridge  Betty  Underhill
1950 Graham  Joan  Mahabir
1950 Holley  Doreen  Atkinson
1950 Lindsay  Denise  Edwards
1951 Bell  Barbara  Nowick
1951 Fraser  Meryl  Jelinek
1951 Gurvitz  Cynthia  Litisky
1951 McConnell  June  McAllister
1951 Skeeles  Betty  Senay
1951 Stewart  Isobelle  Nicoll
1952 Greene  Sura Clare Sandekian
1952 Sawchuk  Anne  Egerdie
1953 Hogarth  Midge  Jones
1954 Berggren  Roni  Wallinger
1954 Hunter  Win  Taylor
1954 Ross  Shirley  Joy
1955 Dawson  June  Wick
1955 Grantham  Diana  Lastrup
1956 Cameron*  Margaret  Mitchell
1956 Robertson  Donna  Connell
1957 Munro  Lynette  Halvorson
1958 Andrews*  Beth  Drummond
1958 McKendry  Marian  Lauden
1959 Gopsill  Patricia  Dickson
1960 Dueck  Helga  Voth
1960 Gourlay*  Margaret-Anne Turner
1960 Lane  Joan  Pierson
1960 Leitch  Nancy  Russell
1963 Brien  Linda  McCready
1963 Offenberger  Marilyn  Beaver
1964 Norrie  Joanne  Loewenthal
1965 Loewen  Linda  Danallanko
1966 McVeigh  Carol
1966 Winn  Judith  Fitzsimmons
1972 Boyes  Susan  Grout

* Denotes UBC class
The deaths printed in this newsletter are those reported in 2014

REMEMBERING - J. Mirth A. Doyle

VGH Sept.’54 193-2016 Born in the family home in Victoria BC she said she delivered herself while her father was cycling to fetch the doctor. Thus began a life of challenges, met by an independent spirit.
Childhood was spent in Cadboro Bay where her Mother ran a small dairy, with the children delivering milk by horse and cart through the Uplands before classes at the old Cedar Hill School. On weekends, after chores, they would look for treasure at Smugglers Cove. The girls enjoyed studying at St. Ann’s, but one night as her father cycled home from his work as a waiter at the Empress Hotel, he was struck by a car and permanently incapacitated. The children went out to work, Mirth as an underage servant at the Cadboro Bay Beach Hotel. They needed to enlarge the family dairy operation in order to survive. A relative facilitated purchase of fifty-two-acre Section 61 Lake District on Old West Road around 1928, and the three teenagers walked the dairy herd out to Elk Lake along roads and trails. They lived in tents for the first two winters, among the coldest on record. Once again, Mirth became an underage servant, this time walking alone through the bush to and from the Hamsterley teahouse at the north end of Elk Lake.

By the 1940s, her Mother and two sisters opened a dressmaking shop, The Shamrock, on View Street, but it was WW II that steered Mirth toward her nursing career. She answered an ad for women to train as nurses at Esquimalt Provincial Mental Hospital, was accepted and earned a certificate in psychiatric nursing in 1947. She was Head Nurse at Crease Clinic until 1951. Next, she became a prize-winning graduate from VGH SON in 1954, and then applied to McGill University, where she earned a diploma in teaching, followed by a Bachelor of Nursing in 1958. These credentials were sufficient for her to become a nursing instructor at Royal Jubilee Hospital in Victoria. There was no master of nursing available in Canada at the time, so she went to Columbia University, New York, where she earned a Master’s degree in education.

Returning to McGill, she was instrumental in establishing a Master’s of Nursing program where she taught as an Associate Professor until her retirement. She flourished at McGill, where she took a creative writing course with Leonard Cohen. Following her 
Continued on page 21
personal and professional interest in palliative care, she met Cicely Saunders in the UK, and Elisabeth Kubler-Ross.

In 1961 Mirth wrote: “If at any time during my life I have brought comfort or help to one person, then indeed my life will have been worthwhile”. In retirement, she continued to contribute to several community organizations. Mirth coped with several health problems throughout her long life. She died on January 16, 2016, just hours after making plans for her approaching 103rd birthday.

*Source: John Doyle. Published in Victoria Colonist January 23, 2016*

**Harriet 'Hallie' Sloan C.M., C.D., B.N., Lt Col (Ret'd) 1917-2016, VGH 1940**

Hallie was born in Winnipeg, grew up in Saskatoon and graduated from VGH in 1940. She served overseas in France with the 8th CDN General Hospital during World War II. After D-Day, she participated in the liberation of Belgium and the Netherlands, and chose to remain in the Army to serve during peacetime. Nursing and teaching became her passions and she rose to the rank of Matron-in-Chief of the Canadian Forces Medical Services. After retiring from the military, she began a second career as a director of the Canadian Nurses Association. Her second retirement signalled the beginning of her tireless volunteer life supporting the establishment of the Perley and Rideau Veterans’ Health Centre, the Nursing Sisters' Association of Canada and fundraising to support education for military nurses through the Canadian Nurses Foundation. She was privileged to participate in several pilgrimages commemorating WWII Campaigns in Asia and Europe. It was her sincere wish to continue to keep alive the memory and respect for the military and civilian contributions made for Canada and freedom. In 2004, she was awarded the Order of Canada in recognition of her outstanding leadership for 50 years and advancing military nursing and patient care. She was also a Dame of the Order of St. John and last year as a D-Day veteran received the Legion of Honour.

Hallie passed away peacefully at home on January 21, 2016, her 99th birthday.

*Source: Globe and Mail, Saturday, January 30, 2016*
Honorary Members

Mrs. Matilda Bara  Mrs. Naomi Constant
Mr. Charlie Etchell  Dr. Don Hutchins
Mr. D.E. McTaggart  Mrs. Nellie Ryzak
Mrs. Sheila J. Rankin Zerr

Life Members

Sharon Baxter (Francis) '62  Janie Birkeland (Schwab) '66
Vivian Blake (Jackson) '50  Myrna Braun (Wagstaff) '62
Peggy Etchell (Thompson) '51  Barbara Gillies '46
Lorna Hoare (Snider) '66  Evelyn Holob (Anderson) '51
Adelaide Hutchins (MacLean) '53  Sheila Kirk (Poersch) '61
Joan Kerr (Dunbar) '56  Elizabeth Kirkwood (Miles) '53
Gail McKay (Glanville) '62  Eleanor McTaggart (White) '47
Kathleen Murphy (McCutcheen) '65  Diane Parker (Sjerve) '68
Trudy Phillips (Smith) '53  Kay Raisbeck '54
Betty-Anne Rogers '57  Nancy Semke (Bouzovetsky) '57
Pat Sexsmith (Kay) '62  Margaret Shugg '54
Mavis Standfield (Coleman) '51  Jean Tsuyuki (Lyons) '57
Pat Wadsworth (Beck) '54  Ethel Warbinek (McIntyre) '56
Mary Watt (MacKinnon) '54  Anne E. Williams '54

New Life Member:

Joan Kerr (Dunbar) '56 was presented with a Life Membership in the VGH SON Alumnae Association. This presentation at the 2015 Luncheon reflects the many years as a volunteer serving as a Director of the Association.

REMEMBERING - Lucille (Lucy) Giovando '41 1918 - 2015

Lucy was born on September 5, 1918 of a pioneer Ladysmith family. She graduated from VGH in 1941 and from UBC School of Nursing in 1942. Following graduation from UBC, Lucy worked as a public health nurse in a number of locations in B.C. including Kelowna, Kamloops and Cumberland. She then went to the United States where she obtained her Masters Degree in Public Health. She then moved back to B.C. where she worked for many years as a public health nurse, eventually becoming administrator of the nursing staff initially at the public health unit in North and West Vancouver, and subsequently at the public health unit in the Burrrard District of Vancouver. Lucy had a wonderful sense of humour and an infectious laugh, both of which were most often directed towards herself. She was adventurous and strong willed, and loved life and people. She was particularly fond of travelling and visited, among other places, Mongolia, the Orient, South East Asia, Latin America and Morocco. In the 1950's she worked for a year for the World Health Organization in El Salvador, an adventure that provided her with many interesting memories. Lucy recently returned to live in the family home in Ladysmith, where she spent many happy months in the company of friends and relatives. Throughout her life she was comforted by her strong and abiding religious faith.

Lucy regularly attended our annual lunch. She died on December 13, 2015 in her 98th year in Ladysmith after a long and productive life. All those who crossed her path will miss her.

Source: Obituary The Vancouver Sun, January 19, 2016.

Wear your VGH Pins to the Luncheon!!

Solve a mystery!

Have you ever worn a blue standard uniform like this? It is very similar to the tucked blouse of the military uniform of the second world war. However it appears to be part of a standard uniform with tucked bodice, two square pockets and a belt. What year?

If you have any ideas about this mystery, please leave a message at the office or join the blog on the website. Archives Committee.
2015 DONATIONS TO OUR ARCHIVAL DEVELOPMENT FUND

Thank you for your donations in support of our Archives/Museum and expansion of our popular web site. More members of the public visit it and search for information on family members. Four donors wish to remain anonymous.

For more information on this fund, go to page 2.

Lynne Adams  Ruth Carlisle  Frances Dye  Jocelyn Howden  Ann Matheson  Elizabeth Piper-Lapp  Nancy Teng
Jean Anderson  Patricia Carroll  Joan Eales  Wendy Hunt  Kathleen Matterson  Patricia Poole  Alvena Teufel
Ruth Anderson  Norma Carruthers  Nadiene Eaton  Jo-Mary Hunter  Donna Matthews  Willetta Preston  Katherine Thompson
Maureen Anstey  Eileen Carson  Cheryl Ebome  Virginia Hunter  Debra Mayer  Gwen Prout  Sarah Mae Trelle
Jean Archer  Libuska Cernohorsky  Shirley Edwards  Kanako Ikeda  Elva McArthur  Mary Raikes-Tindle  Nell Turner
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Maureen Atkins  Jo Anne Clendenning  Jennifer English  Pearl Jones  Linda McGibbon  Marion Reamur  Willem J. Van Dyk
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Valerie Barager  Ellen Coates  Rochelle Farquhar  Arlene Jaby  Cheryl McNaughton  Norval Rhodess  Shirley Von Chance-Stutler
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June Berka  Kathleen Cron  Linda Frost  Betty Kirkwood  Marilyn Montgomery  Barbara Rockett  Gail Whitley
Dana Bjarnason  Charlotte Cronin  Katherine Gavaghan  Barbara Kissuras  Kevin Moore  Helen Joy Roderique  Idelle Watkin
Betty Bjornson  Lorraine Crouse  Rebecca Gibbons  Maureen Kochanuk  in Memory of Janet  Margaret Sage  Jacqueline White
Mona Blusson  Aleida Cruickshank  Kathy Gielen  Joyce Kruger  May Couldwell  Shirley Seller  Loretta Wick
Glydys Botnen  Rhonda Cuthbert  Barbara Gillies  Judy Langstaff  Rose Murakami  Nancy Semke  Tenie Wiebe
Marion Boyle  Janice Darbyson  Patricia Godwin  Judy Langstaff  Rose Murakami  Margaret Shishido  Anne E. Williams
Rosa Marie  Elizabeth Darragh  Marilynn Grange  Bonnie Lantz  Jane Murphy  Helen Shore  Joan Williamson
Braithwaite  Phyllis Davies  Anne Grey  Wilma Latham  Maria Nicholson  Marg Shugg  Frances Walpole
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Myrna Braun  Freeman  Barbara Groundwater  Edith Gustafson  Catherine MacDonald  Gretchen O’Brien  Winnifred Smith  Janice Wood
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V.G.H.  School Of Nursing Alumnae Association Executive Committee 2016

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Membership  Susan Kerr (Cathcart ’69)
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Luncheon  Patricia Sexsmith (Kay ’62)

For more information on this fund, please visit our website at www.vghschoolofnursing Salmon Arm, BC V7M 1P6
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SCHOOL OF NURSING ALUMNAE ASSOCIATION
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First Name ___________________ Last Name ____________________
Surname at Graduation: _______________________________________
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Apt. __________________ Street ______________________________
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Grad Class: ______________________________________
Class: Month: __________________ Year: ____________
☐ Check if you are interested in receiving the Newsletter by e-mail
Your cheque is your receipt. No receipts mailed for cash & Money orders.
Mail to: Executive Secretary VGH SON Alumnae Assoc.
855 West 12th Ave. Vancouver, BC V5Z 1M9

Registration for the School of Nursing Alumnae Association Luncheon
Sunday May 1, 2016 12: noon to 3:00 pm
Cost $25.00.
Register by April 18, 1966 and 1956 classes no charge.
Name: ____________________________________________
Name at Graduation: _______________________________________
Address: __________________________________________________________________________
Apt. __________________ Street ______________________________
City ____________________ Province/State ____________________________ Postal Code/Zip ________________________
Email: ____________________________________________
Phone: ____________________________________________
Grad Class: ______________________________________
Return this form with your cheque by APRIL 18, 2016 payable to:
VGH Alumnae Assoc. Luncheon,
855 W. 12th Ave., Vancouver, BC V5Z 1M9
Non-refundable.

Newsletter:
Ethel Warbiniek (McIntyre) ’56
Mary Watt (MacKinnon) ’54
We appreciate your input!