



Medicare Mini Beni Update

See your
Medicare and You
book for more information
about these preventative
services, just look for the
blue apple!

**For more information
About stopping tobacco
Use please visit**

www.nih.com

**THESE SERVICES ARE
COVERED IF YOU HAVE
MEDICARE PART B
MEDICAL INSURANCE**



Central Plains Area Agency on Aging

Central Plains Area
Agency on Aging
2622 W. Central Ave.
Suite 500
Wichita, Ks 67203

Call Center: 855-200-2372

www.cpaaa.org



Alcohol Use

What is it?

Adults with Medicare who use alcohol, but don't meet the medical criteria for alcohol dependency.

How often is it covered?

Medicare covers one alcohol misuse screening per year. If your primary care doctor or other primary care practitioner determines you're misusing alcohol, you can get up to 4 brief face-to-face counseling sessions per year. A qualified primary care doctor or other primary care practitioner must provide the counseling in a primary care setting (like a doctor's office).

Cost to You?

You pay nothing if the qualified primary care doctor or other primary care practitioner accepts assignment.

Tobacco Use

What is it?

The U.S. Surgeon General has reported that quitting smoking and stopping tobacco use leads to significant risk reduction for certain diseases and other health benefits, even in older adults who have smoked for years. Any person who uses tobacco can get counseling from a qualified doctor or other Medicare-recognized practitioner who can help them stop using tobacco.

How often is it covered?

Medicare will cover up to 8 face-to-face visits during a 12-month period. These visits must be provided by a qualified doctor or other Medicare-recognized practitioner.

Cost To You?

You pay nothing for the counseling sessions.