



Medicare Mini Beni Update

See your
Medicare and You
book for more information
about these preventative
services, just look for the
blue apple!

You are at high risk for
diabetes if you...
Are over 65
Are overweight
Have a family history
or had gestational diabetes

**THESE SERVICES ARE
COVERED IF YOU HAVE
MEDICARE PART B
MEDICAL INSURANCE**



Central Plains Area Agency on Aging

Central Plains Area
Agency on Aging
2622 W. Central Ave.
Suite 500
Wichita, Ks 67203

Call Center: 855-200-2372

www.cpaaa.org



Diabetes Screening

What is it?

Diabetes is a medical condition in which your body doesn't make enough insulin, or has a reduced response to insulin. Diabetes causes your blood sugar to be too high because insulin is needed to use sugar properly. A high blood sugar level isn't good for your health.

Who's Covered?

People who are at risk for diabetes.

How often is it covered?

Based on the results of your screening tests, you may be eligible for up to 2 diabetes screenings per year.

Cost to You?

You pay nothing for this screening.

Are you at high risk for diabetes?

You're considered at high risk if you have high blood pressure, dyslipidemia, obesity, or a history of high blood sugar (glucose). Medicare also covers these tests if you answer "yes" to 2 or more of the following questions:

- ◇ Are you 65 or older?
- ◇ Are you overweight?
- ◇ Do you have a family history of diabetes?
- ◇ Do you have a history of gestational diabetes (diabetes during pregnancy), or have you had a baby weighing more than 9 pounds?

Diabetes Self-Management Training

Who is covered?

This training is for people with diabetes to teach them to manage their condition and prevent complications. You must have a written order from a doctor or other health care provider.

Cost To You?

You pay 20% of the Medicare-approved amount after the yearly Part B deductible.