



Medicare Mini Beni Update

See your
Medicare and You
book for more information
about these preventative
services, just look for the
blue apple!

KEEP TRACK OF YOUR
PREVENTATIVE SERVICES
go to
www.MyMedicare.gov
to track your preventive
services

THESE SERVICES ARE
COVERED IF YOU HAVE
MEDICARE PART B
MEDICAL INSURANCE



Central Plains Area Agency on Aging

Central Plains Area
Agency on Aging
2622 W. Central Ave.
Suite 500
Wichita, Ks 67203

Call Center: 855-200-2372
www.cpaaa.org



Cardiovascular Disease Behavioral Therapy

Who's Covered?

All people with Medicare.

What's Covered?

A cardiovascular disease risk reduction visit that includes:

- Encouraging aspirin use when benefits outweigh risks
- Screening for high blood pressure
- Counseling to promote a healthy diet

Cost to you?

You pay nothing if your doctor accepts assignment.

How Often is it Covered?

Once a year.

Cardiovascular Disease Screenings

Who's Covered?

All people with Medicare.

What's Covered?

Tests for cholesterol, lipid, and triglyceride levels.

Cost to you?

You pay nothing for this screening.

How Often is it Covered?

Once every 5 years.

Medicare covers cardiovascular disease screenings that check your cholesterol and other blood fat (lipid) levels. High levels of cholesterol can increase your risk for heart disease and stroke. These screenings will tell if you have high cholesterol.