YARNTON

FEBRUARY 2013

VILLAGE

Editorial Committee:

News

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Website: www.varnton-village.org.uk

CALENDAR FOR THE MONTH

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Fri. 1 st	Scouts, Scout Hut, 7 p.m. – 8.30 p.m. (and every Friday)	
Mon. 4 th	Short Mat Bowling, Village Hall, 10 a.m. (and every Monday)	
Mon. 4 th	Cubs, Scout Hut, 6.30 p.m. – 8 p.m. (and every Monday)	
Mon. 4 th	Book Reading Group, tel. 371656	
Mon. 4 th	Explorers, Scout Hut, 8.15 p.m. – 9.30 p.m. (and every Monday)	
Wed. 6th	9.30 a.m. service at St. Bartholomew's (and every Wednesday)	
Wed. 6th	Lunch Club, Village Hall, 1 p.m. (and every Wednesday)	
Wed. 6th	'Little Sheep' (and every Wednesday in term-time), 10.15 a.m., St. Bartholomew's	
Wed. 6th	Beavers, Scout Hut, 4.30 p.m. – 5.30 p.m. (and every Wednesday)	
Tue. 12 th	Pancake Party, Village Hall, 6.30 p.m.	
Wed. 13th	Parish Council Meeting, Village Hall, 7 p.m.	
Thur. 7 th	Sing-along music group for babies and pre-schoolers, (and every Thursday in term time),	
	Village Hall, 10 a.m.	
Sat. 9th	Dance (ballroom and sequence), British Legion, 8 p.m. – 11 p.m.	
Thur. 14th	Senior Club, Village Hall, 2 p.m.	
Thur. 14th	W.I., Village Hall, 7.45 p.m.	
Tue. 19th	Yarnton-with-Begbroke History Society members' lunch	
Thur. 21st	Gardening Club, Village Hall, 7.45 p.m.	
Sat. 23 rd	Dance (ballroom and sequence), British Legion, 8 p.m. – 11 p.m.	
Thur. 28th	Senior Club, Village Hall, 2 p.m.	
Wed. 6 th Tue. 12 th Wed. 13 th Thur. 7 th Sat. 9 th Thur. 14 th Thur. 14 th Tue. 19 th Thur. 21 st Sat. 23 rd	Beavers, Scout Hut, 4.30 p.m. – 5.30 p.m. (and every Wednesday) Pancake Party, Village Hall, 6.30 p.m. Parish Council Meeting, Village Hall, 7 p.m. Sing-along music group for babies and pre-schoolers, (and every Thursday in term time Village Hall, 10 a.m. Dance (ballroom and sequence), British Legion, 8 p.m. – 11 p.m. Senior Club, Village Hall, 2 p.m. W.I., Village Hall, 7.45 p.m. Yarnton-with-Begbroke History Society members' lunch Gardening Club, Village Hall, 7.45 p.m. Dance (ballroom and sequence), British Legion, 8 p.m. – 11 p.m.	

Advertising Rates

One-eighth A4 page: £72 per year, or £8 per issue

One-half A4 page: £23 per issue

One-quarter A4 page: £117 per year, or £13 per issue

Whole A4 page: £40 per issue

Classified Ads: 5p per word. Must include telephone number.

The Editorial Committee in no way accepts responsibility for services supplied by our advertisers.

Distributed free of charge at the beginning of each month to every household in Yarnton

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Copy Deadline for March Issue

Material for inclusion in the March Newsletter should be received by midday on Friday 1st February. Copy should be e-mailed to: ruth@astall.com and helen.anderson4@ntlworld.com or delivered to Mrs. Ruth Astall, 19 The Spears, tel. 372637.

The Editorial Committee reserves the right to cut, edit, or omit articles, or refuse advertisements for reasons of space limitation, suitability, etc. Their decision is final and no correspondence can be entered into. Copy date for the April issue is Friday 8th March.

Could you write something occasionally for the **Village News?**

You may feel some months that the Village News is short of content. While we welcome the businesses that advertise with us, as the revenue from adverts helps to cover our costs, we would also like more articles - long or short - to make interesting reading. If you've got an opinion about something in the village, or if you or a member of your family has achieved something special, or you've been to an interesting place or event, why not write a short piece about it? Copy can be emailed to the addresses above, or dropped in to Ruth Astall or Helen Anderson. It would be great to hear from you. **Editorial Committee**

Book Reading Group

The Book Reading Group's book for discussion in February is 'Grace Williams says it loud' by Emma Henderson. The book we have chosen for March is 'A Case of Exploding Mangoes' by Mohammed Hanif. New members most welcome. Meetings start at 7.30. Contact number: 371656.

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Yarnton Gardening Club

In February we have a visit from David Stevens, who is an international garden designer based in Buckingham, although he spends part of the year in France, and his talk is entitled 'Small Gardens and Backyards' and is about small garden design. New members welcome, but you may come as a visitor for £2.

Helen Anderson

Pancake Party

St. Bartholomew's Church will be holding their pancake party again this year on Shrove Tuesday, 12th February, in the Village Hall at 6.30 p.m. All proceeds to Helen and Douglas House. Entrance by ticket only please, available now from church or from Gill Rowbotham, tel. 377623. Do bring your friends and families along and get tickets now to help us make this another successful and enjoyable evening.



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Oxfordshire Woodfuel Programme bulletin: February 2013

Thank you to everyone who contacted me in response to the first of these bulletins; it is heartening that so many Oxfordshire residents are interested in woodfuel. The Oxfordshire Woodfuel Programme now has a website which provides lots of advice on growing, cutting, storing and burning woodfuel: www.oxonwoodfuel.org.uk. I will be running a series of one-day woodfuel-related study visits on 15th April, 13th May and 8th June. They cost £25 each. More information is available on the website. The Oxfordshire Woodland Project is running workshops on woodland management: see www.oxfordshire.gov.uk/cms/public-site/woodland-workshops.

The moisture level of woodfuel is important: a freshly cut log at 50% moisture has only about half the energy content of an equivalent well-seasoned log at 20% moisture. The woodfuel programme has a moisture metre that you are welcome to borrow.

Grants: Households that do not have central heating and install a biomass boiler before the end of March can get a £950 grant. Woodland owners who need to put in roads to extract woodfuel can get a grant that covers up to 60% of the cost. Please contact me if you need help with these, or with any other aspect of woodfuel.

Riki Therivel, manager@oxonwoodfuel.org.uk, tel. 01865 243488

Yarnton Medical Practice Trust Fund

Over the past few months we have had several donations, including some in memory of Peggy Parkinson, and the doctors are very grateful for all of them.

We have now been able to buy an additional medicaldressings trolley for one of the doctors' rooms which will also be much more convenient for the nurses.

Donations can be made at any time and cheques should be made out to **Yarnton Medical Practice Trust Fund**. Ideally these should be sent directly to the treasurer, John Cherry, 41 Spencer Avenue, Yarnton OX5 1NQ or given to one of the other trustees: Graham Melhuish, Sheila Westall, Ruby Haynes, Peter Russell-Smith. Please include your name and address so that John can send you a receipt. Envelopes should be sealed and labelled **'Donation to YMP Trust Fund'**.

Sheila Westall, tel. 373445



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The hall comprises a large Main Hall, Back Room and Committee Room. The hall is fully accessible - facilities include stage, kitchen, toilets with disabled facilities and car park. The hall is available for hire for meetings, training events, shows, lunches, clubs, sales, parties, etc.

The charges for hiring the **Main Hall** or **Back Room** are per hour unless stated.

Village residents: £10
Non Village Residents: £12 **Kitchen:** £8 per session

A deposit of £100 is required when booking the hall. For further information or to book the hall please contact

Booking Secretary on 07948 722633



GROUP EXERCISE CLASSES Yarnton

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Monday

Pilates 9.45am-10.45am
British Legion
Bootcamp Circuits 6.30pm-7.30pm
British Legion

Tuesday

Post-Natal Pilates 3.15pm-4.15pm British Legion (bring your baby along!)

Wednesday Intermediate Pilates 7pm –8pm William Fletcher School

For more information or to book your place call Andrea Finnigan (dip ONT dip FTST) 0771 421 9793

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Lunch Club

I travelled from my home near Mevagissey in Cornwall to my aunt's home in Yarnton for Christmas and New Year. She invited me to the Wednesday Lunch Club for their Christmas Buffet Lunch. This was a delightful surprise. The menu consisted of salad, quiche, fresh salmon, baby potatoes with parsley and butter, ham, chicken in a wonderful sauce, mini sausage pies, followed with a selection of very tasty gateaux. A selection of wines and fruit juices accompanied the buffet, with coffee to wash it all down. One of the diners played a selection of Christmas music on his piano accordion. One of my fellow diners told me that not only was there the usual free Christmas buffet, but a Christmas meal was organized at 'The Jolly Boatman' at Thrupp, which was enjoyed by all attendees. Following the buffet there was a free tombola in which everyone received a prize.

I would like to thank my Auntie Brenda and all the ladies who prepared all the food. What a fantastic idea the Lunch Club is, nothing like it where I live!

If you want to join the Lunch Club (don't be shy) £3 for a two course meal (excellent value), phone Brenda Louch on 374126.

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YOGA in YARNTON

Anita is also a member of the IYA (Iyengar Yoga Association) and has been studying Iyengar Yoga since 1997 and has been teaching since 2006.

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YOUR LOCAL FIRE STATION

We have had a busy Christmas period here at Kidlington Fire Station, especially with the recent flood waters requiring us to pump out numerous properties which had the misfortune of being affected. We also seem to have attended an abundance of cows and horses who have required our assistance in some way, whether it's to help rescue them from being wedged between a post and barn or rescuing them from an impromptu swim!! Unfortunately we are still attending fires and road traffic collisions which are putting members of the public at risk, so we are hoping to use this publication to help get safety messages across to our surrounding villages. This helps us take a preventative approach as well as provide an emergency response.

You may not be aware that Oxfordshire Fire And Rescue service provides the following:

FREE home fire risk assessments

FREE smoke alarm fitting

FREE advice

If you or anybody you know would benefit from any of the above please contact us on **08000 325 999**, or email **firekidlington.blue@oxfordshire.go.uk**

Winter Tip

Please take great care on the roads this winter, ensure that your tyres are in good condition and that you drive appropriately to the weather conditions.

For further free advice please view the following website - www.365alive.co.uk



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With Valentines on the horizon we thought we'd let you know of some great offers in store aimed at giving you a great romantic night in! The outstanding deals are **half price steak**, **salmon fillets**, **wines and ice cream**; all you need for that evening in. As always, we have great flowers from our florist Cotswold Flower Barn, a great range of chocolates, fine wines from Oxford Wine Company, among many other great products to help you celebrate this year's Valentine's day. Even if Valentine's isn't your thing, you can still make the most of some **great offers here at Frasers Budgens**.

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Students wanted!

Calling all students! If you are a student living locally, or know of one who would like some work during the holidays, please get in touch. We are always looking for hard working, enthusiastic students looking to earn some extra money during their break. Just pick up an application form in store.

Suggestions Box

The suggestions box is your way of letting us know your thoughts. We are always looking to improve and will consider any suggestions you may have for the store, no matter how big or small! Whether this be something that could be improved, a new local supplier or a new product you think we should be stocking. Please let us know by popping your suggestion in the box next to the fruit and veg (the bananas to be specific!)

Sobell House Charity and William Fletcher School

Remember that we have **collecting tins** for both **William Fletcher School** and **Sobell House Hospice**. We are pleased to be associated with both. Please continue to donate; your change really does make a difference!

Car Wash

By joining our **Platinum Club** you will be entitled to a **Half Price Platinum car wash** throughout the week, as well as a whole host of other exciting offers! Just visit www.frasersbudgens.co.uk to join our club. But don't worry; if you haven't joined just yet you can still get money off with the voucher at the base of the page.



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On presentation of this voucher you will receive a PLATINUM car wash for only £3.99 (instead of the usual rate of £7.99). This voucher is only valid at Frasers Budgens of Yarnton and cannot be used in conjunction with any other carwash promotion.

The Poppy Appeal 2012

This is my first year as British Legion Poppy Appeal Co-ordinator. The area includes Begbroke, Bladon and Yarnton.

I am very pleased to report that the Yarnton collection totalled £2296.98. These donations came from door-to-door collections, trays in shops and businesses, the British Legion Poppy Dance, Poppy Wreath donations, St. Bartholomew's Remembrance Service and also volunteers inside Yarnton Nurseries collecting on the two Sundays before Remembrance Day.

Yarnton had seven door-to-door collectors this year and six collectors in the Nurseries. I'm afraid we were unable to find enough volunteers to cover all of the village, but I hope everyone wanting to donate to the appeal was able to do so.

The Begbroke total was £506.05 and Bladon collected £815.64. This gives us an overall total for the three villages was £3618.67.

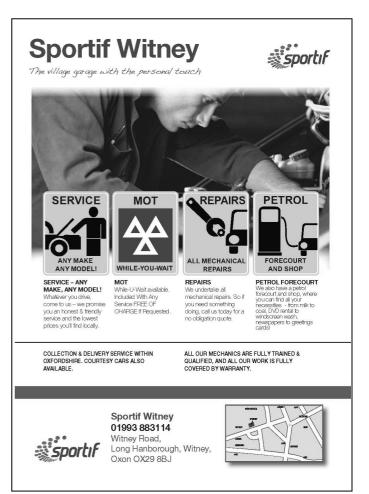
Thank you to collectors new and old, who so generously gave their time, and to all who donated to the appeal.

The Poppy Appeal can now turn used postage stamps into cash. If you could help by saving them (and maybe asking others to do the same), we could make even more money to help the British Legion. If you can, please give me a call on 01993 812132 or email gillm@bladon.eclipse.co.uk and I will arrange to collect them.

Gill Murdoch

Thanks. Many thanks to our new Poppy Co-ordinator, Gill Murdoch. *Peter Talboys, Hon. Secretary, and Jim Pratley, Hon. Treasurer, Yarnton British Legion*





YARNTON MEDICAL PRACTICE

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Team Vicar: The Reverend Nathan Jarvis, tel. 01865 849352, 26 Church Lane, Yarnton

I have now had my first Christmas and New Year in the parish, and it was quite an experience. We had packed churches, both here and at Begbroke, and the atmosphere was wonderful. Now, after the rain has stopped (finally), and we still have a wintery stretch to go, with just one or two brave bulbs poking their head above the soil, what do we have to look forward to? January and February are funny months, perhaps times of planning and waiting, getting things organised for the coming season when the weather improves and the nights get lighter. At the Vicarage, things are pretty organised now. Most of the books are unpacked and on the shelves, and even Oscar (the smelly labrador) has decided where he wants his bed to stay, close to a warm radiator. Things are getting sorted. By now Christmas decorations will be a distant memory, and all the baubles will be carefully packed away in their tissue paper. It can be a little sad when it is all over, just winter ahead. But do not fear, spring will be on its way, and with it, hope and excitement for the rest of the year. What do you want to achieve this year? What do you want to change? What do you want to remain the same?

In one of my Christmas Sermons I spoke about how I am going to try to get the little things right, with the hope that the bigger things will follow. By this, I mean not getting too bogged down with things we can't immediately change. Dealing with day to day issues, and perhaps leaving the rest to God. As a church, we have lots of ideas and energy which will help us achieve all sorts of things, but many of them, in some way, rely on you. Perhaps think about ways you could become involved with community life in Yarnton. You might have an itch to find out more about gardening. Why not join the Gardening Club? You might want to make new friends and meet interesting people for coffee once a week. Why not try one of the friendship groups at the Village Hall? You might want to achieve some peace and quiet in your busy life. Why not come and sit in church and soak up the silence and the atmosphere?

Yes, it is cold and the days can be dark and damp, but the best is to come. Somehow, the seasons keep on turning, and the sun comes out, eventually! Village life goes on offering lots of opportunities to make a difference in your life and the lives of others. 2013 may be unremarkable, or it could be amazing. Which one will it be? Nathan.

REGULAR SERVICE TIMES

(every week unless otherwise stated)

St. Bartholomew's Church, Church Lane, Yarnton.

The Church is open every day from 10 a.m. – 4 p.m. Sundays

8 a.m. Holy Communion, Book of Common

Prayer, at St. Bartholomew's

11 a.m. Holy Communion, Common Worship,

at St. Bartholomew's *Coffee after the service.*

Weekday Service

Wednesday 9.30 a.m., St. Bartholomew's

CHURCH DIARY

(see also regular service times below)

February

Shrove Tuesday, 12th, Pancake Party in aid of Helen and Douglas House, Village Hall, 6.30 p.m. (see elsewhere in this issue for more details.)

WEDDINGS

If you wish to be married in St.

Bartholomew's we will be happy to do all we can to make your day as special as possible.

You are advised to contact Rev'd Nathan

Jarvis as soon as possible in your planning if you wish to be married in church.

BAPTISM

Baptism is the sacrament by which we take the big step in the Christian life into full membership of the church. Anyone wishing to be baptised, or wanting to have their child baptised at St. Bartholomew's should contact Rev'd. Nathan Jarvis.

Churchwardens: Dougie Fairhurst, 98 Great Close Road, Yarnton, tel. 01865 371096

Charlotte Rayner, 3 Paternoster Court, Yarnton, tel. 01865 849534

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Yarnton Parish Council

Clerk: Lynne Whitley

Office: Village Hall, The Paddocks, Yarnton, OX5 1TE.

Tel. 378476. e-mail:clerk@phonecoop.coop

The Parish Office is open Mondays and Thursdays

9 a.m. to 11 a.m. If the Clerk is not available when you call, please leave a message on the answerphone and a

response will be made as soon as possible.

The post box is at the left end of the Village Hall.

Future Meeting dates: 13th February and 6th March in the Village Hall at 7 p.m., then every second Wednesday in the

month.

Meeting Minutes: The minutes of all Parish Council Meetings are available on the village website once they are

approved, www.yarnton-village.org.uk

Parish Council - contact numbers

Parish Council Chairman Brian Newell. Tel: 842253 **Parish Council Vice-Chairman**

Michael Gibbard. Tel: 849435

Parish Council Members:

John Burford. Tel: 849750 Harry Carrier. Tel: 841733 Carol Green. Tel: 371355 Anna Isles. Tel: 372895 Fred Jones. Tel: 373871

Ewan Siret. Tel: 460412 Graham Thompson, Tel: 461479

Clerk and Responsible Financial Officer:

Lynne Whitley. Tel: 378476 **District Councillors:**

Michael Gibbard, Tel: 849435 Trevor Stevens. Tel: 451800

County Councillors:

Maurice Billington. Tel: 842235 Michael Gibbard. Tel: 849435

Yarnton Village Hall

Bookings: Tel. 07948 722633

Planning Applications:

12/01757/F. 61 Merton Way, garage conversion, first floor

extension to side, erect porch.

Planning Appeal:

12/01274/F. 14 Merton Way, two-storey side extension.

Floods. Unfortunately the Parish Council is unable to justify financially the maintenance of a store of sandbags within the village, so we would like to remind you that it is the responsibility of each homeowner to take all necessary precautions to stop your homes getting flooded during bad weather. Local builders' merchants can supply prepacked bags or loose sand for filling of bags at reasonable prices.

Thames Water. An engineer of Thames Water has told us that he has recently attended the village eleven times within one week for blockages in drains. Almost all of these were caused by inappropriate waste being put into the system, so can you please ensure that inappropriate things like nappies, paper towels, cardboard, etc. are not flushed down toilets. Please dispose of in the correct manner.

Loan for Pavilion. The Parish Council is proposing to apply to Cherwell District Council for a loan of approx. £173,000 to assist in the building of a new Pavilion at Little Marsh Sports Ground, Green Lane, Yarnton. If anybody has any observations regarding this proposal, please put them in writing to The Parish Clerk, Yarnton Parish Council, Yarnton Village Hall, The Paddocks, Yarnton, Oxford, OX5 1TE or by email to clerk@phonecoop.coop.

Age UK. Age UK Oxfordshire has asked us to remind everyone who is involved with carers about the **free Emergency Carers** Support Service which is available to all adult carers of another adult in Oxfordshire. It is simple and quick to register, either by completing a form online and submitting it; or by telephoning Carers Oxfordshire on 0845 050 7666 where an advisor will take 10 to 15 minutes to complete the registration. Once a carer is registered they can access emergency help quickly and efficiently when they need it. The service can support carers by providing replacement care when the carer suddenly or unexpectedly becomes ill, or has an accident which prevents him/her from providing care. For further information, a pdf leaflet and online registration please visit http://www.carersoxfordshire.org.uk/cms/content/emergency-carers-support- service.



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Signs of Spring

My father wrote many nature notes and recently I was reading his notes written at the end of 2011. In it he wrote about the fact that it was the driest year he could remember! I thought how much the years change, as we have had so much rain and flooding during 2012 - probably the wettest year for ages.

Personally, I love being in floods (not the destructive ones), and during one of the wet times before Christmas I went for a bike ride and had to ride through the floodwater between Fencott and Murcott. I was so excited that I turned around and rode backwards and forwards on the bike a few times – just for the fun of it. I guess I'm just a big kid at heart - I hope no-one was watching!

During my bike rides in January I was thrilled to watch a buzzard on the ground finding food in mole hills. He was there for many days and didn't seem in a rush to fly off. Good to get a close up view of a wonderful bird.

I am writing this on 4th January and am so excited as today I found and picked aconites from my mum's garden. Just four days into the new year and spring flowers are out already – it cheers the heart.

Ellen Cocking

Thames Water

An engineer of Thames Water has told me that he has recently attended the village eleven times within one week for blockages in drains. Almost all of these were caused by inappropriate waste being put into the system, so can you please ensure that inappropriate things like nappies, paper towels, cardboard, etc. are not flushed down toilets. Please dispose of in the correct manner.

Thank you.

Brian Newell, Chairman, Yarnton Parish Council



We are an established golfing society with a present membership of 33; we play at least once a month and each year plan a long golfing weekend away (also abroad). We meet at The Red Lion on the first Monday of each month at 8 o'clock

New members will be very welcome
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Dispelling the gloom

On a gloomy night in late November Yarnton Band did what they have been doing for the past fifty-three years; they were brightening the gloom at their annual concert in the Village Hall. Feet tapped with their opening number, *Northern Festival March* by Stuart Johnson and they were still tapping when the band closed with a lively modern version of *Jingle Bells*. Pensive music brought us *To a Wild Rose*, played on the baritone by Charlotte Wilkes and *The Rose*, played by Joe Wright on his cornet. The audience all knew John Denver's *Annie's Song* and heard it performed by cornettist Polly Hipkiss. Lovers of the Sound of Music were tempted to join in with *Do Re Mi* and again when the Lennon and McCartney song *Hey Jude* featured a tenor horn quartet of Fiona and Philip Methley, Tom Chesterman and Saffron Walecki. The popular *Teddy Bears' Picnic* raised many smiles when some of the youngest members walked on with their own teddy bears and placed them on the stage. Other items were played by the Training Band (some of whom had only been playing for a few weeks) and by the Intermediate Band.

Fifty-three years ago George Tutte founded the band, and today his dedicated work continues through the efforts of Musical Director Guy James who came along in 1997, the conductor of the training band Mark Sherratt, who has been with the band for around forty years, and Mary Methley who teaches the Intermediate Group. Yarnton can be proud that so many young people are making music in the village. If readers of any age want to play an instrument, then look for contact details on the web page www.yarnton-band.org.uk You can be taught how to read the music and be playing simple tunes within a few weeks.

On that gloomy night we had listened to young people and some beginners at the start of their musical education, but we left the concert agreeing with the great conductor Sir Adrian Boult who once said 'What an inherently musical nation we are, and I don't think that finer proof of this could possibly be found than the brass band movement as a whole.'

Peter Hewis

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Lay Worker: Malcolm Bromhall, tel. 01865 373958, Email: malcolm.bromhall@oxfordmethodists.org.uk
Web: www.woodstockmethodists.org.uk, www.kidlingtonmethodistchurch.co.uk

There are no Methodist churches in Yarnton, but you will find one in both Woodstock and Kidlington. Details of our forthcoming services are below, but there are also various midweek activities, details of which can be found on the appropriate website. Everyone is welcome to come and join us at any time.

Services in February

3rd 10.30 a.m. Rev. Jonathan Todd (Holy Communion) 10th 10.30 a.m. Rachel Norman 17th 10.30 a.m. Jan Grimwood 24th 10.30 a.m. Rev. Jonathan Todd (Café Church)

We also have a Junior Church which meets every week at 10.30 a.m. and ranges in age from two to early teens. The first part of the morning is shared with the adults in church before we then go round to the church hall to share in our own activities. We are always delighted to see new members, whether with or without their parents!

Every Friday we meet at 9.30 a.m. for a short informal time of prayer followed by coffee. On the third Friday of the month, this incorporates a celebration of communion. All welcome!

Kidlington

$3^{\rm rd}$	8.30 a.m.	Rev. Jonathan Todd
		(Breakfast Communion)
	10 a.m.	Malcolm Bromhall
10^{th}	10 a.m.	Rev. Martin Wellings
		(Holy Communion)
17^{th}	10 a.m.	Local Church Group (Café Church)
24^{th}	10 a.m.	Rev. Philip Beuzeval

The Kidlington church also runs a Junior Church and crèche on Sunday mornings.



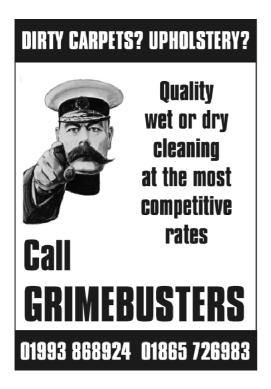
Yarnton W.I.

Our speaker this month is Stephen Griffiths who will be telling us about the Mary Rose and her artefacts. This will be an open meeting, so anyone who is interested in this fascinating topic is welcome to come along.

We meet in the Village Hall on Thursday 14th February at 7.45 p.m. Tea hostesses are Rosemary Smith, Gwyneth Stone, Julie Walters and Janet Ward.

March will be our Annual Meeting, where we elect the committee and officers. If anyone would be interested in joining the committee, please contact a current committee member. We are always happy to welcome fresh faces with new ideas.

Ruth Astall



A Big Thank You

We would like express our thanks to the staff in the village chemist for all their help during Pam's illness. We would also like to thank the ladies who work in reception at the GP surgery. Our biggest thank you must go to Dr. Pandher for his tireless efforts to keep Pam comfortable during the late stages of her life; it was above and beyond the call of duty. Thank you Doctor.

Ron Squires and family

Yarnton-with-Begbroke History Society

On Tuesday, 19th February, the History Society holds its annual Members' Lunch. On 19th March there is to be a talk by Shaun Morley on 'Emigration from Oxfordshire in the 19th Century'. This will be the last meeting in Yarnton before we return to Begbroke for the AGM on 16th April. *Helen Anderson*

Cherwell District Council - Recycling Resolutions

It's an exciting time with a whole year ahead of you and all the possibilities to make it the best year ever. So why not use one of your resolutions to promise to recycle more. It will help reduce your impact on the environment, help keep service costs low and is much easier than giving up chocolate!

It is always good to give yourself a target with New Year's resolutions, so how about these to get you going:

- 1. Recycle all my plastic containers. It's not only plastic bottles that can be recycled. All plastic containers from the home can be recycled in the blue bin. Yoghurt pots, margarine tubs, fruit punnets, all plastic pots, tubs and trays. So think how much more you could recycle if all of your plastic containers go in the blue bin over 2013.
- 2. **Use my kitchen caddy every time I cook.** It is always important to get into the recycling habit, and making sure your kitchen caddy is on hand is a great habit to have. All your cooked and uncooked food can go in there, so that's peelings before dinner, and leftovers afterwards (if the dog or tomorrows bubble and squeak haven't got there first). Remember, if you don't have a caddy you can get a free replacement by contacting the council on the details below, or by telephoning 01295 227003.
- 3. **Put my batteries out for collection.** We can collect batteries in a clear plastic bag, on top of any bin. Some residents still don't know about this, so it's really important to remember when your batteries go flat, to recycle them at home, in any clear plastic bag.

There are lots more resolutions you could choose to be greener in 2013, but recycling more is one of the easiest, and one we can all do.

You can follow @CherwellRecycle on twitter, or visit the website www.cherwell.gov.uk for all the latest news on recycling in Cherwell.



Taking steps to keep warm is not just for when you are heading outside. Cold homes have a significant impact on people's health, and one of the best ways of keeping well during winter is to stay warm.

The Warm Homes Healthy People Partnership, an initiative involving community and voluntary sector organisations from across Oxfordshire, aims to tackle the adverse effects of cold housing during the winter months and help people across the county to stay warm and avoid serious illnesses such as flu and pneumonia.

The chances of these problems are higher if you are vulnerable to cold-related illnesses because of one or more of the following:

You are over 60

You struggle to find enough money for fuel bills You have a long-term health condition such as heart disease

You are disabled

Follow these top five tips to stay warm and well this winter:

- 1) **Keep the heat in your home.** Insulating your home helps to keep the heat where you want it, and ensures your money goes as far as possible. Ensure your heating is set for the right time and temperature 21 degrees Celsius.
- 2) *Get financial support.* There are grants, benefits and sources of advice available to make your home more energy efficient, improve your heating or help with bills. Financial help, such as the Winter Fuel Payment, is available to people finding it hard to meet their heating costs. For more information call **0800 107 0044**.
- 3) *Eat well and keep moving.* Food is a vital source of energy, so try to ensure you have hot meals and drinks regularly. Keeping active will generate body heat, helping to keep you warm.
- 4) *Get a flu jab.* Available free from your GP to protect against seasonal flu if you are over 65, have a long-term health condition or care for someone.
- 5) *Look after yourself and others.* On cold days, try to avoid going outdoors; but when you need to, remember to wrap up warm. If you have older friends, neighbours or relatives, look out for them during winter to make sure they are safe and well.

Yarnton Village Hall 200 Club

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Neighbourhood Watch

Non-Dwelling burglaries have taken place across the Cherwell area including Yarnton. Narrow boats, garden sheds, workshops and village halls have been targeted. Door Security Chains. I have a limited number of these available free of charge on a 'first come first served basis'. New Neighbourhood Watches are now up and running in Meadow Way and Pixey Close.

Fred Jones, NHW Coordinator, tel. 373871



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Times of Mass St. Thomas More

Saturday Vigil 6 p.m. 11 a.m. Sunday

Weekdays

Tuesday 9.30 a.m. Wednesday 9.30 a.m. 9.30 a.m. Thursday Friday 12 noon Saturday 10 a.m.

St. Hugh of Lincoln

Sunday 9.30 a.m. Wednesday 12 noon

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